

# Stanford

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## Latha Palaniappan, MD, MS

Professor of Medicine (Cardiovascular Medicine) and, by courtesy, of Epidemiology and Population Health

Medicine - Cardiovascular Medicine

NIH Biosketch available Online

Curriculum Vitae available Online

### CLINICAL OFFICE (PRIMARY)

- **Cardiovascular Medicine**

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Stanford, CA 94305

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### Bio

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#### BIO

Latha Palaniappan MD, MS, is an internist, and clinical and population researcher. Her research has focused on the study of diverse populations, chronic disease and prevention. Dr. Palaniappan specifically seeks to address the gap in knowledge of health in Asian subgroups and other understudied racial/ethnic minorities (PACS 5R01DK081371, CASPER R01HL126172, and CAUSES R01MD007012). Her current work examines the clinical effectiveness of structured physical activity programs for diabetes management (Initiate and Maintain Physical Activity in Clinics - IMPACT, 5R18DK096394), as well as best exercise regimens for normal-weight diabetics (Strength Training Regimen for Normal Weight Diabetics - STRONG-D, 2R01DK081371). She was recently awarded a Midcareer Investigator Award (K24 HL150476) by the National Institutes of Health to provide mentoring to junior clinical investigators in the conduct of patient oriented research. She is currently working on implementation of evidence based genetic and pharmacogenetic testing in clinical settings. She is the Faculty co-Director of the Stanford Biobank (with Drs. Brooke Howitt and Joachim Hallmayer) designed to accelerate translatable scientific discoveries. She co-founded (with Dr. Bryant Lin) the Center for Asian American, Native Hawaiian and Pacific Islander Health Research and Education (CARE) at Stanford in 2018. She recently received a Fulbright Future Scholar Award and will work with the Commonwealth Scientific and Industrial Research Organisation on implementation of Precision Health in Australia.

#### CLINICAL FOCUS

- Internal Medicine
- Pharmacogenetics

#### ACADEMIC APPOINTMENTS

- Professor - University Medical Line, Medicine - Cardiovascular Medicine
- Professor - University Medical Line (By courtesy), Epidemiology and Population Health
- Member, Cardiovascular Institute

#### ADMINISTRATIVE APPOINTMENTS

- Scientific Director of Precision Genomics and Pharmacogenomics in Primary Care, Stanford Division of Primary Care and Population Health, (2017- present)
- Medical Director of Clinical Research, Palo Alto Medical Foundation Research Institute, (2012-2014)

- Adjunct Clinical Associate Professor, Stanford University School of Medicine, (2010-2014)
- Associate Investigator, Palo Alto Medical Foundation Research Institute, (2009-2014)
- Clinical Assistant Professor, University of California, San Francisco, (2008-2011)
- Adjunct Clinical Assistant Professor, Stanford University School of Medicine, (2006-2010)
- Assistant Investigator, Palo Alto Medical Foundation Research Institute, (2006-2009)
- Attending Physician, Preventive Cardiology Clinic, (2002-2008)

## HONORS AND AWARDS

- Fulbright Distinguished Chair, Fulbright (Nov 2022-Feb 2023)
- Leave-in-Service Award, Social X-Change, in partnership with the Haas Center for Public Service, Stanford University (2021)
- Midcareer Investigator Award in Patient-Oriented Research, National Heart, Lung, and Blood Institute (2020-2025)
- Asian American Faculty Award, Stanford University (2016)
- Healthcare Hero Award, Silicon Valley Business Journal (2013)
- Fellow, American College of Cardiology (2012)
- Fellow, American College of Physicians (2009)
- "Top Physician", Consumers' Research Council of America (2007-2009)
- Fellow, American Heart Association (2006)
- BIRCH (Building Interdisciplinary Research Careers in Women's Health) Scholar., NIH Career Development Award (K12) (2003 - 2006)
- Fellow, American College of Epidemiology (2003)
- Katherine McCormick Award, Stanford University (2003)
- Fellow, American Heart Association 27th Ten-Day Seminar on the Epidemiology and Prevention of Heart Disease (2001)
- Individual NIH National Research Service Award (F-32), National Heart, Lung, and Blood Institute (2000-2003)
- Kughn Clinical Research Center Grant, University of Michigan Medical Center (1996)

## BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Senior Fellow, Stanford Center for Innovation in Global Health (2015 - present)

## PROFESSIONAL EDUCATION

- Residency: Kaiser Permanente Oakland Internal Medicine Residency (1999) CA
- Internship: Kaiser Permanente Oakland Internal Medicine Residency (1997) CA
- Medical Education: University of Michigan School of Medicine (1996) MI
- Board Certification: Internal Medicine, American Board of Internal Medicine (1999)
- M.S., Stanford University , Epidemiology (2001)
- B.A./M.D., University of Michigan , Integrated Premedical-Medical (1996)

## COMMUNITY AND INTERNATIONAL WORK

- Doctors Without Borders, East Timor

## LINKS

- Center for Asian Health Research and Education: <http://med.stanford.edu/care.html>
- STRONG-D: <http://med.stanford.edu/discover/research/strong-d.html>
- DISCOVer Lab: <http://med.stanford.edu/discover.html>

- IMPACT: <http://med.stanford.edu/discover/research/impact.html>
- Precision Health Biobank: <http://med.stanford.edu/precisionhealthbiobank.html>
- Stanford Biobank: <https://med.stanford.edu/sbc/biobank.html>

## Research & Scholarship

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### CURRENT RESEARCH AND SCHOLARLY INTERESTS

Latha Palaniappan MD, MS, is an internist and clinical researcher. Her research has focused on the study of diverse populations, chronic disease and prevention. Dr. Palaniappan specifically seeks to address the gap in knowledge of health in Asian subgroups and other understudied racial/ethnic minorities (PACS 5R01DK081371, CASPER R01HL126172, and CAUSES R01MD007012). During her time at Palo Alto Medical Foundation (PAMF), she led the organization-wide initiative to collect patient race/ethnicity and language information, enabling PAMF researchers to conduct disparities research using electronic health records. She was the co-founder of PRANA (along with Dr. Ronesh Sinha), a South Asian Wellness program. Her current work examines the clinical effectiveness of structured physical activity programs for diabetes management (Initiate and Maintain Physical Activity in Clinics - IMPACT, 5R18DK096394), as well as best exercise regimens for normal-weight diabetics (Strength Training Regimen for Normal Weight Diabetics - STRONG-D, 2R01DK081371).

### CLINICAL TRIALS

- Initiate and Maintain Physical Activity in Clinics: The IMPACT Diabetes Study, Not Recruiting
- Strength Training Regimen for Normal Weight Diabetics, Not Recruiting

## Teaching

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### COURSES

#### 2023-24

- Tackling Asian-American Health Challenges: ASNAMST 268, MED 268 (Spr)

#### 2022-23

- Tackling Asian-American Health Challenges: ASNAMST 268, MED 268 (Spr)

#### 2021-22

- Tackling Cross-Cultural Health Challenges: Emphasis on the Asian Community: ASNAMST 268, MED 268 (Spr)

#### 2020-21

- Tackling Cross-Cultural Health Challenges: Emphasis on the Asian Community: MED 268 (Spr)

### STANFORD ADVISEES

#### Postdoctoral Faculty Sponsor

Adrian Bacong

### GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Epidemiology (Masters Program)
- Medicine (Masters Program)

## Publications

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### PUBLICATIONS

- Effectiveness of a Community-Based Structured Physical Activity Program for Adults With Type 2 Diabetes: A Randomized Clinical Trial. *JAMA network open*

Mukherji, A. B., Lu, D., Qin, F., Hedlin, H., Johannsen, N. M., Chung, S., Kobayashi, Y., Haddad, F., Lamendola, C., Basina, M., Talamoa, R., Myers, J., Palaniappan, et al  
2022; 5 (12): e2247858

• **The Clinical Pharmacogenetics Implementation Consortium (CPIC) guideline for SLCO1B1, ABCG2, and CYP2C9 and statin-associated musculoskeletal symptoms.** *Clinical pharmacology and therapeutics*

Cooper-DeHoff, R. M., Niemi, M., Ramsey, L. B., Luzum, J. A., Tarkiainen, E. K., Straka, R. J., Gong, L., Tuteja, S., Wilke, R. A., Wadelius, M., Larson, E. A., Roden, D. M., Klein, et al  
2022

• **Knowledge Gaps, Challenges, and Opportunities in Health and Prevention Research for Asian Americans, Native Hawaiians, and Pacific Islanders: A Report From the 2021 National Institutes of Health Workshop.** *Annals of internal medicine*

Kanaya, A. M., Hsing, A. W., Panapasa, S. V., Kandula, N. R., G Araneta, M. R., Shimbo, D., Wang, P., Gomez, S. L., Lee, J., Narayan, K. M., Mala Mau, M. K., Bose, S., Daviglus, et al  
1800

• **Improving diversity in medical research.** *Nature reviews. Disease primers*

Sharma, A., Palaniappan, L.  
2021; 7 (1): 74

• **Precision Public Health Matters: An International Assessment of Communication, Preparedness, and Coordination for Successful COVID-19 Responses.** *American journal of public health*

Sales, C., Kim, Y., Kim, G., Lin, B., Palaniappan, L.  
2021; 111 (3): 392–94

• **Implementation outcomes of Humanwide: integrated precision health in team-based family practice primary care.** *BMC family practice*

Brown-Johnson, C. G., Safaeinili, N., Baratta, J., Palaniappan, L., Mahoney, M., Rosas, L. G., Winget, M.  
2021; 22 (1): 28

• **Variant Interpretation in Current Pharmacogenetic Testing.** *Journal of personalized medicine*

Luvsantseren, S. n., Whirl-Carrillo, M. n., Sangkuhl, K. n., Shin, N. n., Wen, A. n., Empey, P. n., Alam, B. n., David, S. n., Dunnenberger, H. M., Orlando, L. n., Altman, R. n., Palaniappan, L. n.  
2020; 10 (4)

• **STRONG-D: Strength training regimen for normal weight diabetics: Rationale and design.** *Contemporary clinical trials*

Faroqi, L., Bonde, S., Goni, D. T., Wong, C. W., Wong, M., Walai, K., Araya, S., Azamey, S., Schreiner, G., Bandy, M., Raghuram, S. S., Mittal, A., Mukherji, et al  
2019

• **Socioeconomic Differences in the Epidemiologic Transition From Heart Disease to Cancer as the Leading Cause of Death in the United States, 2003 to 2015 An Observational Study ANNALS OF INTERNAL MEDICINE**

Hastings, K. G., Boothroyd, D. B., Kappahn, K., Hu, J., Rehkopf, D. H., Cullen, M. R., Palaniappan, L.  
2018; 169 (12): 836–+

• **Evaluating the clinical implementation of structured exercise: A randomized controlled trial among non-insulin dependent type II diabetics CONTEMPORARY CLINICAL TRIALS**

Faroqi, L., Wong, M., Bonde, S., Wong, C., Walai, K., West, W., Goni, D., Araya, S., Azamey, S., Nacif-Coelho, C., Raghuram, S., Vera, K., Mittal, et al  
2018; 74: 25–31

• **Clinical and Personal Utility of Genetic Risk Testing AMERICAN FAMILY PHYSICIAN**

David, S. P., Palaniappan, L.  
2018; 97 (9): 600–602

• **Executive Summary: Heart Disease and Stroke Statistics-2016 Update: A Report From the American Heart Association.** *Circulation*

Mozaffarian, D., Benjamin, E. J., Go, A. S., Arnett, D. K., Blaha, M. J., Cushman, M., Das, S. R., de Ferranti, S., Després, J., Fullerton, H. J., Howard, V. J., Huffman, M. D., Isasi, et al  
2016; 133 (4): 447-454

• **Leading Causes of Death among Asian American Subgroups (2003-2011) PLOS ONE**

Hastings, K. G., Jose, P. O., Kappahn, K. I., Frank, A. T., Goldstein, B. A., Thompson, C. A., Eggleston, K., Cullen, M. R., Palaniappan, L. P.  
2015; 10 (4)

- **Executive Summary: Heart Disease and Stroke Statistics-2015 Update A Report From the American Heart Association** *CIRCULATION*  
Mozaffarian, D., Benjamin, E. J., Go, A. S., Arnett, D. K., Blaha, M. J., Cushman, M., de Ferranti, S., Despres, J., Fullerton, H. J., Howard, V. J., Huffman, M. D., Judd, S. E., Kissela, et al  
2015; 131 (4): 434-441
- **Heart Disease and Stroke Statistics-2015 Update A Report From the American Heart Association** *CIRCULATION*  
Mozaffarian, D., Benjamin, E. J., Go, A. S., Arnett, D. K., Blaha, M. J., Cushman, M., de Ferranti, S., Despres, J., Fullerton, H. J., Howard, V. J., Huffman, M. D., Judd, S. E., Kissela, et al  
2015; 131 (4): E29-E322
- **Leading Causes of Death among Asian American Subgroups (2003-2011).** *PloS one*  
Hastings, K. G., Jose, P. O., Kappahn, K. I., Frank, A. T., Goldstein, B. A., Thompson, C. A., Eggleston, K., Cullen, M. R., Palaniappan, L. P.  
2015; 10 (4)
- **Cardiovascular Disease Mortality in Asian Americans** *JOURNAL OF THE AMERICAN COLLEGE OF CARDIOLOGY*  
Jose, P. O., Frank, A. T., Kappahn, K. I., Goldstein, B. A., Eggleston, K., Hastings, K. G., Cullen, M. R., Palaniappan, L. P.  
2014; 64 (23): 2486-2494
- **Racial/Ethnic differences in the prevalence of proteinuric and nonproteinuric diabetic kidney disease.** *Diabetes care*  
Bhalla, V., Zhao, B., Azar, K. M., Wang, E. J., Choi, S., Wong, E. C., Fortmann, S. P., Palaniappan, L. P.  
2013; 36 (5): 1215-1221
- **Heart Disease and Stroke Statistics-2013 Update A Report From the American Heart Association** *CIRCULATION*  
Go, A. S., Mozaffarian, D., Roger, V. L., Benjamin, E. J., Berry, J. D., Borden, W. B., Bravata, D. M., Dai, S., Ford, E. S., Fox, C. S., Franco, S., Fullerton, H. J., Gillespie, et al  
2013; 127 (1): E6–E245
- **Relationship between body mass index and cardiometabolic health in a multi-ethnic population: A project baseline health study.** *American journal of preventive cardiology*  
Shah, N. P., Lu, R., Haddad, F., Shore, S., Schaack, T., Mega, J., Pagidipati, N. J., Palaniappan, L., Mahaffey, K., Shah, S. H., Rodriguez, F.  
2024; 18: 100646
- **Temporal Trends in Cardiovascular Disease Prevalence Among Asian American Subgroups.** *Journal of the American Heart Association*  
Nguyen, K. T., Li, J., Peng, A. W., Azar, K., Heidenreich, P., Palaniappan, L., Yong, C. M.  
2024: e031444
- **Social Determinants of Cardiovascular Risk Factors Among Asian American Subgroups.** *Journal of the American Heart Association*  
Zhu, A. L., Le, A. D., Li, Y., Palaniappan, L. P., Srinivasan, M., Shah, N. S., Wong, S. S., Valero-Elizondo, J., Elfassy, T., Yang, E.  
2024: e032509
- **Obesity Disparities Among Adult Single-Race and Multiracial Asian and Pacific Islander Populations.** *JAMA network open*  
Bacong, A. M., Gibbs, S. L., Rosales, A. G., Frankland, T. B., Li, J., Daida, Y. G., Fortmann, S. P., Palaniappan, L.  
2024; 7 (3): e240734
- **Patterns and gaps in guideline-directed statin use for atherosclerotic cardiovascular disease by race and ethnicity.** *American journal of preventive cardiology*  
Saraju, A., Yan, X., Huang, Q., Dudum, R., Palaniappan, L., Rodriguez, F.  
2024; 17: 100647
- **Risk of Gastric Adenocarcinoma in a Multiethnic Population undergoing Routine Care: an Electronic Health Records Cohort Study.** *Cancer epidemiology, biomarkers & prevention : a publication of the American Association for Cancer Research, cosponsored by the American Society of Preventive Oncology*  
Huang, R. J., Huang, E. S., Mudiganti, S., Chen, T., Martinez, M. C., Ramrakhiani, S., Han, S. S., Hwang, J. H., Palaniappan, L. P., Liang, S. Y.  
2024
- **Associations Between Ultra-processed Food Consumption and Cardiometabolic Health Among Older US Adults: Comparing Older Asian Americans to Older Adults From Other Major Race-Ethnic Groups.** *Research on aging*  
Elfassy, T., Juul, F., Mesa, R. A., Palaniappan, L., Srinivasan, M., Yi, S. S.  
2023: 1640275231222928
- **Opportunities to Increase Science of Diversity and Inclusion in Clinical Trials: Equity and a Lack of a Control.** *Journal of the American Heart Association*  
Igwe, J., Wangdak Yuthok, T. Y., Cruz, E., Mueller, A., Lan, R. H., Brown-Johnson, C., Idris, M., Rodriguez, F., Clark, K., Palaniappan, L., Echols, M., Wang, P., Onwuanyi, et al

2023: e030042

● **Novel Prediction Equations for Absolute Risk Assessment of Total Cardiovascular Disease Incorporating Cardiovascular-Kidney-Metabolic Health: A Scientific Statement From the American Heart Association** *CIRCULATION*

Khan, S. S., Coresh, J., Pencina, M. J., Ndumele, C. E., Rangaswami, J., Chow, S. L., Palaniappan, L. P., Sperling, L. S., Virani, S. S., Ho, J. E., Neeland, I. J., Tuttle, K. R., Singh, et al  
2023; 148 (24): 1982-2004

● **Statistical Methods to Evaluate Surrogate Markers.** *Medical care*

Parast, L., Tian, L., Cai, T., Palaniappan, L.  
2023

● **COVID-19 pandemic impact on opioid overdose deaths among racial groups within the United States: an observational cross-sectional study.** *British journal of anaesthesia*

Chu, R., Sarnala, S., Doan, T., Cheng, T., Chen, A. W., Jamal, A., Kim, G., Huang, R., Srinivasan, M., Palaniappan, L., Gross, E. R.  
2023

● **Development and Validation of the American Heart Association Predicting Risk of Cardiovascular Disease EVENTS (PREVENT) Equations.** *Circulation*

Khan, S. S., Matsushita, K., Sang, Y., Ballew, S. H., Grams, M. E., Surapaneni, A., Blaha, M. J., Carson, A. P., Chang, A. R., Cierniak, E., Go, A. S., Gutierrez, O. M., Hwang, et al  
2023

● **Who Are We Missing? Reporting of Transgender and Gender-Expansive Populations in Clinical Trials.** *Journal of the American Heart Association*

Rice, E. N., Lan, R. H., Nunes, J. C., Shah, R., Clark, K., Periyakoil, V. S., Chen, J. H., Lin, B., Echols, M., Awad, C., Idris, M. Y., Cruz, E. R., Poulos, et al  
2023: e030209

● **Asthma heterogeneity amongst Asian American children: the California Health Interview Survey.** *Annals of allergy, asthma & immunology : official publication of the American College of Allergy, Asthma, & Immunology*

Chen, M., Bacong, A. M., Feng, C., Kikuta, N. T., Dahir, R. R., Chen, S., Srinivasan, M., Camargo, C. A., Palaniappan, L., Arroyo, A. C.  
2023

● **The association between local area immigrant fraction and prevalence of cardiovascular diseases in the United States: an observational study.** *Lancet regional health. Americas*

Shokeen, D., Wang, N., Nguyen, N. P., Bakal, E., Tripathi, O., Palaniappan, L. P., Huang, R. J.  
2023; 27: 100613

● **Risk of Incident Asthma among Young Asian American, Native Hawaiian, and Pacific Islander Children from Age 3 to 7 years in a Northern California Healthcare System.** *The Journal of pediatrics*

Arroyo, A. C., Ko, J., Chandra, M., Huang, P., Darbinian, J. A., Palaniappan, L., Lo, J. C.  
2023: 113802

● **Association of diabetes with coronary artery calcium in South Asian adults and other race/ethnic groups: The multi-ethnic study of atherosclerosis and the mediators of atherosclerosis in South Asians living in America study.** *Diabetes & vascular disease research*

Premyodhin, N., Fan, W., Arora, M., Budoff, M. J., Kanaya, A. M., Kandula, N., Palaniappan, L., Rana, J. S., Younus, M., Wong, N. D.  
2023; 20 (5): 14791641231204368

● **Can earlier biomarker measurements explain a treatment effect on diabetes incidence? A robust comparison of five surrogate markers.** *BMJ open diabetes research & care*

Parast, L., Tian, L., Cai, T., Palaniappan, L. P.  
2023; 11 (5)

● **Epicardial fat and Stage B heart failure among overweight/obese and normal weight individuals with diabetes mellitus.** *The international journal of cardiovascular imaging*

Kobayashi, Y., Nishi, T., Christle, J. W., Cauwenberghs, N., Kuznetsova, T., Palaniappan, L., Haddad, F.  
2023

● **Strength training is more effective than aerobic exercise for improving glycaemic control and body composition in people with normal-weight type 2 diabetes: a randomised controlled trial.** *Diabetologia*

Kobayashi, Y., Long, J., Dan, S., Johannsen, N. M., Talamoa, R., Raghuram, S., Chung, S., Kent, K., Basina, M., Lamendola, C., Haddad, F., Leonard, M. B., Church, et al  
2023

• **A QUALITATIVE EVALUATION OF A UNIVERSAL HEPATITIS B SCREENING ELECTRONIC MEDICAL RECORD REMINDER TOOL AT AN ACADEMIC PRIMARY CARE NETWORK**

Sarnala, S., Chu, R. V., Doan, T. V., Jamal, A., Phadke, A., Hang Pham, So, R., Huang, R., Kim, G. S., Palaniappan, L., Kim, K., Srinivasan, M. SPRINGER.2023: S329

• **Why Are We Going Backward? Barriers to Disaggregated Racial Information in Federal Data Sets.** *American journal of public health*

Jamal, A., Srinivasan, M., Kim, G., Huang, R. J., Palaniappan, L.  
2023: e1-e4

• **Testing the Appropriateness of Diabetes Prevention and Care Information Given by the Online Conversational AI ChatGPT.** *Clinical diabetes : a publication of the American Diabetes Association*

Hong, J., Kikuta, N. T., Simos, A., Tsai, S., Lin, B., Rodriguez, F., Palaniappan, L.  
2023; 41 (4): 549-552

• **Diabetes-Related Cardiovascular and All-Cause Mortality in Asian American Subgroups.** *JACC. Asia*

Shah, N. S., Khan, S. S., Carnethon, M. R., Bacong, A. M., Palaniappan, L. P.  
2023; 3 (3): 365-372

• **Prevalence of cardiovascular disease among Asian, Pacific Islander and multi-race populations in Hawai'i and California.** *BMC public health*

Waitzfelder, B., Palaniappan, L., Varga, A., Frankland, T. B., Li, J., Daida, Y. G., Kaholokula, J. K., Bacong, A. M., Rawlings, A. M., Chung, S., Howick, C., Fortmann, S. P.  
2023; 23 (1): 885

• **Disparities in Adult Asthma Outcomes Among Disaggregated Asian Americans in the National Health Interview Survey**

Zhang, A., Soogoer, N. A., Crowther, T. J., Vohra, S., Jamal, A., Srinivasan, M., Kim, G., Kim, K., Palaniappan, L., Huang, R., Eggert, L.  
AMER THORACIC SOC.2023

• **Assessing and Addressing Social Determinants of Cardiovascular Health: JACC State-of-the-Art Review.** *Journal of the American College of Cardiology*

Brandt, E. J., Tobb, K., Cambron, J. C., Ferdinand, K., Douglass, P., Nguyen, P. K., Vijayaraghavan, K., Islam, S., Thamman, R., Rahman, S., Pendyal, A., Sareen, N., Yong, et al  
2023; 81 (14): 1368-1385

• **Locking the Revolving Door: Racial Disparities in Cardiovascular Disease.** *Journal of the American Heart Association*

Velarde, G., Bravo-Jaimes, K., Brandt, E. J., Wang, D., Douglass, P., Castellanos, L. R., Rodriguez, F., Palaniappan, L., Ibebuogu, U., Bond, R., Ferdinand, K., Lundberg, G., Thaman, et al  
2023: e025271

• **Moving outside the board room: A proof-of-concept study on the impact of walking while negotiating.** *PloS one*

Oppezzo, M., Neale, M. A., Gross, J. J., Prochaska, J. J., Schwartz, D. L., Aikens, R. C., Palaniappan, L.  
2023; 18 (3): e0282681

• **Beliefs about prescription sleep medications and interest in reducing hypnotic use: an examination of middle-aged and older adults with insomnia disorder.** *Journal of clinical sleep medicine : JCSM : official publication of the American Academy of Sleep Medicine*

Tully, I. A., Kim, J. P., Simpson, N., Palaniappan, L., Tutek, J., Gumpert, N. B., Dietrich, J. R., Manber, R.  
2023

• **Toward precision sleep medicine: variations in sleep outcomes among disaggregated Asian Americans in the National Health Interview Survey (2006-2018).** *Journal of clinical sleep medicine : JCSM : official publication of the American Academy of Sleep Medicine*

Wang, R. Z., Jamal, A., Wang, Z., Dan, S., Srinivasan, M., Kim, G., Long, J., Palaniappan, L., Singh, J., Eggert, L. E.  
2023

• **WHO ARE WE MISSING? REPORTING OF TRANSGENDER AND GENDER EXPANSIVE POPULATIONS IN CLINICAL TRIALS**

Rice, E., Lan, R., Nunes, J., Shah, R., Echols, M. R., Lunn, M., Bryant, L., Lewis, E. F., Awad, C., Idris, M. Y., Clark, K., Periyakoil, V., Cruz, et al  
ELSEVIER SCIENCE INC.2023: 119

• **PATTERNS AND GAPS IN GUIDELINE-DIRECTED STATIN USE FOR ATHEROSCLEROTIC CARDIOVASCULAR DISEASE IN DISAGGREGATED HISPANIC AND ASIAN SUBGROUPS**

Saraju, A., Yan, S., Huang, Q., Dudum, R., Palaniappan, L. P., Rodriguez, F.  
ELSEVIER SCIENCE INC.2023: 1785

• **DISABILITIES REPORTING IN CLINICAL TRIALS. HOW ARE WE DOING?**

Lan, R., Rice, E., Nunes, J., Shah, R., Joseph, I. E., Echols, M. R., Echols, M. R., Lunn, M., Bryant, L., Lewis, E. F., Awad, C., Idris, M. Y., Clark, et al  
ELSEVIER SCIENCE INC.2023: 172

- **Association of Acculturation with Cardiovascular Risk Factors in Asian-American Subgroups.** *American journal of preventive cardiology*  
Li, Y., Zhu, A., LE, A., Singh, J., Palaniappan, L. P., Srinivasan, M., Shah, N. S., Wong, S. S., Elfassy, T., Valero-Elizondo, J., Yang, E.  
2023; 13: 100437
- **Disparities and Trends in Routine Adult Vaccination Rates Among Disaggregated Asian American Subgroups, National Health Interview Survey 2006-2018. AJPM focus**  
Wang, Z., Jamal, A., Wang, R., Dan, S., Kappagoda, S., Kim, G., Palaniappan, L., Long, J., Singh, J., Srinivasan, M.  
2023; 2 (1): 100044
- **Design and Rationale of RE-ENERGIZE FONTAN: Randomized Exercise Intervention designed to maximize fitness in FONTAN patients.** *American heart journal*  
Tierney, E. S., Palaniappan, L., Leonard, M., Long, J., Myers, J., Dávila, T., Lui, M. C., Kogan, F., Olson, I., Punn, R., Desai, M., Schneider, L. M., Wang, et al  
2023
- **Disparities in COVID-19 testing and outcomes among Asian American and Pacific Islanders: an observational study in a large health care system.** *BMC public health*  
Li, J., Chhoa, D., Palaniappan, L., Hays, K. J., Pressman, A., Wang, N. E.  
2023; 23 (1): 251
- **Asthma heterogeneity amongst Asian American children: the California Health Interview Survey**  
Chen, M., Bacong, A., Kikuta, N., Datir, R., Chen, S., Camargo, C., Srinivasan, M., Palaniappan, L., Arroyo, A.  
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- **DISMANTLING THE MODEL MINORITY MYTH: A DESCRIPTIVE ANALYSIS OF OUTCOMES IN ASIAN AMERICAN, NATIVE HAWAIIAN AND PACIFIC ISLANDER VERY LOW BIRTH WEIGHT INFANTS IN CALIFORNIA**  
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