

Stanford



Anya Griffin

Clinical Assistant Professor, Anesthesiology, Perioperative and Pain Medicine

CLINICAL OFFICES

- **Pediatric Pain Management Clinic**

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Bio

BIO

Dr. Anya Griffin is a pediatric psychologist and Assistant Clinical Professor in the Department of Anesthesiology, Pain, and Perioperative Medicine at the Stanford University School of Medicine. She is the clinical director of the Stanford Children's Health Pediatric Rehabilitation Program (PRoP), an intensive pain management program for pediatric chronic pain involving an interdisciplinary treatment team of occupational therapists, physical therapists, pain medicine providers, and pain psychologists. She has trained and worked in the field of pediatric psychology primarily with children and adolescents diagnosed with chronic pain, Sickle Cell Disease, and cancer. Dr. Griffin's research interests include pediatric chronic pain, mind-body interventions for pediatric pain management, oncology, sickle cell disease, and improving the process of transition from pediatric to adult care. She is also a board certified Dance/Movement Therapist and completed her training at UCLA. She was awarded a grant in 2015 from the Stanford Medicine and Muse for her project "Capturing Pain: Photographic storytelling of youth with chronic pain."

CLINICAL FOCUS

- Psychology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Anesthesiology, Perioperative and Pain Medicine

PROFESSIONAL EDUCATION

- Fellowship: Emory University Pediatric Anesthesiology GA
- Internship: USC Clinical Child and Pediatric Psychology Internship CA
- PhD Training: Fielding Graduate University (2005) CA
- Postdoctoral Fellowship, Emory University School of Medicine - Children's Healthcare of Atlanta , Pediatric Psychology (2006)
- Internship, University of Southern California - Keck School of Medicine at CHLA , Pediatric Psychology (2005)
- PhD, Fielding Graduate University , Clinical Psychology - Health Psychology (2005)
- MA, University of California, Los Angeles , Dance/Movement Therapy (1997)
- BA, Xavier University of Louisiana (1993)

LINKS

- Capturing Pain: <http://scopeblog.stanford.edu/2016/07/22/containing-the-pain-youth-use-photovoice-to-capture-their-experience/>

Research & Scholarship

PROJECTS

- Capturing Pain: Photovoice with pediatric chronic pain - Stanford University School of Medicine

Publications

PUBLICATIONS

- **Stigma and Pain in Adolescents Hospitalized for Sickle Cell Vasocclusive Pain Episodes** *CLINICAL JOURNAL OF PAIN*
Martin, S. R., Cohen, L. L., Mougianis, I., Griffin, A., Sil, S., Dampier, C.
2018; 34 (5): 438–44
- **A Pilot Study of Mindfulness Meditation for Pediatric Chronic Pain.** *Children (Basel, Switzerland)*
Waelde, L. C., Feinstein, A. B., Bhandari, R., Griffin, A., Yoon, I. A., Golianu, B.
2017; 4 (5)
- **Applying a Developmental-Ecological Framework to Sickle Cell Disease Transition.** *Clinical Practice in Pediatric Psychology*
Griffin, A., Gilleland, J., Cummings, L., Johnson, A., Brailey, T., New, T., Eckman, J., Osunkwo, I.
2013; 1 (3): 250-263
- **THE RELATIONSHIP BETWEEN PSYCHOSOCIAL FUNCTIONING DURING AND AFTER CANCER TREATMENT AND TREATMENT SEVERITY IN CHILDHOOD CANCER SURVIVORS**
Brand, S., Griffin, A., Meacham, L., Mertens, A., Wasilewski, K.
WILEY-BLACKWELL.2010: 969–69
- **Pediatric Chronic Pain and Health-Related Quality of Life: Interrelationships between coping, fatigue, and health-related quality of life** *Journal of Pediatric Nursing*
Gold, J., Kant, A., Carson, M., Palmer, S., Griffin, A., Joseph, M.
2009; 24 (2): 141-150
- **Team Approach: Complex Regional Pain Syndrome in Children and Adolescents.** *JBJS reviews*
Tileston, K. R., Griffin, A., Wagner, J. F., O'Day, M. N., Krane, E. J.
2020; 8 (4): e0174
- **Risk and Resilience in Pediatric Pain: The Roles of Parent and Adolescent Catastrophizing and Acceptance.** *The Clinical journal of pain*
Feinstein, A. B., Sturgeon, J. A., Bhandari, R. P., Yoon, I. A., Ross, A., Huestis, S., Griffin, A., Simons, L.
2018
- **Gender differences in the relation between functioning and values-based living in youth with sickle cell disease** *Clinical Practice in Pediatric Psychology*
Martin, S., Cohen, L., Welkom, J., Feinstein, A., Masuda, A., Griffin, A.
2016; 4 (1): 11-22
- **Identification of Pica Behaviors in Youth with Sickle Cell Disease: A Quality Improvement (QI) Project** *Clinical Practice in Pediatric Psychology*
Reed, B., Thompson, B., Bigham, L., Sil, S., Griffin, A., Johnson, A.
2015; 3 (3): 167-174
- **Pediatric psychology at Georgia State University: Evaluation of Training with the Society of Pediatric Psychology Competencies** *Clinical Practice in Pediatric Psychology*
Cohen, L., Rodrigues, N., Bishop, M., Griffin, A., Sil, S.
2015: 205
- **Assessment of family psychosocial functioning in survivors of pediatric cancer using the PAT2.0** *PSYCHO-ONCOLOGY*
Gilleland, J., Reed-Knight, B., Brand, S., Griffin, A., Wasilewski-Masker, K., Meacham, L., Mertens, A.
2013; 22 (9): 2133-2139