

Stanford



Heather Henri, MD

Clinical Associate Professor, Medicine - Primary Care and Population Health

CLINICAL OFFICES

- **Stanford Express Care**

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ACADEMIC CONTACT INFORMATION

- **Alternate Contact**

Sonia Garcia - Executive Assistant

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Bio

BIO

Dr. Heather Henri is an Associate Professor at the Stanford University School of Medicine.

Dr. Henri attended Stanford University, where she received her undergraduate degree in Biological Sciences. At Stanford she was the recipient of the President's Award for Academic Excellence in the Freshman Year, awarded to the top 3% of students. She has been the recipient of an American Heart Association Internship at the National Heart Lung and Blood Institute of the National Institutes of Health (NIH). She also was awarded two Howard Hughes Institute Research Fellowships at the NIH, one at the National Cancer Institute and the second at the National Eye Institute.

In 2000, Dr. Henri graduated from Harvard Medical School. She then completed a Surgical Internship at Stanford Medical Center, followed by an Internal Medicine Residency at Stanford in 2004. She served as the Clinic Chief at Blake Wilbur of Stanford Medical Group from 2006-2009, as well as on the General Internal Medicine Executive Committee at Stanford between 2006-2009.

Dr. Henri was named as a "Top Reviewer" based on the quality of reviews by the Annals of Internal Medicine in 2006. With Dr. Peter Rudd, she co-authored the chapter "Hypertension: Context and Management" in the Textbook of Cardiovascular Medicine published in 2007. Between 2006-2007 Dr. Henri was a member of the California Academic Collaborative on Chronic Care.

In 2013, Dr. Henri joined Stanford Concierge Medicine where she practiced for six years. She also served as Director of the American College of Physician's Internal Medicine Maintenance of Certification Course held in San Francisco from 2013-2017. Dr. Henri has been invited by the American College of Physicians to work on

multiple projects. She served on the Internal Medicine Essentials Text and Online Questions Editorial Review Board for the American College of Physicians. In 2016, 2017 and 2018 Dr. Henri reviewed and authored educational material for the American College of Physician's Medical Knowledge and Self Assessment Program (MKSAP 17) Updates. Starting in 2018, Dr. Henri was a primary regular reviewer of educational podcasts published by the American College of Physicians. In 2023 Dr. Henri served as a content Editor for the American College of Physicians Board Preparation course.

Dr. Henri feels that comprehensive preventive care, combined with excellent patient-physician communication, is fundamental to her care of patients.

American Board of Internal Medicine Certification 2004, 2014

Fellow American College of Physicians 2016

CLINICAL FOCUS

- Hypertension
- Preventive Care
- Cardiovascular Risk
- Internal Medicine
- Food Allergy

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Medicine - Primary Care and Population Health

ADMINISTRATIVE APPOINTMENTS

- Clinical Associate Professor of Medicine, Division of Primary Care and Population Health, (2018- present)
- Director, American College of Physicians Internal Medicine Maintenance of Certification Review Course, (2016-2017)
- Faculty Physician, Stanford Executive and Concierge Medicine, Stanford University Hospital and Clinics, (2013- present)
- Co-Director, American College of Physicians Internal Medicine Maintenance of Certification Review Course, (2013-2015)
- Clinical Assistant Professor of Medicine, Division of Medicine, Stanford University, (2007-2018)
- Clinic Chief, Stanford Medical Group- Blake Wilbur Building, (2006-2009)
- Faculty Physician, Stanford Internal Medicine, Stanford University Hospital and Clinics, (2004-2013)
- Clinical Instructor, Division of Medicine, Stanford University, (2004-2007)
- Social Science Research Assistant, Stanford Center for Research in Disease Prevention, (2001-2002)

HONORS AND AWARDS

- Fellow, American College of Physicians (2016)
- Primary Care Rapid Process Improvement, Physician Member, Stanford Hospital and Clinics (2012)
- General Internal Medicine Executive Committee, Stanford University Hospital and Clinics (2006-2009)
- Physician Member, California Academic Collaborative on Chronic Care (2006-2007)
- Recognized as a Top Reviewer, Annals of Internal Medicine (2006)
- Howard Hughes Institute Award, National Cancer Institute (1993)
- President's Award for Academic Excellence, Stanford University (1993)
- Howard Hughes Institute Award, National Eye Institute (1992)
- American Heart Association Internship, National Heart, Lung and Blood Institute (1991)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Reviewer, Case Vignettes, Society General Internal Medicine (2018 - 2018)
- Reviewer, American College of Physicians Podcast: Journal Club August 2018 (2018 - 2018)
- Reviewer, American College of Physicians Podcast: Point of Care Ultrasound (2018 - 2018)
- Reviewer, American College of Physicians Podcast: Journal Club June 2018 (2018 - 2018)
- Reviewer, American College of Physicians Podcast: Cirrhosis: Initial Evaluation and Management (2018 - 2018)
- Department of Medicine's Appointments and Promotions Committee, Stanford University Medical Center (2018 - present)
- Reviewer, American College of Physician's Podcast: Knee Pain, Practical Office Orthopedics (2018 - 2018)
- Reviewer, ACP MKSAP 17 New Information Updates, General Internal Medicine and Cardiovascular Medicine (2018 - 2018)
- Reviewer, ACP MKSAP 17 New Information Updates, General Internal Medicine (2017 - 2017)
- Author, ACP MKSAP 17 General Medicine Update 4 (2017 - 2017)
- Author, ACP MKSAP 17 General Medicine Update 2 (2016 - 2016)
- Reviewer, Philadelphia ACP Maintenance of Certification Course (2016 - 2016)
- Reviewer, ACP Internal Medicine Meeting 2016 MOC Modules (2016 - 2016)
- Research Advisory Board, Food Allergy Research and Education (2016 - present)
- Questions Editorial Review Board: Internal Medicine (IM) Essentials Text, IM Questions, IM Online, American College of Physicians (2015 - 2015)

PROFESSIONAL EDUCATION

- Residency: Stanford University Internal Medicine Residency (2004) CA
- Residency: Stanford University Internal Medicine Residency (2003) CA
- Internship: Stanford University Internal Medicine Residency (2001) CA
- Board Certification: Internal Medicine, American Board of Internal Medicine (2004)
- Internship, Stanford Univ Medical Center , General Surgery (2001)
- Residency, Stanford Univ Medical Center , Internal Medicine (2004)
- MD, Harvard Medical School , Medicine (2000)
- BS, Stanford University , Biological Sciences (1996)

COMMUNITY AND INTERNATIONAL WORK

- Physician Volunteer

Publications

PUBLICATIONS

- **Lipid Disorders** *Division of Medicine Clinical Teaching Module*
Heather Henri
2008
- **Hypertension: Context and Management** *Textbook of Cardiovascular Medicine*
Heather Henri, Peter Rudd
2007
- **Acute Viral Conjunctivitis** *ACP Smart Medicine Online Module*
Henri, H.
2014

- **Food Allergy** *Division of Medicine Clinical Teaching Module*
Heather Henri
2012
- **Asthma** *Clinic Teaching Module, Department of Medicine*
Heather Henri
2012
- **Ophthalmology for the Internist** *Division of Medicine Clinical Teaching Module*
Heather Henri
2010
- **Subclinical Glucose Dysmetabolism: At risk for Type 2 Diabetes** *Division of Medicine Clinical Teaching Module*
Heather Henri
2006
- **Contraception** *Division of Medicine Clinical Teaching Module*
Heather Henri
2006
- **Breast Cancer Screening in Women** *Division of Medicine Clinical Teaching Module*
Heather Henri
2003

PRESENTATIONS

- Updates in General Medicine - Northern California Scientific Meeting American College of Physicians (October 22, 2017)
- Cardiovascular Disease - American College of Physicians (8/15/2013 - 8/13/2015)
- Endocrinology - American College of Physicians (August 15, 2013)
- Hematology - American College of Physicians (August 17, 2013 - August 14, 2014)
- Gastroenterology - American College of Physicians (August 17, 2013 - August 15, 2015)
- Allergy and Immunology - American College of Physicians (August 14, 2014 - August 13, 2015)
- Allergy and Immunology - American College of Physicians (August 11, 2016)
- Allergy and Immunology for Primary Care - Stanford Medical School (August 27, 2015)
- General Medicine - American College of Physicians (August 13, 2016)
- Gastroenterology (August 11, 2016)
- Aspirin - American College of Physicians, Northern California Chapter Meeting (November 3, 2018)