



Ryan Matlow

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

CLINICAL OFFICES

- **Ravenswood Family Health Center**

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Bio

BIO

Ryan Matlow, Ph.D., is a child clinical psychologist who serves as Director of Community Research Programs for Stanford's Early Life Stress and Pediatric Anxiety Program. His clinical and research efforts focus on understanding and addressing the impact of stress, adversity, and trauma in children, families, and communities. In particular, Dr. Matlow seeks to apply current scientific knowledge of the neurobiological and developmental impact of stress and trauma in shaping interventions and systems of care. Dr. Matlow is focused on engaging diverse populations and providing evidence-based individual, family, and systems interventions for posttraumatic stress following interpersonal trauma. For example, he provides training to promote dissemination of Cue Centered Therapy (Carrion, 2015), a flexible, manualized intervention addressing childhood experiences of chronic trauma. Dr. Matlow seeks to develop authentic partnerships to inform program development and trauma-sensitive service delivery in community and school settings.

CLINICAL FOCUS

- Psychology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

ADMINISTRATIVE APPOINTMENTS

- Director of Community Research Programs, Early Life Stress and Pediatric Anxiety Program, (2014- present)
- Affiliate, Human Rights in Trauma Mental Health Laboratory, (2014- present)

HONORS AND AWARDS

- Implementing Evidence-Based Mental Health Care in East Palo Alto Schools (Co-PI: Flint Espil), Stanford Spectrum Pilot Grant for Population Health Sciences (2017)
- Maryon Stone Postdoctoral Fellowship, Pritzker Foundation (2013-2014)
- Arts, Humanities, and Social Sciences Dissertation Fellowship, University of Denver (2011-2012)

PROGRAM AFFILIATIONS

- Center for Human Rights and International Justice

PROFESSIONAL EDUCATION

- PhD Training: University of Denver (2013) CO
- Fellowship: UCSF Graduate Medical Education Ofc (2014) CA
- Postdoctoral Fellowship, University of California San Francisco Multicultural Clinical Training Program, San Francisco General Hospital Child and Adolescent Services , Clinical Psychology (2014)
- Internship: UCSF/San Francisco Gen Hosp (2013) CA
- PhD, University of Denver , Child Clinical Psychology (2013)
- MA, San Francisco State University , Psychology (Psychological Research) (2008)
- BS, University of California, San Diego , Cognitive Science (2003)

COMMUNITY AND INTERNATIONAL WORK

- One East Palo Alto
- Ravenswood Family Health Center
- Tipping Point Community

LINKS

- Stanford Early Life Stress and Pediatric Anxiety Program: <http://med.stanford.edu/elspap.html>
- Human Rights in Trauma Mental Health Lab: <http://med.stanford.edu/psychiatry/research/HumanRightsinTraumaMH.html>

Publications

PUBLICATIONS

- **Reducing Protections for Noncitizen Children - Exacerbating Harm and Trauma.** *The New England journal of medicine*
Matlow, R., Reicherter, D.
2018
- **Creating lab reports on psychological outcomes of political violence in human rights criminal cases: The Human Rights in Trauma Mental Health Laboratory at Stanford University** *Cambodia's Hidden Scars: Trauma Psychology and the Extraordinary Chambers in the Courts of Cambodia*
Reicherter, D., Reed, D., Williamson, R., Matlow, R.
edited by van Schaack, B., Reicherter, D.
Documentation Center of Cambodia.2016; 2: 268–276
- **Addressing trauma and attachment in Latino immigrant youth and their families**
Matlow, R. B., Romero, M. B.
International Society for Traumatic Stress Studies.
2016 ; StressPoints: A Quarterly eNewsletter of the International Society for Traumatic Stress Studies
- **The Impact of Appraisals and Context on Readiness to Leave a Relationship Following Intimate Partner Abuse** *VIOLENCE AGAINST WOMEN*
Matlow, R. B., DePrince, A. P.
2015; 21 (9): 1043-1064
- **The Impact of Appraisals and Context on Readiness to Leave a Relationship Following Intimate Partner Abuse.** *Violence against women*
Matlow, R. B., DePrince, A. P.
2015; 21 (9): 1043–64
- **Tobacco Use and Its Treatment Among Young People in Mental Health Settings: A Qualitative Analysis** *NICOTINE & TOBACCO RESEARCH*
Prochaska, J. J., Fromont, S. C., Wa, C., Matlow, R., Ramo, D. E., Hall, S. M.
2013; 15 (8): 1427-1435
- **The Influence of Victimization History on PTSD Symptom Expression in Women Exposed to Intimate Partner Violence** *PSYCHOLOGICAL TRAUMA-THEORY RESEARCH PRACTICE AND POLICY*
Matlow, R. B., DePrince, A. P.

