



Nichole Olson

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

CLINICAL OFFICES

- **Psychiatry**

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Bio

BIO

Dr. Nichole Olson is a Clinical Assistant Professor and licensed psychologist in the INSPIRE Clinic and Dialectical Behavior Therapy (DBT) program at Stanford. Dr. Olson completed her masters and doctorate degrees at Northwestern University in Chicago and finished her postdoctoral fellowship at Stanford University. Dr. Olson specializes in evidence-based, recovery-oriented care for individuals with psychosis, providing both individual and group Cognitive Behavioral Therapy for Psychosis (CBTp) to adults within the INSPIRE Clinic. In addition, Dr. Olson leads trainings and ongoing consultation for providers learning to implement CBTp. As a clinician and Assistant Director of Stanford's DBT program, Dr. Olson also provides individual DBT treatment for those with emotion regulation difficulties.

CLINICAL FOCUS

- Psychology
- Cognitive Behavioral Therapy
- Dialectical Behavior Therapy
- Psychosis
- Trauma

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

PROFESSIONAL EDUCATION

- Internship: Edward Hines Jr Veterans Affairs Hospital Psychology Internship (2015) IL
- Ph.D., Northwestern University, Feinberg School of Medicine, Psychology (2014)
- Fellowship: Stanford University - Dept of Psychiatry (2015) CA

Publications

PUBLICATIONS

- **Health Disparities in Drug- and Alcohol-Use Disorders: A 12-Year Longitudinal Study of Youths After Detention.** *American journal of public health*
Welty, L. J., Harrison, A. J., Abram, K. M., Olson, N. D., Aaby, D. A., McCoy, K. P., Washburn, J. J., Teplin, L. A.
2016; 106 (5): 872-880
- **How Harmonious and Obsessive Passion for Alcohol and Marijuana Relate to Consumption and Negative Consequences.** *Journal of studies on alcohol and drugs*
Steers, M. N., Neighbors, C., Hove, M. C., Olson, N., Lee, C. M.
2015; 76 (5): 749-757
- **Firearm Homicide and Other Causes of Death in Delinquents: A 16-Year Prospective Study** *PEDIATRICS*
Teplin, L. A., Jakubowski, J. A., Abram, K. M., Olson, N. D., Stokes, M. L., Welty, L. J.
2014; 134 (1): 63-73