





## William Haskell

Professor (Research) of Medicine, Emeritus

Medicine - Cardiovascular Medicine

 NIH Biosketch available Online

 Curriculum Vitae available Online

### Bio

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#### ACADEMIC APPOINTMENTS

- Emeritus Faculty, Acad Council, Medicine - Cardiovascular Medicine
- Member, Stanford Cancer Institute

#### ADMINISTRATIVE APPOINTMENTS

- Chair, Scientific Advisory Board, Cooper Institute, (1996-2008)
- Member, Scientific Advisory Board, Health Fitness Corporation, (2004-2010)

#### HONORS AND AWARDS

- Honorary Doctorate of Medicine (H.D.M.), Linkoping University, Sweden (1980)
- National Achievement Award, National YMCA (1987)
- National Healthy Fitness Leader Award, JACEES (1990)
- M.D. Silverberg Memorial Lecture, Royal Australian College of Physicians (1990)
- International Achievement Recognition Lecture, South African Sports Medicine Society (1993)
- Joseph Wolffe Memorial Lecture, American College of Sports Medicine (1994)
- Citation Award, American College of Sports Medicine (1995)
- Honorary Member, Order of the Horse Collar Knights, University of Kuopio, Finland (1996)
- Lifetime Achievement Award, American Association of Cardiovascular and Pulmonary Rehabilitation (1999)
- Terrance Kavanagh Memorial Lecture, Canadian Cardia Rehabilitation Society (2002)
- Honor Award for Lifetime Achievement, American College of Sports Medicine (2000)
- Distinguished Research in Aging, Council on Aging, AAHPERD (2006)
- Science Honor Award for 2007, President's Council on Physical Fitness and Sports (2007)
- Lifetime Achievement Award, Alumni Association, University of California at Santa Barbara (2007)

#### PROFESSIONAL EDUCATION

- Certificate, State U of New York - Buffalo , Chronic disease Epidemiology (1967)
- Ph.D, U. of Illinois , Exercise Physiology (1965)
- B.S., U of CA @ Santa Barbara , Exercise Science and Biology (1960)

## COMMUNITY AND INTERNATIONAL WORK

- Global Physical Activity Guidelines, Geneva

## LINKS

- <http://prevention.stanford.edu>: <http://prevention.stanford.edu>

## Research & Scholarship

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### CURRENT RESEARCH AND SCHOLARLY INTERESTS

My major research interests and activities over the next several years will focus on the development and evaluation of the objective measurement of physical activity in free-living populations using a variety of sensing devices and mobile phones for data collection and processing. Sensing devices include wireless accelerometers, altimeters, heart rate, skin temperature/heat flux and breathing rate monitors. This research is funded by NIH and is being conducted in collaboration with scientists at MIT. I will continue to direct the Stanford Heart Network, an internet-based patient and health professional support system, with the major mission being to assist community-based CVD prevention/treatment programs implement more effective heart attack and stroke prevention programs. Also, I will continue to collaborate with colleagues on studies promoting energy balance and successful aging.

## Teaching

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### STANFORD ADVISEES

#### Doctoral Dissertation Reader (AC)

Kory Russel

### GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Medicine (Masters Program)

## Publications

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### PUBLICATIONS

- **Activity Recognition in Youth Using Single Accelerometer Placed at Wrist or Ankle.** *Medicine and science in sports and exercise*  
Mannini, A., Rosenberger, M., Haskell, W. L., Sabatini, A. M., Intille, S. S.  
2016: -?
- **Is Cardiorespiratory Fitness Still as Relevant for Mortality Risk in the Statin Era?: 1988 Board #140 June 2, 3: 30 PM - 5: 00 PM.** *Medicine and science in sports and exercise*  
Farrell, S. W., Radford, N. B., Defina, L. F., Leonard, D. S., Finley, C. E., Barlow, C. E., Willis, B. L., Haskell, W. L.  
2016; 48 (5): 553-?
- **Twenty-four Hours of Sleep, Sedentary Behavior, and Physical Activity with Nine Wearable Devices.** *Medicine and science in sports and exercise*  
Rosenberger, M. E., Buman, M. P., Haskell, W. L., McConnell, M. V., Carstensen, L. L.  
2016; 48 (3): 457-465
- **Effects of Varying Epoch Lengths, Wear Time Algorithms, and Activity Cut-Points on Estimates of Child Sedentary Behavior and Physical Activity from Accelerometer Data.** *PloS one*  
Banda, J. A., Haydel, K. F., Davila, T., Desai, M., Bryson, S., Haskell, W. L., Matheson, D., Robinson, T. N.  
2016; 11 (3)
- **New insights into discrepancies between self-reported and accelerometer-measured moderate to vigorous physical activity among women - the mPED trial.** *BMC public health*  
Fukuoka, Y., Haskell, W., Vittinghoff, E.  
2016; 16 (1): 761-?

- **Is There a Gradient of Mortality Risk among Men with Low Cardiorespiratory Fitness?** *MEDICINE AND SCIENCE IN SPORTS AND EXERCISE*  
Farrell, S. W., Finley, C. E., Haskell, W. L., Grundy, S. M.  
2015; 47 (9): 1825-1832
- **Physical Activity Versus Cardiorespiratory Fitness: Two (Partly) Distinct Components of Cardiovascular Health?** *PROGRESS IN CARDIOVASCULAR DISEASES*  
DeFina, L. F., Haskell, W. L., Willis, B. L., Barlow, C. E., Finley, C. E., Levine, B. D., Cooper, K. H.  
2015; 57 (4): 324-329
- **Identifying Factors Associated With Dropout During Prerandomization Run-in Period From an mHealth Physical Activity Education Study: The mPED Trial.** *JMIR mHealth and uHealth*  
Fukuoka, Y., Gay, C., Haskell, W., Arai, S., Vittinghoff, E.  
2015; 3 (2)
- **The Stanford Leisure-Time Activity Categorical Item (L-Cat): a single categorical item sensitive to physical activity changes in overweight/obese women** *INTERNATIONAL JOURNAL OF OBESITY*  
Kiernan, M., Schoffman, D. E., Lee, K., Brown, S. D., Fair, J. M., Perri, M. G., Haskell, W. L.  
2013; 37 (12): 1597-1602
- **Cardiorespiratory Fitness, Body Mass Index, and Heart Failure Mortality in Men Cooper Center Longitudinal Study** *CIRCULATION-HEART FAILURE*  
Farrell, S. W., Finley, C. E., Radford, N. B., Haskell, W. L.  
2013; 6 (5): 898-905
- **The Association Between Midlife Cardiorespiratory Fitness Levels and Later-Life Dementia** *ANNALS OF INTERNAL MEDICINE*  
DeFina, L. F., Willis, B. L., Radford, N. B., Gao, A., Leonard, D., Haskell, W. L., Weiner, M. F., Berry, J. D.  
2013; 158 (3): 162-?
- **Assessment of Physical Activity Using Wearable Monitors: Recommendations for Monitor Calibration and Use in the Field** *MEDICINE AND SCIENCE IN SPORTS AND EXERCISE*  
Freedson, P., Bowles, H. R., Troiano, R., Haskell, W.  
2012; 44: S1-S4
- **The mPED randomized controlled clinical trial: applying mobile persuasive technologies to increase physical activity in sedentary women protocol** *BMC PUBLIC HEALTH*  
Fukuoka, Y., Komatsu, J., Suarez, L., Vittinghoff, E., Haskell, W., Noorishad, T., Pham, K.  
2011; 11
- **Dose Response Between Physical Activity and Risk of Coronary Heart Disease A Meta-Analysis** *CIRCULATION*  
Sattelmair, J., Pertman, J., Ding, E. L., Kohl, H. W., Haskell, W., Lee, I.  
2011; 124 (7): 789-U84
- **Lifetime Risks for Cardiovascular Disease Mortality by Cardiorespiratory Fitness Levels Measured at Ages 45, 55, and 65 Years in Men The Cooper Center Longitudinal Study** *JOURNAL OF THE AMERICAN COLLEGE OF CARDIOLOGY*  
Berry, J. D., Willis, B., Gupta, S., Barlow, C. E., Lakoski, S. G., Khera, A., Rohatgi, A., de Lemos, J. A., Haskell, W., Lloyd-Jones, D. M.  
2011; 57 (15): 1604-1610
- **SENSOR-DRIVEN AUTOMATIC FEEDBACK ON MOBILE DEVICES FOR IMPROVING BEHAVIORAL MEASUREMENT AND INTERVENTION: DESIGN EXPERIENCES FROM TWO PILOT PROJECTS**  
Intille, S., Albinali, F., Mota, S., Anh Nguyen, A., Han, Y., Haskell, W. L.  
SPRINGER.2011: S147-S147
- **Fitness and Reclassification of Risk for Cardiovascular Disease Mortality**  
Gupta, S., Rohatgi, A., Ayers, C. R., Willis, B., Haskell, W., Khera, A., Drazner, M. H., de Lemos, J. A., Berry, J. D.  
LIPPINCOTT WILLIAMS & WILKINS.2010
- **The Breathe Easier through Weight Loss Lifestyle (BE WELL) Intervention: A randomized controlled trial** *BMC PULMONARY MEDICINE*  
Ma, J., Strub, P., Camargo, C. A., Xiao, L., Ayala, E., Gardner, C. D., Buist, A. S., Haskell, W. L., Lavori, P. W., Wilson, S. R.  
2010; 10
- **Multiple Wireless Accelerometers and Heart Rate Accurately Predict Energy Expenditure during Level Walking**  
Rosenberger, M. E., Skrinar, G., Haskell, W. L., Intille, S., Tapia, E. M.

LIPPINCOTT WILLIAMS & WILKINS.2008: S62–S63

- **Cardiorespiratory fitness and 20-year risk of dyslipidemia: The CARDIA fitness study** *47th Annual Conference on Cardiovascular Disease Epidemiology and Prevention*  
Sternfeld, B., Sidney, S., Haskell, W. L., Carnethon, M., Jacobs, D. R., Lewis, C. E., Schreiner, P. J., Williams, O. D.  
LIPPINCOTT WILLIAMS & WILKINS.2007: E249–E249
- **Twenty-year change in graded exercise treadmill test performance in young adults: CARDIA fitness study** *47th Annual Conference on Cardiovascular Disease Epidemiology and Prevention*  
Sidney, S., Sternfeld, B., Carnethon, M., Jacobs, D. R., Lewis, C. E., Schreiner, P. J., Williams, O. D., Haskell, W. L., Crow, R. M.  
LIPPINCOTT WILLIAMS & WILKINS.2007: E248–E248
- **Physical activity independently predicts increased MRI coronary vasodilation to nitroglycerin in older adults: The ADVANCE study** *79th Annual Scientific Session of the American-Heart-Association*  
Nguyen, P. K., Terashima, M., Fair, J. M., Mahabouda, M. H., Varady, A., Taylor-Pillae, R. E., Courtney, B. K., Iribarren, C., Go, A. S., Haskell, W., Fortmann, S. P., McConnell, M. V.  
LIPPINCOTT WILLIAMS & WILKINS.2006: 541–41
- **Prospective investigation of autonomic nervous system function and the development of type 2 diabetes - The Atherosclerosis Risk in Communities study, 1987-1998** *CIRCULATION*  
Carnethon, M. R., Golden, S. H., Folsom, A. R., Haskell, W., Liao, D. P.  
2003; 107 (17): 2190-2195
- **Effects of physical activity counseling in primary care - The activity counseling trial: A randomized controlled trial** *JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION*  
Simons-Morton, D. G., Blair, S. N., King, A. C., Morgan, T. M., Applegate, W. B., O'Toole, M., Haskell, W. L., Albright, C. L., Cohen, S. J., Ribisl, P. M., Shih, J. H.  
2001; 286 (6): 677-687
- **Sleep quality in older adults: Effects of exercise training and influence of sunlight exposure - Reply** *JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION*  
King, A. C., Haskell, W. L., Bliwise, D. L.  
1997; 277 (13): 1034-1035
- **GLUCOREGULATION AND HORMONAL RESPONSES TO MAXIMAL EXERCISE IN NON-INSULIN-DEPENDENT DIABETES** *JOURNAL OF APPLIED PHYSIOLOGY*  
Kjaer, M., Hollenbeck, C. B., FREYHEWITT, B., Galbo, H., Haskell, W., Reaven, G. M.  
1990; 68 (5): 2067-2074
- **CHANGES IN PLASMA-LIPIDS AND LIPOPROTEINS IN OVERWEIGHT MEN DURING WEIGHT-LOSS THROUGH DIETING AS COMPARED WITH EXERCISE** *NEW ENGLAND JOURNAL OF MEDICINE*  
Wood, P. D., Stefanick, M. L., Dreon, D. M., FREYHEWITT, B., GARAY, S. C., Williams, P. T., Superko, H. R., Fortmann, S. P., Albers, J. J., Vranizan, K. M., ELLSWORTH, N. M., Terry, R. B., Haskell, et al  
1988; 319 (18): 1173-1179
- **EFFECTIVENESS OF SELF-MONITORED, HOME-BASED, MODERATE-INTENSITY EXERCISE TRAINING IN MIDDLE-AGED MEN AND WOMEN** *AMERICAN JOURNAL OF CARDIOLOGY*  
Juneau, M., Rogers, F., DeSantos, V., Yee, M., Evans, A., Bohn, A., Haskell, W. L., Taylor, C. B., DeBusk, R. F.  
1987; 60 (1): 66-70
- **THE INTERACTION OF EXERCISE TRAINING AND BETA-BLOCKADE IN PATIENTS WITH MODERATE HYPERTENSION**  
Haskell, W. L., EKELUND, L. G., BRAMMELL, H. L., Superko, H. R., Williams, R. S.  
ELSEVIER SCIENCE INC.1987: A235–A235
- **MAINTENANCE OF MODERATE INTENSITY HOME-BASED EXERCISE TRAINING IN HEALTHY-MEN AND WOMEN**  
King, A. C., Bohn, A., Evans, A. J., Taylor, C. B., Haskell, W. L., DeBusk, R. F.  
LIPPINCOTT WILLIAMS & WILKINS.1986: 504–
- **EFFECTS OF LOW-INTENSITY AND HIGH-INTENSITY HOME-BASED EXERCISE TRAINING ON FUNCTIONAL-CAPACITY IN HEALTHY MIDDLE-AGED MEN** *AMERICAN JOURNAL OF CARDIOLOGY*  
Gossard, D., Haskell, W. L., Taylor, C. B., Mueller, J. K., Rogers, F., Chandler, M., Ahn, D. K., Miller, N. H., DeBusk, R. F.  
1986; 57 (6): 446-449

- **SELF-MONITORED HOME-BASED MODERATE INTENSITY EXERCISE IN MEN AND WOMEN - EFFECTS ON FUNCTIONAL-CAPACITY**  
Juneau, M., Rogers, F., DeSantos, V., Yee, M., Evans, A., Bohn, A., Haskell, W. L., Taylor, C. B., DeBusk, R. F.  
ELSEVIER SCIENCE INC.1986: A223–A223
- **MEDICALLY DIRECTED AT-HOME REHABILITATION SOON AFTER CLINICALLY UNCOMPLICATED ACUTE MYOCARDIAL-INFARCTION - A NEW MODEL FOR PATIENT-CARE** *AMERICAN JOURNAL OF CARDIOLOGY*  
DeBusk, R. F., Haskell, W. L., Miller, N. H., Berra, K., Taylor, C. B., Berger, W. E., Lew, H.  
1985; 55 (4): 251-257
- **ASSESSMENT OF HABITUAL PHYSICAL-ACTIVITY BY A 7-DAY RECALL IN A COMMUNITY SURVEY AND CONTROLLED EXPERIMENTS** *AMERICAN JOURNAL OF EPIDEMIOLOGY*  
Blair, S. N., Haskell, W. L., Ho, P., Paffenbarger, R. S., Vranizan, K. M., Farquhar, J. W., Wood, P. D.  
1985; 122 (5): 794-804
- **EFFECT OF HABITUAL PHYSICAL-ACTIVITY ON REGULATION OF INSULIN-STIMULATED GLUCOSE DISPOSAL IN OLDER MALES** *JOURNAL OF THE AMERICAN GERIATRICS SOCIETY*  
Hollenbeck, C. B., Haskell, W., Rosenthal, M., Reaven, G. M.  
1985; 33 (4): 273-277
- **EXERCISE TRAINING DURING LONG-TERM BETA-BLOCKADE TREATMENT IN HEALTHY-SUBJECTS** *AMERICAN JOURNAL OF CARDIOLOGY*  
SAVIN, W. M., Gordon, E. P., Kaplan, S. M., HEWITT, B. F., HARRISON, D. C., Haskell, W. L.  
1985; 55 (10): D101-D109
- **PHYSICAL-ACTIVITY ASSESSMENT METHODOLOGY IN THE 5-CITY PROJECT** *AMERICAN JOURNAL OF EPIDEMIOLOGY*  
Sallis, J. F., Haskell, W. L., Wood, P. D., Fortmann, S. P., Rogers, T., Blair, S. N., Paffenbarger, R. S.  
1985; 121 (1): 91-106
- **METABOLISM OF SUBSTRATES - DIET, LIPOPROTEIN METABOLISM, AND EXERCISE** *FEDERATION PROCEEDINGS*  
Wood, P. D., Terry, R. B., Haskell, W. L.  
1985; 44 (2): 358-363
- **ASSOCIATIONS OF RESTING HEART-RATE WITH CONCENTRATIONS OF LIPOPROTEIN SUBFRACTIONS IN SEDENTARY MEN** *CIRCULATION*  
Williams, P. T., Haskell, W. L., Vranizan, K. M., Blair, S. N., Krauss, R. M., Superko, H. R., Albers, J. J., FREYHEWITT, B., Wood, P. D.  
1985; 71 (3): 441-449
- **PHYSICAL-ACTIVITY AND EXERCISE TO ACHIEVE HEALTH RELATED PHYSICAL-FITNESS COMPONENTS** *PUBLIC HEALTH REPORTS*  
Haskell, W. L., Montoye, H. J., Orenstein, D.  
1985; 100 (2): 202-212
- **7-DAY ACTIVITY AND SELF-REPORT COMPARED TO A DIRECT MEASURE OF PHYSICAL-ACTIVITY** *AMERICAN JOURNAL OF EPIDEMIOLOGY*  
Taylor, C. B., Coffey, T., Berra, K., IAFFALDANO, R., Casey, K., Haskell, W. L.  
1984; 120 (6): 818-824
- **COMPARISON OF CARDIOVASCULAR-RESPONSE TO COMBINED STATIC-DYNAMIC EFFORT, POSTPRANDIAL DYNAMIC EFFORT AND DYNAMIC EFFORT ALONE IN PATIENTS WITH CHRONIC ISCHEMIC-HEART-DISEASE** *CIRCULATION*  
Hung, J., McKillip, J., Savin, W., Magder, S., Kraus, R., Houston, N., Goris, M., Haskell, W., DeBusk, R.  
1982; 65 (7): 1411-1419
- **Estimating Activity and Sedentary Behavior from an Accelerometer on the Hip or Wrist** *MEDICINE AND SCIENCE IN SPORTS AND EXERCISE*  
Rosenberger, M. E., Haskell, W. L., Albinali, F., Mota, S., Nawyn, J., Intille, S.  
2013; 45 (5): 964-975
- **Physical Activity and Physical Fitness Standardizing Assessment with the PhenX Toolkit** *AMERICAN JOURNAL OF PREVENTIVE MEDICINE*  
Haskell, W. L., Troiano, R. P., Hammond, J. A., Phillips, M. J., Strader, L. C., Marquez, D. X., Grant, S. F., Ramos, E.  
2012; 42 (5): 486-492
- **Cardiorespiratory Fitness and Metabolic Risk** *AMERICAN JOURNAL OF CARDIOLOGY*  
Grundy, S. M., Barlow, C. E., Farrell, S. W., Vega, G. L., Haskell, W. L.

2012; 109 (7): 988-993

- **Reliability and Validity of CHAMPS Self-Reported Sedentary-to-Vigorous Intensity Physical Activity in Older Adults** *JOURNAL OF PHYSICAL ACTIVITY & HEALTH*  
Hekler, E. B., Buman, M. P., Haskell, W. L., Conway, T. L., Cain, K. L., Sallis, J. F., Saelens, B. E., Frank, L. D., Kerr, J., King, A. C.  
2012; 9 (2): 225-236
- **Physical Activity by Self-Report: A Brief History and Future Issues** *JOURNAL OF PHYSICAL ACTIVITY & HEALTH*  
Haskell, W. L.  
2012; 9: S5-S10
- **2011 Compendium of Physical Activities: A Second Update of Codes and MET Values** *MEDICINE AND SCIENCE IN SPORTS AND EXERCISE*  
Ainsworth, B. E., Haskell, W. L., Herrmann, S. D., Meckes, N., Bassett, D. R., Tudor-Locke, C., Greer, J. L., Vezina, J., Whitt-Glover, M. C., Leon, A. S.  
2011; 43 (8): 1575-1581
- **Impact of Body Mass Index, Physical Activity, and Other Clinical Factors on Cardiorespiratory Fitness (from the Cooper Center Longitudinal Study)** *AMERICAN JOURNAL OF CARDIOLOGY*  
Lakoski, S. G., Barlow, C. E., Farrell, S. W., Berry, J. D., Morrow, J. R., Haskell, W. L.  
2011; 108 (1): 34-39
- **Physical Activity in Older Subjects Is Associated With Increased Coronary Vasodilation The ADVANCE Study** *JACC-CARDIOVASCULAR IMAGING*  
Nguyen, P. K., Terashima, M., Fair, J. M., Varady, A., Taylor-Piliae, R. E., Iribarren, C., Go, A. S., Haskell, W. L., Hlatky, M. A., Fortmann, S. P., McConnell, M. V.  
2011; 4 (6): 622-629
- **Cardiorespiratory Fitness and Classification of Risk of Cardiovascular Disease Mortality** *CIRCULATION*  
Gupta, S., Rohatgi, A., Ayers, C. R., Willis, B. L., Haskell, W. L., Khera, A., Drazner, M. H., de Lemos, J. A., Berry, J. D.  
2011; 123 (13): 1377-?
- **Long-Term Tracking of Physical Activity Behaviors in Women: The WIN Study** *MEDICINE AND SCIENCE IN SPORTS AND EXERCISE*  
Morrow, J. R., Bain, T. M., Frierson, G. M., Trudelle-Jackson, E., Haskell, W. L.  
2011; 43 (1): 165-170
- **Design of a Wearable Physical Activity Monitoring System using Mobile Phones and Accelerometers** *33rd Annual International Conference of the IEEE Engineering-in-Medicine-and-Biology-Society (EMBS)*  
Intille, S. S., Albinali, F., Mota, S., Kuris, B., Botana, P., Haskell, W. L.  
IEEE.2011: 3636-3639
- **Glycemic Index, Glycemic Load, and Prevalence of the Metabolic Syndrome in the Cooper Center Longitudinal Study** *JOURNAL OF THE AMERICAN DIETETIC ASSOCIATION*  
Finley, C. E., Barlow, C. E., Halton, T. L., Haskell, W. L.  
2010; 110 (12): 1820-1829
- **Objective Light-Intensity Physical Activity Associations With Rated Health in Older Adults** *AMERICAN JOURNAL OF EPIDEMIOLOGY*  
Buman, M. P., Hekler, E. B., Haskell, W. L., Pruitt, L., Conway, T. L., Cain, K. L., Sallis, J. F., Saelens, B. E., Frank, L. D., King, A. C.  
2010; 172 (10): 1155-1165
- **A Tribute to Professor Jeremiah Morris: The Man Who Invented the Field of Physical Activity Epidemiology** *ANNALS OF EPIDEMIOLOGY*  
Blair, S. N., Smith, G. D., Lee, I., Fox, K., Hillsdon, M., Mckeown, R. E., Haskell, W. L., Marmot, M.  
2010; 20 (9): 651-660
- **Longitudinal Examination of Age-Predicted Symptom-Limited Exercise Maximum HR** *MEDICINE AND SCIENCE IN SPORTS AND EXERCISE*  
Zhu, N., Suarez-Lopez, J. R., Sidney, S., Sternfeld, B., Schreiner, P. J., Carnethon, M. R., Lewis, C. E., Crow, R. S., Bouchard, C., Haskell, W. L., Jacobs, D. R.  
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- **Risk of mortality increases with increasing number of abnormal non-ST parameters recorded during exercise testing** *EUROPEAN JOURNAL OF CARDIOVASCULAR PREVENTION & REHABILITATION*  
Ho, J. S., FitzGerald, S. J., Barlow, C. E., Cannaday, J. J., Kohl, H. W., Haskell, W. L., Cooper, K. H.  
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- **Effects of Tai Chi and Western Exercise on Physical and Cognitive Functioning in Healthy Community-Dwelling Older Adults** *JOURNAL OF AGING AND PHYSICAL ACTIVITY*

- Taylor-Piliae, R. E., Newell, K. A., Cherin, R., Lee, M. J., King, A. C., Haskell, W. L.  
2010; 18 (3): 261-279
- **Cardiorespiratory Fitness Levels Among US Adults 20-49 Years of Age: Findings From the 1999-2004 National Health and Nutrition Examination Survey** *AMERICAN JOURNAL OF EPIDEMIOLOGY*  
Wang, C., Haskell, W. L., Farrell, S. W., LaMonte, M. J., Blair, S. N., Curtin, L. R., Hughes, J. P., Burt, V. L.  
2010; 171 (4): 426-435
  - **Validation of the Stanford Brief Activity Survey: Examining Psychological Factors and Physical Activity Levels in Older Adults** *JOURNAL OF PHYSICAL ACTIVITY & HEALTH*  
Taylor-Piliae, R. E., Fair, J. M., Haskell, W. L., Varady, A. N., Iribarren, C., Hlatky, M. A., Go, A. S., Fortmann, S. P.  
2010; 7 (1): 87-94
  - **The Breathe Easier through Weight Loss Lifestyle (BE WELL) Intervention: a randomized controlled trial.** *BMC pulmonary medicine*  
Ma, J., Strub, P., Camargo, C. A., Xiao, L., Ayala, E., Gardner, C. D., Buist, A. S., Haskell, W. L., Lavori, P. W., Wilson, S. R.  
2010; 10: 16-?
  - **Case Management to Reduce Risk of Cardiovascular Disease in a County Health Care System** *ARCHIVES OF INTERNAL MEDICINE*  
Ma, J., Berra, K., Haskell, W. L., Klieman, L., Hyde, S., Smith, M. W., Xiao, L., Stafford, R. S.  
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  - **Comparative Relation of General, Central, and Visceral Adiposity Measures for Coronary Artery Calcium in Subjects Without Previous Coronary Events** *AMERICAN JOURNAL OF CARDIOLOGY*  
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2009; 104 (7): 943-946
  - **Physical activity: Health outcomes and importance for public health policy** *PREVENTIVE MEDICINE*  
Haskell, W. L., Blair, S. N., Hill, J. O.  
2009; 49 (4): 280-282
  - **Use of Accelerometry to Measure Physical Activity in Older Adults at Risk for Mobility Disability** *JOURNAL OF AGING AND PHYSICAL ACTIVITY*  
Pruitt, L. A., Glynn, N. W., King, A. C., Guralnik, J. M., Aiken, E. K., Miller, G., Haskell, W. L.  
2008; 16 (4): 416-434
  - **Stanford GEMS phase 2 obesity prevention trial for low-income African-American girls: Design and sample baseline characteristics** *CONTEMPORARY CLINICAL TRIALS*  
Robinson, T. N., Kraemer, H. C., Matheson, D. M., Obarzanek, E., Wilson, D. M., Haskell, W. L., Pruitt, L. A., Thompson, N. S., Haydel, K. F., Fujimoto, M., Varady, A., McCarthy, S., Watanabe, et al  
2008; 29 (1): 56-69
  - **Physical activity and public health - Updated recommendation for adults from the American college of sports medicine and the American heart association** *CIRCULATION*  
Haskell, W. L., Lee, I., Pate, R. R., Powell, K. E., Blair, S. N., Franklin, B. A., Macera, C. A., Heath, G. W., Thompson, P. D., Bauman, A.  
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  - **Physical activity and public health: Updated recommendation for adults from the American College of Sports Medicine and the American Heart Association** *MEDICINE AND SCIENCE IN SPORTS AND EXERCISE*  
Haskell, W. L., Lee, I., Pate, R. R., Powell, K. E., Blair, S. N., Franklin, B. A., Macera, C. A., Heath, G. W., Thompson, P. D., Bauman, A.  
2007; 39 (8): 1423-1434
  - **Resistance exercise in individuals with and without cardiovascular disease: 2007 update - A scientific statement from the American Heart Association Council on Clinical Cardiology and Council on Nutrition, Physical Activity, and Metabolism** *CIRCULATION*  
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