



## Kathryn Kvam

- Clinical Assistant Professor, Neurology & Neurological Sciences
- Clinical Assistant Professor (By courtesy), Neurosurgery

### Bio

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#### BIO

Dr. Kvam is a board-certified neurologist and fellowship-trained neurohospitalist, specializing in the care of patients with a variety of acute neurological disorders including headache, epilepsy, Guillain-Barre, myasthenia gravis, encephalitis, multiple sclerosis and other neuroinflammatory diseases as well as neurologic complications of systemic disease.

She is the founding director of the Stanford Neurohospitalist Program and spends most of her time attending on the neurohospitalist ward and consult services. She is actively involved in teaching medical students, residents and fellows. Dr. Kvam also helps co-direct the Neurology Resident Safety, Quality & Improvement Curriculum and has led a number of quality improvement initiatives on the inpatient neurology service. Her research interests include improving the quality and value of care for hospitalized neurology patients, transitions of care, postacute care of encephalitis, and resident and interprofessional education.

For more information about our Stanford Neurohospitalist Program, please visit our website: <https://med.stanford.edu/neurology/divisions/neurohospitalist.html>

#### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Neurology & Neurological Sciences
- Clinical Assistant Professor (By courtesy), Neurosurgery

#### ADMINISTRATIVE APPOINTMENTS

- Director, Stanford Neurohospitalist Program, (2014- present)

#### HONORS AND AWARDS

- Lysia K. Forno Award for Excellence in Teaching Neurology Residents, Stanford Department of Neurology (2018)
- Excellence in Neurology Clerkship Teaching Award, Stanford Department of Neurology (2018)
- Excellence in Neurology Clerkship Teaching Award, Stanford Department of Neurology (2017)
- Excellence in Neurology Clerkship Teaching Award, Stanford Department of Neurology (2015)

#### BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, AAN Evidence Based Quality Measures Committee (2018 - present)
- Chair, H1 Unit RN-MD Committee (2016 - 2018)
- Member, Stanford Neurology Clinical Competencies Committee (2017 - present)
- Member, Stanford Neurology Education Committee (2015 - present)
- Member, Stanford Neurology Professional Practice Committee (2014 - present)

- Member, International Encephalitis Consortium (2014 - present)
- Member, American Academy of Neurology (2010 - present)
- Member, Society of Hospital Medicine (2016 - present)
- Member, Neurohospitalist Society (2013 - present)

## PROFESSIONAL EDUCATION

- Board Certification, American Board of Psychiatry & Neurology (2013)
- Fellowship, University of California, San Francisco , Neurohospitalist (2014)
- Residency, University of California, San Francisco , Neurology (2013)
- Internship, St. Joseph Mercy Medical Center , Internal Medicine (2010)
- MD, University of Michigan (2009)
- B.S. Economics, University of Pennsylvania , Health Care Management & Chemistry (2002)

## COMMUNITY AND INTERNATIONAL WORK

- English Teacher, Mongolia

## LINKS

- Stanford Neurohospitalist Program: <https://med.stanford.edu/neurology/divisions/neurohospitalist.html>

## Research & Scholarship

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### CURRENT RESEARCH AND SCHOLARLY INTERESTS

Dr. Kvam's research focuses on how to optimize patient-centered care, patient outcomes and organize systems of care.

## Publications

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### PUBLICATIONS

- **Education Research: A novel resident-driven neurology quality improvement curriculum.** *Neurology*  
Miller-Kuhlmann, R., Kraler, L., Bozinov, N., Frolov, A., Mlynash, M., Gold, C. A., Kvam, K. A.  
2020; 94 (3): 137–42
- **Emergent neuroimaging for seizures in epilepsy: A population study.** *Epilepsy & behavior : E&B*  
Lamsam, L., Bhambhani, H. P., Ratliff, J. K., Kvam, K. A.  
2020; 112: 107339
- **A Case of Progressive Myelopathy in a Middle-aged Woman.** *JAMA neurology*  
Muccilli, A., Cayrol, R., Kvam, K. A.  
2019
- **Yield of Emergent CT in Patients With Epilepsy Presenting With a Seizure** *NEUROHOSPITALIST*  
Kvam, K. A., Douglas, V. C., Whetstone, W. D., Josephson, S., Betjemann, J. P.  
2019; 9 (2): 71–78
- **A Quality Improvement Curriculum for Neurology Residents**  
Miller-Kuhlmann, R., Kraler, L., Bozinov, N., Frolov, A., Mlynash, M., Gold, C., Kvam, K.  
LIPPINCOTT WILLIAMS & WILKINS.2018
- **A case of progressive multifocal leukoencephalopathy in a lupus patient treated with belimumab** *LUPUS*  
Fredericks, C. A., Kvam, K. A., Bear, J., CRABTREE, G. S., Josephson, S. A.  
2014; 23 (7): 711-713

- **Sedation with nitrous oxide compared with no sedation during catheterization for urologic imaging in children.** *Pediatric radiology*  
Zier, J. L., Kvam, K. A., Kurachek, S. C., Finkelstein, M.  
2007; 37 (7): 678-84