



Amanda Beth Feinstein

Clinical Assistant Professor, Anesthesiology, Perioperative and Pain Medicine

CLINICAL OFFICES

- **Pediatric Pain Management Clinic**

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Bio

CLINICAL FOCUS

- Psychology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Anesthesiology, Perioperative and Pain Medicine

PROFESSIONAL EDUCATION

- Fellowship: Stanford University School of Medicine (2017) CA
- Internship: Semel Institute for Neuroscience and Human Behavior (UCLA) (2014) CA
- PhD Training: Georgia State University Registrar (2014) GA
- M.S., Drexel University , Psychology (2008)
- Ph.D., Georgia State University , Clinical Psychology (2014)
- Clinical Internship, UCLA, Semel Institute for Neuroscience and Human Behavior , Pediatric Psychology (2014)
- Postdoctoral Fellowship, Stanford University School of Medicine , Pediatric Pain Psychology (2017)

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Pediatric Pain Management:

-Descriptive cross sectional research utilizing Peds-CHOIR

-Psychosocial interventions within an interdisciplinary outpatient and intensive rehabilitation setting (i.e., Pediatric Rehabilitation Program, PReP)

Risk and Resilience in Pediatric Pain

-Risk factors in pediatric pain including pain catastrophizing, particularly across developmental phases

-Resilience factors in pediatric pain such as acceptance of pain and mindfulness

-Mindfulness-based intervention for youth with pain and their parents/caregivers

-Photovoice with Pediatric Rehabilitation Program

Upcoming projects

-Adolescents and Young Adults (AYA) with chronic pain: exploring the needs of this population, developing and implementing interventions to promote psychosocial functioning and resilience

Publications

PUBLICATIONS

- **Virtual Reality in Pain Rehabilitation for Youth With Chronic Pain: Pilot Feasibility Study.** *JMIR rehabilitation and assistive technologies*
Griffin, A., Wilson, L., Feinstein, A. B., Bortz, A., Heirich, M. S., Gilkerson, R., Wagner, J. F., Menendez, M., Caruso, T. J., Rodriguez, S., Naidu, S., Golianu, B., Simons, et al
2020; 7 (2): e22620
- **Risk and Resilience in Pediatric Pain: The Roles of Parent and Adolescent Catastrophizing and Acceptance.** *The Clinical journal of pain*
Feinstein, A. B., Sturgeon, J. A., Bhandari, R. P., Yoon, I. A., Ross, A., Huestis, S., Griffin, A., Simons, L.
2018
- **A Pilot Study of Mindfulness Meditation for Pediatric Chronic Pain.** *Children (Basel, Switzerland)*
Waelde, L. C., Feinstein, A. B., Bhandari, R., Griffin, A., Yoon, I. A., Golianu, B.
2017; 4 (5)
- **The Effect of Pain Catastrophizing on Outcomes: A Developmental Perspective Across Children, Adolescents, and Young Adults With Chronic Pain.** *journal of pain*
Feinstein, A. B., Sturgeon, J. A., Darnall, B. D., Dunn, A. L., Rico, T., Kao, M. C., Bhandari, R. P.
2017; 18 (2): 144-154
- **Pediatric-Collaborative Health Outcomes Information Registry (Peds-CHOIR): a learning health system to guide pediatric pain research and treatment.** *Pain*
Bhandari, R. P., Feinstein, A. B., Huestis, S. E., Krane, E. J., Dunn, A. L., Cohen, L. L., Kao, M. C., Darnall, B. D., Mackey, S. C.
2016; 157 (9): 2033-2044
- **Pain Intensity, Psychological Inflexibility, and Acceptance of Pain as Predictors of Functioning in Adolescents with Juvenile Idiopathic Arthritis: A Preliminary Investigation** *JOURNAL OF CLINICAL PSYCHOLOGY IN MEDICAL SETTINGS*
Feinstein, A. B., Forman, E. M., Masuda, A., Cohen, L. L., Herbert, J. D., Moorthy, L. N., Goldsmith, D. P.
2011; 18 (3): 291-298
- **Parent physical and mental health contributions to interpersonal fear avoidance processes in pediatric chronic pain.** *Pain*
Birnie, K. A., Heathcote, L. C., Bhandari, R. P., Feinstein, A., Yoon, I. A., Simons, L. E.
2020
- **Yoga Intervention for an Adolescent With Juvenile Idiopathic Arthritis: A Case Study.** *Advances in mind-body medicine*
Feinstein, A. B., Cohen, L. L., Masuda, A., Griffin, A. T., Gamwell, K. L., Stiles, M. T., Angeles-Han, S. T., Prahalad, S.
; 32 (1): 13-20
- **Multidisciplinary Pain Management for Pediatric Patients with Acute and Chronic Pain: A Foundational Treatment Approach When Prescribing Opioids.** *Children (Basel, Switzerland)*
Wren, A. A., Ross, A. C., D'Souza, G., Almgren, C., Feinstein, A., Marshall, A., Golianu, B.
2019; 6 (2)
- **The role of fatigue in functional outcomes for youth with chronic pain.** *European journal of pain (London, England)*
Yoon, I. A., Sturgeon, J. A., Feinstein, A. B., Bhandari, R. P.
2019
- **Social Risk and Resilience Factors in Adolescent Chronic Pain: Examining the Role of Parents and Peers.** *Journal of pediatric psychology*
Ross, A. C., Simons, L. E., Feinstein, A. B., Yoon, I. A., Bhandari, R. P.
2017

- **Gender differences in the relation between functioning and values-based living in youth with sickle cell disease** *Clinical Practice in Pediatric Psychology*
Martin, S., Cohen, L., Welkom, J., Feinstein, A., Masuda, A., Griffin, A.
2016; 4 (1): 11-22
- **Single-Case Research Design in Pediatric Psychology: Considerations Regarding Data Analysis** *JOURNAL OF PEDIATRIC PSYCHOLOGY*
Cohen, L. L., Feinstein, A., Masuda, A., Vowles, K. E.
2014; 39 (2): 124-137
- **Ecological system influences in the treatment of pediatric chronic pain** *PAIN RESEARCH & MANAGEMENT*
Logan, D. E., Engle, L., Feinstein, A. B., Sieberg, C. B., Sparling, P., Cohen, L. L., Conroy, C., Driesman, D., Masuda, A.
2012; 17 (6): 407-411
- **The Influence of Parent Preprocedural Anxiety on Child Procedural Pain: Mediation by Child Procedural Anxiety** *JOURNAL OF PEDIATRIC PSYCHOLOGY*
Bearden, D. J., Feinstein, A., Cohen, L. L.
2012; 37 (6): 680-686
- **The use of distraction, acceptance and mindfulness-based techniques in the treatment of pediatric pain** *Pediatric Pain Letter*
Grewal, S., Petter, M., Feinstein, A.
2012; 14: 1-9
- **Managing pain in older adults: the benefits of yoga postures, meditation and mindfulness** *Topics in Geriatric Rehabilitation*
Wang, D., Feinstein, A.
2011; 27: 1-6
- **Cognitive Defusion Versus Thought Distraction: A Clinical Rationale, Training, and Experiential Exercise in Altering Psychological Impacts of Negative Self-Referential Thoughts** *BEHAVIOR MODIFICATION*
Masuda, A., Feinstein, A. B., Wendell, J. W., Sheehan, S. T.
2010; 34 (6): 520-538
- **The effects of cognitive defusion and thought distraction on emotional discomfort and believability of negative self-referential thoughts** *JOURNAL OF BEHAVIOR THERAPY AND EXPERIMENTAL PSYCHIATRY*
Masud, A., Twohig, M. P., Stormo, A. R., Feinstein, A. B., Chou, Y., Wendell, J. W.
2010; 41 (1): 11-17