

# Stanford

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## Nirali Vora

Clinical Associate Professor, Neurology & Neurological Sciences

### CLINICAL OFFICES

- **Stanford Neuroscience Health Center**

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### ACADEMIC CONTACT INFORMATION

- **Administrative Contact**

Valerie Berland - Administrative Associate and Fellowship  
Coordinator

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### Bio

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#### BIO

Dr. Nirali Vora is a Clinical Associate Professor of Neurology and Neurological sciences at Stanford University. She is board certified in Adult Neurology and Vascular Neurology after completing her residency and advanced fellowship training at Stanford. She provides comprehensive care for all stroke patients, as well as hospitalized adults with acute or undiagnosed neurological conditions. She specializes in treating vascular disorders including TIA, vasculitis, dissection, venous thrombosis, and undetermined or “cryptogenic” causes of stroke.

Dr. Vora directs the Stanford Global Health Neurology program, through which she started the first stroke unit in Zimbabwe and gained experience in HIV neurology and other neuro-infectious diseases. Additional research interests include stroke prevention, TIA triage, eliminating disparities in health care, and neurology education. She is also the Director of the Stanford Adult Neurology Residency Program.

#### CLINICAL FOCUS

- Global Health Neurology Education
- Stroke
- TIA (Transient Ischemic Attack)
- Neurology

#### ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Neurology & Neurological Sciences
- Member, Cardiovascular Institute

## **ADMINISTRATIVE APPOINTMENTS**

- Residency Program Director, Adult Neurology, (2018- present)
- Director, Global Health Neurology, (2014- present)
- Associate Residency Director, Adult Neurology, (2016-2018)
- Associate Fellowship Director, Vascular Neurology, (2014-2016)

## **HONORS AND AWARDS**

- Teaching Award, Neurology Clerkship (2016-2017)
- Christine Wijman Humanism in Medicine Award, Stanford University (2013)
- Resident Scholar, American Academy of Neurology (2013)
- Chief Resident, Stanford Neurology Residency Program (2012-2013)
- Teaching Award, Neurology Clerkship (2013)

## **BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS**

- Member, American Academy of Neurology (2009 - present)
- Member, American Heart/Stroke Association (2012 - present)
- Executive Education Committee, World Federation of Neurology (2013 - 2014)

## **PROFESSIONAL EDUCATION**

- Fellowship: Stanford University Vascular Neurology Fellowship (2014) CA
- Residency: Stanford University Neurology Residency (2013) CA
- Internship: Santa Clara Valley Medical Center Internal Medicine Residency (2010) CA
- Medical Education: Rosalind Franklin University The Chicago Medical School (2009) IL
- Board Certification: Vascular Neurology, American Board of Psychiatry and Neurology (2014)
- Board Certification: Neurology, American Board of Psychiatry and Neurology (2013)

## **COMMUNITY AND INTERNATIONAL WORK**

- Global Health Neurology, Ghana, Kumasi, Ghana
- Global Health Neurology, Zimbabwe
- Arbor Free Clinic

## **LINKS**

- Stanford Global Health Neurology Program: <http://neurology.stanford.edu/global-health/>
- AHA/ASA Stroke Blog: <http://strokeblog.strokeahajournal.org/>
- Get a Second Opinion: <https://stanfordhealthcare.org/second-opinion/overview.html>

## **Research & Scholarship**

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### **CLINICAL TRIALS**

- AtRial Cardiopathy and Antithrombotic Drugs In Prevention After Cryptogenic Stroke, Recruiting
- Imaging Collaterals in Acute Stroke (iCAS), Not Recruiting
- Platelet-Oriented Inhibition in New TIA and Minor Ischemic Stroke (POINT) Trial, Not Recruiting
- Rivaroxaban Versus Aspirin in Secondary Prevention of Stroke and Prevention of Systemic Embolism in Patients With Recent Embolic Stroke of Undetermined Source (ESUS), Not Recruiting

- Stroke Hyperglycemia Insulin Network Effort (SHINE) Trial, Not Recruiting
- Study to Examine the Effects of MultiStem in Ischemic Stroke, Not Recruiting
- Transient Ischemic Attack (TIA) Triage and Evaluation of Stroke Risk, Not Recruiting

## Publications

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### PUBLICATIONS

- **Feasibility and safety of a rapid-access transient ischemic attack clinic.** *Journal of the American Association of Nurse Practitioners*  
Hermanson, S., Vora, N., Blackmore, C. C., Williams, B., Isenberg, N.  
2021
- **Trends in Utilization of Magnetic Resonance Imaging for Stroke Patients With Cardiac Rhythm Devices.**  
Culbertson, C. J., Perino, A. C., Gardner, R. M., Balasubramanian, V., Vora, N.  
LIPPINCOTT WILLIAMS & WILKINS.2021
- **Spontaneous intracerebral hemorrhage in West Africa A call to action** *NEUROLOGY*  
Saylor, D., Vora, N.  
2020; 94 (10): 417–18
- **Spontaneous intracerebral hemorrhage in West Africa: A call to action.** *Neurology*  
Saylor, D. n., Vora, N. n.  
2020
- **Time Course for Benefit and Risk of Clopidogrel and Aspirin after Acute Transient Ischemic Attack and Minor Ischemic Stroke: A Secondary Analysis from the POINT Randomized Trial.** *Circulation*  
Johnston, S. C., Elm, J. J., Easton, J. D., Farrant, M., Barsan, W. G., Kim, A. S., Lindblad, A. S., Palesch, Y. Y., Zurita, K. G., Albers, G. W., Cucchiara, B. L., Kleindorfer, D. O., Lutsep, et al  
2019
- **NEUROLOGY RESIDENT EDUCATION WITH ACUTE STROKE SIMULATION IMPROVES CODE READINESS**  
Legault, C., Vora, N.  
SAGE PUBLICATIONS LTD.2018: 72
- **Rivaroxaban or aspirin for patent foramen ovale and embolic stroke of undetermined source: a prespecified subgroup analysis from the NAVIGATE ESUS trial.** *The Lancet. Neurology*  
Kasner, S. E., Swaminathan, B., Lavados, P., Sharma, M., Muir, K., Veltkamp, R., Ameriso, S. F., Endres, M., Lutsep, H., Messé, S. R., Spence, J. D., Nedelchev, K., Perera, et al  
2018
- **Design and Implementation of a Novel Acute Stroke Code for the Extended Window of Endovascular Treatment**  
Legault, C., Dujari, S., Shen, S. H., Wagner, A. M., Albers, G., Bernier, E., Callagy, P., Vora, N.  
LIPPINCOTT WILLIAMS & WILKINS.2018
- **Stroke Code Simulation Has Sustained Benefit on Neurology Resident Education and Preparedness for Stroke Call**  
Legault, C., Vora, N.  
LIPPINCOTT WILLIAMS & WILKINS.2018
- **Clopidogrel and Aspirin in Acute Ischemic Stroke and High-Risk TIA.** *The New England journal of medicine*  
Johnston, S. C., Easton, J. D., Farrant, M. n., Barsan, W. n., Conwit, R. A., Elm, J. J., Kim, A. S., Lindblad, A. S., Palesch, Y. Y.  
2018
- **The Sound of Silence: How Much Noise Should We Make About Postablation Silent Strokes?** *CIRCULATION*  
Zei, P. C., Vora, N.  
2017; 135 (9): 878-880
- **Inter-rater agreement analysis of the Precise Diagnostic Score for suspected transient ischemic attack.** *International journal of stroke*  
Cereda, C. W., George, P. M., Inoue, M., Vora, N., Olivot, J., Schwartz, N., Lansberg, M. G., Kemp, S., Mlynash, M., Albers, G. W.  
2016; 11 (1): 85-92

- **TIA triage in emergency department using acute MRI (TIA-TEAM): A feasibility and safety study.** *International journal of stroke*  
Vora, N., Tung, C. E., Mlynash, M., Garcia, M., Kemp, S., Kleinman, J., Zaharchuk, G., Albers, G., Olivot, J.  
2015; 10 (3): 343-347
- **The global burden of neurologic diseases.** *Neurology*  
Chin, J. H., Vora, N.  
2014; 83 (4): 349-351
- **A student-initiated and student-facilitated international health elective for preclinical medical students.** *Medical education online*  
Vora, N., Chang, M., Pandya, H., Hasham, A., Lazarus, C.  
2010; 15
- **Decreasing Stroke Code to CT Time in Patients Presenting with Stroke Symptoms.** *Radiographics : a review publication of the Radiological Society of North America, Inc*  
Kalnins, A. n., Mickelsen, L. J., Marsh, D. n., Zorich, C. n., Casal, S. n., Tai, W. A., Vora, N. n., Olalia, G. n., Wintermark, M. n., Larson, D. B.  
; 37 (5): 1559–68

## PRESENTATIONS

- Establishing a Stroke Unit to Improve Outcomes in Harare, Zimbabwe - Consortium of Universities for Global Health
- MRI-based TIA triage in the emergency department is feasible and safe. - International Stroke Conference
- Simulated code stroke training for neurology residents increases knowledge translation to action. - International Stroke Conference