Stanford



Nirali Vora
Clinical Professor, Neurology & Neurological Sciences

CLINICAL OFFICE (PRIMARY)

• Stanford Neuroscience Health Center

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ACADEMIC CONTACT INFORMATION

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Bio

BIO

Dr. Nirali Vora is a Clinical Professor of Neurology and Neurological sciences at Stanford University. She is board certified in Adult Neurology and Vascular Neurology after completing her residency and advanced fellowship training at Stanford. She provides comprehensive care for all stroke patients, as well as hospitalized adults with acute or undiagnosed neurological conditions. She specializes in treating vascular disorders including TIA, vasculitis, dissection, venous thrombosis, and undetermined or "cryptogenic" causes of stroke.

Dr. Vora directs the Stanford Global Health Neurology program, through which she collaborated to start the first stroke unit in Zimbabwe and gained experience in HIV neurology and other neuro-infectious diseases. Additional research interests include stroke prevention, TIA triage, eliminating disparities in health care, and neurology education. She is also the Director of the Stanford Adult Neurology Residency Program.

CLINICAL FOCUS

- Global Health Neurology Education
- Stroke
- TIA (Transient Ischemic Attack)
- Vascular Neurology

ACADEMIC APPOINTMENTS

- · Clinical Professor, Neurology & Neurological Sciences
- Member, Cardiovascular Institute

ADMINISTRATIVE APPOINTMENTS

- Residency Program Director, Adult Neurology, (2018- present)
- Director, Global Health Neurology, (2014- present)
- Associate Residency Director, Adult Neurology, (2016-2018)

• Associate Fellowship Director, Vascular Neurology, (2014-2016)

HONORS AND AWARDS

- Teaching Award, Neurology Clerkship (2023)
- Teaching Award, Neurology Clerkship (2016-2017)
- Christine Wijman Humanism in Medicine Award, Stanford University (2013)
- Resident Scholar, American Academy of Neurology (2013)
- Chief Resident, Stanford Neurology Residency Program (2012-2013)
- Teaching Award, Neurology Clerkship (2013)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, American Academy of Neurology (2009 present)
- Member, American Heart/Stroke Association (2012 present)
- Executive Education Committee, World Federation of Neurology (2013 2014)

PROFESSIONAL EDUCATION

- Fellowship: Stanford University Vascular Neurology Fellowship (2014) CA
- Residency: Stanford University Neurology Residency (2013) CA
- Internship: Santa Clara Valley Medical Center Internal Medicine Residency (2010) CA
- Medical Education: Rosalind Franklin University The Chicago Medical School (2009) IL
- Board Certification: Vascular Neurology, American Board of Psychiatry and Neurology (2014)
- Board Certification: Neurology, American Board of Psychiatry and Neurology (2013)

COMMUNITY AND INTERNATIONAL WORK

- Global Health Neurology, Ghana, Kumasi, Ghana
- Global Health Neurology, Zimbabwe
- Arbor Free Clinic

LINKS

- Stanford Global Health Neurology Program: http://neurology.stanford.edu/global-health/
- AHA/ASA Stroke Blog: http://strokeblog.strokeahajournal.org/
- · Get a Second Opinion: https://stanfordhealthcare.org/second-opinion/overview.html

Research & Scholarship

CLINICAL TRIALS

- AtRial Cardiopathy and Antithrombotic Drugs In Prevention After Cryptogenic Stroke, Recruiting
- Imaging Collaterals in Acute Stroke (iCAS), Not Recruiting
- Platelet-Oriented Inhibition in New TIA and Minor Ischemic Stroke (POINT) Trial, Not Recruiting
- Rivaroxaban Versus Aspirin in Secondary Prevention of Stroke and Prevention of Systemic Embolism in Patients With Recent Embolic Stroke of Undetermined Source (ESUS), Not Recruiting
- Stroke Hyperglycemia Insulin Network Effort (SHINE) Trial, Not Recruiting
- Study to Examine the Effects of MultiStem in Ischemic Stroke, Not Recruiting
- Transient Ischemic Attack (TIA) Triage and Evaluation of Stroke Risk, Not Recruiting

Publications

PUBLICATIONS

Consensus Competencies for Post-Graduate Fellowship Training in Global Neurology. Neurology

Schiess, N., Kulo, V., Anand, P., Bearden, D. R., Berkowitz, A. L., Birbeck, G. L., Cervantes-Arslanian, A., Chan, P., Chishimba, L. C., Chow, F. C., Elicer, I., Fleury, A., Kinikar, et al 2023

• Trends in Utilization of Magnetic Resonance Imaging for Stroke Patients With Cardiac Rhythm Devices. The Neurohospitalist

Culbertson, C. J., Perino, A. C., Gardner, R. M., Balasubramanian, V., Vora, N. 2022; 12 (4): 624-631

Early identification and treatment of women's cardiovascular risk factors prevents cardiovascular disease, saves lives, and protects future generations:
 Policy recommendations and take action plan utilizing policy levers CLINICAL CARDIOLOGY

Ivey, S. L., Hanley, H., Taylor, C., Stock, E., Vora, N., Woo, J., Johnson, S., Merz, C., Right Care Womens Cardiovasc Writi 2022

 Reply to Letter to the Editor: Atypical Optic Neuritis After COVID-19 Vaccination: Response. Journal of neuro-ophthalmology: the official journal of the North American Neuro-Ophthalmology Society

Tugizova, M., Siegel, D. T., Huang, S., Su, E., Subramanian, P. S., Beres, S., Vora, N. 2022

• Inpatient Management of Acute Stroke of Unknown Type in Resource-Limited Settings. Stroke

Prust, M. L., Saylor, D., Zimba, S., Sarfo, F. S., Shrestha, G. S., Berkowitz, A., Vora, N. 1800: STROKEAHA121037297

 Case Series: Atypical Optic Neuritis After COVID-19 Vaccination. Journal of neuro-ophthalmology: the official journal of the North American Neuro-Ophthalmology Society

Tugizova, M., Siegel, D. T., Huang, S., Su, E., Subramanian, P. S., Beres, S., Vora, N. 2022

• Feasibility and safety of a rapid-access transient ischemic attack clinic. Journal of the American Association of Nurse Practitioners

Hermanson, S., Vora, N., Blackmore, C. C., Williams, B., Isenberg, N. 2021

• The Most Effective Interventions for Resident Well-being during the COVID-19 Pandemic

Chen, J., Dujari, S., Pavitt, S., Miller-Kuhlmann, R., Vora, N. LIPPINCOTT WILLIAMS & WILKINS.2021

• Trends in Utilization of Magnetic Resonance Imaging for Stroke Patients With Cardiac Rhythm Devices.

Culbertson, C. J., Perino, A. C., Gardner, R. M., Balasubramanian, V., Vora, N. LIPPINCOTT WILLIAMS & WILKINS.2021

• Spontaneous intracerebral hemorrhage in West Africa A call to action NEUROLOGY

Saylor, D., Vora, N. 2020; 94 (10): 417–18

• Spontaneous intracerebral hemorrhage in West Africa: A call to action. Neurology

Saylor, D. n., Vora, N. n. 2020

• Time Course for Benefit and Risk of Clopidogrel and Aspirin after Acute Transient Ischemic Attack and Minor Ischemic Stroke: A Secondary Analysis from the POINT Randomized Trial. Circulation

Johnston, S. C., Elm, J. J., Easton, J. D., Farrant, M., Barsan, W. G., Kim, A. S., Lindblad, A. S., Palesch, Y. Y., Zurita, K. G., Albers, G. W., Cucchiara, B. L., Kleindorfer, D. O., Lutsep, et al

• NEUROLOGY RESIDENT EDUCATION WITH ACUTE STROKE SIMULATION IMPROVES CODE READINESS

Legault, C., Vora, N.

SAGE PUBLICATIONS LTD.2018: 72

 Rivaroxaban or aspirin for patent foramen ovale and embolic stroke of undetermined source: a prespecified subgroup analysis from the NAVIGATE ESUS trial. The Lancet. Neurology

Kasner, S. E., Swaminathan, B., Lavados, P., Sharma, M., Muir, K., Veltkamp, R., Ameriso, S. F., Endres, M., Lutsep, H., Messé, S. R., Spence, J. D., Nedeltechev, K., Perera, et al 2018

• Design and Implementation of a Novel Acute Stroke Code for the Extended Window of Endovascular Treatment

Legault, C., Dujari, S., Shen, S. H., Wagner, A. M., Albers, G., Bernier, E., Callagy, P., Vora, N. LIPPINCOTT WILLIAMS & WILKINS.2018

Stroke Code Simulation Has Sustained Benefit on Neurology Resident Education and Preparedness for Stroke Call

Legault, C., Vora, N.

LIPPINCOTT WILLIAMS & WILKINS.2018

• Clopidogrel and Aspirin in Acute Ischemic Stroke and High-Risk TIA. The New England journal of medicine
Johnston, S. C., Easton, J. D., Farrant, M. n., Barsan, W. n., Conwit, R. A., Elm, J. J., Kim, A. S., Lindblad, A. S., Palesch, Y. Y.

• The Sound of Silence: How Much Noise Should We Make About Postablation Silent Strokes? CIRCULATION

Zei, P. C., Vora, N.

2017; 135 (9): 878-880

- Inter-rater agreement analysis of the Precise Diagnostic Score for suspected transient ischemic attack. *International journal of stroke* Cereda, C. W., George, P. M., Inoue, M., Vora, N., Olivot, J., Schwartz, N., Lansberg, M. G., Kemp, S., Mlynash, M., Albers, G. W. 2016; 11 (1): 85-92
- TIA triage in emergency department using acute MRI (TIA-TEAM): A feasibility and safety study. International journal of stroke Vora, N., Tung, C. E., Mlynash, M., Garcia, M., Kemp, S., Kleinman, J., Zaharchuk, G., Albers, G., Olivot, J. 2015; 10 (3): 343-347
- The global burden of neurologic diseases. Neurology

Chin, J. H., Vora, N.

2014; 83 (4): 349-351

 A student-initiated and student-facilitated international health elective for preclinical medical students. Medical education online Vora, N., Chang, M., Pandya, H., Hasham, A., Lazarus, C. 2010; 15

 Decreasing Stroke Code to CT Time in Patients Presenting with Stroke Symptoms. Radiographics: a review publication of the Radiological Society of North America, Inc

Kalnins, A. n., Mickelsen, L. J., Marsh, D. n., Zorich, C. n., Casal, S. n., Tai, W. A., Vora, N. n., Olalia, G. n., Wintermark, M. n., Larson, D. B.; 37 (5): 1559–68

PRESENTATIONS

- · Establishing a Stroke Unit to Improve Outcomes in Harare, Zimbabwe Consortium of Universities for Global Health
- MRI-based TIA triage in the emergency department is feasible and safe. International Stroke Conference
- Simulated code stroke training for neurology residents increases knowledge translation to action. International Stroke Conference