Stanford

Sallie De Golia

Clinical Professor, Psychiatry and Behavioral Sciences

Curriculum Vitae available Online

CLINICAL OFFICE (PRIMARY)

- **Psychiatry Department**

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Bio

BIO

Dr. De Golia specializes in the treatment of mood and anxiety disorders with an expertise in time-limited dynamic psychotherapy. She is Section Chief of the Assessment Clinics and Director of the Evaluation Clinic. Dr. De Golia is Director of Coaching and Senior Faculty Educational Consultant in Stanford's Department of Psychiatry and Behavioral Sciences. She is a Peer Teaching Coach and Fellow in the Stanford Teaching and Mentoring Academy, has taught regularly with the Stanford Center for Faculty Development, and is a Senior Fellow at Stanford's Center for Innovation in Global Health. She currently serves on the Executive Committee of the American Association of Directors of Psychiatry Residency Training.

CLINICAL FOCUS

- Psychiatry
- Psychotherapy and psychopharmacology, Time-limited Dynamic Psychotherapy, Women's issues.

ACADEMIC APPOINTMENTS

- Clinical Professor, Psychiatry and Behavioral Sciences

ADMINISTRATIVE APPOINTMENTS

- Director of Coaching, Department of Psychiatry and Behavioral Sciences, (2024- present)
- Senior Faculty Educational Consultant, Department of Psychiatry and Behavioral Sciences, (2024- present)
- Associate Residency Director, Triple Board Program, Department of Psychiatry and Behavioral Sciences, (2023- present)
- Residency Director, Department of Psychiatry and Behavioral Sciences, (2023-2024)
- Section Chief, Assessment and Psychotherapy Clinics, (2017- present)
- Senior Fellow, Center for Innovation in Global Health, (2015- present)
- Director, Evaluation Clinic, (2010- present)
- Associate Residency Director, Department of Psychiatry and Behavioral Sciences, (2006-2023)

HONORS AND AWARDS

- Professor Award, Stanford Department of Psychiatry and Behavioral Sciences (2024)
- Irma Bland Award for Residency Education Excellence., American Psychiatric Association (2015)
- Most Inspiring Mentor, Stanford Adult Psychiatry Residency (2015)
- Education Mission Award, Stanford Department of Psychiatry and Behavioral Sciences (2014)
- Teacher's Award, American Psychoanalytic and Psychodynamic Association (2014)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Editorial Board Member, Academic Psychiatry (2023 - present)
- Past President, American Association of Directors of Psychiatry Residency Training (2023 - present)

PROFESSIONAL EDUCATION

- Medical Education: Stanford University School of Medicine (1992) CA
- Residency: Stanford University Psychiatry and Behavioral Sciences (1996) CA
- Internship: Santa Clara Valley Medical Center Dept of Medicine (1993) CA
- MPH, Columbia University School of Public Health , Maternal & Child Health (1986)
- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2000)

Research & Scholarship

PROJECTS

- Medical Student Reflection Group Study - Stanford Medical School (2/1/2017 - 6/30/2018)
- Flipped Classroom/Team-based Learning Project. - Stanford University (3/1/2013)
- California Residency Safety Training Survey - Stanford University (3/1/2023)

Teaching

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Psychiatry and Behavioral Science (Fellowship Program)

Publications

PUBLICATIONS

- **Charting the Course for the Future of Psychiatric Residency Education: Guiding Considerations.** *Academic psychiatry : the journal of the American Association of Directors of Psychiatric Residency Training and the Association for Academic Psychiatry*
  Hobbs, J. A., Cowley, D. S., Crapanzano, K. A., Soman, A., Camp, M. E., Houston, L. J., New, A. S., Young, J. Q., Idicula, S. A., Brown, G. P., De Golia, S. G.
  2024

- **A Psychiatry Resident Handbook: How to Thrive in Training**
  edited by DeGolia, S. G., Wang, R.
  American Psychiatric Association Publishing.2023

- **The Burden of Leadership: a Survey of Burnout Experiences Among Psychiatry Program Directors.** *Academic psychiatry : the journal of the American Association of Directors of Psychiatric Residency Training and the Association for Academic Psychiatry*
  De Golia, S. G., Houston, L. J., Madaan, V., Zalpuri, I., Welton, R., Bernstein, C., Sengupta, S., Chaudhry, M. A., Sudak, D. M.
  2022

- **Group Training for Psychiatric Residents: Support Group Facilitation and Supervision with Didactics.** *Academic psychiatry : the journal of the American Association of Directors of Psychiatric Residency Training and the Association for Academic Psychiatry*
  Denduluri, M. S., Gold, J. A., Serrano, W. C., Spelber, D., Bentzley, J., Forte, C., De Golia, S. G.
  2020
- **An Intervention in Social Connection: Medical Student Reflection Groups.** *Academic psychiatry : the journal of the American Association of Directors of Psychiatric Residency Training and the Association for Academic Psychiatry*
  Gold, J. A., Bentzley, J. P., Franciscus, A. M., Forte, C., De Golia, S. G.
  2019
- **Elements of Supervision** *Supervision in Psychiatric Practice: Practical Approaches Across Venues and Providers*
  DeGolia, S. G.
  American Psychiatric Association Publishing, WDC.2019; 1st
- **Elements of Supervision** *SUPERVISION IN PSYCHIATRIC PRACTICE: PRACTICAL APPROACHES ACROSS VENUES AND PROVIDERS*
  De Golia, S. G.
  edited by DeGolia, S. G., Corcoran, K. M.
  2019: 3–24
- **DeGolia SG, Corcoran KM (eds). Supervision in Psychiatric Practice Practical Approaches Across Venues and Providers.**
  DeGolia, S. G., Corcoran, K. M.
  American Psychiatric Association Publishing..2019
- **Faculty Development for Teaching Faculty in Psychiatry: Where We Are and What We Need.** *Academic psychiatry : the journal of the American Association of Directors of Psychiatric Residency Training and the Association for Academic Psychiatry*
  De Golia, S. G., Cagande, C. C., Ahn, M. S., Cullins, L. M., Walaszek, A., Cowley, D. S.
  2018
- **Developing a Mental Health Curriculum to Build Capacity and Improve Access to Mental Health Care in Rural Guatemala** *Academic Psychiatry*
  Rissman, Y., Isaac, S., Khan, C., DeGolia, S.
  2016: 692-4
- **Developing a Mental Health Curriculum to Build Capacity and Improve Access to Mental Health Care in Rural Guatemala** *ACADEMIC PSYCHIATRY*
  Rissman, Y. Z., Khan, C. T., Isaac, S. K., Paiz, J. A., DeGolia, S. G.
  2016; 40 (4): 692-694
- **Early Outpatient Experience for Psychiatry Interns: The Evaluation Clinic** *Academic Psychiatry*
  Gold, J., Bandstra, B., DeGolia, S.
  2016: 944–46
- **Limits to Scholarship: How Can We Enhance the Program Director's Role?** *Academic psychiatry*
  De Golia, S. G., Katznelson, L.
  2015; 39 (1): 70-72
- **Job Satisfaction Among Associate Training Directors in Psychiatry: A Bimodal Distribution** *ACADEMIC PSYCHIATRY*
  Arbuckle, M. R., DeGolia, S. G., Esposito, K., Weinberg, M., Brenner, A. M.
  2013; 37 (2): 129-130
- **How to give an Effective Lecture** *Achievement and Fulfillment in Academic Medicine: A Comprehensive Guide*
  DeGolia, S.
  edited by Roberts, L.
  Springer.2013; 1st
- **Associate Residency Training Directors in Psychiatry: Demographics, Professional Activities, and Job Satisfaction** *ACADEMIC PSYCHIATRY*
  Arbuckle, M. R., DeGolia, S. G., Esposito, K., Miller, D. A., Weinberg, M., Brenner, A. M.
  2012; 36 (5): 391-394

- **Divalproex therapy in medication-naive and mood-stabilizer-naive bipolar II depression** *JOURNAL OF AFFECTIVE DISORDERS*
  Winsberg, M. E., DeGolia, S. G., Strong, C. M., Ketter, T. A.
  2001; 67 (1-3): 207-212
- **Rapid efficacy of olanzapine augmentation in nonpsychotic bipolar mixed states** *JOURNAL OF CLINICAL PSYCHIATRY*
  Ketter, T. A., Winsberg, M. E., DeGolia, S. G., Dunai, M., Tate, D. L., Strong, C. M.
  1998; 59 (2): 83-85

PRESENTATIONS

- Applying for Psychiatry Residencies: A Discussion with Training Directors - American Psychiatric Association (5/23/2023 - 5/23/2023)
- Building Skills in Leadership and Scholarship: A Trainee Bootcamp for Career Development - American Psychiatric Association (May 2024)
- The President's Symposium: Turning Curriculum and Assessment Upside Down: The Future of Psychiatry Residency Training. - American Association of Directors of Psychiatry Residency Training Annual Meeting (March 4, 2023)
- The Identity of the Psychiatrist - American Psychiatric Association (5/2021)
- Wellness: An Institutional View. - American Association of Directors of Psychiatry Residency Training (February 28, 2019)
- Learner Assessment and Effective Feedback - Master Educators at Association of Academic Psychiatry (September 2018)
- The Disciplinary Process: Program Directors' "Hidden" - American Association of Directors of Psychiatry Residency Training (March 7, 2015)
- Psychotherapy Training in Adult Residency Programs: Challenges, Dilemmas and Solutions - American Association of Directors of Psychiatry Residency Training (3/7/2015)