



Sallie De Golia

Clinical Professor, Psychiatry and Behavioral Sciences

 Curriculum Vitae available Online

CLINICAL OFFICES

- **Psychiatry Department**

401 Quarry Rd Rm 2303

MC 5723

Stanford, CA 94305

Tel (650) 723-9061

Fax (650) 724-3144

Bio

BIO

Dr. De Golia specializes in the treatment of mood and anxiety disorders with an expertise in time-limited dynamic psychotherapy. She is Section Chief of the Assessment Clinics and Director of the Evaluation Clinic. Dr. De Golia is the Associate Chair for Clinician Educator Professional Development where she is involved in developing faculty development programs including mentorship. She is also the Associate Residency Director of the Adult Psychiatry Residency Program where she has been involved in educational programming and curricular development. She is a Peer Teaching Coach in the Stanford Teaching and Mentoring Academy, teaches regularly with the Stanford Center for Faculty Development, and is a Senior Fellow at Stanford's Center for Innovation in Global Health. She currently serves on the Executive Committee of the American Association of Directors of Psychiatry Residency Training.

CLINICAL FOCUS

- Psychiatry
- Psychotherapy and psychopharmacology, Time-limited Dynamic Psychotherapy, Women's issues.

ACADEMIC APPOINTMENTS

- Clinical Professor, Psychiatry and Behavioral Sciences

ADMINISTRATIVE APPOINTMENTS

- Associate Chair Clinician Educator Line, Stanford Department of Psychiatry and Behavioral Sciences, (2016- present)
- Senior Fellow, Center for Innovation in Global Health, (2015- present)
- Associate Residency Director, Department of Psychiatry and Behavioral Sciences, (2007- present)

HONORS AND AWARDS

- Irma Bland Award for Residency Education Excellence., American Psychiatric Association (2015)
- Most Inspiring Mentor, Stanford Adult Psychiatry Residency (2015)
- Education Mission Award, Stanford Department of Psychiatry and Behavioral Sciences (2014)
- Teacher's Award, American Psychoanalytic and Psychodynamic Association (2014)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Program Chair, American Association of Directors of Psychiatry Residency Training (2019 - present)

PROFESSIONAL EDUCATION

- Residency: Stanford University Psychiatry and Behavioral Sciences (1996) CA
- Internship: Santa Clara Valley Medical Center Dept of Medicine (1993) CA
- Medical Education: Stanford University School of Medicine Registrar (1992) CA
- MPH, Columbia University School of Public Health , Maternal & Child Health (1986)
- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2000)

Research & Scholarship

PROJECTS

- Medical Student Reflection Group Study - Stanford Medical School (2/1/2017 - 6/30/2018)
- Flipped Classroom/Team-based Learning Project. - Stanford University (3/1/2013)

Teaching

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Psychiatry and Behavioral Science (Fellowship Program)

Publications

PUBLICATIONS

- **Smoking Cessation Prescribing and Referral Practices Among Psychiatry Residents.** *Academic psychiatry : the journal of the American Association of Directors of Psychiatric Residency Training and the Association for Academic Psychiatry*
Kleinman, R. A., Kendra, M. S., De Golia, S. G.
2019
- **An Intervention in Social Connection: Medical Student Reflection Groups** *ACADEMIC PSYCHIATRY*
Gold, J. A., Bentzley, J. P., Franciscus, A. M., Forte, C., De Golia, S. G.
2019; 43 (4): 375–80
- **An Intervention in Social Connection: Medical Student Reflection Groups.** *Academic psychiatry : the journal of the American Association of Directors of Psychiatric Residency Training and the Association for Academic Psychiatry*
Gold, J. A., Bentzley, J. P., Franciscus, A. M., Forte, C., De Golia, S. G.
2019
- **Elements of Supervision** *Supervision in Psychiatric Practice: Practical Approaches Across Venues and Providers*
DeGolia, S. G.
American Psychiatric Association Publishing, WDC.2019; 1st
- **DeGolia SG, Corcoran KM (eds). Supervision in Psychiatric Practice Practical Approaches Across Venues and Providers.**
DeGolia, S. G., Corcoran, K. M.
American Psychiatric Association Publishing..2019
- **Use of Transcripts: An Underutilized Supervisory Approach in Supervision** *Supervision in Psychiatric Practice: Practical Approaches Across Venues and Providers*
DeGolia, S. G., Safer, D. L., Williams, K.
American Psychiatric Association Publishing, WDC..2019; 1st
- **Supervision in Psychiatric Practice: Practical Approaches Across Venues and Providers.** *Videotaping: Learning through Facilitated Observation and Feedback*

DeGolia, S. G.

American Psychiatric Association Publishing, WDC.2019; 1st

- **Faculty Development for Teaching Faculty in Psychiatry: Where We Are and What We Need.** *Academic psychiatry : the journal of the American Association of Directors of Psychiatric Residency Training and the Association for Academic Psychiatry*
De Golia, S. G., Cagande, C. C., Ahn, M. S., Cullins, L. M., Walaszek, A., Cowley, D. S.
2018
- **Early Outpatient Experience for Psychiatry Interns: The Evaluation Clinic** *Academic Psychiatry*
Gold, J., Bandstra, B., DeGolia, S.
2016: 944-46
- **Developing a Mental Health Curriculum to Build Capacity and Improve Access to Mental Health Care in Rural Guatemala** *Academic Psychiatry*
Rissman, Y., Isaac, S., Khan, C., DeGolia, S.
2016
- **Limits to Scholarship: How Can We Enhance the Program Director's Role?** *Academic psychiatry*
De Golia, S. G., Katznelson, L.
2015; 39 (1): 70-72
- **Job Satisfaction Among Associate Training Directors in Psychiatry: A Bimodal Distribution** *ACADEMIC PSYCHIATRY*
Arbuckle, M. R., DeGolia, S. G., Esposito, K., Weinberg, M., Brenner, A. M.
2013; 37 (2): 129-130
- **How to give an Effective Lecture** *Achievement and Fulfillment in Academic Medicine: A Comprehensive Guide*
DeGolia, S.
edited by Roberts, L.
Springer.2013; 1st
- **Associate Residency Training Directors in Psychiatry: Demographics, Professional Activities, and Job Satisfaction** *ACADEMIC PSYCHIATRY*
Arbuckle, M. R., DeGolia, S. G., Esposito, K., Miller, D. A., Weinberg, M., Brenner, A. M.
2012; 36 (5): 391-394
- **Divalproex therapy in medication-naive and mood-stabilizer-naive bipolar II depression** *JOURNAL OF AFFECTIVE DISORDERS*
Winsberg, M. E., DeGolia, S. G., Strong, C. M., Ketter, T. A.
2001; 67 (1-3): 207-212
- **Rapid efficacy of olanzapine augmentation in nonpsychotic bipolar mixed states** *JOURNAL OF CLINICAL PSYCHIATRY*
Ketter, T. A., Winsberg, M. E., DeGolia, S. G., Dunai, M., Tate, D. L., Strong, C. M.
1998; 59 (2): 83-85

PRESENTATIONS

- Wellness: An Institutional View. - American Association of Directors of Psychiatry Residency Training (February 28, 2019)
- Learner Assessment and Effective Feedback - Master Educators at Association of Academic Psychiatry (September 2018)
- Closing the Gender Gap: Effective Negotiating as a Learnable Skill for All - American Association of Directors of Psychiatry Residency Training (March 7, 2015)
- The Disciplinary Process: Program Directors' "Hidden" - American Association of Directors of Psychiatry Residency Training (March 7, 2015)
- Psychotherapy Training in Adult Residency Programs: Challenges, Dilemmas and Solutions - American Association of Directors of Psychiatry Residency Training (3/7/2015)