

Stanford



Philip Zimbardo

Professor of Psychology, Emeritus

Bio

ACADEMIC APPOINTMENTS

- Emeritus Faculty, Acad Council, Psychology

Publications

PUBLICATIONS

- **Mindfulness and Balanced Time Perspective: Predictive Model of Psychological Well-Being and Gender Differences in College Students.** *European journal of investigation in health, psychology and education*
Fuentes, A., Oyanadel, C., Zimbardo, P., Gonzalez-Loyola, M., Olivera-Figueroa, L. A., Penate, W.
2022; 12 (3): 306-318
- **Dispositional Self-Consciousness and Hypnotizability.** *The International journal of clinical and experimental hypnosis*
Cardena, E., Lindstrom, L., Astrom, A., Zimbardo, P. G.
2021: 1-12
- **Continuing to acknowledge the power of dehumanizing environments: Comment on Haslam et al. (2019) and Le Texier (2019).** *The American psychologist*
Zimbardo, P. G., Haney, C.
2020; 75 (3): 400–402
- **New perspectives on time perspective and temporal focus** *JOURNAL OF ORGANIZATIONAL BEHAVIOR*
Levasseur, L., Shipp, A. J., Fried, Y., Rousseau, D. M., Zimbardo, P. G.
2020; 41 (3): 235–43
- **How Orwell's 1984 Has Influenced Rev. Jim Jones to Dominate and Then Destroy His Followers: With Extensions to Current Political Leaders** *PEACE AND CONFLICT-JOURNAL OF PEACE PSYCHOLOGY*
Zimbardo, P. G.
2020; 26 (1): 4–8
- **The structure of time perspective: Age-related differences in Poland** *TIME & SOCIETY*
Sobol-Kwapińska, M., Przepiorka, A., Zimbardo, P. P.
2019; 28 (1): 5–32
- **What Is the Structure of Time? A Study on Time Perspective in the United States, Poland, and Nigeria.** *Frontiers in psychology*
Sobol-Kwapińska, M., Jankowski, T., Przepiorka, A., Oinyshi, I., Sorokowski, P., Zimbardo, P.
2018; 9: 2078
- **What Is the Structure of Time? A Study on Time Perspective in the United States, Poland, and Nigeria** *FRONTIERS IN PSYCHOLOGY*
Sobol-Kwapińska, M., Jankowski, T., Przepiorka, A., Oinyshi, I., Sorokowski, P., Zimbardo, P.
2018; 9
- **Dealing with toxic behaviour** *PSYCHOLOGIST*

- Haney, C., Haslam, A., Reicher, S., Zimbardo, P., Wilde, J.
2018; 31: 2–3
- **Smooth tracking of visual targets distinguishes lucid REM sleep dreaming and waking perception from imagination.** *Nature communications*
LaBerge, S., Baird, B., Zimbardo, P. G.
2018; 9 (1): 3298
 - **Heroism Research: A Review of Theories, Methods, Challenges, and Trends** *JOURNAL OF HUMANISTIC PSYCHOLOGY*
Franco, Z. E., Allison, S. T., Kinsella, E. L., Cohen, A., Langdon, M., Zimbardo, P. G.
2018; 58 (4): 382–96
 - **How Compulsive Buying Is Influenced by Time Perspective-Cross-Cultural Evidence from Germany, Ukraine, and China** *INTERNATIONAL JOURNAL OF MENTAL HEALTH AND ADDICTION*
Unger, A., Lyu, H., Zimbardo, P. G.
2018; 16 (3): 525–44
 - **On the dynamics of disobedience: experimental investigations of defying unjust authority.** *Psychology research and behavior management*
Bocchiaro, P., Zimbardo, P.
2017; 10: 219–229
 - **The process of desistance among core ex-gang members.** *The American journal of orthopsychiatry*
Berger, R., Abu-Raiya, H., Heineberg, Y., Zimbardo, P.
2017; 87 (4): 487–502
 - **The paradoxical effect of climate on time perspective considering resource accumulation** *BEHAVIORAL AND BRAIN SCIENCES*
Orosz, G., Zimbardo, P. G., Bothe, B., Toth-Kiraly, I.
2017; 40: e92
 - **Carrying on Kurt Lewin's Legacy in Many Current Domains Lewin Award 2015** *JOURNAL OF SOCIAL ISSUES*
Zimbardo, P. G.
2016; 72 (4): 828–838
 - **Academic cheating and time perspective: Cheaters live in the present instead of the future** *LEARNING AND INDIVIDUAL DIFFERENCES*
Orosz, G., Dombi, E., Toth-Kiraly, I., Bothe, B., Jagodics, B., Zimbardo, P. G.
2016; 52: 39–45
 - **A School-Based Intervention for Reducing Posttraumatic Symptomatology and Intolerance During Political Violence** *JOURNAL OF EDUCATIONAL PSYCHOLOGY*
Berger, R., Gelkopf, M., Heineberg, Y., Zimbardo, P.
2016; 108 (6): 761–771
 - **Social Representations of Hero and Everyday Hero: A Network Study from Representative Samples.** *PloS one*
Keczer, Z., File, B., Orosz, G., Zimbardo, P. G.
2016; 11 (8)
 - **ADHD and Present Hedonism: time perspective as a potential diagnostic and therapeutic tool** *NEUROPSYCHIATRIC DISEASE AND TREATMENT*
Weissenberger, S., Klicperova-Baker, M., Zimbardo, P., Schonova, K., Akotia, D., Kostal, J., Goetz, M., Raboch, J., Ptacek, R.
2016; 12: 2963–2971
 - **Culture, militarism, and America's heroic future** *CULTURE & PSYCHOLOGY*
Zimbardo, P. G., Breckenridge, J. N., Moghaddam, F. M.
2015; 21 (4): 505–514
 - **Multiple Facets of Compassion: The Impact of Social Dominance Orientation and Economic Systems Justification** *JOURNAL OF BUSINESS ETHICS*
Martin, D., Seppala, E., Heineberg, Y., Rossomando, T., Doty, J., Zimbardo, P., Shiue, T., Berger, R., Zhou, Y.
2015; 129 (1): 237–249
 - **Social intensity syndrome: The development and validation of the social intensity syndrome scale** *PERSONALITY AND INDIVIDUAL DIFFERENCES*
Zimbardo, P. G., Ferreras, A. C., Brunsell, S. R.
2015; 73: 17–23

- **How We Feel is a Matter of Time: Relationships Between Time Perspectives and Mood** *JOURNAL OF HAPPINESS STUDIES*
Stolarski, M., Matthews, G., Postek, S., Zimbardo, P. G., Bitner, J.
2014; 15 (4): 809-827
- **Time Perspective Therapy: A New Time-Based Metaphor Therapy for PTSD** *JOURNAL OF LOSS & TRAUMA*
Sword, R. M., Sword, R. K., Brunskill, S. R., Zimbardo, P. G.
2014; 19 (3): 197-201
- **Jacob Max Rabbie (1927-2013). American psychologist**
Stroebe, W., Zimbardo, P. G.
2014; 69 (1): 84-?
- **Out of Mind, Out of Sight: Unexpected Scene Elements Frequently Go Unnoticed Until Primed** *CURRENT PSYCHOLOGY*
Slavich, G. M., Zimbardo, P. G.
2013; 32 (4): 301-317
- **Out of Mind, Out of Sight: Unexpected Scene Elements Frequently Go Unnoticed Until Primed.** *Current psychology (New Brunswick, N.J.)*
Slavich, G. M., Zimbardo, P. G.
2013; 32 (4)
- **"Exclusive" and "Inclusive" Visions of Heroism and Democracy** *CURRENT PSYCHOLOGY*
Zimbardo, P. G., Breckenridge, J. N., Moghaddam, F. M.
2013; 32 (3): 221-233
- **Transformational Teaching: Theoretical Underpinnings, Basic Principles, and Core Methods** *EDUCATIONAL PSYCHOLOGY REVIEW*
Slavich, G. M., Zimbardo, P. G.
2012; 24 (4): 569-608
- **To defy or not to defy: An experimental study of the dynamics of disobedience and whistle-blowing** *SOCIAL INFLUENCE*
Bocchiaro, P., Zimbardo, P. G., Van Lange, P. A.
2012; 7 (1): 35-50
- **A medical issue affecting the diagnosis of mood, attention and autistic disorders: a closer look at celiac disease and gluten sensitivity** *HEALTH PSYCHOLOGY REVIEW*
Beaudoin, M., Zimbardo, P. G.
2012; 6 (2): 222-240
- **Time perspective, emotional intelligence and discounting of delayed awards** *TIME & SOCIETY*
Stolarski, M., Bitner, J., Zimbardo, P. G.
2011; 20 (3): 346-363
- **Heroism: A Conceptual Analysis and Differentiation Between Heroic Action and Altruism** *REVIEW OF GENERAL PSYCHOLOGY*
Franco, Z. E., Blau, K., Zimbardo, P. G.
2011; 15 (2): 99-113
- **ZTPI - Zimbardo Time Perspective Inventory - Czech validation study** *CESKOSLOVENSKA PSYCHOLOGIE*
Lukavska, K., Klicperova-Baker, M., Lukavsky, J., Zimbardo, P. G.
2011; 55 (4): 356-373
- **Defying Unjust Authority: An Exploratory Study** *CURRENT PSYCHOLOGY*
Bocchiaro, P., Zimbardo, P. G.
2010; 29 (2): 155-170
- **Persistent Dispositionalism in Interactionist Clothing: Fundamental Attribution Error in Explaining Prison Abuse** *PERSONALITY AND SOCIAL PSYCHOLOGY BULLETIN*
Haney, C., Zimbardo, P. G.
2009; 35 (6): 807-814
- **The Social Language of Time: The Time Perspective-Social Network Connection** *BASIC AND APPLIED SOCIAL PSYCHOLOGY*
Holman, E. A., Zimbardo, P. G.

2009; 31 (2): 136-147

● **Corporate funding and conflicts of interest - A primer for psychologists** *AMERICAN PSYCHOLOGIST*

Pachter, W. S., Fox, R. E., Zimbardo, P., Antonuccio, D. O.
2007; 62 (9): 1005-1015

● **Behavioral neuroscience, exploration, and K.C. Montgomery's legacy** *BRAIN RESEARCH REVIEWS*

Kalueff, A. V., Zimbardo, P. G.
2007; 53 (2): 328-331

● **On rethinking the psychology of tyranny: the BBC prison study.** *British journal of social psychology*

Zimbardo, P. G.
2006; 45: 47-53

● **Does psychology make a significant difference in our lives?** *2nd Stauffer Symposium on Applied Psychology*

Zimbardo, P. G.
LAWRENCE ERLBAUM ASSOC PUBL.2006: 27-52

● **The role of moral disengagement in the execution process** *LAW AND HUMAN BEHAVIOR*

Osofsky, M. J., Bandura, A., Zimbardo, P. G.
2005; 29 (4): 371-393

● **Optimizing the power and magic of teaching** *JOURNAL OF SOCIAL AND CLINICAL PSYCHOLOGY*

Zimbardo, P. G.
2005; 24 (1): 11-21

● **Does psychology make a significant difference in our lives?** *The American psychologist*

Zimbardo, P. G.
2004; 59 (5): 339-51

● **Personalizing politics - A congruency model of political preference** *AMERICAN PSYCHOLOGIST*

Caprara, G. V., Zimbardo, P. G.
2004; 59 (7): 581-594

● **The power of persuasion: A field exercise** *TEACHING OF PSYCHOLOGY*

Levine, R. V., Fast, N., Zimbardo, P.
2004; 31 (2): 136-138

● **Participant self-selection biases as a function of individual differences in time perspective** *BASIC AND APPLIED SOCIAL PSYCHOLOGY*

Harber, K. D., Zimbardo, P. G., Boyd, J. N.
2003; 25 (3): 255-264

● **Testing Zimbardo's Stanford Time Perspective Inventory (STPI) - Short form - An Italian study** *TIME & SOCIETY*

D'Alessio, M., Guarino, A., De Pascalis, V., Zimbardo, P. G.
2003; 12 (2-3): 333-347

● **Personalities of politicians and voters: Unique and synergistic relationships** *JOURNAL OF PERSONALITY AND SOCIAL PSYCHOLOGY*

Caprara, G., Barbaranelli, C., Consiglio, C., Picconi, L., Zimbardo, P. G.
2003; 84 (4): 849-856

● **Time to find the right balance** *PSYCHOLOGIST*

Boniwell, I., Zimbardo, P.
2003; 16 (3): 129-131

● **Cooperative college examinations: More gain, less pain when students share information and grades** *JOURNAL OF EXPERIMENTAL EDUCATION*

Zimbardo, P. G., Butler, L. D., Wolfe, V. A.
2003; 71 (2): 101-125

● **Psychology in the public service** *AMERICAN PSYCHOLOGIST*

Zimbardo, P. G.

2002; 57 (6-7): 431-433

● **When parsimony subdues distinctiveness: Simplified public perceptions of politicians' personality** *POLITICAL PSYCHOLOGY*

Caprara, G. V., Barbaranelli, C., Zimbardo, P. G.
2002; 23 (1): 77-95

● **Prosocial foundations of children's academic achievement** *PSYCHOLOGICAL SCIENCE*

Caprara, G. V., Barbaranelli, C., Pastorelli, C., Bandura, A., Zimbardo, P. G.
2000; 11 (4): 302-306

● **Comorbidity in chronic shyness** *DEPRESSION AND ANXIETY*

St Lorant, T. A., Henderson, L., Zimbardo, P. G.
2000; 12 (4): 232-237

● **Putting time in perspective: A valid, reliable individual-differences metric** *JOURNAL OF PERSONALITY AND SOCIAL PSYCHOLOGY*

Zimbardo, P. G., Boyd, J. N.
1999; 77 (6): 1271-1288

● **Who's smoking, drinking, and using drugs? Time perspective as a predictor of substance use** *BASIC AND APPLIED SOCIAL PSYCHOLOGY*

Keough, K. A., Zimbardo, P. G., Boyd, J. N.
1999; 21 (2): 149-164

● **Personality profiles and political parties** *POLITICAL PSYCHOLOGY*

Caprara, G. V., Barbaranelli, C., Zimbardo, P. G.
1999; 20 (1): 175-197

● **Escaping homelessness: The influences of self-efficacy and time perspective on coping with homelessness** *JOURNAL OF APPLIED SOCIAL PSYCHOLOGY*

Elissa, E. S., Bandura, A., Zimbardo, P. G.
1999; 29 (3): 575-596

● **Experimental social psychology: Behaviorism with minds and matters** *Yosemite Conference on Reflections on 100 Years of Experimental Social Psychology*

Zimbardo, P. G.
BASIC BOOKS INC PUBL. 1999: 135-157

● **The past and future of US prison policy - Twenty-five years after the Stanford prison experiment** *AMERICAN PSYCHOLOGIST*

Haney, C., Zimbardo, P.
1998; 53 (7): 709-727

● **Present time perspective as a predictor of risky driving** *PERSONALITY AND INDIVIDUAL DIFFERENCES*

Zimbardo, P. G., Keough, K. A., Boyd, J. N.
1997; 23 (6): 1007-1023

● **Similarities and differences between dreaming and waking cognition: An exploratory study** *CONSCIOUSNESS AND COGNITION*

Kahan, T. L., Laberge, S., Levitan, L., Zimbardo, P.
1997; 6 (1): 132-147

● **Constructing time after death - The transcendental-future time perspective** *TIME & SOCIETY*

Boyd, J. N., Zimbardo, P. G.
1997; 6 (1): 35-54

● **Aggregation and amplification of marginal deviations in the social construction of personality and maladjustment** *EUROPEAN JOURNAL OF PERSONALITY*

Caprara, G. V., Zimbardo, P. G.
1996; 10 (2): 79-110

● **Understanding the complexity of human aggression: Affective, cognitive, and social dimensions of individual differences in propensity toward aggression** *EUROPEAN JOURNAL OF PERSONALITY*

Caprara, G. V., Barbaranelli, C., Zimbardo, P. G.
1996; 10 (2): 133-155

- **THE PSYCHOLOGICAL IMPACT OF VIEWING THE FILM JFK - EMOTIONS, BELIEFS, AND POLITICAL BEHAVIORAL INTENTIONS** *Annual Meeting of the International-Society-of-Political-Psychology*
Butler, L. D., Koopman, C., Zimbardo, P. G.
BLACKWELL PUBLISHERS.1995: 237-57
- **PSYCHOPHYSIOLOGICAL CONSEQUENCES OF UNEXPLAINED AROUSAL - A POSTHYPNOTIC SUGGESTION PARADIGM** *JOURNAL OF ABNORMAL PSYCHOLOGY*
Zimbardo, P. G., Laberge, S., Butler, L. D.
1993; 102 (3): 466-473
- **ON THE DEGREE OF STABILITY OF MEASURED HYPNOTIZABILITY OVER A 25-YEAR PERIOD** *JOURNAL OF PERSONALITY AND SOCIAL PSYCHOLOGY*
PICCIONE, C., HILGARD, E. R., Zimbardo, P. G.
1989; 56 (2): 289-295
- **TIME IN PERSPECTIVE** *PSYCHOLOGY TODAY*
Gonzalez, A., Zimbardo, P. G.
1985; 19 (3): 20-26
- **ACTOR OBSERVER DIFFERENCES IN THE PERCEIVED STABILITY OF SHYNESS** *SOCIAL COGNITION*
Lord, C. G., Zimbardo, P. G.
1985; 3 (3): 250-265
- **THE LOOKING-GLASS WAR** *PSYCHOLOGY TODAY*
Plous, S., Zimbardo, P. G.
1984; 18 (11): 48-?
- **MIND-CONTROL IN 1984** *PSYCHOLOGY TODAY*
Zimbardo, P.
1984; 18 (1): 68-?
- **UNDERSTANDING PSYCHOLOGICAL MAN - 15TH ANNIVERSARY ISSUE** *PSYCHOLOGY TODAY*
Bruner, J., Lazarus, R. S., Neisser, U., Skinner, B. F., Milgram, S., Miller, N., HEBB, D. O., NEUGARTEN, B., McClelland, D., May, R., Zimbardo, P. G.
1982; 16 (5): 40-?
- **MODIFYING SHYNESS-RELATED SOCIAL-BEHAVIOR THROUGH SYMPTOM MISATTRIBUTION** *JOURNAL OF PERSONALITY AND SOCIAL PSYCHOLOGY*
Brodt, S. E., Zimbardo, P. G.
1981; 41 (3): 437-449
- **INDUCED HEARING DEFICIT GENERATES EXPERIMENTAL PARANOIA** *SCIENCE*
Zimbardo, P. G., Andersen, S. M., KABAT, L. G.
1981; 212 (4502): 1529-1531
- **THE EFFECTS OF THREAT OF SURVEILLANCE AND ACTUAL SURVEILLANCE ON EXPRESSED OPINIONS TOWARD MARIHUANA** *JOURNAL OF SOCIAL PSYCHOLOGY*
White, G. L., Zimbardo, P. G.
1980; 111 (1): 49-61
- **RESISTING MIND-CONTROL** *USA TODAY*
Andersen, S. M., Zimbardo, P. G.
1980; 109 (2426): 44-47
- **THE AGE OF INDIFFERENCE** *PSYCHOLOGY TODAY*
Zimbardo, P. G.
1980; 14 (3): 70-?
- **AFFECTIVE CONSEQUENCES OF INADEQUATELY EXPLAINED PHYSIOLOGICAL AROUSAL** *JOURNAL OF PERSONALITY AND SOCIAL PSYCHOLOGY*
Marshall, G. D., Zimbardo, P. G.

1979; 37 (6): 970-988

● **MISUNDERSTANDING SHYNESS - COUNTERATTACK PSYCHOLOGY TODAY**

Zimbardo, P. G.

1978; 12 (1): 17-?

● **PERSONAL AND CULTURAL DYNAMICS OF SHYNESS - COMPARISON BETWEEN ISRAELIS, AMERICAN-JEWS AND AMERICANS JOURNAL OF PSYCHOLOGY AND JUDAISM**

Pines, A., Zimbardo, P. G.

1978; 3 (2): 81-101

● **SHY MURDERERS PSYCHOLOGY TODAY**

Lee, M., Zimbardo, P. G., Bertholf, M.

1977; 11 (6): 68-?

● **MAKING IT AS A MENTAL PATIENT PSYCHOLOGY TODAY**

Katz, M., Zimbardo, P.

1977; 10 (11): 122-?

● **LIFE WITH PSYCHOLOGY AND LIFE TEACHING OF PSYCHOLOGY**

Campbell, D. E., Zimbardo, P. G.

1976; 3 (4): 191-192

● **SOCIAL DISEASE CALLED SHYNESS PSYCHOLOGY TODAY**

Zimbardo, P. G., Pilkonis, P. A., NORWOOD, R. M.

1975; 8 (12): 69-?

● **STUDY OF PRISONERS AND GUARDS IN A SIMULATED PRISON NAVAL RESEARCH REVIEWS**

Haney, C., Banks, C., Zimbardo, P.

1973; 26 (9): 1-17

● **ETHICS OF INTERVENTION IN HUMAN PSYCHOLOGICAL RESEARCH - WITH SPECIAL REFERENCE TO STANFORD PRISON EXPERIMENT COGNITION**

Zimbardo, P. G.

1973; 2 (2): 243-256

● **OBJECTIVE ASSESSMENT OF HYPNOTICALLY INDUCED TIME DISTORTION SCIENCE**

Zimbardo, P. G., Marshall, G., White, G., Maslach, C.

1973; 181 (4096): 282-284

● **LIBERATING BEHAVIOR FROM TIME-BOUND CONTROL - EXPANDING PRESENT THROUGH HYPNOSIS JOURNAL OF APPLIED SOCIAL PSYCHOLOGY**

Zimbardo, P. G., Marshall, G., Maslach, C.

1971; 1 (4): 305-323