



Amelia Sattler, MD

Clinical Associate Professor, Medicine - Primary Care and Population Health

CLINICAL OFFICE (PRIMARY)

- **Stanford Family Medicine**

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Bio

BIO

I am an ebullient family physician with special interests in medical education, adolescent medicine, mental health and preventive care. I earned my undergraduate degree in psychology at the University of Puget Sound and enjoy working with patients to explore and overcome mental and emotional challenges that may contribute to disease.

My medical training began while seated around the dinner table in rural northern California where, as a child, I was inspired by the joy that my parents experienced working as family practitioners. In pursuit of formal medical training I ventured from the west coast to Mayo Medical School in Rochester, Minnesota where I was “raised” in a culture of medicine that prioritizes the needs of patients. I strongly believe in and strive to integrate and propagate this philosophy of care.

After surviving four winters and meeting my husband, I happily returned to San Jose, California where I completed residency in Family Medicine at the San Jose-O’Connor Family Medicine Residency Program. During residency I participated in the O’Connor-Stanford “Leaders in Education” Residency Pathway (OSLER) where I began formal training in medical education, working with Stanford clinician educators and medical students. I continued this training as a fellow in the Rathmann Family Foundation Medical Education Faculty Fellowship in Patient-Centered Care in 2014.

Outside of work I am usually found spending time with my husband and two children in our dahlia and vegetable garden, hiking or cooking. I also enjoy playing soccer, swimming and traveling throughout the world.

CLINICAL FOCUS

- Adolescent Medicine
- Mental health
- Family Medicine
- Quality Improvement
- Population Health

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Medicine - Primary Care and Population Health

ADMINISTRATIVE APPOINTMENTS

- Director, Continuity of Care Clerkship, (2017-2020)
- Quality Improvement and Population Health Lead, Stanford Primary Care, (2016- present)
- Director, O'Connor-Stanford Leaders in Education Residency (OSLER) Pathway, (2015-2020)
- Director, IMPACT Program, (2015-2017)
- Resident Wellness Group Facilitator, Stanford Health Care-O'Connor Hospital Family Medicine Residency Program, (2014- present)
- Physician, Lucile Packard After Hours Clinic, (2013-2015)
- Associate, Educators-4-Care (E4C), (2011- present)

HONORS AND AWARDS

- Family Medicine Resident Award for Scholarship, AFMRD/NAPCRG/CFPC (2011)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Executive Committee Member, O'Connor-Stanford Leaders in Education Residency (OSLER) Program (2013 - present)
- Member, Society of Teachers of Family Medicine (2011 - present)
- Member, American Academy of Family Physicians (2010 - present)

PROFESSIONAL EDUCATION

- Residency: Stanford O'Connor Family Medicine Residency (2013) CA
- Medical Education: Mayo Clinic School of Medicine (2010) MN
- Board Certification: Family Medicine, American Board of Family Medicine (2013)
- Residency, San Jose-O'Connor Family Medicine Residency Program (2013)
- Medical School, Mayo Clinic (2010)
- Bachelor of Arts, University of Puget Sound , Psychology (2005)

COMMUNITY AND INTERNATIONAL WORK

- The Lipitor Symptoms Every Woman Should Know About
- Cardinal Free Clinics

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Describe your current research interest and activities

Publications

PUBLICATIONS

- **Building Pandemic-Resilient Primary Care Systems: Lessons Learned From COVID-19.** *Journal of medical Internet research*
Jeong, Y., Crowell, T., Devon-Sand, A., Sakata, T., Sattler, A., Shah, S., Tsai, T., Lin, S.
2024; 26: e47667
- **Catalyzing System Change: 100 Quality Improvement Projects in 1000 Days.** *Journal of general internal medicine*
Sattler, A., Phadke, A., Mickelsen, J., Seay-Morrison, T., Filipowicz, H., Chhoa, D., Srinivasan, M.

2023

- **Trends in Pediatric Primary Care Visits During the COVID-19 Pandemic: Opportunity to Address Adolescent Behavioral Health Through Telemedicine.** *Family medicine*
Hong, G., Less, J., Masoudian, B., Cruz, A., Sifuentes, S., Vue, J., Yanamandra, A., Sattler, A., Lin, S.
2023
- **IMPLEMENTATION OF A TEAM-BASED HYPERTENSION CARE PROGRAM IN THE ERA OF TELEMEDICINE**
Phadke, A., Tsai, S. A., Sattler, A., Dang, J., Ramirez, M.
SPRINGER.2023: S635-S636
- **ASYNCHRONOUS VERSUS SYNCHRONOUS SCREENING FOR DEPRESSION AND SUICIDALITY: EXPERIENCES IN A PRIMARY CARE HEALTH SYSTEM**
Sattler, A., Dunn, J., Calugar, A., Albarran, M., Jawad, N., Zein, M., McGovern, M.
SPRINGER.2023: S306-S307
- **CATALYZING SYSTEM CHANGE: 100 QUALITY IMPROVEMENT PROJECTS IN 1000**
Sattler, A., Phadke, A., Srinivasan, M., Mickelsen, J., Chhoa, D.
SPRINGER.2023: S331-S332
- **Evaluating the Implementation of a Model of Integrated Behavioral Health in Primary Care: Perceptions of the Healthcare Team.** *Journal of primary care & community health*
Dunn, J. A., Chokron Garneau, H., Jawad, N., Zein, M., Elder, K. W., Sattler, A., McGovern, M.
2023; 14: 21501319221146918
- **Predicting Avoidable Health Care Utilization: Practical Considerations for Artificial Intelligence/Machine Learning Models in Population Health.** *Mayo Clinic proceedings*
Lin, S., Shah, S., Sattler, A., Smith, M.
2022; 97 (4): 653-657
- **Considerations in the reliability and fairness audits of predictive models for advance care planning** *Frontiers in Digital Health*
Lu, J., Sattler, A., Wang, S., Khaki, A. R., Callahan, A., Fleming, S., Fong, R., Ehlert, B., Li, R., Shieh, L., Ramchandran, K., Gensheimer, M., Chobot, et al
2022: 943768
- **From Code to Bedside: Implementing Artificial Intelligence Using Quality Improvement Methods.** *Journal of general internal medicine*
Smith, M. n., Sattler, A. n., Hong, G. n., Lin, S. n.
2021
- **Transforming Interprofessional Roles During Virtual Health Care: The Evolving Role of the Medical Assistant, in Relationship to National Health Profession Competency Standards.** *Journal of primary care & community health*
Rokicki-Parashar, J., Phadke, A., Brown-Johnson, C., Jee, O., Sattler, A., Torres, E., Srinivasan, M.
2021; 12: 21501327211004285
- **"MAKING A LIST AND CHECKING IT TWICE": A HIGH BLOOD PRESSURE ADVISORY IN PRIMARY CARE**
Phadke, A., Sattler, A., Shah, S., Mahoney, M., Sharp, C., Ng, S., Kim, M., Weng, Y. I., Safaeinili, N., Brown-Johnson, C., Desai, M.
SPRINGER.2020: S702
- **Retooling Primary Care in the COVID-19 Era.** *Mayo Clinic proceedings*
Lin, S. n., Sattler, A. n., Smith, M. n.
2020; 95 (9): 1831-34
- **A Model Medical Student-Led Interprofessional QI Project on Lab Monitoring.** *PRiMER (Leawood, Kan.)*
Kim, C. n., Lin, S. n., Sattler, A. L.
2018; 2: 13
- **Rethinking empathy decline: results from an OSCE.** *The clinical teacher*
Teng, V. C., Nguyen, C., Hall, K. T., Rydel, T., Sattler, A., Schillinger, E., Weinlander, E., Lin, S.
2017
- **Creating the medical school of the future through incremental curricular transformation: the Stanford Healthcare Innovations and Experiential Learning Directive (SHIELD)** *EDUCATION FOR PRIMARY CARE*

- Lin, S., Osborn, K., Sattler, A., Nelligan, I., Svec, D., Aaronson, A., Schillinger, E.
2017; 28 (3): 180–84
- **Actual and Standardized Patient Evaluations of Medical Students' Skills.** *Family medicine*
Sattler, A. L., Merrell, S. B., Lin, S. Y., Schillinger, E. n.
2017; 49 (7): 548–52
 - **Impact of Scribes on Physician Satisfaction, Patient Satisfaction, and Charting Efficiency: A Randomized Controlled Trial.** *Annals of family medicine*
Gidwani, R. n., Nguyen, C. n., Kofoed, A. n., Carragee, C. n., Rydel, T. n., Nelligan, I. n., Sattler, A. n., Mahoney, M. n., Lin, S. n.
2017; 15 (5): 427–33
 - **Creating the medical school of the future through incremental curricular transformation: the Stanford Healthcare Innovations and Experiential Learning Directive (SHIELD).** *Education for primary care : an official publication of the Association of Course Organisers, National Association of GP Tutors, World Organisation of Family Doctors*
Lin, S., Osborn, K., Sattler, A., Nelligan, I., Svec, D., Aaronson, A., Schillinger, E.
2016: 1-5
 - **Impact of a scholarly track on quality of residency program applicants.** *Education for primary care : an official publication of the Association of Course Organisers, National Association of GP Tutors, World Organisation of Family Doctors*
Celebi, J. M., Nguyen, C. T., Sattler, A. L., Stevens, M. B., Lin, S. Y.
2016; 27 (6): 478-481
 - **Training Future Clinician-Educators: A Track for Family Medicine Residents.** *Family medicine*
Lin, S., Sattler, A., Chen Yu, G., Basaviah, P., Schillinger, E.
2016; 48 (3): 212-216
 - **Training Future Clinician-Educators: A Track for Family Medicine Residents.** *Family medicine*
Lin, S., Sattler, A., Chen Yu, G., Basaviah, P., Schillinger, E.
2016; 48 (3): 212-216
 - **Sexual Abuse and Lifetime Diagnosis of Somatic Disorders: Systematic Review and Meta-analysis** *Mayo Clinic Proceedings*
Chen, L. P., et al
2010; 85 (7): 618-29
 - **Sexual Abuse and Lifetime Diagnosis of Somatic Disorders A Systematic Review and Meta-analysis** *JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION*
Paras, M. L., Murad, M. H., Chen, L. P., Goranson, E. N., Sattler, A. L., Colbenson, K. M., Elamin, M. B., Seime, R. J., Prokop, L. J., Zirakzadeh, A.
2009; 302 (5): 550-561
 - **One Year of Family Physicians' Observations on Working with Medical Scribes.** *Journal of the American Board of Family Medicine : JABFM*
Sattler, A. n., Rydel, T. n., Nguyen, C. n., Lin, S. n.
; 31 (1): 49–56

PRESENTATIONS

- Beyond Listening, Help Me Understand: How to Effectively Share Information In a Healthcare Setting - Society for Teachers in Family Medicine (5/4/2013)
- Four Integrated Group Visit Formats in a Family Medicine Residency Program - Society for Teachers in Family Medicine (9/24/2011)
- Odor conditioning success differs between nurse and forager bumblebees - Society for Integrative and Comparative Biology (1/5/2005)