



Abha Khandelwal

Clinical Associate Professor, Medicine - Cardiovascular Medicine

CLINICAL OFFICES

- **Consultative Cardiology and Womens Heart Health Clinic**

300 Pasteur Dr Rm A260

MC 5319

Stanford, CA 94305

Tel (650) 723-6459

Fax (650) 723-8392

Bio

BIO

Cardiovascular Medicine Clinic Chief

CLINICAL FOCUS

- Cardiovascular Disease
- Valvular Heart Disease
- Cardiomyopathy
- pericardial disease
- Cardiovascular disease in Pregnancy
- women's heart health
- Stanford South Asian Translational Heart Initiative

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Medicine - Cardiovascular Medicine
- Member, Cardiovascular Institute

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Task Force Member, CMQCC-Cardiovascular Disease in Pregnancy (2013 - present)
- Reviewer, American Journal of Cardiology (2009 - present)
- Mentor, Association for Women in Science (2013 - present)
- Volunteer, American Heart Association (2009 - present)
- Fellow, American College of Cardiology (2009 - present)

PROFESSIONAL EDUCATION

- Residency: Rush University Medical Center (2008) IL

- Internship: Rush University Medical Center (2006) IL
- Medical Education: The Ohio University College of Medicine on Public Health (2005) OH
- Fellowship: Rush University Medical Center (2001) IL
- Board Certification, Certification Board of Nuclear Cardiology , Nuclear Cardiology (2011)
- Board Certification: Cardiovascular Disease, American Board of Internal Medicine (2012)
- Board Certification: Echocardiography, National Board of Echocardiography (2011)
- BA, Case Western Reserve University (2000)
- MS, Case Western Reserve University , MIS (2001)
- MD, The Ohio State University College of Medicine (2005)

LINKS

- Get a Second Opinion: <https://stanfordhealthcare.org/second-opinion/overview.html>

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Cardiovascular disease in Pregnancy

Valvular Heart Disease

Cardiomyopathy

Pericardial disease

Heart Disease in South Asians

Women's Cardiovascular Disease

CLINICAL TRIALS

- Early MRI Detection of Myocardial Deterioration as a Preventive, Disease Staging, and Prognostic Biomarker in Insulin Resistance, Recruiting

Publications

PUBLICATIONS

- **Effect of ranolazine on symptom and quality of life in patients with angina in the absence of obstructive coronary artery disease: A case control study.** *International journal of cardiology*
Pargaonkar, V. S., Tremmel, J. A., Schnittger, I., Khandelwal, A.
2020
- **Takayasu's Arteritis and Pregnancy** *CARDIAC PROBLEMS IN PREGNANCY, 4TH EDITION*
Khandelwal, A., Elkayam, U.
2020: 319–25
- **Psychological Distress Among Female Cardiac Patients Presenting to a Women's Heart Health Clinic** *AMERICAN JOURNAL OF CARDIOLOGY*
Edwards, K. S., Hekler, A. C., Baum, J., Nejedly, M., Tsai, S., Khandelwal, A., Naderi, S., Hoover, V., Tremmel, J. A.
2019; 123 (12): 2026–30
- **Efficacy of a Telehealth Preventive Cardiology Lifestyle Intervention Program to Treat High-Risk South Asians**
Parameswaran, V., Josan, K., Khandelwal, A., Abbasi, F., Dash, R.
AMER DIABETES ASSOC.2019
- **Psychological Distress Among Female Cardiac Patients Presenting to a Women's Heart Health Clinic.** *The American journal of cardiology*
Edwards, K. S., Hekler, A. C., Baum, J., Nejedly, M., Tsai, S., Khandelwal, A., Naderi, S., Hoover, V., Tremmel, J. A.
2019

- **Maternal Outcomes in Planned and Unplanned Pregnancies in Women with Cardiac Disease.**
Do, S. C., Tolani, A. T., Sie, L., Girsan, A. I., Lee, C. J., Sherwin, E., Panelli, D. M., El-Sayed, Y. Y., Khandelwal, A., Blumenfeld, Y. J., Bianco, K.
SAGE PUBLICATIONS INC.2019: 323A
- **A Multidisciplinary Approach to Care of Pregnant Patients with History of Open Heart Surgery.**
Do, S. C., Lee, C. J., Sie, L., Tolani, A. T., Sherwin, E., Girsan, A. I., El-Sayed, Y. Y., Khandelwal, A., Bianco, K., Blumenfeld, Y. J.
SAGE PUBLICATIONS INC.2019: 323A–324A
- **Care of the pregnant cardiac patient e the importance of a multidisciplinary approach**
Tolani, A. T., Do, S. C., Blumenfeld, Y. J., Sie, L., Girsan, A. I., Lee, C. J., Sherwin, E. B., Tsur, A., El-Sayed, Y. Y., Khandelwal, A., Bianco, K.
MOSBY-ELSEVIER.2019: S536
- **CardioClick an Innovative Telehealth Approach to Lifestyle Intervention in High Risk South Asians**
Parameswaran, V., Josan, K., Winterbottom, J., Shearer, J., Khandelwal, A., Nallamshetty, S., Dash, R., Rodriguez, F.
LIPPINCOTT WILLIAMS & WILKINS.2019
- **EFFECT OF RANOLAZINE ON SYMPTOMS AND QUALITY OF LIFE IN PATIENTS WITH ANGINA IN THE ABSENCE OF OBSTRUCTIVE CORONARY ARTERY DISEASE: A RETROSPECTIVE COHORT STUDY**
Pargaonkar, V., Tremmel, J., Schnittger, I., Khandelwal, A.
ELSEVIER SCIENCE INC.2018: 161
- **Hypertensive Disorders of Pregnancy. *Current atherosclerosis reports***
Naderi, S., Tsai, S. A., Khandelwal, A.
2017; 19 (3): 15-?
- **External validation of a novel transthoracic echocardiographic tool in predicting left atrial appendage thrombus formation in patients with nonvalvular atrial fibrillation *EUROPEAN HEART JOURNAL-CARDIOVASCULAR IMAGING***
Doukky, R., Khandelwal, A., Garcia-Sayan, E., Gage, H.
2013; 14 (9): 876-881
- **Local Fibrinolysis for Massive Pulmonary Embolism: Teaching an Old Catheter New Tricks *SOUTHERN MEDICAL JOURNAL***
Khandelwal, A., Spies, C.
2010; 103 (5): 396-397
- **Recurrent Events Following Patent Foramen Ovale Closure in Patients Above 55 Years of Age With Presumed Paradoxical Embolism *CATHETERIZATION AND CARDIOVASCULAR INTERVENTIONS***
Spies, C., Khandelwal, A., Timmemanns, I., Kavinsky, C. J., Schraeder, R., Hijazi, Z. M.
2008; 72 (7): 966-970
- **Percutaneous Mechanical Thrombectomy for Massive Pulmonary Embolism Using a Conservative Treatment Strategy *JOURNAL OF INTERVENTIONAL CARDIOLOGY***
Spies, C., Khandelwal, A., Smith, T. H., Jolly, N., Kavinsky, C. J.
2008; 21 (6): 566-571
- **Incidence of atrial fibrillation following transcatheter closure of atrial septal defects in adults *AMERICAN JOURNAL OF CARDIOLOGY***
Spies, C., Khandelwal, A., Timmermanns, I., Schraeder, R.
2008; 102 (7): 902-906
- **Idiopathic hemophagocytic syndrome with a fulminant clinical course. *Clinical advances in hematology & oncology : H&O***
Khandelwal, A., Shah, N. B., Eichenseer, P., Welker, M., Miller, I., Nangia, J., Farhat, M., Gimelfarb, A., Kassir, M., Batus, M., Gezer, S., Shammo, J., Gregory, et al
2008; 6 (8): 587-590
- **Patent Foramen Ovale and the Risk of First Ischemic Stroke *Expert Review of Cardiovascular Therapy***
Khandelwal, A., Spies, C.
2007; 5 (5): 821-824
- **The Clinical Picture - A young woman with an eroded plaque on the hand *CLEVELAND CLINIC JOURNAL OF MEDICINE***
Laungani, A. G., Khandelwal, A., Tomecki, K. J.
2006; 73 (4): 369-371

- **Subclinical chronic lymphocytic leukaemia associated with a 13q deletion presenting initially in the skin: apropos of a case** *JOURNAL OF CUTANEOUS PATHOLOGY*
Khandelwal, A., Seilstad, K. H., Magro, C. M.
2006; 33 (3): 256-259