



Lisa Rogo-Gupta

- Clinical Associate Professor, Obstetrics & Gynecology
- Clinical Associate Professor (By courtesy), Urology

CLINICAL OFFICE (PRIMARY)

- **Gynecology Clinic at Stanford**

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ACADEMIC CONTACT INFORMATION

- **Gyn Academic Office**

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Bio

BIO

Dr. Rogo-Gupta is a urogynecologist and Associate Division Director of Gynecology and Gynecologic Specialties, Clinic Chief of the Ambulatory Gynecology Service Line, and Well-Being Director for the department of Obstetrics and Gynecology. In her current roles, Dr. Rogo-Gupta seeks to incorporate physician well-being into strategic decisions impacting all parts of the academic mission—clinical care, education, and research. She is particularly proud of operational changes to increase efficiency and improve both patient and physician experience. Under her leadership gynecology was recognized as one of the TOP 10 patient experience drivers across the enterprise. Dr. Rogo-Gupta is passionate about teaching and mentoring and has received numerous awards throughout her career and enjoys lecturing locally and abroad.

Dr. Rogo-Gupta's experiences in clinical operations and medical education have given her a unique perspective on faculty development needs at academic medical centers. She is actively involved in the design and implementation of department-wide programs including mentorship and coaching, critical event support, faculty didactics, and the Obstetrics and Gynecology Stanford Network for Advancement and Promotion program.

Dr. Rogo-Gupta proudly joined Stanford in 2013 following residency at Columbia University and fellowship at the University of California, Los Angeles, where she also completed the NIH K30 Graduate Research Training Program. Dr. Rogo-Gupta's research interests include surgery outcomes and institutional and national levels her work has been widely published and recognized by the American Board of Obstetricians and Gynecologists. She currently serves on the Editorial Board of her specialty journal, Urogynecology.

CLINICAL FOCUS

- Urogynecology
- Pelvic Organ Prolapse
- Urinary Incontinence
- Fecal Incontinence
- Uterine Prolapse

- Cystocele
- Rectocele
- Telemedicine
- Female Pelvic Medicine and Reconstructive Surgery

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Obstetrics & Gynecology
- Clinical Associate Professor (By courtesy), Urology

ADMINISTRATIVE APPOINTMENTS

- Vice Chair, Clinician Educator Appointment & Promotions Committee, Stanford University School of Medicine, (2022-2024)
- Associate Director, Division of Gynecology and Gynecologic Specialties, Stanford University School of Medicine, (2021- present)
- Director of Wellness, Department of Obstetrics and Gynecology, Stanford University School of Medicine, (2021- present)
- Director, Urogynecology Resident Education, Stanford University School of Medicine, (2017- present)
- Medical Director, Ambulatory Gynecology and Gynecologic Specialties, Stanford University School of Medicine, (2016- present)
- Director of Urogynecology, Pelvic Health Center, Stanford University School of Medicine, (2015-2018)
- Director, Obstetrics and Gynecology Course 304A, Stanford University School of Medicine, (2014-2021)

HONORS AND AWARDS

- Award for Outstanding Resident Teaching in Obstetrics & Gynecology, Stanford University School of Medicine (2023)
- Award for Article Placed on American Board of Obstetricians and Gynecologists Annual Reading List, American Board of Obstetrics and Gynecology (2021)
- Award for Surgical Teaching in Obstetrics & Gynecology, Stanford University School of Medicine (2021)
- BeWell Champion Wellness Grant Recipient, Stanford University School of Medicine (2021)
- Award for Article Placed on American Board of Obstetricians and Gynecologists Annual Reading List, American Board of Obstetrics and Gynecology (2019)
- Award for Excellence in Faculty Teaching, Association of Professors of Gynecology and Obstetrics (2016)
- Award for Article of Special Interest, Journal of Urology (2012)
- Award for Article Placed on American Board of Obstetricians and Gynecologists Annual Reading List, American Board of Obstetrics and Gynecology (2011)
- Best Teaching Resident, Columbia University (2010)
- Chief Resident, Obstetrics and Gynecology, Columbia University (2010)
- Best Teaching Resident, Columbia University (2008)
- Best Teaching Resident, Columbia University (2007)
- John Gibbons Medical Student Award, American College of Obstetricians and Gynecologists (2006)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Journal Editorial Board Member, Urogynecology (formerly Female Pelvic Medicine and Reconstructive Surgery) (2023 - present)
- Member, Society of Urodynamics, Female Pelvic Medicine & Urogenital Reconstruction (2010 - present)
- Member, American Urogynecologic Association (2009 - present)
- Member, American College of Obstetricians & Gynecologists (2005 - present)

PROFESSIONAL EDUCATION

- Medical Education: University of Southern California Keck School of Medicine (2006) CA
- Board Certification: Female Pelvic Medicine and Reconstructive Surgery, American Board of Obstetrics and Gynecology (2018)

- Board Certification, Female Pelvic Medicine and Reconstructive Surgery , American Board of Obstetrics and Gynecology (2018)
- Board Certification: Obstetrics and Gynecology, American Board of Obstetrics and Gynecology (2013)
- Fellowship: University of California Los Angeles (2013) CA
- Residency: Columbia University (2010) NY

COMMUNITY AND INTERNATIONAL WORK

- Volunteer Clinical Educator
- Community Volunteer

LINKS

- Women's Health: The Pelvic Health Perspective by Dr. Rogo-Gupta: <https://www.youtube.com/watch?v=tk8Tc5nyRMw>
- The V-Word Podcast: Urinary Incontinence by Dr. Rogo-Gupta: <https://vwordpod.com/episode/ask-a-lady-doc-incontinence-with-dr-lisa-rogo-gupta/>
- Stanford Pelvic Health Center: Treating Pelvic Floor Disorders in Men and Women: <https://youtu.be/LS1bwV9Am5w>

Publications

PUBLICATIONS

- **Low-fat dietary pattern reduces urinary incontinence in postmenopausal women: post hoc analysis of the Women's Health Initiative Diet Modification Trial.** *AJOG global reports*
Rogo-Gupta, L. J., Yang, L., Stefanick, M. L., Hedlin, H., Wallace, R., Woods, N., Breyer, B. N., Sorensen, M. D., Chen, B.
2022; 2 (1): 100044
- **Supracervical Hysterectomy is Protective Against Mesh Complications After Robotic-Assisted Abdominal Sacrocolpopexy: A Population Based Cohort Study of 12,189 Patients.** *The Journal of urology*
Dallas, K., Taich, L., Kuhlmann, P., Rogo-Gupta, L., Eilber, K., Anger, J. T., Scott, V.
2021: 101097JU0000000000002262
- **Postoperative complications and recurrence rates after rectal prolapse surgery versus combined rectal prolapse and pelvic organ prolapse surgery.** *International urogynecology journal*
Wallace, S. L., Enemchukwu, E. A., Mishra, K. n., Neshatian, L. n., Chen, B. n., Rogo-Gupta, L. n., Sokol, E. R., Gurland, B. H.
2021
- **Racial Disparities in Outcomes of Women Undergoing Myomectomy.** *Obstetrics and gynecology*
Dallas, K., Dubinskaya, A., Andebrhan, S. B., Anger, J., Rogo-Gupta, L. J., Elliott, C. S., Ackerman, A. L.
2021
- **Balancing the possibility of needing a future incontinence procedure versus a future urethral sling revision surgery: a tradeoff analysis for continent women undergoing pelvic organ prolapse surgery.** *International urogynecology journal*
Dallas, K., Rogo-Gupta, L., Syan, R., Enemchukwu, E., Elliott, C. S.
2020
- **Joint position statement on the management of mesh-related complications for the FPMRS specialist** *INTERNATIONAL UROGYNECOLOGY JOURNAL*
Rardin, C. R., Duckett, J., Milani, A. L., Pavan, L., Rogo-Gupta, L., Twiss, C. O., Joint Writing Grp Amer Urogyne, Int Urogynecological Assoc
2020
- **The transvaginal pelvic organ prolapse mesh ban - unfairly including biologic products?**
Elliott, C., Sokol, E., Rogo-Gupta, L.
WILEY.2020: S270
- **Validated surgical steps of the robotic assisted sacrocolpopexy operation**
Dallas, K., Ackerman, A., Eilber, K., Rogo-Gupta, L., Scott, V., Troung, M., Cohen, T., Anger, J.
WILEY.2020: S274–S276
- **Predictors of Colpocleisis Outcomes in an Older Population-Based Cohort.** *The Journal of urology*
Dallas, K. B., Anger, J. T., Rogo-Gupta, L. n., Elliott, C. S.

2020: 101097JU0000000000001239

- **INCIDENCE OF PELVIC FLOOR DISORDERS IN US ARMY FEMALE SOLDIERS.** *Urology*
Rogo-Gupta, L. J., Nelson, D. A., Young-Lin, N. n., Shaw, J. G., Kurina, L. M.
2020
- **Urologic Injury and Fistula After Hysterectomy for Benign Indications.** *Obstetrics and gynecology*
Dallas, K. B., Rogo-Gupta, L., Elliott, C. S.
2019
- **Machine Learning Algorithms Successfully Identify the Quality of Lay-Person Directed Articles Online**
Dallas, K. B., Rogo-Gupta, L., Elliott, C.
LIPPINCOTT WILLIAMS & WILKINS.2019: 222S–223S
- **Urologic Injury and Fistula Following Hysterectomy for Benign Indications**
Dallas, K. B., Rogo-Gupta, L., Elliott, C.
LIPPINCOTT WILLIAMS & WILKINS.2019: 212S
- **LONG-TERM REOPERATION RATES ARE EQUIVALENT FOR PELVIC ORGAN PROLAPSE REPAIRS WITH BIOLOGIC AND SYNTHETIC GRAFTS IN A LARGE POPULATION BASED COHORT**
Sohlberg, E., Dallas, K., Elliott, C., Rogo-Gupta, L.
LIPPINCOTT WILLIAMS & WILKINS.2019: E17–E18
- **UROLOGIC INJURY AND FISTULA FOLLOWING HYSTERECTOMY FOR BENIGN INDICATIONS**
Dallas, K., Rogo-Gupta, L., Elliott, C.
LIPPINCOTT WILLIAMS & WILKINS.2019: E17
- **PROPHYLACTIC MIDURETHRAL SLINGS AT THE TIME OF PELVIC ORGAN PROLAPSE REPAIR SURGERY TO PREVENT DE-NOVO STRESS URINARY INCONTINENCE-A NEED TO REAPPRAISE?**
Dallas, K., Rogo-Gupta, L., Syan, R., Enemchukwu, E., Elliott, C.
LIPPINCOTT WILLIAMS & WILKINS.2019: E64–E65
- **Long-term reoperation rates are equivalent for pelvic organ prolapse repairs with biologic and synthetic grafts in a large population based cohort**
Dallas, K. B., Sohlberg, E., Elliott, C. S., Rogo-Gupta, L.
WILEY.2019: S228–S229
- **Ureteral injury and fistula following hysterectomy for benign indications**
Dallas, K. B., Rogo-Gupta, L., Elliott, C. S.
WILEY.2019: S65–S66
- **Prophylactic midurethral slings at the time of pelvic organ prolapse repair surgery to prevent de-novo stress urinary incontinence-a need to reappraise?**
Dallas, K. B., Rogo-Gupta, L., Syan, R., Enemchukwu, E., Elliott, C. S.
WILEY.2019: S70–S71
- **How can a patient find reliable information online? Machine learning algorithms successfully identify the quality of lay-person directed articles**
Dallas, K. B., Rogo-Gupta, L., Elliott, C. S.
WILEY.2019: S115
- **Rates and Risk Factors for Future Stress Urinary Incontinence Surgery after Pelvic Organ Prolapse Repair in a Large Population-based Cohort in California** *UROLOGY*
Syan, R., Dallas, K. B., Sohlberg, E., Rogo-Gupta, L., Elliott, C. S., Enemchukwu, E. A.
2019; 123: 81–86
- **Does Rectocele on Defecography Equate to Rectocele on Physical Examination in Patients With Defecatory Symptoms?** *Female pelvic medicine & reconstructive surgery*
Wallace, S. L., Torosis, M. n., Rogo-Gupta, L. n.
2019
- **Reoperation rates for pelvic organ prolapse repairs with biologic and synthetic grafts in a large population-based cohort.** *International urogynecology journal*
Sohlberg, E. M., Dallas, K. B., Weeks, B. T., Elliott, C. S., Rogo-Gupta, L. n.

2019

- **Association Between Concomitant Hysterectomy and Repeat Surgery for Pelvic Organ Prolapse Repair in a Cohort of Nearly 100,000 Women** *OBSTETRICS AND GYNECOLOGY*
Dallas, K., Elliott, C. S., Syan, R., Sohlberg, E., Enemchukwu, E., Rogo-Gupta, L.
2018; 132 (6): 1328–36
- **Care Seeking Patterns for Women Requiring a Repeat Pelvic Organ Prolapse Surgery Due to Native Tissue Repair Failure Compared to a Mesh Complication** *UROLOGY*
Dallas, K. B., Trimble, R., Rogo-Gupta, L., Elliott, C. S.
2018; 122: 70–75
- **Association Between Concomitant Hysterectomy and Repeat Surgery for Pelvic Organ Prolapse Repair in a Cohort of Nearly 100,000 Women.** *Obstetrics and gynecology*
Dallas, K., Elliott, C. S., Syan, R., Sohlberg, E., Enemchukwu, E., Rogo-Gupta, L.
2018
- **Rates and Risk Factors for Future Stress Urinary Incontinence Surgery After Pelvic Organ Prolapse Repair in a Large Population Based Cohort in California.** *Urology*
Syan, R., Dallas, K. B., Sohlberg, E., Rogo-Gupta, L., Elliott, C. S., Enemchukwu, E. A.
2018
- **Care Seeking Patterns for Women Requiring a Repeat Pelvic Organ Prolapse Surgery due to Native Tissue Repair Failure Compared to a Mesh Complication.** *Urology*
Dallas, K. B., Trimble, R., Rogo-Gupta, L., Elliott, C. S.
2018
- **What Impacts the All Cause Risk of Reoperation after Pelvic Organ Prolapse Repair? A Comparison of Mesh and Native Tissue Approaches in 110,329 Women** *JOURNAL OF UROLOGY*
Dallas, K. B., Rogo-Gupta, L., Elliott, C. S.
2018; 200 (2): 389–95
- **What Impacts the All Cause Risk of Reoperation after Pelvic Organ Prolapse Repair? A Comparison of Mesh and Native Tissue Approaches in 110,329 Women.** *The Journal of urology*
Dallas, K. B., Rogo-Gupta, L., Elliott, C. S.
2018
- **Where do Women go for Revision Surgeries? Geographic Migration Patterns after Urethral Sling Placement in California** *UROLOGY PRACTICE*
Dallas, K. B., Rogo-Gupta, L., Elliott, C. S.
2018; 5 (2): 93–100
- **Where do Women go for Revision Surgeries? Geographic Migration Patterns after Urethral Sling Placement in California.** *Urology practice*
Dallas, K. B., Rogo-Gupta, L., Elliott, C. S.
2018; 5 (2): 93-100
- **Physician Gender Is Associated with Press Ganey Patient Satisfaction Scores in Outpatient Gynecology.** *Women's health issues : official publication of the Jacobs Institute of Women's Health*
Rogo-Gupta, L. J., Haunschild, C., Altamirano, J., Maldonado, Y. A., Fassiotto, M.
2018; 28 (3): 281-285
- **CONCOMITANT HYSTERECTOMY LOWERS THE RATE OF RECURRENT PROLAPSE SURGERY FOR ALL COMPARTMENTS IN A COHORT OF OVER 100,000 WOMEN**
Enemchukwu, E., Dallas, K., Syan, R., Sohlberg, E., Elliott, C., Rogo-Gupta, L.
WILEY.2018: S556
- **THE PREVALENCE OF PELVIC FLOOR DISORDERS IN ACTIVE DUTY FEMALE SOLDIERS: DATA FROM THE STANFORD MILITARY DATA REPOSITORY**
Rogo-Gupta, L., Nelson, D., Young-Lin, N., Shaw, J., Kurina, L.
WILEY.2018: S567–S568
- **IS PROPHYLACTIC STRESS INCONTINENCE SURGERY NECESSARY AT THE TIME OF PELVIC ORGAN PROLAPSE REPAIR? - RATES OF FUTURE SURGERY IN A LARGE POPULATION BASED COHORT IN CALIFORNIA**

- Syan, R., Dallas, K., Sohlberg, E., Rogo-Gupta, L., Elliott, C., Enemchukwu, E.
WILEY.2018: S567
- **Physician Gender Is Associated with Press Ganey Patient Satisfaction Scores in Outpatient Gynecology** *Women's Health Issues*
Rogo-Gupta, L. J., Haunschild, C., Altamirano, J., Maldonado, Y., Fassiotto, M.
2018: 281–85
 - **Racial and Socioeconomic Disparities in Short-term Urethral Sling Surgical Outcomes** *UROLOGY*
Dallas, K. B., Sohlberg, E. M., Elliott, C. S., Rogo-Gupta, L., Enemchukwu, E.
2017; 110: 70–75
 - **Sex Differences in Patient Satisfaction With Outpatient Obstetrics/Gynecology Care**
Haunschild, C., Altamirano, J., Fassiotto, M., Rogo-Gupta, L.
LIPPINCOTT WILLIAMS & WILKINS.2017: 75S
 - **Impact of Distance to Treatment Center on Care Seeking for Pelvic Floor Disorders.** *Female pelvic medicine and reconstructive surgery*
English, E., Rogo-Gupta, L.
2017
 - **Unplanned Hospital Visits in the First 30 Days After Urethral Sling Procedures.** *Urology*
Dallas, K. B., Rogo-Gupta, L., Elliott, C. S.
2017
 - **Assessing the use of the IUGA/ICS classification system for prosthesis/graft complications in publications from 2011 to 2015** *INTERNATIONAL UROGYNECOLOGY JOURNAL*
English, E., Solomon, M., Chen, B., Rogo-Gupta, L.
2016; 27 (12): 1905-1911
 - **When and how to excise vaginal mesh** *CURRENT OPINION IN OBSTETRICS & GYNECOLOGY*
Rogo-Gupta, L., Castellanos, M.
2016; 28 (4): 311-315
 - **Glomus Tumor Excision With Clitoral Preservation.** *Journal of lower genital tract disease*
Suharwardy, S., Mahal, A. S., Wiskopf, K., Rogo-Gupta, L.
2016; 20 (2): e20-1
 - **Symptom Improvement After Prolapse and Incontinence Graft Removal in a Case Series of 306 Patients** *FEMALE PELVIC MEDICINE AND RECONSTRUCTIVE SURGERY*
Rogo-Gupta, L., Grisales, T., Huynh, L., Rodriguez, L. V., Raz, S.
2015; 21 (6): 319-324
 - **Challenges in the Treatment of Overactive Bladder in the Octogenarian Female** *CURRENT BLADDER DYSFUNCTION REPORTS*
Rogo-Gupta, L.
2015; 10 (1): 14–19
 - **Long-term symptom improvement and overall satisfaction after prolapse and incontinence graft removal.** *Female pelvic medicine and reconstructive surgery*
Rogo-Gupta, L., Huynh, L., Hartshorn, T. G., Rodríguez, L. V., Raz, S.
2013; 19 (6): 352-355
 - **Current trends in surgical repair of pelvic organ prolapse** *CURRENT OPINION IN OBSTETRICS & GYNECOLOGY*
Rogo-Gupta, L.
2013; 25 (5): 395-398
 - **Trends in the Surgical Management of Stress Urinary Incontinence Among Female Medicare Beneficiaries, 2002-2007** *UROLOGY*
Rogo-Gupta, L., Litwin, M. S., Saigal, C. S., Anger, J. T.
2013; 82 (1): 38-42
 - **How Dry is "OAB-Dry"? Perspectives from Patients and Physician Experts** *JOURNAL OF UROLOGY*
Anger, J. T., Le, T. X., Nissim, H. A., Rogo-Gupta, L., Rashid, R., Behniwal, A., Smith, A. L., Litwin, M. S., Rodriguez, L. V., Wein, A. J., Maliski, S. L.
2012; 188 (5): 1811-1815

- **Long-Term Durability of the Distal Urethral Polypropylene Sling for the Treatment of Stress Urinary Incontinence: Minimum 11-Year Followup** *JOURNAL OF UROLOGY*
Rogo-Gupta, L., Baxter, Z. C., Ngoc-Bich Le, N. B., Raz, S., Rodriguez, L. V.
2012; 188 (5): 1822-1827
- **Trends in Surgical Mesh Use for Pelvic Organ Prolapse From 2000 to 2010** *OBSTETRICS AND GYNECOLOGY*
Rogo-Gupta, L., Rodriguez, L. V., Litwin, M. S., Herzog, T. J., Neugut, A. I., Lu, Y., Raz, S., Hershman, D. L., Wright, J. D.
2012; 120 (5): 1105-1115
- **Foreign body in the bladder 11 years after intravaginal pessary** *INTERNATIONAL UROGYNECOLOGY JOURNAL*
Rogo-Gupta, L., Le, N., Raz, S.
2012; 23 (9): 1311-1313
- **Surgical options for apical prolapse repair.** *Women's health (London, England)*
Le, N., Rogo-Gupta, L., Raz, S.
2012; 8 (5): 557-566
- **Missed diagnosis of complete urethral transection after sling: the case for translabial ultrasound.** *Female pelvic medicine and reconstructive surgery*
Rogo-Gupta, L., Le, N., Raz, S.
2012; 18 (1): 60-62
- **The Effect of Surgeon Volume on Outcomes and Resource Use for Vaginal Hysterectomy** *OBSTETRICS AND GYNECOLOGY*
Rogo-Gupta, L. J., Lewin, S. N., Kim, J. H., Burke, W. M., Sun, X., Herzog, T. J., Wright, J. D.
2010; 116 (6): 1341-1347

PRESENTATIONS

- Women's Health: The Pelvic Health Perspective - Women and Sex Differences in Medicine 8th Annual Women's Health Forum (May 9, 2018)