




Fernando S. Mendoza

Associate Dean of Minority Advising and Programs and Professor of Pediatrics (General Pediatrics) at the Lucile Salter Packard Children's Hospital

Pediatrics - General Pediatrics

 NIH Biosketch available Online

CLINICAL OFFICES

- **Gardner Packard Childrens Health Center**

3351 El Camino Real Ste 100

Atherton, CA 94027

Tel (650) 362-2500

Fax (650) 362-2584

ACADEMIC CONTACT INFORMATION

- **Alternate Contact**

Michael Langley - Administrative Assistant

Email mlangley@stanford.edu

Tel 6507258292

Bio

CLINICAL FOCUS

- Minority and Immigrant Child Health
- Health Disparities
- Pediatrics
- Health Workforce Diversity

ACADEMIC APPOINTMENTS

- Professor - Med Center Line, Pediatrics - General Pediatrics
- Member, Child Health Research Institute

ADMINISTRATIVE APPOINTMENTS

- Associate Dean of Minority Advising and Programs, Office of Student Affairs, (1983- present)
- Chief, Division of General Pediatrics, Department of Pediatrics, (1996-2014)

HONORS AND AWARDS

- Dr. Phil DeChavez LMSA National Mentor of the Year Award, The National Latino Medical Student Association (2016)
- Medical Staff Distinguish Service Award, Stanford Children's Health Lucile Packard Children's Hospital Stanford (April 2015)
- The Augustus A. White III and Family Faculty Professionalism Award, Stanford University, School of Medicine (June 2015)
- Leonard P. Rome CATCH Visiting Professor, Children's National Medical Center (April 2014)
- JE Wallace Sterling "Muleshoe" Lifetime Alumni Achievement Award, Stanford University Medical Center Alumni Association (May 2012)
- President's Award for Excellence through Diversity, Stanford University (June 2012)
- CDC's Health Equity Champion, CDC (2012)
- Who's Who Worldwide, Who's Who (2012-2013)
- Visiting Diversity Professor, Harvard Medical School (October 2009)
- The Gardner Community Spirit Award, Gardner Family Health Services (September 2008)

- 100 Most Influential Latinos in Silicon Valley, Mexican American Community Service Agency (June 2007)
- GSA-MAS Service Award, Association of American Medical Colleges (November 2005)
- Dr. Fernando S. Mendoza Award, awarded by LSMA, SNMA, SAIMS (May 2005)
- Juan Villagomez Humanitarian Award, California Latino Medical Association (September 2004)
- 100 Most Influential Hispanics in the United States, Hispanic Business Magazine (2002)
- Hispanic Profile of Excellence, KGO Channel 7, (ABC Affiliate in San Francisco (October 2002)
- Leadership Award, National Hispanic Medical Association (March 20, 2004)
- Top Doctors in Silicon Valley, San Jose Magazine (1999 to 2007)
- Henry J. Kaiser Award for Outstanding and Innovation Contribution in Medical Education,, Stanford University School of Medicine (June 1990)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, Committee on the Health and Adjustment of Immigrant Children and Families, Institute of Medicine (1996 - 1998)
- Co-chair, American Pediatric Society, Diversity and Inclusion Committee (2011 - 2016)
- Member, National Institutes of Health, Human Development and Aging Study Section (1993 - 1997)
- Executive Board Member, Hispanic Serving Health Professions School Inc. (1996 - 2012)
- Chair, California Health Interview Survey , Child Technical Advisory Committee, UCLA Center for Health Policy Research (1999 - 2016)
- Board Member, Stanford Medical Alumni Association (2004 - 2010)
- Board Member, Pan American Health Education Foundation (2006 - 2012)
- Co-chair, Federation of Pediatric Organization's Working Group on Diversity and Inclusion (2012 - 2014)
- Council Member, National Advisory Council, NIMHD (2016 - present)

PROFESSIONAL EDUCATION

- Fellowship: Stanford University School of Medicine Registrar (1981) CA
- Residency: Stanford University School of Medicine Registrar (1978) CA
- Board Certification: Pediatrics, American Board of Pediatrics (1980)
- Internship: Stanford University School of Medicine (1976) CA
- Medical Education: Stanford University School of Medicine (1975) CA
- M.P.H., Harvard University , Maternal and Child Health (1979)
- B.A., San Jose State College , Biochemistry (1971)

COMMUNITY AND INTERNATIONAL WORK

- Gardner Packard Children's Health Center, Palo Alto
- Co-Chair Children's Agenda, Santa Clara County
- Ravenswood Family Health Center, East Palo Alto

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

I have two research interests: childhood health disparities and workforce diversity. My research on childhood health disparities centers on Latino and immigrant children with a focus on early childhood health and development. My work in workforce diversity examines the pipeline for diversity in academic pediatrics, with special attention on the pipeline for underrepresented minorities.

Children in immigrant families (CIF) represented that fastest growing child population, representing 75% of the growth of the US child population over the past two decades. CIF will become 1 out of every 3 children in the US, thus making the health and development issues of this population of children important for the future of the US. We have an interest in exploring the early health and development of this group of children, and the patterns of parenting that may affect their outcomes. Using the California Health Interview Survey, we have examined the frequency of early book-sharing parental behaviors among immigrant parents, and the prevalence of chronic disease and health care utilization among their children.

Workforce diversity has been a goal of a number of organizations, and is an important aspect of preparing academic pediatrics to address the health needs of children resulting from the shifting demographics of US children. Working with national organizations, assessments of academic pediatrics diversity shows improved diversity in gender and ethnic/racial, but still low number of underrepresented minorities in academic pediatrics, particularly in leadership positions. Further exploring the process by which diversity can be improved is currently under way.

Teaching

COURSES

2017-18

- Best Practices for Bridging Disparities: PEDS 260 (Aut)

2016-17

- Best Practices for Bridging Disparities: PEDS 260 (Aut)

2015-16

- Clinical Excellence and Best Practice in Delivering Health Care to Diverse Populations: PEDS 260 (Aut)

2014-15

- Well-Being in Immigrant Children & Youth: A Service Learning Course: CHILATST 177B, CSRE 177F, EDUC 177B (Win)

Publications

PUBLICATIONS

- **Protecting unauthorized immigrant mothers improves their children's mental health** *Science*
Hainmueller, J., Lawrence, D., Martén, L., Black, B., Figueroa, L., Hotard, M., Jiménez, T., Mendoza, F., Rodriguez, M., Swartz, J., Laitin, D.
2017; eaan5893
- **The Hispanic Clinic for Pediatric Surgery: A model to improve parent-provider communication for Hispanic pediatric surgery patients** *JOURNAL OF PEDIATRIC SURGERY*
Jaramillo, J., Snyder, E., Dunlap, J. L., Wright, R., Mendoza, F., Bruzoni, M.
2016; 51 (4): 670-674
- **Caring for Children in Immigrant Families: Vulnerabilities, Resilience, and Opportunities** *PEDIATRIC CLINICS OF NORTH AMERICA*
Linton, J. M., Choi, R., Mendoza, F.
2016; 63 (1): 115-?
- **Children in Immigrant Families: The Foundation for America's Future.** *Advances in pediatrics*
Javier, J. R., Festa, N., Florendo, E., Mendoza, F. S.
2015; 62 (1): 105-136
- **Diversity and inclusion training in pediatric departments.** *Pediatrics*
Mendoza, F. S., Walker, L. R., Stoll, B. J., Fuentes-Afflick, E., St Geme, J. W., Cheng, T. L., Gonzalez del Rey, J. A., Harris, C. E., Rimsza, M. E., Li, J., Sectish, T. C.
2015; 135 (4): 707-713
- **Disparities in early exposure to book sharing within immigrant families.** *Pediatrics*

- Festa, N., Loftus, P. D., Cullen, M. R., Mendoza, F. S.
2014; 134 (1): e162-8
- **Reframing the disparities agenda: a time to rethink, a time to focus.** *Academic pediatrics*
Horn, I. B., Mendoza, F. S.
2014; 14 (2): 115-116
 - **New American children: supporting the health and well-being of immigrant populations.** *JAMA pediatrics*
Mendoza, F. S., Festa, N. K.
2013; 167 (1): 12-13
 - **Health disparities and children in immigrant families: a research agenda.** *Pediatrics*
Mendoza, F. S.
2009; 124: S187-95
 - **The relationship of immigrant status with access, utilization, and health status for children with asthma** *AMBULATORY PEDIATRICS*
Javier, J. R., Wise, P. H., Mendoza, F. S.
2007; 7 (6): 421-430
 - **Families as Partners in Hospital Error and Adverse Event Surveillance.** *JAMA pediatrics*
Khan, A., Coffey, M., Litterer, K. P., Baird, J. D., Furtak, S. L., Garcia, B. M., Ashland, M. A., Calaman, S., Kuzma, N. C., O'Toole, J. K., Patel, A., Rosenbluth, G., Destino, et al
2017
 - **Hot topics, urgent priorities, and ensuring success for racial/ethnic minority young investigators in academic pediatrics** *INTERNATIONAL JOURNAL FOR EQUITY IN HEALTH*
Flores, G., Mendoza, F. S., Fuentes-Afflick, E., Mendoza, J. A., Pachter, L., Espinoza, J., Fernandez, C. R., Arnold, D. D., Brown, N. M., Gonzalez, K. M., Lopez, C., Owen, M. C., Parks, et al
2016; 15
 - **Training Health Care Professionals for 21st-Century Practice: A Systematic Review of Educational Interventions on Chronic Care** *ACADEMIC MEDICINE*
Bogetz, J. F., Rassbach, C. E., Bereknyei, S., Mendoza, F. S., Sanders, L. M., Braddock, C. H.
2015; 90 (11): 1561-1572
 - **The effects of language concordant care on patient satisfaction and clinical understanding for Hispanic pediatric surgery patients.** *Journal of pediatric surgery*
Dunlap, J. L., Jaramillo, J. D., Koppolu, R., Wright, R., Mendoza, F., Bruzoni, M.
2015; 50 (9): 1586-1589
 - **Blueprint for Action: Visioning Summit on the Future of the Workforce in Pediatrics.** *Pediatrics*
Sectish, T. C., Hay, W. W., Mahan, J. D., Mendoza, F. S., Spector, N. D., Stanton, B., Szilagyi, P. G., Turner, T. L., Walker, L. R., Slaw, K.
2015; 136 (1): 161-169
 - **Outcomes of a Randomized Controlled Educational Intervention to Train Pediatric Residents on Caring for Children With Special Health Care Needs** *CLINICAL PEDIATRICS*
Bogetz, J. F., Gabhart, J. M., Rassbach, C. E., Sanders, L. M., Mendoza, F. S., Bergman, D. A., Blankenburg, R. L.
2015; 54 (7): 659-666
 - **The Effects of Language Concordant Care on Patient Satisfaction and Clinical Understanding for Hispanic Pediatric Surgery Patients**
Dunlap, J. L., Jaramillo, J. D., Koppolu, R., Wright, R. C., Mendoza, F. S., Bruzoni, M.
ELSEVIER SCIENCE INC.2014: S106
 - **Parental limited English proficiency and health outcomes for children with special health care needs: a systematic review.** *Academic pediatrics*
Eneriz-Wiemer, M., Sanders, L. M., Barr, D. A., Mendoza, F. S.
2014; 14 (2): 128-136
 - **Resident Cross-Cultural Training, Satisfaction, and Preparedness** *ACADEMIC PEDIATRICS*
Frintner, M. P., Mendoza, F. S., Dreyer, B. P., Cull, W. L., Laraque, D.
2013; 13 (1): 65-71

- **Children with Special Health Care Needs: How Immigrant Status is Related to Health Care Access, Health Care Utilization, and Health Status** *MATERNAL AND CHILD HEALTH JOURNAL*
Javier, J. R., Huffman, L. C., Mendoza, F. S., Wise, P. H.
2010; 14 (4): 567-579
- **Lessons learned from a community-academic partnership addressing adolescent pregnancy prevention in Filipino American families.** *Progress in community health partnerships : research, education, and action*
Javier, J. R., Chamberlain, L. J., Rivera, K. K., Gonzalez, S. E., Mendoza, F. S., Huffman, L. C.
2010; 4 (4): 305-313
- **Filipino child health in the United States: do health and health care disparities exist?** *Preventing chronic disease*
Javier, J. R., Huffman, L. C., Mendoza, F. S.
2007; 4 (2): A36-?
- **Preventing Obesity in Mexican-American Children and Adolescents. In Joint U.S.-Mexico Workshop on Preventing Obesity in Children and Youth of Mexican Origin** *Institute of Medicine of the National Academies. The National Academies Press, Washington, D.C.,*
Trowbridge, R., Mendoza, F
2007: 128-186
- **Health of Children in Immigrant Families** *In Lansford, JE, Deater-Deckard, K, and Bornsten, MH, (eds) Immigrant Families in Contemporary Society. Guilford Press*
Mendoza, F., Javier, JR., Burgos, AE
2007
- **Filipino American families and intergenerational communication about sex.** *Ambulatory pediatrics*
Javier, J. R., Chamberlain, L., Huffman, L., Mendoza, F.
2006; 6 (2): 120-?
- **Importance of generational status in examining access to and utilization of health care services by Mexican American children** *PEDIATRICS*
Burgos, A. E., Schetzina, K. E., Dixon, L. B., Mendoza, F. S.
2005; 115 (3): E322-E330
- **Associations among familism, language preference, and education in Mexican-American mothers and their children** *JOURNAL OF DEVELOPMENTAL AND BEHAVIORAL PEDIATRICS*
Romero, A. J., Robinson, T. N., Haydel, K. F., Mendoza, F., Killen, J. D.
2004; 25 (1): 34-40
- **Use of the pediatric symptom checklist in a low-income, Mexican American population** *ARCHIVES OF PEDIATRICS & ADOLESCENT MEDICINE*
Jutte, D. P., Burgos, A., Mendoza, F., Ford, C. B., Huffman, L. C.
2003; 157 (12): 1169-1176
- **Effects of a videotape to increase use of poison control centers by low-income and Spanish-speaking families: a randomized controlled trial.** *Pediatrics*
Kelly NR, Huffman LC, Mendoza FS, Robinson TN
2003; 111 (1): 21-26
- **Socioeconomic and Cultural Issues in Pediatrics** *In Daniel Bernstein and Steven Shelov (eds), Pediatrics for Medical Students, 2nd Edition. Baltimore, MD: Williams and Wilkins*
Mendoza, F.
2003: 112-120
- **The health of Latino children - Urgent priorities, unanswered questions, and a research agenda** *JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION*
Flores, G., Fuentes-Afflick, E., Barbot, O., Carter-Pokras, O., Claudio, L., Lara, M., McLaurin, J. A., Pachter, L., Gomez, F. R., Mendoza, F., Valdez, R. B., Villarruel, A. M., Zambrana, et al
2002; 288 (1): 82-90
- **?Dolor Aqui? ?Fiebre? A little knowledge requires caution** *ARCHIVES OF PEDIATRICS & ADOLESCENT MEDICINE*
Flores, G., Mendoza, F. S.
2002; 156 (7): 638-640
- **Why ethnicity and race are so important in child health services research today** *ARCHIVES OF PEDIATRICS & ADOLESCENT MEDICINE*

Flores, G., Fuentes-Afflick, E., Carter-Pokras, O., Claudio, L., Lamberty, G., Lara, M., Pachter, L., Gomez, F. R., Mendoza, F., Valdez, R. B., Zambrana, R. E., Greenberg, R., Weltzman, et al
2001; 155 (10): 1178-1179

- **A book a day keeps the doctor away: A look at the implementation and effects of reach out and read, a pediatric clinic-based early literacy promotion program** *Resources in Education*
Orr JE, Baker S, Shirling E, Sanders L, Huffman LC, Mendoza FS
2001
- **Are perceived neighborhood hazards a barrier to physical activity in children?** *Archives of Pediatrics and Adolescent Medicine*
Romero AJ, Robinson TN, Kraemer HC, Erickson SJ, Haydel KF, Mendoza FS, Killen J
2001; 155: 1143-1148
- **Prescribing books for immigrant children - A pilot study to promote emergent literacy among the children of Hispanic immigrants** *ARCHIVES OF PEDIATRICS & ADOLESCENT MEDICINE*
Sanders, L. M., Gershon, T. D., Huffman, L. C., Mendoza, F. S.
2000; 154 (8): 771-777
- **Health Risk Profiles and Race, Culture, and Socioeconomic Status** *31st Ross Roundtable, Child Health in the Multicultural Environment*
Mendoza FS
2000: 5-26
- **Nutritional Status of Immigrant Children** *In Children in Immigrant Families: Issues for California's Future. California Policy Research Center, California Program on Access to Care and the UCLA Center for Health Policy Research*
Mendoza FS
2000: 11-12
- **The Health and Nutritional Status of Immigrant Hispanic Children: Analyses of the Hispanic Health and Nutrition Examination Survey** *In D Hernandez (ed) Children of Immigrants. Washington, D.C.: National Academy Press*
Mendoza FS, Dixon LB
1999
- **Latino Children's Health and the Family-Community Health Profmotion Model.** *Western Journal of Medicine*
Mendoza, F., Fuentes-Afflick, E
1999; 170 (2): 85-92
- **From Generation to Generation: The Health and Well-Being of Children in Immigrant Families** *Board on Children, Youth, and Families, National Research Council, Institute of Medicine, National Academy Press*
Committee member and Contributor
1998
- **Health Issues of Immigrant Children of Color** *In H. Fitzgerald, B. Lester, and B. Zuckerman (ed), Children of Color, Research, Health, and Policy Issues. Garland Publishing, Inc. New York and London*
Mendoza FS, Rosales N
1997: 141-158
- **My Obligation to Others: A Tradition Carried Forward** *In Ellen Bassuk (ed.), The Doctor Activist: Physician Fighting For Social Change. New York, New York: Plenum Publication Corporation*
Mendoza FS
1996
- **Socioeconomic, Cultural, and Ethical Issues in Pediatrics.** *In Daniel Bernstein and Steven Shelov (eds), Pediatrics for Medical Students. Baltimore, MD: Williams and Wilkins*
Mendoza FS
1996: 99-105
- **Our Nation's Challenge, Vaccinating Latino Children; Can We Do It?** *Medico InterAmericano*
Mendoza FS, Villarreal S
1996; 15 (1): 7-8
- **Stanford Medical School's Minority Faculty Development and the Center of Excellence** *In L. Bergeisen (ed) Minority Faculty in the Health Professions For the 21st Century. Selected Proceedings, Leesburg, Virginia, September 6-8,*

Mendoza FS
1995

- **The health of Latino children in the United States.** *Current Problems in Pediatrics*
Mendoza FS
1995; Nov-Dec: 314-335
- **Physical Growth, Sexual Maturation, and Obesity in Puerto Rican Children** In Cynthia Garcia Cole and Gontran Lamberty (eds.), *Health and Development of Puerto Rican Mothers and Children in the Mainland*, New York, New York: Plenum Publication Corporation
Martorell R, Mendoza F, Baisden K, Pawson I
1994
- **Measures of Health Status and Health Care Access for Mainland Puerto Rican Children: Results from the Hispanic Health and Nutrition Examination Survey.** In C.G. Cole and G. Lamberty (eds.), *Health and Development of Puerto Rican Mothers and Children in the Mainland*
Mendoza F., Takata G.
1994
- **HEALTH-STATUS AND HEALTH-CARE ACCESS FOR MAINLAND PUERTO-RICAN CHILDREN - RESULTS FROM THE HISPANIC HEALTH AND NUTRITION EXAMINATION SURVEY** *Conference on Puerto Rican Women and Children: Issues in Health, Growth, and Development*
Mendoza, F. S., Takata, G. S., Martorell, R.
PLENUM PRESS DIV PLENUM PUBLISHING CORP.1994: 211-227
- **PHYSICAL GROWTH, SEXUAL-MATURATION, AND OBESITY IN PUERTO-RICAN CHILDREN** *Conference on Puerto Rican Women and Children: Issues in Health, Growth, and Development*
Martorell, R., Mendoza, F. S., BAISDEN, K., Pawson, I. G.
PLENUM PRESS DIV PLENUM PUBLISHING CORP.1994: 119-135
- **Latino child health policy issues** *The Future of Children. Center for the Future of Children, The David and Lucile Packard Foundation*
Mendoza FS
1994; 4 (3): 43-72
- **Health Status of U.S. Hispanic Children** In Antonio Furino (ed.), *Health Policy and the Hispanic*, Boulder, Colorado: Westview Press
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1992
- **THE ESTIMATED COST OF TREATING UNMET DENTAL RESTORATIVE NEEDS OF MEXICAN-AMERICAN CHILDREN FROM SOUTHWESTERN UNITED-STATES-HHANES, 1982-83** *JOURNAL OF PUBLIC HEALTH DENTISTRY*
Pollick, H. F., Pawson, I. G., Martorell, R., Mendoza, F. S.
1991; 51 (4): 195-204
- **PREVALENCE OF OVERWEIGHT AND OBESITY IN UNITED-STATES HISPANIC POPULATIONS** *CONF ON OBESITY AND CARDIOVASCULAR DISEASE IN MINORITY POPULATIONS*
Pawson, I. G., Martorell, R., MENDOZA, F. E.
AMER SOC CLIN NUTRITION INC.1991: S1522-S1528
- **STATISTICAL CONSIDERATIONS IN THE ANALYSIS OF GROWTH DATA FROM HHANES** *AMERICAN JOURNAL OF CLINICAL NUTRITION*
Martorell, R.
1991; 53 (4): 978-980
- **SELECTED MEASURES OF HEALTH-STATUS FOR MEXICAN-AMERICAN, MAINLAND PUERTO-RICAN, AND CUBAN-AMERICAN CHILDREN** *JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION*
Mendoza, F. S., Ventura, S. J., Valdez, R. B., Castillo, R. O., SALDIVAR, L. E., BAISDEN, K., Martorell, R.
1991; 265 (2): 227-232
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Pawson IG, Martorell R, Mendoza FS
1991; 53: 1522S-1528S
- **An evaluation of four food group intakes by Mexican-American children** *The Journal of the American Dietetic Association*
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1990; 90 (3): 388-393

- **IRON (FE) STATUS OF UNITED-STATES HISPANIC CHILDREN**
Castillo, R. O., Garcia, M., Pawson, I. G., BAISDEN, K., Martorell, R., Mendoza, F. S.
SLACK INC.1990: A189–A189
- **BLOOD-PRESSURE IN HISPANIC CHILDREN**
SALDIVAR, L. E., Mendoza, F. S., Martorell, R., Pawson, I. G., Castillo, R. O.
SLACK INC.1990: A214–A214
- **HEALTH-CARE ACCESS PROBLEMS OF MEXICAN-AMERICAN CHILDREN**
Takata, G. S., Mendoza, F. S., Martorell, R., Castillo, R. O.
SLACK INC.1990: A179–A179
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- **Sexual maturation in Mexican-American adolescents** *American Journal of Human Biology*
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1989; 1: 87-95
- **Fatness and fat distribution in Mexican American children and youths from the Hispanic Health and Nutrition Examination Survey** *American Journal of Human Biology*
Kaplowitz H, Martorell R, Mendoza FS.
1989; 1: 631-648
- **Which Side to Measure: Right or Left?** *In TG Lohman, AF Roche, and R. Martorell (eds.), Anthropometry Standardization Reference Manual* Champaign, Illinois: Human Kinetics Publishers, Inc.
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- **Poverty and Stature in Children** *In John C. Waterlow (ed.), Linear Growth Retardation in Less Developed Countries, Nestle Nutrition Workshop Series.* New York: Vavay/Raven Press.
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- **MINORITY ADMISSIONS - QUO-VADIS** *JOURNAL OF MEDICAL EDUCATION*
Prieto, D. O., Mendoza, N. S.
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- **CHRONIC MEDICAL CONDITIONS AND PERCEIVED HEALTH-STATUS AMONG MEXICAN-AMERICAN CHILDREN**
Mendoza, F. S., SALDIVAR, L. E., VALDEZ, R. O., Castillo, R. O., Martorell, R., Baisden, C.
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- **IRON STATUS OF MEXICAN-AMERICAN CHILDREN - THE HISPANIC HANES**
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FEDERATION AMER SOC EXP BIOL.1987: 876–76
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● **INCREASING MINORITIES IN ACADEMIA - THE FACULTY ROLE-MODEL** *JOURNAL OF MEDICAL EDUCATION*

Mendoza, F. S.
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● **THE SHORT AND PLUMP SYNDROME OF MEXICAN-AMERICAN CHILDREN**

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● **GROWTH STATUS OF MEXICAN-AMERICAN CHILDREN AND YOUTHS - HISTORICAL TRENDS AND CONTEMPORARY-ISSUES** *YEARBOOK OF PHYSICAL ANTHROPOLOGY*

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