

Stanford



Shashank V. Joshi, MD

Professor (Teaching) of Psychiatry and Behavioral Sciences (Child and Adolescent Psychiatry and Child Development) and, by courtesy of Pediatrics at the Stanford University Medical Center and, of Education

Psychiatry and Behavioral Sciences - Child and Adolescent Psychiatry

CLINICAL OFFICES

- **Child and Adolescent Psychiatry Clinic**

401 Quarry Rd

MC 5719

Stanford, CA 94305

Tel (650) 723-5511

Fax (650) 724-7389

ACADEMIC CONTACT INFORMATION

- **Alternate Contact**

Ola Golovinsky - Coordinator of Training Programs

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Bio

CLINICAL FOCUS

- School Mental Health
- Child and Adolescent Psychiatry
- Cultural aspects of pediatric health
- Wellbeing Promotion in Youth and Young Adults
- Therapeutic Alliance in Pediatric Health
- Faculty development in Postgraduate Medical Education

ACADEMIC APPOINTMENTS

- Professor (Teaching), Psychiatry and Behavioral Sciences - Child and Adolescent Psychiatry
- Professor (Teaching) (By courtesy), Pediatrics - Operations
- Professor (Teaching) (By courtesy), Graduate School of Education
- Member, Maternal & Child Health Research Institute (MCHRI)

ADMINISTRATIVE APPOINTMENTS

- Organizational Liaison, Executive Council on School Health, American Academy of Pediatrics, (2017- present)
- IntroSem Advisory Board, Stanford University, (2016- present)
- Faculty Research Fellow, Center for Comparative Studies in Race and Ethnicity (CCSRE), Stanford University, (2016-2017)
- Co-chair, Workgroup on Consultation and Feedback, American Association of Directors of Psychiatric Residency Training (AADPRT), (2016-2019)
- Councilor-at-Large, American Academy of Child & Adolescent Psychiatry (AACAP), (2015-2018)
- Chair, Child & Adolescent Psychiatry Caucus, American Association of Directors of Psychiatric Residency Training (AADPRT), (2013-2016)
- Associate Chair: Education Leadership & Integration Committee, Stanford Department of Psychiatry & Behavioral Sciences, (2013-2015)
- Affiliate Faculty, Center for Comparative Studies in Race and Ethnicity (CCSRE), (2013- present)

- Co-chair, Schools Committee, American Academy of Child & Adolescent Psychiatry (AACAP), (2012- present)
- Director of Training, Division of Child & Adolescent Psychiatry, (2003- present)
- Director of School Mental Health Services, Division of Child & Adolescent Psychiatry, and Lucile Packard Children's Hospital, (2000- present)

HONORS AND AWARDS

- The Roberts Award for Inspirational Mentorship in Academic Psychiatry, The Association for Academic Psychiatry (2018)
- The Award for Excellence as a Career Role Model, Graduating Fellows 2018; Div of Child & Adolescent Psychiatry; Stanford Univ School of Medicine (2018)
- The Tall Tree Award, for Exceptional Civic Contributions and Service to the Community, The City of Palo Alto Chamber of Commerce (2018)
- The Nancy C.A. Roeske Award for Excellence in Teaching Medical Students, American Psychiatric Association (2017)
- The Sidney Berman Award for the School-based Study of Learning Disorders and Mental Illness, American Academy of Child & Adolescent Psychiatry (2016)
- Distinguished Fellow, American Academy of Child & Adolescent Psychiatry (2015)
- The Irma Bland Award for Excellence in Teaching Residents and Fellows, American Psychiatric Association (2013-2014)
- The Award for Outstanding Seminar Series, Stanford School of Medicine, Division of Child & Adolescent Psychiatry (2014)
- Honorary Service Award (Suicide Prevention and Health Promotion), Palo Alto Unified School District PTA Council, and California State Assembly (2012)
- Member, American College of Psychiatrists (2012)
- The Mental Health Provider Hero Award, Santa Clara County Mental Health Board (2012)
- The Unsung Hero Award, Stanford University Department of Psychiatry and Behavioral Sciences (2012)
- Outstanding Faculty Award, San Mateo County Hospital General Psychiatry Training Program (2011, 2006)
- Award of Distinction for Inspired Mentorship, Committee on Medical Students and Residents, American Academy of Child & Adolescent Psychiatry (2011)
- Community Partnerships Award (with Project Safety Net), Stanford University (2011)
- Outstanding Mentor Award, American Academy of Child & Adolescent Psychiatry (2009)
- Teaching Scholar: Harvard-Macy Institute, American Academy of Child & Adolescent Psychiatry; Harvard Medical School (January 2007-May 2008)
- Award for Excellence in Teaching, Stanford University Division of Child & Adolescent Psychiatry (June 2005)
- Future Leaders in Psychiatry, Emory University (April 2004)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Panel Member, CA State Superintendent's Student Mental Health Policy Work Group (2012 - present)
- Co-Chair, Schools Committee, American Academy of Child & Adolescent Psychiatry (2012 - present)
- Co-Chair, Data Work Group, Santa Clara County Suicide Prevention Oversight Committee (2012 - present)
- Steering Committee, Project Safety Net, Palo Alto (2009 - present)
- Executive Committee, Health Care Alliance for Response to Adolescent Depression (HEARD) (2009 - present)

PROFESSIONAL EDUCATION

- Residency: Albert Einstein College of Medicine Office of the Registrar (1998) NY
- Residency: Albert Einstein College of Medicine Office of the Registrar (1995) NY
- Internship: Albert Einstein College of Medicine Office of the Registrar (1994) NY
- Medical Education: Baylor College of Medicine Registrar (1993) TX
- Board Certification: Child and Adolescent Psychiatry, American Board of Psychiatry and Neurology (2002)
- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2001)
- Bachelor of Science, University of Texas @ Austin , Psychology (1988)

COMMUNITY AND INTERNATIONAL WORK

- Student Mental Health Policy Workgroup, Sacramento
- Suicide Prevention Oversight Committee, Santa Clara County
- Cognitive Behavioral Intervention for Trauma in Schools (CBITS) in SFUSD, San Francisco Unified School District
- HEARD Alliance (Healthcare Alliance Response to Adolescent Depression)
- Project Safety Net
- School Mental Health Consultation Service, Palo Alto, East Palo Alto, Mountain View, Los Altos, San Jose, San Francisco

LINKS

- Child & Adolescent Psychiatry Training Program Website: <http://childpsychiatry.stanford.edu/training/fellowships.html>
- Stoked Lab: <http://med.stanford.edu/psychiatry/education/stokedlab.html>

Research & Scholarship

RESEARCH INTERESTS

- Child Development
- Parents and family issues
- Social and Emotional Learning

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Dr. Joshi's teaching and research focuses on increasing knowledge and enhancing effectiveness of school mental health, pediatric psychotherapy and medication interventions. Areas of study include: the therapeutic alliance in medical care, structured psychotherapy interventions in school settings, cultural issues in pediatrics, and faculty development in graduate medical education.

Teaching

COURSES

2019-20

- Developmental Psychopathology, Psychotherapy and Psychopharmacology: PSYC 211 (Aut)
- Stanford Klingenstein Fellowship Program: PSYC 225 (Aut, Win, Spr)
- The Psychology of Stoked: PSYC 60N (Win)

2018-19

- Developmental Psychopathology, Psychotherapy and Psychopharmacology: PSYC 211 (Aut)
- Stanford Klingenstein Fellowship Program: PSYC 225 (Aut, Win, Spr)
- The Psychology of Stoked: PSYC 60N (Win)

2017-18

- Developmental Psychopathology, Psychotherapy and Psychopharmacology: PSYC 211 (Aut)
- Stanford Klingenstein Fellowship Program: PSYC 225 (Aut, Win, Spr)
- The Psychology of Stoked: PSYC 60N (Win)

2016-17

- Stanford Klingenstein Fellowship Program: PSYC 225 (Aut, Win, Spr)
- The Psychology of Stoked: PSYC 60N (Win)

STANFORD ADVISEES

Med Scholar Project Advisor

Cara Lai

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Psychiatry and Behavioral Science (Fellowship Program)

Publications

PUBLICATIONS

- **Low-Resource Project-Based Interprofessional Development with Psychiatry Faculty.** *The Psychiatric clinics of North America*
Shoemaker, E. Z., Myint, M. T., Joshi, S. V., Hilty, D. M.
2019; 42 (3): 413–23
- **Teaching Well-Being: From Kindergarten to Child Psychiatry Fellowship Programs.** *Child and adolescent psychiatric clinics of North America*
Rettew, D. C., Satz, I., Joshi, S. V.
2019; 28 (2): 267–80
- **The Use of Technology by Youth: Implications for Psychiatric Educators** *ACADEMIC PSYCHIATRY*
Joshi, S. V., Stubbe, D., Li, S. T., Hilty, D. M.
2019; 43 (1): 101–9
- **Youth Depression in School Settings: Assessment, Interventions, and Prevention.** *Child and adolescent psychiatric clinics of North America*
Joshi, S. V., Jassim, N., Mani, N.
2019; 28 (3): 349–62
- **Guest Editors' Introduction to Special Issue on Advancing our Understanding of Suicide among Asian Americans** *Asian American Journal of Psychology*
Leong, F. T., Chu, J., Joshi, S. V.
2019; 9 (4): 247-251
- **Developmental approaches to professional development.** *Psychiatric Clinics of North America*
Teshima, J., Seritan, A., Joshi, S. V., Hilty, D.
2019; in press
- **Clinical Update for the Role of Child & Adolescent Psychiatrists in Schools**
Kataoka, S., Joshi, S. V., in press, A.
American Acad of Child & Adol Psychiatry. Wash DC.
2019
- **Summer support in SBHC's for students with mental health need needs** *AAP Council on School Health*
Joshi, S. V., Ladegard, K.
2019; in press
- **School-based Interventions for Pediatric Mood Disorders** *A Clinical Handbook for the Diagnosis and Treatment of Pediatric Onset Mood Disorders*
Joshi, S. V., Jassim, N.
edited by Singh, M. K.
American Psychiatric Association Press, Incorporated.2019; in press
- **Hidden Suicidal Ideation or Intent Among Asian American Pacific Islanders: A Cultural Phenomenon Associated With Greater Suicide Severity** *ASIAN AMERICAN JOURNAL OF PSYCHOLOGY*
Chu, J., Lin, M., Akutsu, P. D., Joshi, S. V., Yang, L. H.
2018; 9 (4): 262–69
- **Recognizing and Referring Children with Posttraumatic Stress Disorder: Guidelines for Pediatric Providers.** *Pediatrics in review*
Wilson, H. W., Joshi, S. V.
2018; 39 (2): 68–77

- **Mental health issues among 1st generation college students.** *College Student Mental Health*
Wang, R., Joshi, S. V.
edited by Roberts, L.
Springer.2018: 389–398

- **Cultural Child & Adolescent Psychiatry** *Lewis' Child & Adolescent Psychiatry*
Sholevar, P., Joshi, S. V.
edited by Martin, A., et al
Wolters Kluwer.2018; 5

- **After a Suicide: A Toolkit for Schools, 2nd ed.**
Joshi_Contributor, S. V.
Suicide Prevention Resource Center / AFSP. NYC.
2018

- **Maintaining the Therapeutic Alliance in Modern Pharmacology Practice**
Joshi, S. V.
American Society of Clinical Psychopharmacology (ASCPP). Brentwood TN.
2018 ; Model Psychopharmacology Curriculum, 8th edition. I. Glick (ed.) 501.1–501.22

- **Social media/networking as part of e-behavioral health and psychiatric education: competencies, teaching methods, and implications.** *J Technology in Behav Sci*
Hilty, D. M., Zalpuri, I., Snowdy, C. E., Shoemaker, E. Z., Joshi, S. V., Mint, M. T., Liu, H.
2018

- **K12 Mental Health Promotion and Suicide Prevention Toolkit**
Joshi, S. V., Ojakian, M., Lenoir, L., Lopez, J.
Heard Alliance / Student Mental Health Policy Workgroup, California Dept. of Education.
2017 300

- **Statement Regarding the National Resident Matching Program Child and Adolescent Psychiatry Match: A Call to Uphold the Gentlemen's Agreement** *ACADEMIC PSYCHIATRY*
Joshi, S. V., Stock, S., Adams, A., Gleason, M. M., Varley, C. K.
2016; 40 (3): 552-554

- **School-based Suicide Prevention: Content, Process, and the Role of Trusted Adults and Peers** *Child and Adolescent Psychiatric Clinics of North America*
Joshi, S. V., Hartley, S. N., Kessler, M., Barstead, M.
2015; 24 (2): 353-370

- **Shared Learning in Community-Academic Partnerships: Addressing the Needs of Schools** *Partnerships for Mental Health: Narratives of Community and Academic Collaboration*
Joshi, S. V., Ijadi-Maghssoodi, R., Merrell, S. E., Dunlap, P., Hartley, S. N., Kataoka, S.
Springer.2015: 163–178

- **Partnerships for Mental Health: Narratives of Community and Academic Collaboration**
edited by Roberts, L. W., Reicherter, D., Adelsheim, S., Joshi, S. V.
Springer.2015

- **Multicultural and Ethical Considerations in American Medicine** *Professionalism and Ethics in Medicine*
Joshi, S. V., Reicherter, D., Pumariega, A. J., Roberts, L. W.
Springer.2015; 1: 39–56

- **A Guide to Student Mental Health and Wellness in California**
Joshi_Contributor, S., et al
Minnesota Association for Children's Health. St. Paul, MN.
2014 90

- **Does Early Mentorship in Child and Adolescent Psychiatry Make Difference? The Klingenstein Third-Generation Foundation Medical Student Fellowship Program** *ACADEMIC PSYCHIATRY*

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- Stein, J. A., Althoff, R., Anders, T., Davison, Y., Edwards, S., Frosch, E., Horst, R., Hudziak, J. J., Hunt, J., Josh, S. V., Kitts, R. L., Larson, J., Leckman, et al
2013; 37 (5): 321-324
- **Ethical issues in child & adolescent psychiatry** *Focus: The Journal of Lifelong Learning in Psychiatry*
Goldsmith MD, Joshi SV
2012; X (3): 315-320
 - **Suicide Prevention Initiative, 2nd Annual Report.**
Ojakian, V., Joshi, S. V., et al
County of Santa Clara Behavioral Health Board. San Jose.
2012 24
 - **Culture and Development in Children and Youth** *Child & Adolescent Psychiatric Clinics of North America*
Pumariega AJ, Joshi SV
2010; 19 (4): 661-680
 - **Thinking About Prescribing: The Psychology of Psychopharmacology** *Pediatric Psychopharmacology: Principles and Practice*
Pruett, K., Joshi, S. V., Martin, A.
Oxford Univ Press. 2010; 2nd: 422-433
 - **Cultural issues in pediatric mental health (Collected volume of papers)** *Child & Adolescent Psychiatric Clinics of North America*
Joshi SV, Pumariega AJ (eds.)
2010; 19 (4; October)
 - **Culturally adapted pharmacotherapy and the integrative formulation** *Child & Adolescent Psychiatric Clinics of North America*
Malik M, Lake J, Lawson W, Joshi SV
2010; 19 (4): 791-814
 - **The supporting alliance in child and adolescent treatment: enhancing collaboration among therapists, parents, and teachers.** *American journal of psychotherapy*
Feinstein, N. R., Fielding, K., Udvari-Solner, A., Joshi, S. V.
2009; 63 (4): 319-344
 - **Subtypes of pediatric delirium: A treatment algorithm** *PSYCHOSOMATICS*
Karnik, N. S., Joshi, S. V., Paterno, C., Shaw, R.
2007; 48 (3): 253-257
 - **Teaching evidence-based psychotherapies** *CHILD AND ADOLESCENT PSYCHIATRIC CLINICS OF NORTH AMERICA*
Thienemann, M., Joshi, S. V.
2007; 16 (1): 183-?
 - **Psychiatric Medications for the Treatment of Pruritus** *Psychosomatic Medicine*
Shaw, R. J., Dayal, S., Good, J., Bruckner, A. L., Joshi, S. V.
2007; 69 (9)
 - **Teamwork: The therapeutic alliance in pediatric pharmacotherapy** *CHILD AND ADOLESCENT PSYCHIATRIC CLINICS OF NORTH AMERICA*
Joshi, S. V.
2006; 15 (1): 239-?
 - **ADHD: Assessment and Treatment across the Lifespan** *American Society of Clinical Psychopharmacology (ASCPP) Model Psychopharmacology Curriculum, 4th ed., Glick I (ed.)*
Joshi SV
2006: 504.1-504.22
 - **School Consultation and Intervention** *Handbook of Mental Health Interventions in Children and Adolescents: An Integrated Developmental Approach,*
Joshi SV
2004: 885-916
 - **Psychostimulants, atomoxetine, and alpha-agonists in the treatment of ADHD** *Handbook of Mental Health Interventions in Children and Adolescents: An Integrated Developmental Approach,*
Joshi SV
-

2004; 258-287

- **Psychological aspects of pediatric medication management** *Handbook of Mental Health Interventions in Children and Adolescents: An Integrated Developmental Approach*
Joshi SV, Khanzode LA, Steiner H
2004; 465-481
- **Characteristics and perceived. needs of mothers with serious mental illness** *PSYCHIATRIC SERVICES*
Joseph, J. G., Joshi, S. V., Lewin, A. B., Abrams, M.
1999; 50 (10): 1357-1359
- **Children's Participation in Live Crisis Drills and Exercises. Pediatrics** *Pediatrics*
Lerner, M., Committee on School Health, T.
2019; in press
- **School-based Health Centers and Pediatric Practice.** *Pediatrics*
Lerner and the Committee on School Health, M., et al
2019; in press
- **The Berman Award Lecture: Cultural Considerations in School Mental Health-Lessons Learned From Diverse Settings** *American Academy of Child & Adolescent Psychiatry Annual Meeting 2016*
Joshi, S. V.
2016
- **ADHD and Other Disorders of Attention Regulation** *Steiner H (ed.), Handbook of Developmental Psychiatry*
Steiner H, Stemmler P, Joshi SV, Patel P
2011; 271-315
- **America's New Kids Preface** *CHILD AND ADOLESCENT PSYCHIATRIC CLINICS OF NORTH AMERICA*
Joshi, S. V., Pumariega, A. J.
2010; 19 (4): XV-XVII
- **Medical assessment and laboratory testing in child and adolescent psychiatry** *Poustka F, Lehmkuhl D, Steiner H, eds: Lehrbuch der Kinder - und Jugendpsychiatrie.*
Traver D, Joshi SV
2008
- **Teaching about School Psychiatry** *American Academy of Child & Adolescent Psychiatry News*
Bostic JQ, Joshi SV
2007; February
- **The Resident as Teacher and Learner: Utilizing Principles of Adult Learning Theory** *American Academy of Child & Adolescent Psychiatry News*
Joshi SV, Hunt J
2007; December
- **Attention Deficit Hyperactivity Disorder** *Ferri's Clinical Advisor: Instant Diagnosis and Treatment*
Misakian AM, Louie A, McBurnett K, Joshi SV
2006
- **ADHD, growth deficits, and relationships to psychostimulant use.** *Pediatrics in review*
Joshi, S. V.
2002; 23 (2): 67-68
- **Fever and Acute Foot Pain in an 8-year Old Boy** *Emergency and Office Pediatrics*
Joshi SV
1996; 9: 92-94