



## Cheryl Koopman

Professor (Research) of Psychiatry and Behavioral Sciences, Emerita

### Bio

---

#### ACADEMIC APPOINTMENTS

- Professor Emeritus, Psychiatry and Behavioral Sciences
- Member, Stanford Cancer Institute

#### ADMINISTRATIVE APPOINTMENTS

- Editorial Board Member, AIDS Education and Prevention, (1995-1998)
- Consulting Editor, Health Psychology, (1996-1997)
- Charter Member, Stanford Research Management Advisory Group, (1998-1999)
- Faculty Search Committee Member, Dept. of Psychiatry & Behavioral Sciences, (1999-2000)
- Alternate Faculty Senator, Stanford University Medical School Faculty, (1999-2003)
- Editorial Board Member, Peace and Conflict: Journal of Peace Psychology, (1999-2010)
- Award Committee Member, Institute for Women and Gender, (2003-2003)
- Senator, Stanford University School of Medicine Faculty Senate, (2003-2009)
- President-Elect, International Society of Political Psychology, (2007-2008)
- President, International Society of Political Psychology, (2008-2009)
- Past President, International Society of Political Psychology, (2009-2010)
- Member, Psychiatry Residents Selection Committee, (2003-2015)
- Faculty Research Affiliate, Institute of Research on Women and Gender, (2004-2015)
- Member of International Advisory Board, The British Journal of Health Psychology, (2004-2015)
- Member, Caucus of Concerned Scholars: Committee on Ethics and Morality, International Society of Political Psychology, (2005-2015)
- Member, Executive Committee, PGSP-Stanford PsyD Consortium, (2006-2015)
- Associate Editor, Associate Editor, Journal of Trauma and Dissociation, (2004-2015)
- Member, Stanford Cancer Institute, (2005-2015)
- Member CME/Grand Rounds Committee in the Department of Psychiatry & Behavioral Sciences, Stanford University, (2013-2015)

#### HONORS AND AWARDS

- National Service Research Award, NIMH (9/79 - 6/81)
- National Service Research Award, NIMH (9/82 - 6/84)
- Post-Doctoral Fellowship, Ford Foundation (7/84 - 6/86)

- Post-Doctoral Fellowship, Carnegie Corporation (7/86 - 6/87)
- Viola Bernard Clinical and Research Award, Colulmbia University (11/88 - 10/89)
- A Community-Based Workbook for Helping Rural Cancer Patients, California Breast Cancer Research Program (6/97 - 5/98)
- Institutional Pilot Research Award, American Cancer Society (6/98 - 5/99)
- Treatment of Sexual Problems in Gynecological Cancer, National Cancer Institute (8/98 - 7/00)
- Alternative Support for Rural and Isolated Women in an HMO, California Breast Cancer Research Program (7/99 - 6/02)
- Evaluation of a PTSD Screening Program for Persons with HIV, Universitywide AIDS Research Program (7/01-6/03)
- What Love Has to Do with It: Altruism, Generativity and Spirituality in the Aftermath of 9/11/01., Institute for Research on Unlimited Love (12/02 - 11/04)
- Interactive Technology to Support Rural Women and Families, California Breast Cancer Research Program (7/03 # 4/04)
- Intergenerational Communication about Sexual Health and HIV/AIDS in Haiti, Stanford University VPUE Faculty Grant (7/03 # 5/04)
- Expanding Rural Access: Distance Delivery of Support (Pilot Study), California Breast Cancer Research Program (7/04 # 6/06)
- Methamphetamine and HIV Prevention in Santa Clara County, Santa Clara County Meth Task Force (1/06-6/08)
- Expanding Rural Access: Distance Delivery of Support (Randomized Clinical Trial), California Breast Cancer Research Program (7/07-8/10)
- Multi-Method Examination of Diverse Manifestations of Lyme Disease, Anonymous (10/10-8/11)
- Multi-Method Examination of Diverse Manifestations of Lyme Disease, California Lyme Disease Association (4/08-4/12)
- Multi-Method Examination of Diverse Manifestations of Lyme Disease, Turn the Corner Foundation (5/08-4/12)
- Multi-Method Examination of Diverse Manifestations of Lyme Disease, John and Nancy Jo Cappetta Foundation (10/10-10/12)
- Multi-Method Examination of Diverse Manifestations of Lyme Disease, Anonymous (12/11-)
- At Home Group Video Calling to Support Rural Women, California Breast Cancer Research Program (8/11-1/14)
- The Pediatric Acute-onset Neuropsychiatric Syndrome (PANS) Research Fund, Anonymous (6/12 -)
- Multi-Method Examination of Diverse Manifestations of Lyme Disease, Kathleen O'Rourke and Jack Sheridan (8/12 -)
- Online Survey - Lyme Disease, Bulls-Eye Rash, Medication Use, and Symptom Severity, Bay Area Lyme Foundation (10/12 -)

## PROFESSIONAL EDUCATION

- Ph.D., University of Virginia , Program Evaluation; Educational Psychology (1979)
- M.A., Univ. of California, Los Angeles , Educational Psychology (1974)
- B.A., Univ. of California, Berkeley , Psychology (Honors Program) (1972)

## COMMUNITY AND INTERNATIONAL WORK

- Needs assessment on maternal health lessons through mobile phones and PhotoVoice, Rural communities in eastern rural Uganda
- At-Home Support for Rural Women Using Group Video Calling, rural communities in California
- TeachAIDS, California Avenue, Palo Alto, CA
- Expanding Rural Access: Distance Delivery of Support, rural communities in California

## LINKS

- Stanford Psychology and Biobehavioral Sciences Laboratory: <http://psybiobehavior.stanford.edu/>

## Research & Scholarship

---

### CURRENT RESEARCH AND SCHOLARLY INTERESTS

Dr. Koopman's current research includes the following:

1) A collaboration with experts in Lyme disease and biostatistics to examine diverse manifestations of Lyme disease and their relationships to demographic and medical characteristics and diagnostic tests.

2) In collaboration with the Sierra Streams Institute in Nevada City, we are pilot-testing the feasibility, acceptability and satisfaction associated with an intervention using at-home group video conferencing designed to improve quality of life among women in rural communities who have been diagnosed with breast cancer.

3) Developing an on-line survey on Lyme disease, erythema migrans ("bull's-eye" rash), medication use, and symptom severity.

4) Collaborating (as Co-Investigator) with Dr. Oxana Palesh (PI) and colleagues on research to evaluate a brief behavioral intervention for insomnia during chemotherapy.

### **CLINICAL TRIALS**

- Brief Behavioral Intervention for Insomnia During Chemotherapy, Recruiting
- Efficacy of Group Intervention to Reduce Stress Symptoms, Recruiting
- Alternative Support for Rural and Isolated Women in an HMO, Not Recruiting
- Expanding Rural Access: Distance Delivery of Support, Not Recruiting
- Expanding Rural Access: Distance Delivery of Support Groups (Main Study), Not Recruiting
- Phase I: At-Home Support for Rural Women Using Group Video Calling, Not Recruiting
- Sleep, Circadian Hormonal Dysregulation, and Breast Cancer Survival, Not Recruiting

### **Teaching**

---

### **GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS**

- Psychiatry and Behavioral Science (Fellowship Program)