

# Stanford

---



## Christopher K. Payne, MD

Professor of Urology at the Stanford University Medical Center, Emeritus

 NIH Biosketch available Online

### CONTACT INFORMATION

- **Alternate Contact**

Christopher Kennerly Payne

**Email** DrPayne@VistaUrology.com

**Tel** 6509963761

### Bio

---

#### ACADEMIC APPOINTMENTS

- Emeritus Faculty-Med Ctr Line, Urology
- Member, Stanford Cancer Institute

#### HONORS AND AWARDS

- America's Top Doctors, Castle-Connolly, Ltd. (2001 to 2012)

#### COMMUNITY AND INTERNATIONAL WORK

- Research and treatment of vesicovaginal fistula, Kenyatta National Hospital, Nairobi, Kenya

### Research & Scholarship

---

#### CURRENT RESEARCH AND SCHOLARLY INTERESTS

Obstetric Fistula Projects:

1. Preoperative ultrasound evaluation to detect ureteric involvement in vesicovaginal fistulas
2. Patient narrative study to identify key medical, social and economic factors that lead to fistula formation
3. Study of urinary continence after fistula repair

Pelvic pain: investigation into role of pelvic floor in chronic pelvic pain

### Publications

---

#### PUBLICATIONS

- **Randomized multicenter feasibility trial of myofascial physical therapy for the treatment of urological chronic pelvic pain syndromes.** *journal of urology*  
FitzGerald, M. P., Anderson, R. U., Potts, J., Payne, C. K., Peters, K. M., Clemens, J. Q., Kotarinos, R., Fraser, L., Cosby, A., Fortman, C., Neville, C., Badillo, S., Odabachian, et al  
2013; 189 (1): S75-85

- **Randomized Multicenter Feasibility Trial of Myofascial Physical Therapy for the Treatment of Urological Chronic Pelvic Pain Syndromes** *JOURNAL OF UROLOGY*  
FitzGerald, M. P., Anderson, R. U., Potts, J., Payne, C. K., Peters, K. M., Clemens, J. Q., Kotarinos, R., Fraser, L., Cosby, A., Fortman, C., Neville, C., Badillo, S., Odabachian, et al  
2013; 189 (1): S75-S85
- **Cyclosporine A for Refractory Interstitial Cystitis/Bladder Pain Syndrome: Experience of 3 Tertiary Centers** *JOURNAL OF UROLOGY*  
Forrest, J. B., Payne, C. K., Erickson, D. R.  
2012; 188 (4): 1186-1191
- **Interstitial cystitis and the overlap with overactive bladder.** *Current urology reports*  
Elliott, C. S., Payne, C. K.  
2012; 13 (5): 319-326
- **Randomized Multicenter Clinical Trial of Myofascial Physical Therapy in Women With Interstitial Cystitis/Painful Bladder Syndrome and Pelvic Floor Tenderness** *JOURNAL OF UROLOGY*  
FitzGerald, M. P., Payne, C. K., Lukacz, E. S., Yang, C. C., Peters, K. M., Chai, T. C., Nickel, J. C., Hanno, P. M., KREDER, K. J., Burks, D. A., MAYER, R., Kotarinos, R., Fortman, et al  
2012; 187 (6): 2113-2118
- **Urologic chronic pelvic pain** *PAIN*  
Potts, J. M., Payne, C. K.  
2012; 153 (4): 755-758
- **Robot-Assisted Versus Open Sacrocolpopexy: A Cost-Minimization Analysis** *JOURNAL OF UROLOGY*  
Elliott, C. S., Hsieh, M. H., Sokol, E. R., Comiter, C. V., Payne, C. K., Chen, B.  
2012; 187 (2): 638-643
- **AUA Guideline for the Diagnosis and Treatment of Interstitial Cystitis/Bladder Pain Syndrome** *JOURNAL OF UROLOGY*  
Hanno, P. M., Burks, D. A., Clemens, J. Q., Dmochowski, R. R., Erickson, D., Fitzgerald, M. P., Forrest, J. B., Gordon, B., Gray, M., Mayer, R. D., Newman, D., Nyberg, L., Payne, et al  
2011; 185 (6): 2162-2170
- **Treatment choice, duration, and cost in patients with interstitial cystitis and painful bladder syndrome** *6th Annual Winter Meeting of the Society-for-Urodynamics-and-Female-Urology*  
Anger, J. T., Zabihi, N., Clemens, J. Q., Payne, C. K., Saigal, C. S., Rodriguez, L. V.  
SPRINGER LONDON LTD.2011: 395-400
- **Early Termination of a Trial of Mycophenolate Mofetil for Treatment of Interstitial Cystitis/Painful Bladder Syndrome: Lessons Learned** *JOURNAL OF UROLOGY*  
Yang, C. C., Burks, D. A., Propert, K. J., Mayer, R. D., Peters, K. M., Nickel, J. C., Payne, C. K., FitzGerald, M. P., Hanno, P. M., Chai, T. C., Kreder, K. J., Lukacz, E. S., Foster, et al  
2011; 185 (3): 901-906
- **Urodynamics for the Evaluation of Painful Bladder Syndrome/Interstitial Cystitis** *JOURNAL OF UROLOGY*  
Payne, C., Blaivas, J. G.  
2010; 184 (1): 15-17
- **Mechanisms of Pelvic Floor Muscle Function and the Effect on the Urethra during a Cough** *EUROPEAN UROLOGY*  
Jones, R. C., Peng, Q., Stokes, M., Humphrey, V. F., Payne, C., Constantinou, C. E.  
2010; 57 (6): 1101-1110
- **Effect of Amitriptyline on Symptoms in Treatment Naive Patients With Interstitial Cystitis/Painful Bladder Syndrome** *JOURNAL OF UROLOGY*  
Foster, H. E., Hanno, P. M., Nickel, J. C., Payne, C. K., Mayer, R. D., Burks, D. A., Yang, C. C., Chai, T. C., Kreder, K. J., Peters, K. M., Lukacz, E. S., FitzGerald, M. P., Cen, et al  
2010; 183 (5): 1853-1858
- **Fourth International Consultation on Incontinence Recommendations of the International Scientific Committee: Evaluation and Treatment of Urinary Incontinence, Pelvic Organ Prolapse, and Fecal Incontinence** *NEUROUROLOGY AND URODYNAMICS*  
Abrams, P., Andersson, K. E., Birder, L., Brubaker, L., Cardozo, L., Chapple, C., Cottenden, A., Davila, W., De Ridder, D., Dmochowski, R., Drake, M., DuBeau, C., Fry, et al

2010; 29 (1): 213-240

- **Laparoscopic Management of Ureteral Endometriosis: The Stanford University Hospital Experience With 96 Consecutive Cases** *JOURNAL OF UROLOGY*  
Bosev, D., Nicoll, L. M., Bhagan, L., Lemyre, M., Payne, C. K., Gill, H., Nezhat, C.  
2009; 182 (6): 2748-2752
- **Randomized Controlled Multisite Trial of Injected Bulking Agents for Women With Intrinsic Sphincter Deficiency: Mid-urethral Injection of Zuidex Via the Implanter Versus Proximal Urethral Injection of Contigen Cystoscopically** *UROLOGY*  
Lightner, D., Rovner, E., Corcos, J., Payne, C., Brubaker, L., Drutz, H., Steinhoff, G.  
2009; 74 (4): 771-775
- **Randomized Multicenter Feasibility Trial of Myofascial Physical Therapy for the Treatment of Urological Chronic Pelvic Pain Syndromes** *JOURNAL OF UROLOGY*  
FitzGerald, M. P., Anderson, R. U., Potts, J., Payne, C. K., Peters, K. M., Clemens, J. Q., Kotarinos, R., Fraser, L., Cosby, A., Fortman, C., Neville, C., Badillo, S., Odabachian, et al  
2009; 182 (2): 570-580
- **The Relationship Among Symptoms, Sleep Disturbances and Quality of Life in Patients With Interstitial Cystitis** *JOURNAL OF UROLOGY*  
Nickel, J. C., Payne, C. K., Forrest, J., Parsons, C. L., Wan, G. J., Xiao, X.  
2009; 181 (6): 2555-2561
- **Epidural steroid injections in the management of a patient with spinal stenosis and urinary urgency** *NATURE CLINICAL PRACTICE UROLOGY*  
Mittra, R., Huang, L., Payne, C.  
2009; 6 (2): 113-115
- **Goal Achievement Provides New Insights Into Interstitial Cystitis/Painful Bladder Syndrome Symptoms and Outcomes** *NEUROUROLOGY AND URODYNAMICS*  
Payne, C., Allee, T.  
2009; 28 (1): 13-17
- **Office Dilation of the Female Urethra: A Quality of Care Problem in the Field of Urology** *JOURNAL OF UROLOGY*  
Santucci, R. A., Payne, C. K., Saigal, C. S.  
2008; 180 (5): 2068-2075
- **Followup of patients with interstitial cystitis responsive to treatment with intravesical bacillus Calmette-Guerin or placebo** *JOURNAL OF UROLOGY*  
Proper, K. J., Mayer, R., Nickel, J. C., Payne, C. K., Peters, K. M., Teal, V., Burks, D., Kusek, J. W., Nyberg, L. M., Foster, H. E.  
2008; 179 (2): 552-555
- **Randomized multicenter pilot trial shows benefit of manual physical therapies in treatment of urologic chronic pelvic pain** *38th Annual Meeting of the International-Continence-Society*  
Fitzgerald, M. P., Anderson, R. U., Payne, C. K., Peters, K. M., Clemens, J. Q., Potts, J., Cen, L., Chuai, S., Kusek, J. W., Nyberg, L. M.  
WILEY-LISS.2008: 684-84
- **Prospective evaluation of candidate urine and cell markers in patients with interstitial cystitis enrolled in a randomized clinical trial of Bacillus Calmette Guerin (BCG)** *WORLD JOURNAL OF UROLOGY*  
Keay, S., Reeder, J. E., Koch, K., Zhang, C., Grkovic, D., Peters, K., Zhang, Y., Kusek, J. W., Nyberg, L. M., Payne, C. K., Proper, K. J.  
2007; 25 (5): 499-504
- **Did patients with interstitial cystitis who failed to respond to initial treatment with bacillus Calmette-Guerin or placebo in a randomized clinical trial benefit from a second course of open label bacillus Calmette-Guerin?** *JOURNAL OF UROLOGY*  
Proper, K. J., Mayer, R., Nickel, J. C., Payne, C. K., Peters, K. M., Teal, V., Burks, D., Kusek, J. W., Nyberg, L. M., Foster, H. E.  
2007; 178 (3): 886-890
- **Interstitial cystitis and painful bladder syndrome** *JOURNAL OF UROLOGY*  
Payne, C. K., Joyce, G. F., Wise, M., Clemens, J. Q.  
2007; 177 (6): 2042-2049
- **Sexual function is a determinant of poor quality of life for women with treatment refractory interstitial cystitis** *JOURNAL OF UROLOGY*  
Nickel, J. C., Tripp, D., Teal, V., Proper, K. J., Burks, D., Foster, H. E., Hanno, P., Mayer, R., Payne, C. K., Peters, K. M., Kusek, J. W., Nyberg, L. M.  
2007; 177 (5): 1832-1836

- **Redefining response in overactive bladder syndrome** *BJU INTERNATIONAL*  
Payne, C. K., Kelleher, C.  
2007; 99 (1): 101-106
- **Bladder necrosis following hydrodistention in patients with interstitial cystitis** *JOURNAL OF UROLOGY*  
Zabihi, N., Allee, T., Maher, M. G., Mourtzinos, A., Raz, S., Payne, C. K., Rodriguez, L. V.  
2007; 177 (1): 149-152
- **Solifenacin in overactive bladder syndrome** *DRUGS*  
Payne, C. K.  
2006; 66 (2): 175-190
- **Intravesical resiniferatoxin for the treatment of interstitial cystitis: A randomized, double-blind, placebo controlled trial** *JOURNAL OF UROLOGY*  
Payne, C. K., Mosbaugh, P. G., Forrest, J. B., Evans, R. J., Whitmore, K. E., Antoci, J. P., Perez-Marrero, R., Jacoby, K., Diokno, A. C., O'Reilly, K. J., Griebing, T. L., Vasavada, S. P., Yu, et al  
2005; 173 (5): 1590-1594
- **A randomized controlled trial of intravesical bacillus Calmette-Guerin for treatment refractory interstitial cystitis** *JOURNAL OF UROLOGY*  
MAYER, R., Propert, K. J., Peters, K. M., Payne, C. K., Zhang, Y. W., Burks, D., Culkin, D. J., Diokno, A., Hanno, P., Landis, J. R., Madigan, R., Messing, E. M., Nickel, et al  
2005; 173 (4): 1186-1191
- **Correlation between 2 interstitial cystitis symptom instruments** *JOURNAL OF UROLOGY*  
Sirinian, E., Azevedo, K., Payne, C. K.  
2005; 173 (3): 835-840
- **Pilot study of the feasibility of in-office bladder distention using electromotive drug administration (EMDA)** *NEUROUROLOGY AND URODYNAMICS*  
Rose, A. E., Payne, C. K., Azevedo, K.  
2005; 24 (3): 254-260
- **3rd International Consultation on Incontinence Recommendations of the International Scientific Committee: Evaluation and treatment of urinary incontinence, pelvic organ prolapse and faecal incontinence** *3rd International Consultation on Incontinence*  
Abrams, P., Andersson, K. E., Brubaker, L., Cardozo, L., Cottenden, A., Denis, L., Donovan, J., Fonda, D., Fry, C., Griffiths, D., Hanno, P., Herschorn, S., Homma, et al  
HEALTH PUBL LTD C/O PLYMBRIDGEDISTRIBUTORS LTD.2005: 1589-?
- **Pain impacts sexual functioning among interstitial cystitis patients** *SEXUALITY AND DISABILITY*  
Azevedo, K., Nguyen, A., Rowhani-Rahbar, A., Rose, A., Sirinian, E., Thotakura, A., Payne, C. K.  
2005; 23 (4): 189-208
- **Synchronous rectovaginal, urinary bladder, and pulmonary endometriosis.** *JSLS : Journal of the Society of Laparoendoscopic Surgeons / Society of Laparoendoscopic Surgeons*  
Hilaris, G. E., Payne, C. K., Osias, J., Cannon, W., Nezhat, C. R.  
2005; 9 (1): 78-82
- **Office bladder distention with electromotive drug administration (EMDA) is equivalent to distention under general anesthesia (GA).** *BMC urology*  
Rose, A. E., Azevedo, K. J., Payne, C. K.  
2005; 5: 14-?
- **The impact of urinary urgency and frequency on health-related quality of life in overactive bladder: Results from a national community survey** *VALUE IN HEALTH*  
Coyne, K. S., Payne, C., Bhattacharyya, S. K., Revicki, D. A., Thompson, C., Corey, R., Hunt, T. L.  
2004; 7 (4): 455-463
- **Why treat overactive bladder and not the patient?** *INTERNATIONAL JOURNAL OF CLINICAL PRACTICE*  
Payne, C.  
2004; 58: 8-9
- **Phase II safety and efficacy study of single dose of intravesical resiniferatoxin (RTX) in patients with interstitial cystitis** *Joint Meeting of the International Continence-Society/International-Urogynecological-Association*  
Payne, C., Mosbaugh, P., Forrest, J., Evans, R., Frumkin, L.

WILEY-BLACKWELL.2004: 606-7

- **Sacral neuromodulation in patients with interstitial cystitis: a multicenter clinical trial** *INTERNATIONAL UROGYNECOLOGY JOURNAL*  
Whitmore, K. E., Payne, C. K., Diokno, A. C., Lukban, J. C.  
2003; 14 (5): 305-308
- **Workshop 2: Research criteria versus clinical criteria for interstitial cystitis** *International Consultation on Interstitial Cystitis Japan (ICICJ)*  
Payne, C. K., Terai, A., Komatsu, K.  
WILEY-BLACKWELL PUBLISHING, INC.2003: S7-S10
- **A new once-daily formulation of tolterodine provides superior efficacy and is well tolerated in women with overactive bladder** *INTERNATIONAL UROGYNECOLOGY JOURNAL*  
Swift, S., Garely, A., Dimpfl, T., Payne, C.  
2003; 14 (1): 50-55
- **Pitfalls in the design of clinical trials for interstitial cystitis** *UROLOGY*  
PROPERT, K. J., Payne, C., Kusek, J. W., Nyberg, L. M.  
2002; 60 (5): 742-748
- **Safety and efficacy of up to 900 mg/day polysulfate sodium (elmiron) in patients with interstitial cystitis.** *Urology*  
Nickel, J. C., Forrest, J., Barkin, J., Payne, C., Mosbaugh, P.  
2001; 57 (6): 122-123
- **The psychosocial economic impact of invisible chronic disease: examining the experience of patients with interstitial cystitis.** *Urology*  
Azevedo, K., Payne, C. K.  
2001; 57 (6): 118-?
- **Correlation of symptoms between 2 instruments among interstitial cystitis patients.** *Urology*  
Sirinian, E., Payne, C. K.  
2001; 57 (6): 124-125
- **Effect of physiologic levels of urinary potassium on interstitial cystitis symptoms.** *Urology*  
Payne, C. K., Sirinian, E., Azevedo, K.  
2001; 57 (6): 124-?
- **Behavioral therapy for overactive bladder** *Consensus Conference on Overactive Bladder and Its Treatments*  
Payne, C. K.  
ELSEVIER SCIENCE INC.2000: 3-6
- **A transvaginal sling procedure with bone anchor fixation** *UROLOGIC CLINICS OF NORTH AMERICA*  
Payne, C. K.  
1999; 26 (2): 423-?
- **Overactive bladder** *UROLOGY*  
Payne, C. T.  
1998; 51 (6): 1062-1062
- **Epidemiology, pathophysiology, and evaluation of urinary incontinence and overactive bladder** *Symposium on Urinary Incontinence : the Scope of the Problem - the Solutions on the Horizon*  
Payne, C. K.  
ELSEVIER SCIENCE INC.1998: 3-10
- **Biofeedback for community-dwelling individuals with urinary incontinence** *Symposium on Urinary Incontinence : the Scope of the Problem - the Solutions on the Horizon*  
Payne, C. K.  
ELSEVIER SCIENCE INC.1998: 35-39
- **The breadth of neurourology** *JOURNAL OF UROLOGY*  
Payne, C.  
1996; 155 (3): 1030-1031

- **PRESSURE-FLOW STUDIES FOR PROSTATISM** *UROLOGY*  
Payne, C. K.  
1995; 45 (3): 552-553
- **GENITOURINARY PROBLEMS IN THE ELDERLY PATIENT** *SURGICAL CLINICS OF NORTH AMERICA*  
Payne, C. K., BABIARZ, J. W., Raz, S.  
1994; 74 (2): 401-429
- **GASTROCYSTOPLASTY WITHOUT OPENING THE STOMACH** *1992 ANNUAL MEETING OF THE SECTION ON UROLOGY OF THE AMERICAN ACADEMY OF PEDIATRICS*  
Raz, S., Ehrlich, R. M., BABIARZ, J. W., Payne, C. K.  
ELSEVIER SCIENCE INC.1993: 713-15
- **BLADDER OUTLET OBSTRUCTION TREATED WITH TRANSURETHRAL ULTRASONIC ASPIRATION - ONE-YEAR FOLLOW-UP ON 59 PATIENTS** *UROLOGY*  
Malloy, T. R., Carpiello, V. L., WEIN, A. J., Payne, C., Wuchinich, D.  
1991; 37 (6): 512-515