

# Stanford

---



## Cynthia Kappahn

Clinical Professor, Pediatrics - Adolescent Medicine

 Curriculum Vitae available Online

### CLINICAL OFFICES

- **Center for Adolescent Health**

1195 W Fremont Ave 2nd Fl

Sunnyvale, CA 94087

**Tel** (408) 637-5959

**Fax** (669) 233-2872

### Bio

---

### CLINICAL FOCUS

- Adolescent Medicine
- Eating Disorders

### ACADEMIC APPOINTMENTS

- Clinical Professor, Pediatrics - Adolescent Medicine

### PROFESSIONAL EDUCATION

- Medical Education: Yale School Of Medicine Office of Student Affairs (1987) CT
- Residency: Johns Hopkins University School of Medicine (1990) MD
- Board Certification: Pediatrics, American Board of Pediatrics (1990)
- Board Certification: Adolescent Medicine, American Board of Pediatrics (1994)
- Fellowship: UCSF Medical Center (1993) CA
- MPH, Johns Hopkins , Health Care Policy & Management (1991)
- MD, Yale School of Medicine , Medicine (1987)

### Research & Scholarship

---

### CURRENT RESEARCH AND SCHOLARLY INTERESTS

Access to health care services for adolescents.

Confidentiality.

Mental Health Financing.

Eating disorders.

## Publications

---

### PUBLICATIONS

- **Effect of Hospitalization on Percent Median Body Mass Index at One Year, in Underweight Youth With Restrictive Eating Disorders.** *journal of adolescent health*  
Kapphahn, C. J., Graham, D. A., Woods, E. R., Hehn, R., Mammel, K. A., Forman, S. F., Fisher, M., Robinson, K. A., Rome, E. S., Hergenroeder, A., Golden, N. H.  
2017
- **History of Overweight/Obesity as Predictor of Care Received at 1-year Follow-Up in Adolescents With Anorexia Nervosa or Atypical Anorexia Nervosa.** *journal of adolescent health*  
Kennedy, G. A., Forman, S. F., Woods, E. R., Hergenroeder, A. C., Mammel, K. A., Fisher, M. M., Ornstein, R. M., Callahan, S. T., Golden, N. H., Kapphahn, C. J., Garber, A. K., Rome, E. S., Richmond, et al  
2017; 60 (6): 674-679
- **A 6-Week School Curriculum Improves Boys' Attitudes and Behaviors Related to Gender-Based Violence in Kenya** *JOURNAL OF INTERPERSONAL VIOLENCE*  
Keller, J., Mboya, B. O., Sinclair, J., Githua, O. W., Mulinge, M., Bergholz, L., Paiva, L., Golden, N. H., Kapphahn, C.  
2017; 32 (4): 535-557
- **Clinical Management of Pediatric Acute-Onset Neuropsychiatric Syndrome: Part I-Psychiatric and Behavioral Interventions.** *Journal of child and adolescent psychopharmacology*  
Thienemann, M., Murphy, T., Leckman, J., Shaw, R., Williams, K., Kapphahn, C., Frankovich, J., Geller, D., Bernstein, G., Chang, K., Elia, J., Swedo, S.  
2017; 27 (7): 566-73
- **Clinical Management of Pediatric Acute-Onset Neuropsychiatric Syndrome: Part I—Psychiatric and Behavioral Interventions** *Journal of Child and Adolescent Psychopharmacology*  
Thienemann, M., Murphy, T., Leckman, J., Shaw, R., Williams, K., Kapphahn, C., Frankovich, J., Geller, D., Bernstein, G., Chang, K., Elia, J., Swedo, S.  
2017; 27 (7): 566-573
- **Use of Psychopharmacologic Medications in Adolescents With Restrictive Eating Disorders: Analysis of Data From the National Eating Disorder Quality Improvement Collaborative.** *journal of adolescent health*  
Monge, M. C., Forman, S. F., McKenzie, N. M., Rosen, D. S., Mammel, K. A., Callahan, S. T., Hehn, R., Rome, E. S., Kapphahn, C. J., Carlson, J. L., Romano, M. E., Malizio, J. B., Bravender, et al  
2015; 57 (1): 66-72
- **A 6-Week School Curriculum Improves Boys' Attitudes and Behaviors Related to Gender-Based Violence in Kenya.** *Journal of interpersonal violence*  
Keller, J., Mboya, B. O., Sinclair, J., Githua, O. W., Mulinge, M., Bergholz, L., Paiva, L., Golden, N. H., Kapphahn, C.  
2015
- **EFFECT OF HOSPITALIZATION ON WEIGHT RESTORATION IN ADOLESCENTS WITH RESTRICTIVE EATING DISORDERS**  
Kapphahn, C. J., Hehn, R., Woods, E. R., Mammel, K. A., Forman, S. F., Fisher, M., Robinson, K. A., Rome, E. S., Hergenroeder, A. C.  
ELSEVIER SCIENCE INC.2015: S86-S87
- **Predictors of Outcome at 1 Year in Adolescents With DSM-5 Restrictive Eating Disorders: Report of the National Eating Disorders Quality Improvement Collaborative** *JOURNAL OF ADOLESCENT HEALTH*  
Forman, S. F., McKenzie, N., Hehn, R., Monge, M. C., Kapphahn, C. J., Mammel, K. A., Callahan, S. T., Sigel, E. J., Bravender, T., Romano, M., Rome, E. S., Robinson, K. A., Fisher, et al  
2014; 55 (6): 750-756
- **Predictors of outcome at 1 year in adolescents with DSM-5 restrictive eating disorders: report of the national eating disorders quality improvement collaborative.** *journal of adolescent health*  
Forman, S. F., McKenzie, N., Hehn, R., Monge, M. C., Kapphahn, C. J., Mammel, K. A., Callahan, S. T., Sigel, E. J., Bravender, T., Romano, M., Rome, E. S., Robinson, K. A., Fisher, et al  
2014; 55 (6): 750-756
- **THE IMPACT OF A SIX-WEEK SCHOOL CURRICULUM ON BOYS' ATTITUDES AND BEHAVIORS RELATED TO GENDER BASED VIOLENCE (GBV) IN KENYA**  
Sinclair, J., Githua, O. W., Omondi, B., Kapphahn, C. J., Sinclair, L., Mulinge, M. M., Golden, N. H.  
ELSEVIER SCIENCE INC.2014: S6

- **Higher Caloric Intake in Hospitalized Adolescents With Anorexia Nervosa Is Associated With Reduced Length of Stay and No Increased Rate of Refeeding Syndrome** *JOURNAL OF ADOLESCENT HEALTH*  
Golden, N. H., Keane-Miller, C., Sainani, K. L., Kapphahn, C. J.  
2013; 53 (5): 573-578
- **A self-defense program reduces the incidence of sexual assault in kenyan adolescent girls.** *journal of adolescent health*  
Sinclair, J., Sinclair, L., Otieno, E., Mulinge, M., Kapphahn, C., Golden, N. H.  
2013; 53 (3): 374-380
- **An Eleven Site National Quality Improvement Evaluation of Adolescent Medicine-Based Eating Disorder Programs: Predictors of Weight Outcomes at One Year and Risk Adjustment Analyses** *JOURNAL OF ADOLESCENT HEALTH*  
Forman, S. F., Grodin, L. F., Graham, D. A., Sylvester, C. J., Rosen, D. S., Kapphahn, C. J., Callahan, S. T., Sigel, E. J., Bravender, T., Peebles, R., Romano, M., Rome, E. S., Fisher, et al  
2011; 49 (6): 594-600
- **Financing mental health services for adolescents: A position paper of the Society for Adolescent Medicine** *JOURNAL OF ADOLESCENT HEALTH*  
Kapphahn, C. J., Morreale, M. C., Rickert, V. I., Walker, L. R.  
2006; 39 (3): 456-458
- **Financing mental health services for adolescents: A background paper** *JOURNAL OF ADOLESCENT HEALTH*  
Kapphahn, C., Morreale, M., Rickert, V. I., Walker, L.  
2006; 39 (3): 318-327
- **Adolescent girls' and boys' preferences for provider gender and confidentiality in their health care** *JOURNAL OF ADOLESCENT HEALTH*  
Kapphahn, C. J., Wilson, K. M., Klein, J. D.  
1999; 25 (2): 131-142
- **Access to medical care for adolescents: Results from the 1997 Commonwealth Fund Survey of the Health of Adolescent Girls** *JOURNAL OF ADOLESCENT HEALTH*  
Klein, J. D., Wilson, K. M., McNulty, M., Kapphahn, C., Collins, K. S.  
1999; 25 (2): 120-130
- **Meeting the health care needs of adolescents in managed care: A background paper** *JOURNAL OF ADOLESCENT HEALTH*  
English, A., Kapphahn, C., Perkins, J., Wibbelsman, C. J.  
1998; 22 (4): 278-292
- **Schools sites for research: Land of opportunity - And dilemma** *JOURNAL OF ADOLESCENT HEALTH*  
Kapphahn, C. J.  
1996; 18 (3): 165-165
- **THE IMPACT OF HEALTH-INSURANCE STATUS ON ADOLESCENTS UTILIZATION OF SCHOOL-BASED CLINIC SERVICES - IMPLICATIONS FOR HEALTH-CARE REFORM** *JOURNAL OF ADOLESCENT HEALTH*  
Brindis, C., Kapphahn, C., MCCARTER, V., Wolfe, A. L.  
1995; 16 (1): 18-25