

# Stanford

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## Kate Lorig

Professor (Research) of Medicine (Immunology and Rheumatology), Emerita  
Medicine - Immunology & Rheumatology

### CONTACT INFORMATION

- **Alternate Contact**

Kate Lorig - Professor Emerita

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### Bio

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#### ACADEMIC APPOINTMENTS

- Professor Emeritus, Medicine - Immunology & Rheumatology
- Member, Stanford Cancer Institute

#### PROFESSIONAL EDUCATION

- DrPH, UC Berkeley Public Health , Health Education (1980)
- MS, UC San Francisco , Nursing (1968)
- BS, Boston University , Nursing (1964)

#### COMMUNITY AND INTERNATIONAL WORK

- Expert Patient Internet Project, England

#### LINKS

- All activities of pt. education center: <http://patienteducation.stanford.edu>

### Research & Scholarship

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#### CURRENT RESEARCH AND SCHOLARLY INTERESTS

Outcomes (behavior, health status, health care utilization) of community based chronic disease patient education in English and Spanish.

Ongoing studies include small group diabetes self-management for Spanish speakers. Internet self-management for chronic disease, arthritis, and diabetes (3 separate projects). Low cost mailed arthritis programs for Spanish Speakers and evaluation of an Internet based chronic disease self management program for the National Health Service (Expert Patient Program) in the UK.

#### CLINICAL TRIALS

- A National Study of the Chronic Disease Self-Management Program, Not Recruiting
- Active Living Tool Kit for Chronic Conditions, Not Recruiting
- Arthritis Self-Management Education Program, Not Recruiting
- Building Better Caregivers Online: An Online Workshop for Caregivers of Those With Traumatic Brain Injury, Post Traumatic Stress Disorder, or Alzheimer's or Other Dementia, Not Recruiting
- Building Better Caregivers: Development and Evaluation, Not Recruiting

- Cancer: Thriving and Surviving Online Workshop and Study for Cancer Survivors, Not Recruiting
- Development and Evaluation of A Mailed Arthritis Self-Management Program, Not Recruiting
- Doctors and Web-based Self-management Support Pilot Study, Not Recruiting
- English Diabetes Self-Management Program, Not Recruiting
- Healthier Living Canada, Not Recruiting
- Healthier Living With Arthritis Online Program, Not Recruiting
- Improving Self Management Skills of Older Adults With Diabetes, Not Recruiting
- Internet Chronic Disease Self-Management Program for Australia, Not Recruiting
- Internet Diabetes Self-Management, Not Recruiting
- Internet Diabetes Self-Management Workshop, Not Recruiting
- Low Back Pain Patient Education Evaluation, Not Recruiting
- Patient Education in Rheumatoid Arthritis and Osteoarthritis, Not Recruiting
- Spanish Diabetes Self-Management Program, Not Recruiting

## Publications

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### PUBLICATIONS

- **Efficacy and cost-effectiveness of behavioral interventions in nonclinical settings for improving health outcomes.** *Health psychology : official journal of the Division of Health Psychology, American Psychological Association*  
Wilson, D. K., Lorig, K., Klein, W. M., Riley, W., Sweeney, A. M., Christensen, A.  
2019; 38 (8): 689–700
- **High coping self-efficacy associated with lower odds of pre-frailty/frailty in older adults with chronic disease.** *Aging & mental health*  
Hladek, M. D., Gill, J., Bandeen-Roche, K., Walston, J., Allen, J., Hinkle, J. L., Lorig, K., Szanton, S. L.  
2019: 1–7
- **International Stakeholder Community of Pain Experts and Leaders Call for an Urgent Action on Forced Opioid Tapering** *PAIN MEDICINE*  
Darnall, B. D., Juurlink, D., Kerns, R. D., Mackey, S., Van Dorsten, B., Humphreys, K., Gonzalez-Sotomayor, J. A., Furlan, A., Gordon, A. J., Gordon, D. B., Hoffman, D. E., Katz, J., Kertesz, et al  
2019; 20 (3): 429–33
- **International Stakeholder Community of Pain Experts and Leaders Call for an Urgent Action on Forced Opioid Tapering.** *Pain medicine (Malden, Mass.)*  
Darnall, B. D., Juurlink, D., Kerns, R. D., Mackey, S., Van Dorsten, B., Humphreys, K., Gonzalez-Sotomayor, J. A., Furlan, A., Gordon, A. J., Gordon, D. B., Hoffman, D. E., Katz, J., Kertesz, et al  
2018
- **Development and Pilot of a Patient Satisfaction Scale in Rheumatology**  
Valenzuela, A., Sheth, K., Shoor, S., Ritter, P. L., Lorig, K.  
WILEY.2018
- **Evaluation of a Diabetes Self-Management Program: Claims Analysis on Comorbid Illnesses, Health Care Utilization, and Cost** *JOURNAL OF MEDICAL INTERNET RESEARCH*  
Turner, R. M., Ma, Q., Lorig, K., Greenberg, J., DeVries, A. R.  
2018; 20 (6): e207
- **Comparative Efficacy and Mechanisms of a Single-Session Pain Psychology Class in Chronic Low Back Pain: Study Protocol for a Randomized Controlled Trial** *Trials*  
Darnall, B., Siadni, M., Roy, A., Kao, M., Sturgeon, J., Cook, K., Lorig, K., Burns, J., Mackey, S.  
2018: 165
- **Comparative Efficacy and Mechanisms of a Single-Session Pain Psychology Class in Chronic Low Back Pain: Study Protocol for a Randomized Controlled Trial.** *Trials*  
Darnall, B. D., Ziadni, M. S., Roy, A., Kao, M. C., Sturgeon, J. A., Cook, K. F., Lorig, K., Burns, J. W., Mackey, S. C.

2018; 19 (1): 165

- **Sarah Tilton Fries, MPH (1938-2017) In Memoriam** *HEALTH EDUCATION & BEHAVIOR*  
Green, L. W., Mullen, P., Lorig, K. R.  
2017; 44 (6): 946
- **Building Better Caregivers: A Pragmatic 12-Month Trial of a Community-Based Workshop for Caregivers of Cognitively Impaired Adults.** *Journal of applied gerontology : the official journal of the Southern Gerontological Society*  
Lorig, K., Ritter, P. L., Laurent, D. D., Yank, V.  
2017: 733464817741682
- **Development and Validation of a Rheumatologist Satisfaction with Practice Scale -"the Rheumatologist Satisfaction Scale" (RSS)**  
Sheth, K., Valenzuela, A., Shoor, S., Ritter, P. L., Lorig, K.  
WILEY.2017
- **Commentary on "Evidence-Based Self-management Programs for Seniors and Other With Chronic Diseases": Patient Experience-Patient Health-Return on Investment.** *The Journal of ambulatory care management*  
Lorig, K.  
2017; 40 (3): 185-188
- **Dissemination of Chronic Disease Self-Management Education (CDSME) Programs in the United States: Intervention Delivery by Rurality** *INTERNATIONAL JOURNAL OF ENVIRONMENTAL RESEARCH AND PUBLIC HEALTH*  
Smith, M., Towne, S. D., Herrera-Venson, A., Cameron, K., Kulinski, K. P., Lorig, K., Horel, S. A., Ory, M. G.  
2017; 14 (6)
- **Study protocol for a cluster randomised controlled trial to assess the effectiveness of user-driven intervention to prevent aggressive events in psychiatric services** *BMC PSYCHIATRY*  
Valimaki, M., Yang, M., Normand, S., Lorig, K. R., Anttila, M., Lantta, T., Pekurinen, V., Adams, C. E.  
2017; 17
- **Soliciting and Responding to Patients' Questions about Diabetes Through Online Sources.** *Diabetes technology & therapeutics*  
Crangle, C. E., Bradley, C., Carlin, P. F., Esterhay, R. J., Harper, R., Kearney, P. M., Lorig, K., McCarthy, V. J., McTear, M. F., Tuttle, M. S., Wallace, J. G., Savage, E.  
2017
- **Cost-Effectiveness of the Hepatitis C Self-Management Program.** *Health education & behavior*  
Groessler, E. J., Sklar, M., Laurent, D. D., Lorig, K., Ganiats, T. G., Ho, S. B.  
2017; 44 (1): 113-122
- **Dissemination of Chronic Disease Self-Management Education (CDSME) Programs in the United States: Intervention Delivery by Rurality.** *International journal of environmental research and public health*  
Smith, M. L., Towne, S. D., Herrera-Venson, A., Cameron, K., Kulinski, K. P., Lorig, K., Horel, S. A., Ory, M. G.  
2017; 14 (6)
- **A Diabetes Self-Management Program: 12-Month Outcome Sustainability From a Nonreinforced Pragmatic Trial** *JOURNAL OF MEDICAL INTERNET RESEARCH*  
Lorig, K., Ritter, P. L., Turner, R. M., English, K., Laurent, D. D., Greenberg, J.  
2016; 18 (12): 54-64
- **Health Coaching and Chronic Obstructive Pulmonary Disease Rehospitalization. A Randomized Study.** *American journal of respiratory and critical care medicine*  
Benzo, R., Vickers, K., Novotny, P. J., Tucker, S., Hoult, J., Neuenfeldt, P., Connett, J., Lorig, K., McEvoy, C.  
2016; 194 (6): 672-680
- **Health Coaching and Chronic Obstructive Pulmonary Disease Rehospitalization** *AMERICAN JOURNAL OF RESPIRATORY AND CRITICAL CARE MEDICINE*  
Benzo, R., Vickers, K., Novotny, P. J., Tucker, S., Hoult, J., Neuenfeldt, P., Connett, J., Lorig, K., McEvoy, C.  
2016; 194 (6): 672-680
- **Intervention to Improve Quality of life for African-American lupus patients (IQAN): study protocol for a randomized controlled trial of a unique a la carte intervention approach to self-management of lupus in African Americans** *BMC HEALTH SERVICES RESEARCH*  
Williams, E. M., Lorig, K., Glover, S., Kamen, D., Back, S., Merchant, A., Zhang, J., Oates, J. C.

2016; 16

- **Leveraging Administrative Data for Program Evaluations: A Method for Linking Data Sets Without Unique Identifiers** *EVALUATION & THE HEALTH PROFESSIONS*  
Lorden, A. L., Radcliff, T. A., Jiang, L., Horel, S. A., Smith, M. L., Lorig, K., Howell, B. L., Whitelaw, N., Ory, M.  
2016; 39 (2): 245-259
- **Characteristics of the Spanish- and English-Language Self-Efficacy to Manage Diabetes Scales** *DIABETES EDUCATOR*  
Ritter, P. L., Lorig, K., Laurent, D. D.  
2016; 42 (2): 167-177
- **Characteristics of the Spanish- and English-Language Self-Efficacy to Manage Diabetes Scales.** *Diabetes educator*  
Ritter, P. L., Lorig, K., Laurent, D. D.  
2016; 42 (2): 167-177
- **Benefits of Diabetes Self-Management for Health Plan Members: A 6-Month Translation Study.** *Journal of medical Internet research*  
Lorig, K., Ritter, P. L., Turner, R. M., English, K., Laurent, D. D., Greenberg, J.  
2016; 18 (6)
- **National study of chronic disease self-management: 6-month and 12-month findings among cancer survivors and non-cancer survivors** *PSYCHO-ONCOLOGY*  
Salvatore, A. L., Ahn, S., Jiang, L., Lorig, K., Ory, M. G.  
2015; 24 (12): 1714-1722
- **Can a Box of Mailed Materials Achieve the Triple Aims of Health Care? The Mailed Chronic Disease Self-Management Tool Kit Study.** *Health promotion practice*  
Lorig, K., Ritter, P. L., Moreland, C., Laurent, D. D.  
2015; 16 (5): 765-774
- **Dissecting an Online Intervention for Cancer Survivors: Four Exploratory Analyses of Internet Engagement and Its Effects on Health Status and Health Behaviors** *HEALTH EDUCATION & BEHAVIOR*  
Chen, Z., Koh, P. W., Ritter, P. L., Lorig, K., Bantum, E. O., Saria, S.  
2015; 42 (1): 32-45
- **Workshop characteristics related to chronic disease self-management education program attendance.** *Frontiers in public health*  
Smith, M. L., Ory, M. G., Jiang, L., Lorig, K., Kulinski, K. P., Ahn, S.  
2015; 3: 19-?
- **National study of chronic disease self-management: 6-month and 12-month findings among cancer survivors and non-cancer survivors.** *Psycho-oncology*  
Salvatore, A. L., Ahn, S., Jiang, L., Lorig, K., Ory, M. G.  
2015; 24 (12): 1714-22
- **Corrigendum: "Chronic Disease Self-Management Program: Insights from the Eye of the Storm".** *Frontiers in public health*  
Lorig, K.  
2015; 3: 153
- **Concordance between Self-Reports and Medicare Claims among Participants in a National Study of Chronic Disease Self-Management Program.** *Frontiers in public health*  
Jiang, L., Zhang, B., Smith, M. L., Lorden, A. L., Radcliff, T. A., Lorig, K., Howell, B. L., Whitelaw, N., Ory, M. G.  
2015; 3: 222-?
- **Effects of chronic disease self-management programs for participants with higher depression scores: secondary analyses of an on-line and a small-group program.** *Translational behavioral medicine*  
Ritter, P. L., Ory, M. G., Laurent, D. D., Lorig, K.  
2014; 4 (4): 398-406
- **Adaptation of the chronic disease self-management program for cancer survivors: feasibility, acceptability, and lessons for implementation.** *Journal of cancer education*  
Risendal, B., Dwyer, A., Seidel, R., Lorig, K., Katzenmeyer, C., Coombs, L., Kellar-Guenther, Y., Warren, L., Franco, A., Ory, M.  
2014; 29 (4): 762-771

- **Adaptation of the Chronic Disease Self-Management Program for Cancer Survivors: Feasibility, Acceptability, and Lessons for Implementation** *JOURNAL OF CANCER EDUCATION*  
Risendal, B., Dwyer, A., Seidel, R., Lorig, K., Katzenmeyer, C., Coombs, L., Kellar-Guenther, Y., Warren, L., Franco, A., Ory, M.  
2014; 29 (4): 762-771
- **The English and Spanish Self-Efficacy to Manage Chronic Disease Scale measures were validated using multiple studies** *JOURNAL OF CLINICAL EPIDEMIOLOGY*  
Ritter, P. L., Long, K.  
2014; 67 (11): 1265-73
- **National Study of Chronic Disease Self-Management: Age Comparison of Outcome Findings** *HEALTH EDUCATION & BEHAVIOR*  
Ory, M. G., Smith, M. L., Ahn, S., Jiang, L., Lorig, K., Whitelaw, N.  
2014; 41: 34S-42S
- **The components of action planning and their associations with behavior and health outcomes.** *Chronic illness*  
Lorig, K., Laurent, D. D., Plant, K., Krishnan, E., Ritter, P. L.  
2014; 10 (1): 50-59
- **Surviving and Thriving With Cancer Using a Web-Based Health Behavior Change Intervention: Randomized Controlled Trial** *JOURNAL OF MEDICAL INTERNET RESEARCH*  
Bantum, E. O., Albright, C. L., White, K. K., Berenberg, J. L., Layi, G., Ritter, P. L., Laurent, D., Plant, K., Lorig, K.  
2014; 16 (2)
- **Effectiveness of the Chronic Disease Self-Management Program for Persons with a Serious Mental Illness: A Translation Study** *COMMUNITY MENTAL HEALTH JOURNAL*  
Lorig, K., Ritter, P. L., Pifer, C., Werner, P.  
2014; 50 (1): 96-103
- **National study of chronic disease self-management: age comparison of outcome findings.** *Health education & behavior : the official publication of the Society for Public Health Education*  
Ory, M. G., Smith, M. L., Ahn, S., Jiang, L., Lorig, K., Whitelaw, N.  
2014; 41 (1 Suppl): 34S-42S
- **Evidence-based leadership council - a national collaborative.** *Frontiers in public health*  
Haynes, M., Hughes, S., Lorig, K., Simmons, J., Snyder, S. J., Steinman, L., Wilson, N., DiStefano, R., Raymond, J., FallCreek, S., Pelaez, M. B., Smith, D.  
2014; 2: 136-?
- **Chronic disease self-management program: insights from the eye of the storm.** *Frontiers in public health*  
Lorig, K.  
2014; 2: 253-?
- **Closing the Disparity Gap: The Work of the Administration on Aging** *GENERATIONS-JOURNAL OF THE AMERICAN SOCIETY ON AGING*  
Boutaugh, M. L., Jenkins, S. M., Kulinski, K. P., Lorig, K. R., Ory, M. G., Smith, M. L.  
2014; 38 (4): 107-118
- **Chronic disease self-management program in the workplace: opportunities for health improvement.** *Frontiers in public health*  
Smith, M. L., Wilson, M. G., DeJoy, D. M., Padilla, H., Zuercher, H., Corso, P., Vandenberg, R., Lorig, K., Ory, M. G.  
2014; 2: 179-?
- **The role of session zero in successful completion of chronic disease self-management program workshops.** *Frontiers in public health*  
Jiang, L., Smith, M. L., Chen, S., Ahn, S., Kulinski, K. P., Lorig, K., Ory, M. G.  
2014; 2: 205-?
- **Setting the stage: measure selection, coordination, and data collection for a national self-management initiative.** *Frontiers in public health*  
Kulinski, K. P., Boutaugh, M., Smith, M. L., Ory, M. G., Lorig, K.  
2014; 2: 206-?
- **Linking evidence-based program participant data with medicare data: the consenting process and correlates of retrospective participant consents.** *Frontiers in public health*  
Ritter, P. L., Ory, M. G., Smith, M. L., Jiang, L., Alonis, A., Laurent, D. D., Lorig, K.

2014; 2: 176-?

- **National dissemination of chronic disease self-management education programs: an incremental examination of delivery characteristics.** *Frontiers in public health*  
Smith, M. L., Ory, M. G., Ahn, S., Kulinski, K. P., Jiang, L., Horel, S., Lorig, K.  
2014; 2: 227-?
- **Meeting the challenge of cancer survivorship in public health: results from the evaluation of the chronic disease self-management program for cancer survivors.** *Frontiers in public health*  
Risendal, B. C., Dwyer, A., Seidel, R. W., Lorig, K., Coombs, L., Ory, M. G.  
2014; 2: 214-?
- **Surviving and thriving with cancer using a Web-based health behavior change intervention: randomized controlled trial.** *Journal of medical Internet research*  
Bantum, E. O., Albright, C. L., White, K. K., Berenberg, J. L., Layi, G., Ritter, P. L., Laurent, D., Plant, K., Lorig, K.  
2014; 16 (2)
- **The impact of chronic disease self-management programs: healthcare savings through a community-based intervention** *BMC PUBLIC HEALTH*  
Ahn, S., Basu, R., Smith, M. L., Jiang, L., Lorig, K., Whitelaw, N., Ory, M. G.  
2013; 13
- **Successes of a National Study of the Chronic Disease Self-Management Program Meeting the Triple Aim of Health Care Reform** *MEDICAL CARE*  
Ory, M. G., Ahn, S., Jiang, L., Smith, M. L., Ritter, P. L., Whitelaw, N., Lorig, K.  
2013; 51 (11): 992-998
- **National Study of Chronic Disease Self-Management Six-Month Outcome Findings** *JOURNAL OF AGING AND HEALTH*  
Ory, M. G., Ahn, S., Jiang, L., Lorig, K., Ritter, P., Laurent, D. D., Whitelaw, N., Smith, M. L.  
2013; 25 (7): 1258-1274
- **Effectiveness of a Generic Chronic Disease Self-Management Program for People With Type 2 Diabetes A Translation Study** *DIABETES EDUCATOR*  
Lorig, K., Ritter, P. L., Ory, M. G., Whitelaw, N.  
2013; 39 (5): 655-663
- **Self-Management at the Tipping Point: Reaching 100,000 Americans with Evidence-Based Programs** *JOURNAL OF THE AMERICAN GERIATRICS SOCIETY*  
Ory, M. G., Smith, M. L., Kulinski, K. P., Lorig, K., Zenker, W., Whitelaw, N.  
2013; 61 (5): 821-823
- **Coding and Evaluating Facilitator Posts for an Online Cancer Survivor Workshop** *JOURNAL OF PSYCHOSOCIAL ONCOLOGY*  
Gits, A. A., Ritter, P. L., Plant, K., Lorig, K.  
2013; 31 (2): 219-234
- **Development and Feasibility of a Self-management Intervention for Chronic Obstructive Pulmonary Disease Delivered With Motivational Interviewing Strategies** *JOURNAL OF CARDIOPULMONARY REHABILITATION AND PREVENTION*  
Benzo, R., Vickers, K., Ernst, D., Tucker, S., McEvoy, C., Lorig, K.  
2013; 33 (2): 113-122
- **The South Australia Health Chronic Disease Self-Management Internet Trial** *HEALTH EDUCATION & BEHAVIOR*  
Lorig, K., Ritter, P. L., Plant, K., Laurent, D. D., Kelly, P., Rowe, S.  
2013; 40 (1): 67-77
- **Web-based self-management support training for health professionals: A pilot study** *PATIENT EDUCATION AND COUNSELING*  
Yank, V., Laurent, D., Plant, K., Lorig, K.  
2013; 90 (1): 29-37
- **AN OVERVIEW OF COMMUNITIES PUTTING PREVENTION TO WORK: CHRONIC DISEASE SELF-MANAGEMENT PROGRAM**  
Patton, K., Smith, M. L., Ory, M. G., Lorig, K., Zenker, W., Whitelaw, N.  
OXFORD UNIV PRESS INC.2012: 242-242
- **Patient-Centered Care: Depends on the Point of View** *HEALTH EDUCATION & BEHAVIOR*  
Lorig, K.

2012; 39 (5): 523-525

- **Peer education for secondary stroke prevention in inner-city minorities: Design and methods of the prevent recurrence of all inner-city strokes through education randomized controlled trial** *CONTEMPORARY CLINICAL TRIALS*  
Goldfinger, J. Z., Kronish, I. M., Fei, K., Graciani, A., Rosenfeld, P., Lorig, K., Horowitz, C. R.  
2012; 33 (5): 1065-1073
- **Diabetes Mellitus in Older People: Position Statement on behalf of the International Association of Gerontology and Geriatrics (IAGG), the European Diabetes Working Party for Older People (EDWPOP), and the International Task Force of Experts in Diabetes** *JOURNAL OF THE AMERICAN MEDICAL DIRECTORS ASSOCIATION*  
Sinclair, A., Morley, J. E., Rodriguez-Manas, L., Paolisso, G., Bayer, T., Zeyfang, A., Bourdel-Marchasson, I., Vischer, U., Woo, J., Chapman, I., Dunning, T., Meneilly, G., Rodriguez-Saldana, et al  
2012; 13 (6): 497-502
- **Building Better Caregivers: A Pilot Online Support Workshop for Family Caregivers of Cognitively Impaired Adults** *JOURNAL OF APPLIED GERONTOLOGY*  
Lorig, K., Thompson-Gallagher, D., Traylor, L., Ritter, P. L., Laurent, D. D., Plant, K., Thompson, L. W., Hahn, T. J.  
2012; 31 (3): 423-437
- **The dos and don'ts of patient engagement in busy office practices.** *The Journal of ambulatory care management*  
Hibbard, J., Lorig, K.  
2012; 35 (2): 129-132
- **Patient-Centered Care: Depends on the Point of View.** *Health education & behavior : the official publication of the Society for Public Health Education*  
Lorig, K.  
2012; 39 (5): 523-25
- **UH Cancer Center Hotline: Recruiting cancer survivors for an online health-behavior change intervention: are different strategies more beneficial?** *Hawaii medical journal*  
Layi, G., Albright, C. A., Berenberg, J., Plant, K., Ritter, P., Laurent, D., Lorig, K., Bantum, E. O.  
2011; 70 (10): 222-223
- **Effectively translating diabetes prevention: a successful model in a historically underserved community** *TRANSLATIONAL BEHAVIORAL MEDICINE*  
Horowitz, C. R., Eckhardt, S., Talavera, S., Goytia, C., Lorig, K.  
2011; 1 (3): 443-452
- **How should we define health?** *BRITISH MEDICAL JOURNAL*  
Huber, M., Knottnerus, J., Green, L., van der Horst, H., Jadad, A. R., Kromhout, D., Leonard, B., Lorig, K., Loureiro, M., van der Meer, J. M., Schnabel, P., Smith, R., van Weel, et al  
2011; 343
- **Cancer Health Empowerment for Living without Pain (Ca-HELP): Effects of a tailored education and coaching intervention on pain and impairment** *PAIN*  
Kravitz, R. L., Tancredi, D. J., Grennan, T., Kalauokalani, D., Street, R. L., Slee, C. K., Wun, T., Oliver, J. W., Lorig, K., Franks, P.  
2011; 152 (7): 1572-1582
- **Moderators of chronic disease self-management programs: who benefits?** *Chronic illness*  
Ritter, P. L., Lee, J., Lorig, K.  
2011; 7 (2): 162-172
- **The internet diabetes self-management workshop for American Indians and Alaska Natives.** *Health promotion practice*  
Johnson, V. B., Lorig, K.  
2011; 12 (2): 261-270
- **Self-Management: Enabling and Empowering Patients Living With Cancer as a Chronic Illness** *CA-A CANCER JOURNAL FOR CLINICIANS*  
McCorkle, R., Ercolano, E., Lazenby, M., Schulman-Green, D., Schilling, L. S., Lorig, K., Wagner, E. H.  
2011; 61 (1): 50-62
- **Untitled** *DIABETES EDUCATOR*  
Lorig, K., Alvarez, S.  
2011; 37 (1): 128

- **Chronic disease self-management: from randomized trial to public policy**  
Lorig, K.  
OXFORD UNIV PRESS.2010: 6-7
- **Online Diabetes Self-Management Program A randomized study** *DIABETES CARE*  
Lorig, K., Ritter, P. L., Laurent, D. D., Plant, K., Green, M., Jernigan, V. B., Case, S.  
2010; 33 (6): 1275-1281
- **The Health and Recovery Peer (HARP) Program: A peer-led intervention to improve medical self-management for persons with serious mental illness** *SCHIZOPHRENIA RESEARCH*  
Druss, B. G., Zhao, L., von Esenwein, S. A., Bona, J. R., Fricks, L., Jenkins-Tucker, S., Sterling, E., DiClemente, R., Lorig, K.  
2010; 118 (1-3): 264-270
- **Some not so random thoughts about participation.** *The Journal of ambulatory care management*  
Lorig, K.  
2009; 32 (4): 278-279
- **Mail-Delivered Arthritis Self-Management Tool Kit: A Randomized Trial and Longitudinal Followup** *ARTHRITIS & RHEUMATISM-ARTHRITIS CARE & RESEARCH*  
Goepfinger, J., Lorig, K. R., Ritter, P. L., Mutatkar, S., Villa, F., Gizlice, Z.  
2009; 61 (7): 867-875
- **Community-Based Peer-Led Diabetes Self-management A Randomized Trial** *DIABETES EDUCATOR*  
Lorig, K., Ritter, P. L., Villa, F. J., Armas, J.  
2009; 35 (4): 641-651
- **Content and Frequency of Writing on Diabetes Bulletin Boards: Does Race Make a Difference?** *JOURNAL OF MEDICAL INTERNET RESEARCH*  
Case, S., Jernigan, V., Gardner, A., Ritter, P., Heaney, C. A., Lorig, K. R.  
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- **The Expert Patients Programme online, a 1-year study of an Internet-based self-management programme for people with long-term conditions.** *Chronic illness*  
Lorig, K. R., Ritter, P. L., Dost, A., Plant, K., Laurent, D. D., McNeil, I.  
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- **Perceived control moderated the self-efficacy-enhancing effects of a chronic illness self-management intervention.** *Chronic illness*  
Jerant, A., Moore, M., Lorig, K., Franks, P.  
2008; 4 (3): 173-182
- **The Internet-based Arthritis Self-Management Program: A one-year randomized trial for patients with arthritis or fibromyalgia** *ARTHRITIS & RHEUMATISM-ARTHRITIS CARE & RESEARCH*  
Lorig, K. R., Ritter, P. L., Laurent, D. D., Plant, K.  
2008; 59 (7): 1009-1017
- **Spanish diabetes self-management with and without automated telephone reinforcement - Two randomized trials** *DIABETES CARE*  
Lorig, K., Ritter, P. L., Villa, F., Piette, J. D.  
2008; 31 (3): 408-414
- **Participation in patient self-management programs** *ARTHRITIS & RHEUMATISM-ARTHRITIS CARE & RESEARCH*  
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