

Stanford

Kate Lorig

Professor (Research) of Medicine (Immunology and Rheumatology), Emerita
Medicine - Immunology & Rheumatology

CONTACT INFORMATION

• Alternate Contact

Kate Lorig - Professor Emerita

Email lorig@stanford.edu

Bio

ACADEMIC APPOINTMENTS

- Professor Emeritus, Medicine - Immunology & Rheumatology
- Member, Stanford Cancer Institute

PROFESSIONAL EDUCATION

- DrPH, UC Berkeley Public Health , Health Education (1980)
- MS, UC San Francisco , Nursing (1968)
- BS, Boston University , Nursing (1964)

COMMUNITY AND INTERNATIONAL WORK

- Expert Patient Internet Project, England

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Outcomes (behavior, health status, health care utilization) of community based chronic disease patient education in English and Spanish.

Ongoing studies include small group diabetes self-management for Spanish speakers. Internet self-management for chronic disease, arthritis, and diabetes (3 separate projects). Low cost mailed arthritis programs for Spanish Speakers and evaluation of an Internet based chronic disease self management program for the National Health Service (Expert Patient Program) in the UK.

CLINICAL TRIALS

- A National Study of the Chronic Disease Self-Management Program, Not Recruiting
- Active Living Tool Kit for Chronic Conditions, Not Recruiting
- Arthritis Self-Management Education Program, Not Recruiting
- Building Better Caregivers Online: An Online Workshop for Caregivers of Those With Traumatic Brain Injury, Post Traumatic Stress Disorder, or Alzheimer's or Other Dementia, Not Recruiting
- Building Better Caregivers: Development and Evaluation, Not Recruiting
- Cancer: Thriving and Surviving Online Workshop and Study for Cancer Survivors, Not Recruiting
- Development and Evaluation of A Mailed Arthritis Self-Management Program, Not Recruiting
- Doctors and Web-based Self-management Support Pilot Study, Not Recruiting

- English Diabetes Self-Management Program, Not Recruiting
- Healthier Living Canada, Not Recruiting
- Healthier Living With Arthritis Online Program, Not Recruiting
- Improving Self Management Skills of Older Adults With Diabetes, Not Recruiting
- Internet Chronic Disease Self-Management Program for Australia, Not Recruiting
- Internet Diabetes Self-Management, Not Recruiting
- Internet Diabetes Self-Management Workshop, Not Recruiting
- Low Back Pain Patient Education Evaluation, Not Recruiting
- Patient Education in Rheumatoid Arthritis and Osteoarthritis, Not Recruiting
- Spanish Diabetes Self-Management Program, Not Recruiting

Publications

PUBLICATIONS

- **Empowered Relief, cognitive behavioral therapy, and health education for people with chronic pain: a comparison of outcomes at 6-month Follow-up for a randomized controlled trial.** *Pain reports*
Darnall, B. D., Burns, J. W., Hong, J., Roy, A., Slater, K., Poupore-King, H., Ziadni, M. S., You, D. S., Jung, C., Cook, K. F., Lorig, K., Tian, L., Mackey, et al
2024; 9 (1): e1116
- **Effective strategies to recruit rural family/friend caregivers of persons living with dementia in the United States into a national randomized controlled trial: preliminary results**
Yank, V. A., Santoyo-Olsson, J., Luzanilla, M., Romo, E., Ramirez, G., Chesla, C., Lorig, K., Cheng, J., Covinsky, K. E., Gallagher-Thompson, D., Karliner, L.
WILEY.2023
- **Predictors of psychological distress among rural family/friend caregivers of people living with dementia in the United States: Consequences of the COVID-19 pandemic.** *The journals of gerontology. Series B, Psychological sciences and social sciences*
Santoyo-Olsson, J., Covinsky, K. E., Chesla, C. A., Lorig, K., Gallagher Thompson, D., Cheng, J., Luzanilla, M., Macias Romo, E., Aguayo Ramirez, G., Karliner, L., Yank, V.
2023
- **Remote Evidence-Based Health Promotion Programs During COVID: A National Evaluation of Reach and Implementation for Older Adult Health Equity.** *Health promotion practice*
Steinman, L., Chavez Santos, E., Chadwick, K., Mayotte, C., Johnson, S. S., Kohn, M., Kelley, J., Denison, P., Montes, C., Spencer-Brown, L., Lorig, K.
2023: 15248399231175843
- **In Memoriam: Carol D'Onofrio, DrPH, MPH (1936-2020)** *HEALTH EDUCATION & BEHAVIOR*
Minkler, M., Bloom, J., Green, L. W., Lorig, K., Auld, M.
2022: 10901981221130733
- **Study protocol for a hybrid effectiveness-implementation trial of the Building Better Caregivers online workshop for rural family/friend caregivers of people living with dementia.** *Contemporary clinical trials*
Santoyo-Olsson, J., Lorig, K., Romo, E. M., Luzanilla, M., Ramirez, G. A., Cheng, J., Chesla, C., Covinsky, K., Karliner, L., Thompson, D. G., Fahrenwald, N., Yank, V.
2022: 106903
- **Challenges in self-management of persons living with advanced cancer: An exploratory, in-depth interview study.** *European journal of cancer care*
Noorlandt, H., Stoevelaar, R., van Dongen, S., Arslan, M., Luu, N., Kranenburg, L., Witkamp, E., van der Rijt, C., Lorig, K., van der Heide, A., Rietjens, J.
2022: e13638
- **In Memoriam: Albert Bandura, PhD (1925-2021)** *HEALTH EDUCATION & BEHAVIOR*
Green, L. W., Lorig, K., Mullen, P., Sleet, D., Alber, J. M.
2022: 10901981221082615
- **Remote Delivery of the Chronic Pain Self-management Program Using Self-directed Materials and Small-group Telephone Support: A Pilot Study.** *Journal of applied gerontology : the official journal of the Southern Gerontological Society*

- Sheth, K., Ritter, P. L., Lorig, K., Steinman, L., FallCreek, S.
1800: 7334648211062805
- **Engagement in Prescription Opioid Tapering Research: the EMPOWER Study and a Coproduction Model of Success.** *Journal of general internal medicine*
Mardian, A., Perez, L., Pun, T., Cheung, M., Porter, J., De Bruyne, K., Kao, M., Flood, P., Moore, N., Colloca, L., Cramer, E., Ashton-James, C. E., Lorig, et al
2021
 - **RAPID ADAPTATION AND TRANSLATION OF HEALTH PROMOTION PROGRAMS FOR OLDER ADULTS: LESSONS LEARNED FROM THE COVID-19 PANDEMIC**
Hughes, J. M., Lorig, K., McMahon, S. K., Orsega-Smith, E.
OXFORD UNIV PRESS INC.2021: S598
 - **Comparison of a Single-Session Pain Management Skills Intervention With a Single-Session Health Education Intervention and 8 Sessions of Cognitive Behavioral Therapy in Adults With Chronic Low Back Pain: A Randomized Clinical Trial.** *JAMA network open*
Darnall, B. D., Roy, A., Chen, A. L., Ziadni, M. S., Keane, R. T., You, D. S., Slater, K., Poupore-King, H., Mackey, I., Kao, M. C., Cook, K. F., Lorig, K., Zhang, et al
2021; 4 (8): e2113401
 - **High Coping Self-Efficacy Associated With Lower Sweat Inflammatory Cytokines in Adults: A Pilot Study.** *Biological research for nursing*
Hladek, M., Gill, J., Lai, C., Lorig, K., Szanton, S.
2020; 22 (1): 75-81
 - **Effects of COVID-19 on Informal Caregivers and the Development and Validation of a Scale in English and Spanish to Measure the Impact of COVID-19 on Caregivers.** *Journal of applied gerontology : the official journal of the Southern Gerontological Society*
Sheth, K. n., Lorig, K. n., Stewart, A. n., Parodi, J. F., Ritter, P. L.
2020: 733464820971511
 - **Development and Evaluation of the 8-item Caregiver Self-Efficacy Scale (CSES-8).** *The Gerontologist*
Ritter, P. L., Sheth, K. n., Stewart, A. L., Gallagher-Thompson, D. n., Lorig, K. n.
2020
 - **Development and validation of a rheumatologist satisfaction with practice scale: The rheumatologist satisfaction scale.** *Medicine*
Sheth, K., Valenzuela, A., Shoor, S., Ritter, P. L., Lorig, K.
2019; 98 (48): e18114
 - **High Coping Self-Efficacy Associated With Lower Sweat Inflammatory Cytokines in Adults: A Pilot Study** *BIOLOGICAL RESEARCH FOR NURSING*
Hladek, M., Gill, J., Lai, C., Lorig, K., Szanton, S.
2019
 - **Building Better Caregivers: A Pragmatic 12-Month Trial of a Community-Based Workshop for Caregivers of Cognitively Impaired Adults** *JOURNAL OF APPLIED GERONTOLOGY*
Lorig, K., Ritter, P. L., Laurent, D. D., Yank, V.
2019; 38 (9): 1228-52
 - **Efficacy and cost-effectiveness of behavioral interventions in nonclinical settings for improving health outcomes.** *Health psychology : official journal of the Division of Health Psychology, American Psychological Association*
Wilson, D. K., Lorig, K., Klein, W. M., Riley, W., Sweeney, A. M., Christensen, A.
2019; 38 (8): 689-700
 - **High coping self-efficacy associated with lower odds of pre-frailty/frailty in older adults with chronic disease.** *Aging & mental health*
Hladek, M. D., Gill, J., Bandeen-Roche, K., Walston, J., Allen, J., Hinkle, J. L., Lorig, K., Szanton, S. L.
2019: 1-7
 - **International Stakeholder Community of Pain Experts and Leaders Call for an Urgent Action on Forced Opioid Tapering** *PAIN MEDICINE*
Darnall, B. D., Juurlink, D., Kerns, R. D., Mackey, S., Van Dorsten, B., Humphreys, K., Gonzalez-Sotomayor, J. A., Furlan, A., Gordon, A. J., Gordon, D. B., Hoffman, D. E., Katz, J., Kertesz, et al
2019; 20 (3): 429-33
 - **Comparative Effectiveness of Cognitive Behavioral Therapy for Chronic Pain and Chronic Pain Self-Management within the Context of Voluntary Patient-Centered Prescription Opioid Tapering: The EMPOWER Study Protocol.** *Pain medicine (Malden, Mass.)*

- Darnall, B. D., Mackey, S. C., Lorig, K. n., Kao, M. C., Mardian, A. n., Stieg, R. n., Porter, J. n., DeBruyne, K. n., Murphy, J. n., Perez, L. n., Okvat, H. n., Tian, L. n., Flood, et al
2019
- **International Stakeholder Community of Pain Experts and Leaders Call for an Urgent Action on Forced Opioid Tapering.** *Pain medicine (Malden, Mass.)*
Darnall, B. D., Juurlink, D., Kerns, R. D., Mackey, S., Van Dorsten, B., Humphreys, K., Gonzalez-Sotomayor, J. A., Furlan, A., Gordon, A. J., Gordon, D. B., Hoffman, D. E., Katz, J., Kertesz, et al
2018
 - **Development and Pilot of a Patient Satisfaction Scale in Rheumatology**
Valenzuela, A., Sheth, K., Shoor, S., Ritter, P. L., Lorig, K.
WILEY.2018
 - **Evaluation of a Diabetes Self-Management Program: Claims Analysis on Comorbid Illnesses, Health Care Utilization, and Cost** *JOURNAL OF MEDICAL INTERNET RESEARCH*
Turner, R. M., Ma, Q., Lorig, K., Greenberg, J., DeVries, A. R.
2018; 20 (6): e207
 - **Comparative Efficacy and Mechanisms of a Single-Session Pain Psychology Class in Chronic Low Back Pain: Study Protocol for a Randomized Controlled Trial.** *Trials*
Darnall, B. D., Ziadni, M. S., Roy, A., Kao, M. C., Sturgeon, J. A., Cook, K. F., Lorig, K., Burns, J. W., Mackey, S. C.
2018; 19 (1): 165
 - **Comparative Efficacy and Mechanisms of a Single-Session Pain Psychology Class in Chronic Low Back Pain: Study Protocol for a Randomized Controlled Trial** *Trials*
Darnall, B., Siadni, M., Roy, A., Kao, M., Sturgeon, J., Cook, K., Lorig, K., Burns, J., Mackey, S.
2018: 165
 - **Sarah Tilton Fries, MPH (1938-2017) In Memoriam** *HEALTH EDUCATION & BEHAVIOR*
Green, L. W., Mullen, P., Lorig, K. R.
2017; 44 (6): 946
 - **Building Better Caregivers: A Pragmatic 12-Month Trial of a Community-Based Workshop for Caregivers of Cognitively Impaired Adults.** *Journal of applied gerontology : the official journal of the Southern Gerontological Society*
Lorig, K., Ritter, P. L., Laurent, D. D., Yank, V.
2017: 733464817741682
 - **Development and Validation of a Rheumatologist Satisfaction with Practice Scale -"the Rheumatologist Satisfaction Scale" (RSS)**
Sheth, K., Valenzuela, A., Shoor, S., Ritter, P. L., Lorig, K.
WILEY.2017
 - **Commentary on "Evidence-Based Self-management Programs for Seniors and Other With Chronic Diseases": Patient Experience-Patient Health-Return on Investment.** *The Journal of ambulatory care management*
Lorig, K.
2017; 40 (3): 185-188
 - **Dissemination of Chronic Disease Self-Management Education (CDSME) Programs in the United States: Intervention Delivery by Rurality.** *International journal of environmental research and public health*
Smith, M. L., Towne, S. D., Herrera-Venson, A., Cameron, K., Kulinski, K. P., Lorig, K., Horel, S. A., Ory, M. G.
2017; 14 (6)
 - **Dissemination of Chronic Disease Self-Management Education (CDSME) Programs in the United States: Intervention Delivery by Rurality** *INTERNATIONAL JOURNAL OF ENVIRONMENTAL RESEARCH AND PUBLIC HEALTH*
Smith, M., Towne, S. D., Herrera-Venson, A., Cameron, K., Kulinski, K. P., Lorig, K., Horel, S. A., Ory, M. G.
2017; 14 (6)
 - **Study protocol for a cluster randomised controlled trial to assess the effectiveness of user-driven intervention to prevent aggressive events in psychiatric services** *BMC PSYCHIATRY*
Valimaki, M., Yang, M., Normand, S., Lorig, K. R., Anttila, M., Lantta, T., Pekurinen, V., Adams, C. E.
2017; 17

- **Soliciting and Responding to Patients' Questions about Diabetes Through Online Sources.** *Diabetes technology & therapeutics*
Crangle, C. E., Bradley, C., Carlin, P. F., Esterhay, R. J., Harper, R., Kearney, P. M., Lorig, K., McCarthy, V. J., McTear, M. F., Tuttle, M. S., Wallace, J. G., Savage, E.
2017
- **Cost-Effectiveness of the Hepatitis C Self-Management Program.** *Health education & behavior*
Grossl, E. J., Sklar, M., Laurent, D. D., Lorig, K., Ganiats, T. G., Ho, S. B.
2017; 44 (1): 113-122
- **A Diabetes Self-Management Program: 12-Month Outcome Sustainability From a Nonreinforced Pragmatic Trial** *JOURNAL OF MEDICAL INTERNET RESEARCH*
Lorig, K., Ritter, P. L., Turner, R. M., English, K., Laurent, D. D., Greenberg, J.
2016; 18 (12): 54-64
- **Health Coaching and Chronic Obstructive Pulmonary Disease Rehospitalization. A Randomized Study.** *American journal of respiratory and critical care medicine*
Benzo, R., Vickers, K., Novotny, P. J., Tucker, S., Hoult, J., Neuenfeldt, P., Connett, J., Lorig, K., McEvoy, C.
2016; 194 (6): 672-680
- **Health Coaching and Chronic Obstructive Pulmonary Disease Rehospitalization** *AMERICAN JOURNAL OF RESPIRATORY AND CRITICAL CARE MEDICINE*
Benzo, R., Vickers, K., Novotny, P. J., Tucker, S., Hoult, J., Neuenfeldt, P., Connett, J., Lorig, K., McEvoy, C.
2016; 194 (6): 672-680
- **Intervention to Improve Quality of life for African-American lupus patients (IQAN): study protocol for a randomized controlled trial of a unique a la carte intervention approach to self-management of lupus in African Americans** *BMC HEALTH SERVICES RESEARCH*
Williams, E. M., Lorig, K., Glover, S., Kamen, D., Back, S., Merchant, A., Zhang, J., Oates, J. C.
2016; 16
- **Leveraging Administrative Data for Program Evaluations: A Method for Linking Data Sets Without Unique Identifiers** *EVALUATION & THE HEALTH PROFESSIONS*
Lorden, A. L., Radcliff, T. A., Jiang, L., Horel, S. A., Smith, M. L., Lorig, K., Howell, B. L., Whitelaw, N., Ory, M.
2016; 39 (2): 245-259
- **Characteristics of the Spanish- and English-Language Self-Efficacy to Manage Diabetes Scales** *DIABETES EDUCATOR*
Ritter, P. L., Lorig, K., Laurent, D. D.
2016; 42 (2): 167-177
- **Characteristics of the Spanish- and English-Language Self-Efficacy to Manage Diabetes Scales.** *Diabetes educator*
Ritter, P. L., Lorig, K., Laurent, D. D.
2016; 42 (2): 167-177
- **Benefits of Diabetes Self-Management for Health Plan Members: A 6-Month Translation Study.** *Journal of medical Internet research*
Lorig, K., Ritter, P. L., Turner, R. M., English, K., Laurent, D. D., Greenberg, J.
2016; 18 (6)
- **National study of chronic disease self-management: 6-month and 12-month findings among cancer survivors and non-cancer survivors** *PSYCHO-ONCOLOGY*
Salvatore, A. L., Ahn, S., Jiang, L., Lorig, K., Ory, M. G.
2015; 24 (12): 1714-1722
- **National study of chronic disease self-management: 6-month and 12-month findings among cancer survivors and non-cancer survivors.** *Psycho-oncology*
Salvatore, A. L., Ahn, S., Jiang, L., Lorig, K., Ory, M. G.
2015; 24 (12): 1714-22
- **Can a Box of Mailed Materials Achieve the Triple Aims of Health Care? The Mailed Chronic Disease Self-Management Tool Kit Study.** *Health promotion practice*
Lorig, K., Ritter, P. L., Moreland, C., Laurent, D. D.
2015; 16 (5): 765-774

- **Dissecting an Online Intervention for Cancer Survivors: Four Exploratory Analyses of Internet Engagement and Its Effects on Health Status and Health Behaviors** *HEALTH EDUCATION & BEHAVIOR*
Chen, Z., Koh, P. W., Ritter, P. L., Lorig, K., Bantum, E. O., Saria, S.
2015; 42 (1): 32-45
- **Workshop characteristics related to chronic disease self-management education program attendance.** *Frontiers in public health*
Smith, M. L., Ory, M. G., Jiang, L., Lorig, K., Kulinski, K. P., Ahn, S.
2015; 3: 19-?
- **Corrigendum: "Chronic Disease Self-Management Program: Insights from the Eye of the Storm".** *Frontiers in public health*
Lorig, K.
2015; 3: 153
- **Concordance between Self-Reports and Medicare Claims among Participants in a National Study of Chronic Disease Self-Management Program.** *Frontiers in public health*
Jiang, L., Zhang, B., Smith, M. L., Lorden, A. L., Radcliff, T. A., Lorig, K., Howell, B. L., Whitelaw, N., Ory, M. G.
2015; 3: 222-?
- **Effects of chronic disease self-management programs for participants with higher depression scores: secondary analyses of an on-line and a small-group program.** *Translational behavioral medicine*
Ritter, P. L., Ory, M. G., Laurent, D. D., Lorig, K.
2014; 4 (4): 398-406
- **Adaptation of the chronic disease self-management program for cancer survivors: feasibility, acceptability, and lessons for implementation.** *Journal of cancer education*
Risendal, B., Dwyer, A., Seidel, R., Lorig, K., Katzenmeyer, C., Coombs, L., Kellar-Guenther, Y., Warren, L., Franco, A., Ory, M.
2014; 29 (4): 762-771
- **Adaptation of the Chronic Disease Self-Management Program for Cancer Survivors: Feasibility, Acceptability, and Lessons for Implementation** *JOURNAL OF CANCER EDUCATION*
Risendal, B., Dwyer, A., Seidel, R., Lorig, K., Katzenmeyer, C., Coombs, L., Kellar-Guenther, Y., Warren, L., Franco, A., Ory, M.
2014; 29 (4): 762-771
- **The English and Spanish Self-Efficacy to Manage Chronic Disease Scale measures were validated using multiple studies** *JOURNAL OF CLINICAL EPIDEMIOLOGY*
Ritter, P. L., Long, K.
2014; 67 (11): 1265-73
- **National Study of Chronic Disease Self-Management: Age Comparison of Outcome Findings** *HEALTH EDUCATION & BEHAVIOR*
Ory, M. G., Smith, M. L., Ahn, S., Jiang, L., Lorig, K., Whitelaw, N.
2014; 41: 34S-42S
- **National study of chronic disease self-management: age comparison of outcome findings.** *Health education & behavior : the official publication of the Society for Public Health Education*
Ory, M. G., Smith, M. L., Ahn, S., Jiang, L., Lorig, K., Whitelaw, N.
2014; 41 (1 Suppl): 34S-42S
- **The components of action planning and their associations with behavior and health outcomes.** *Chronic illness*
Lorig, K., Laurent, D. D., Plant, K., Krishnan, E., Ritter, P. L.
2014; 10 (1): 50-59
- **Surviving and Thriving With Cancer Using a Web-Based Health Behavior Change Intervention: Randomized Controlled Trial** *JOURNAL OF MEDICAL INTERNET RESEARCH*
Bantum, E. O., Albright, C. L., White, K. K., Berenberg, J. L., Layi, G., Ritter, P. L., Laurent, D., Plant, K., Lorig, K.
2014; 16 (2)
- **Effectiveness of the Chronic Disease Self-Management Program for Persons with a Serious Mental Illness: A Translation Study** *COMMUNITY MENTAL HEALTH JOURNAL*
Lorig, K., Ritter, P. L., Pifer, C., Werner, P.
2014; 50 (1): 96-103

- **Evidence-based leadership council - a national collaborative.** *Frontiers in public health*
Haynes, M., Hughes, S., Lorig, K., Simmons, J., Snyder, S. J., Steinman, L., Wilson, N., DiStefano, R., Raymond, J., FallCreek, S., Pelaez, M. B., Smith, D.
2014; 2: 136-?
- **Chronic disease self-management program: insights from the eye of the storm.** *Frontiers in public health*
Lorig, K.
2014; 2: 253-?
- **Closing the Disparity Gap: The Work of the Administration on Aging** *GENERATIONS-JOURNAL OF THE AMERICAN SOCIETY ON AGING*
Boutaugh, M. L., Jenkins, S. M., Kulinski, K. P., Lorig, K. R., Ory, M. G., Smith, M. L.
2014; 38 (4): 107-118
- **Chronic disease self-management program in the workplace: opportunities for health improvement.** *Frontiers in public health*
Smith, M. L., Wilson, M. G., DeJoy, D. M., Padilla, H., Zuercher, H., Corso, P., Vandenberg, R., Lorig, K., Ory, M. G.
2014; 2: 179-?
- **The role of session zero in successful completion of chronic disease self-management program workshops.** *Frontiers in public health*
Jiang, L., Smith, M. L., Chen, S., Ahn, S., Kulinski, K. P., Lorig, K., Ory, M. G.
2014; 2: 205-?
- **Setting the stage: measure selection, coordination, and data collection for a national self-management initiative.** *Frontiers in public health*
Kulinski, K. P., Boutaugh, M., Smith, M. L., Ory, M. G., Lorig, K.
2014; 2: 206-?
- **Linking evidence-based program participant data with medicare data: the consenting process and correlates of retrospective participant consents.** *Frontiers in public health*
Ritter, P. L., Ory, M. G., Smith, M. L., Jiang, L., Alonis, A., Laurent, D. D., Lorig, K.
2014; 2: 176-?
- **National dissemination of chronic disease self-management education programs: an incremental examination of delivery characteristics.** *Frontiers in public health*
Smith, M. L., Ory, M. G., Ahn, S., Kulinski, K. P., Jiang, L., Horel, S., Lorig, K.
2014; 2: 227-?
- **Meeting the challenge of cancer survivorship in public health: results from the evaluation of the chronic disease self-management program for cancer survivors.** *Frontiers in public health*
Risendal, B. C., Dwyer, A., Seidel, R. W., Lorig, K., Coombs, L., Ory, M. G.
2014; 2: 214-?
- **Surviving and thriving with cancer using a Web-based health behavior change intervention: randomized controlled trial.** *Journal of medical Internet research*
Bantum, E. O., Albright, C. L., White, K. K., Berenberg, J. L., Layi, G., Ritter, P. L., Laurent, D., Plant, K., Lorig, K.
2014; 16 (2)
- **The impact of chronic disease self-management programs: healthcare savings through a community-based intervention** *BMC PUBLIC HEALTH*
Ahn, S., Basu, R., Smith, M. L., Jiang, L., Lorig, K., Whitelaw, N., Ory, M. G.
2013; 13
- **Successes of a National Study of the Chronic Disease Self-Management Program Meeting the Triple Aim of Health Care Reform** *MEDICAL CARE*
Ory, M. G., Ahn, S., Jiang, L., Smith, M. L., Ritter, P. L., Whitelaw, N., Lorig, K.
2013; 51 (11): 992-998
- **National Study of Chronic Disease Self-Management Six-Month Outcome Findings** *JOURNAL OF AGING AND HEALTH*
Ory, M. G., Ahn, S., Jiang, L., Lorig, K., Ritter, P., Laurent, D. D., Whitelaw, N., Smith, M. L.
2013; 25 (7): 1258-1274
- **Effectiveness of a Generic Chronic Disease Self-Management Program for People With Type 2 Diabetes A Translation Study** *DIABETES EDUCATOR*
Lorig, K., Ritter, P. L., Ory, M. G., Whitelaw, N.
2013; 39 (5): 655-663

- **Self-Management at the Tipping Point: Reaching 100,000 Americans with Evidence-Based Programs** *JOURNAL OF THE AMERICAN GERIATRICS SOCIETY*
Ory, M. G., Smith, M. L., Kulinski, K. P., Lorig, K., Zenker, W., Whitelaw, N.
2013; 61 (5): 821-823
- **Coding and Evaluating Facilitator Posts for an Online Cancer Survivor Workshop** *JOURNAL OF PSYCHOSOCIAL ONCOLOGY*
Gits, A. A., Ritter, P. L., Plant, K., Lorig, K.
2013; 31 (2): 219-234
- **Development and Feasibility of a Self-management Intervention for Chronic Obstructive Pulmonary Disease Delivered With Motivational Interviewing Strategies** *JOURNAL OF CARDIOPULMONARY REHABILITATION AND PREVENTION*
Benzo, R., Vickers, K., Ernst, D., Tucker, S., McEvoy, C., Lorig, K.
2013; 33 (2): 113-122
- **The South Australia Health Chronic Disease Self-Management Internet Trial** *HEALTH EDUCATION & BEHAVIOR*
Lorig, K., Ritter, P. L., Plant, K., Laurent, D. D., Kelly, P., Rowe, S.
2013; 40 (1): 67-77
- **Web-based self-management support training for health professionals: A pilot study** *PATIENT EDUCATION AND COUNSELING*
Yank, V., Laurent, D., Plant, K., Lorig, K.
2013; 90 (1): 29-37
- **AN OVERVIEW OF COMMUNITIES PUTTING PREVENTION TO WORK: CHRONIC DISEASE SELF-MANAGEMENT PROGRAM**
Patton, K., Smith, M. L., Ory, M. G., Lorig, K., Zenker, W., Whitelaw, N.
OXFORD UNIV PRESS INC.2012: 242-242
- **Patient-Centered Care: Depends on the Point of View** *HEALTH EDUCATION & BEHAVIOR*
Lorig, K.
2012; 39 (5): 523-525
- **Patient-Centered Care: Depends on the Point of View.** *Health education & behavior : the official publication of the Society for Public Health Education*
Lorig, K.
2012; 39 (5): 523-5
- **Peer education for secondary stroke prevention in inner-city minorities: Design and methods of the prevent recurrence of all inner-city strokes through education randomized controlled trial** *CONTEMPORARY CLINICAL TRIALS*
Goldfinger, J. Z., Kronish, I. M., Fei, K., Graciani, A., Rosenfeld, P., Lorig, K., Horowitz, C. R.
2012; 33 (5): 1065-1073
- **Diabetes Mellitus in Older People: Position Statement on behalf of the International Association of Gerontology and Geriatrics (IAGG), the European Diabetes Working Party for Older People (EDWPOP), and the International Task Force of Experts in Diabetes** *JOURNAL OF THE AMERICAN MEDICAL DIRECTORS ASSOCIATION*
Sinclair, A., Morley, J. E., Rodriguez-Manas, L., Paolisso, G., Bayer, T., Zeyfang, A., Bourdel-Marchasson, I., Vischer, U., Woo, J., Chapman, I., Dunning, T., Meneilly, G., Rodriguez-Saldana, et al
2012; 13 (6): 497-502
- **Building Better Caregivers: A Pilot Online Support Workshop for Family Caregivers of Cognitively Impaired Adults** *JOURNAL OF APPLIED GERONTOLOGY*
Lorig, K., Thompson-Gallagher, D., Traylor, L., Ritter, P. L., Laurent, D. D., Plant, K., Thompson, L. W., Hahn, T. J.
2012; 31 (3): 423-437
- **The dos and don'ts of patient engagement in busy office practices.** *The Journal of ambulatory care management*
Hibbard, J., Lorig, K.
2012; 35 (2): 129-132
- **UH Cancer Center Hotline: Recruiting cancer survivors for an online health-behavior change intervention: are different strategies more beneficial?** *Hawaii medical journal*
Layi, G., Albright, C. A., Berenberg, J., Plant, K., Ritter, P., Laurent, D., Lorig, K., Bantum, E. O.
2011; 70 (10): 222-223
- **Effectively translating diabetes prevention: a successful model in a historically underserved community** *TRANSLATIONAL BEHAVIORAL MEDICINE*

-
- Horowitz, C. R., Eckhardt, S., Talavera, S., Goytia, C., Lorig, K.
2011; 1 (3): 443-452
- **How should we define health?** *BRITISH MEDICAL JOURNAL*
Huber, M., Knottnerus, J., Green, L., van der Horst, H., Jadad, A. R., Kromhout, D., Leonard, B., Lorig, K., Loureiro, M., van der Meer, J. M., Schnabel, P., Smith, R., van Weel, et al
2011; 343
 - **Cancer Health Empowerment for Living without Pain (Ca-HELP): Effects of a tailored education and coaching intervention on pain and impairment** *PAIN*
Kravitz, R. L., Tancredi, D. J., Grennan, T., Kalauokalani, D., Street, R. L., Slee, C. K., Wun, T., Oliver, J. W., Lorig, K., Franks, P.
2011; 152 (7): 1572-1582
 - **Moderators of chronic disease self-management programs: who benefits?** *Chronic illness*
Ritter, P. L., Lee, J., Lorig, K.
2011; 7 (2): 162-172
 - **The internet diabetes self-management workshop for American Indians and Alaska Natives.** *Health promotion practice*
Johnson, V. B., Lorig, K.
2011; 12 (2): 261-270
 - **Self-Management: Enabling and Empowering Patients Living With Cancer as a Chronic Illness** *CA-A CANCER JOURNAL FOR CLINICIANS*
McCorkle, R., Ercolano, E., Lazenby, M., Schulman-Green, D., Schilling, L. S., Lorig, K., Wagner, E. H.
2011; 61 (1): 50-62
 - **Untitled** *DIABETES EDUCATOR*
Lorig, K., Alvarez, S.
2011; 37 (1): 128
 - **Chronic disease self-management: from randomized trial to public policy**
Lorig, K.
OXFORD UNIV PRESS.2010: 6-7
 - **Online Diabetes Self-Management Program A randomized study** *DIABETES CARE*
Lorig, K., Ritter, P. L., Laurent, D. D., Plant, K., Green, M., Jernigan, V. B., Case, S.
2010; 33 (6): 1275-1281
 - **The Health and Recovery Peer (HARP) Program: A peer-led intervention to improve medical self-management for persons with serious mental illness** *SCHIZOPHRENIA RESEARCH*
Druss, B. G., Zhao, L., von Esenwein, S. A., Bona, J. R., Fricks, L., Jenkins-Tucker, S., Sterling, E., DiClemente, R., Lorig, K.
2010; 118 (1-3): 264-270
 - **Some not so random thoughts about participation.** *The Journal of ambulatory care management*
Lorig, K.
2009; 32 (4): 278-279
 - **Mail-Delivered Arthritis Self-Management Tool Kit: A Randomized Trial and Longitudinal Followup** *ARTHRITIS & RHEUMATISM-ARTHRITIS CARE & RESEARCH*
Goepfinger, J., Lorig, K. R., Ritter, P. L., Mutatkar, S., Villa, F., Gizlice, Z.
2009; 61 (7): 867-875
 - **Community-Based Peer-Led Diabetes Self-management A Randomized Trial** *DIABETES EDUCATOR*
Lorig, K., Ritter, P. L., Villa, F. J., Armas, J.
2009; 35 (4): 641-651
 - **Content and Frequency of Writing on Diabetes Bulletin Boards: Does Race Make a Difference?** *JOURNAL OF MEDICAL INTERNET RESEARCH*
Case, S., Jernigan, V., Gardner, A., Ritter, P., Heaney, C. A., Lorig, K. R.
2009; 11 (2)
 - **The Expert Patients Programme online, a 1-year study of an Internet-based self-management programme for people with long-term conditions.** *Chronic illness*

-
- Lorig, K. R., Ritter, P. L., Dost, A., Plant, K., Laurent, D. D., McNeil, I.
2008; 4 (4): 247-256
- **Perceived control moderated the self-efficacy-enhancing effects of a chronic illness self-management intervention.** *Chronic illness*
Jerant, A., Moore, M., Lorig, K., Franks, P.
2008; 4 (3): 173-182
 - **The Internet-based Arthritis Self-Management Program: A one-year randomized trial for patients with arthritis or fibromyalgia** *ARTHRITIS & RHEUMATISM-ARTHRITIS CARE & RESEARCH*
Lorig, K. R., Ritter, P. L., Laurent, D. D., Plant, K.
2008; 59 (7): 1009-1017
 - **Spanish diabetes self-management with and without automated telephone reinforcement - Two randomized trials** *DIABETES CARE*
Lorig, K., Ritter, P. L., Villa, F., Piette, J. D.
2008; 31 (3): 408-414
 - **Participation in patient self-management programs** *ARTHRITIS & RHEUMATISM-ARTHRITIS CARE & RESEARCH*
Bruce, B., Lorig, K., Laurent, D.
2007; 57 (5): 851-854
 - **Does self-management lead to sustainable health benefits in people with arthritis? A 2-year transition study of 452 Australians** *JOURNAL OF RHEUMATOLOGY*
Osborne, R. H., Wilson, T., Lorig, K. R., McColl, G. J.
2007; 34 (5): 1112-1117
 - **Internet-based chronic disease self-management - A randomized trial** *MEDICAL CARE*
Lorig, K. R., Ritter, P. L., Laurent, D. D., Plant, K.
2006; 44 (11): 964-971
 - **What proportion of the population will attend arthritis self-management programs (ASMP)?**
Bruce, B., Lorig, K., Laurent, D.
WILEY-LISS.2006: S767
 - **Arthritis self-management on-line: A 12 month randomized trial.**
Lorig, K. R., Laurent, D., Plant, K., Ritter, P.
WILEY-LISS.2006: S511
 - **Action planning: A call to action** *JOURNAL OF THE AMERICAN BOARD OF FAMILY MEDICINE*
Lorig, K.
2006; 19 (3): 324-325
 - **Self-management education for osteoarthritis - Response** *ANNALS OF INTERNAL MEDICINE*
Holman, H. R., Lorig, K.
2006; 144 (8): 618-618
 - **Self-management education for osteoarthritis** *ANNALS OF INTERNAL MEDICINE*
Holman, H. R., Lorig, K.
2006; 144 (8): 617-617
 - **Measurement of pain using the visual numeric scale** *JOURNAL OF RHEUMATOLOGY*
Ritter, P. L., Gonzalez, V. M., Laurent, D. D., Lorig, K. R.
2006; 33 (3): 574-580
 - **A disease-specific self-help program compared with a generalized chronic disease self-help program for arthritis patients** *ARTHRITIS & RHEUMATISM-ARTHRITIS CARE & RESEARCH*
Lorig, K., Ritter, P. L., Plant, K.
2005; 53 (6): 950-957
 - **A national dissemination of an evidence-based self-management program: a process evaluation study** *PATIENT EDUCATION AND COUNSELING*
Lorig, K. R., Hurwicz, M. L., Sobel, D., Hobbs, M., Ritter, P. L.
2005; 59 (1): 69-79
-

- **The impact of a moderated e-mail discussion group on use of complementary and alternative therapies in subjects with recurrent back pain** *AAPP 2005 Forum/International Conference on Communication in Healthcare*
Bruce, B., Lorig, K., Laurent, D., Ritter, P.
ELSEVIER IRELAND LTD.2005: 305–11
- **Comparison of an arthritis specific and a generic self-management program: A randomized trial**
Lorig, K. R., Plant, K., Ritter, P.
WILEY-BLACKWELL.2005: S717
- **Arthritis self-management on-line: A randomized trial**
Lorig, K. R., Laurent, D., Plant, K., Ritter, P.
WILEY-BLACKWELL.2005: S234–S235
- **Outcomes of border health Spanish/English chronic disease self-management programs** *DIABETES EDUCATOR*
Lorig, K. R., Ritter, P. L., Jacquez, A.
2005; 31 (3): 401-409
- **A Review and Synthesis of Research Evidence for Self-Efficacy-Enhancing Interventions for Reducing Chronic Disability: Implications for Health Education Practice (Part II)** *HEALTH PROMOTION PRACTICE*
Marks, R., Allegrante, J. P., Lorig, K.
2005; 6 (2): 148–56
- **A Review and Synthesis of Research Evidence for Self-Efficacy-Enhancing Interventions for Reducing Chronic Disability: Implications for Health Education Practice (Part I)** *HEALTH PROMOTION PRACTICE*
Marks, R., Allegrante, J. P., Lorig, K.
2005; 6 (1): 37–43
- **Internet versus mailed questionnaires: A randomized comparison** *JOURNAL OF MEDICAL INTERNET RESEARCH*
Ritter, P., Lorig, K., Laurent, D., Matthews, K.
2004; 6 (3): 19-25
- **Patient self-management: A key to effectiveness and efficiency in care of chronic disease** *PUBLIC HEALTH REPORTS*
Holman, H., Loric, K.
2004; 119 (3): 239-243
- **Long-term randomized controlled trials of tailored-print and small-group arthritis self-management interventions** *MEDICAL CARE*
Lorig, K. R., Ritter, P. L., Laurent, D. D., Fries, J. F.
2004; 42 (4): 346-354
- **Taking patient ed to the next level.** *RN*
Lorig, K. R.
2003; 66 (12): 35-38
- **Hispanic chronic disease self-management - A randomized community-based outcome trial** *NURSING RESEARCH*
Lorig, K. R., Ritter, P. L., Gonzalez, V. M.
2003; 52 (6): 361-369
- **Self-management education: History, definition, outcomes, and mechanisms** *ANNALS OF BEHAVIORAL MEDICINE*
Lorig, K. R., Holman, H. R.
2003; 26 (1): 1-7
- **Patient self-management arthritis? Yes!** *JOURNAL OF RHEUMATOLOGY*
Fries, J. F., Lorig, K., Holman, H. R.
2003; 30 (6): 1130-1132
- **Self-management education - More than a nice extra** *MEDICAL CARE*
Lorig, K.
2003; 41 (6): 699–701
- **Patient self-management of chronic disease in primary care** *JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION*

-
- Bodenheimer, T., Lorig, K., Holman, H., Grumbach, K.
2002; 288 (19): 2469-2475
- **Who cares about recruitment anyway?** *PATIENT EDUCATION AND COUNSELING*
Froelicher, E. S., Lorig, K.
2002; 48 (2): 97
 - **Can a Back Pain E-mail Discussion Group improve health status and lower health care costs?: A randomized study.** *Archives of internal medicine*
Lorig, K. R., Laurent, D. D., Deyo, R. A., Marnell, M. E., Minor, M. A., Ritter, P. L.
2002; 162 (7): 792-796
 - **Can a back pain e-mail discussion group improve health status and lower health care costs?** *ARCHIVES OF INTERNAL MEDICINE*
Lorig, K. R., Laurent, D. D., Deyo, R. A., Marnell, M. E., Minor, M. A., Ritter, P. L.
2002; 162 (7): 792-796
 - **Self-care and the doctor-patient relationship.** *Medical care*
Shoor, S., Lorig, K. R.
2002; 40 (4): II40-44
 - **Self-care and the doctor-patient relationship** *MEDICAL CARE*
Shoor, S., Lorig, K. R.
2002; 40 (4): 40-44
 - **Partnerships between expert patients and physicians** *LANCET*
Lorig, K.
2002; 359 (9309): 814-815
 - **Effect of a self-management program on patients with chronic disease.** *Effective clinical practice : ECP*
Lorig, K. R., Sobel, D. S., Ritter, P. L., Laurent, D., Hobbs, M.
2001; 4 (6): 256-262
 - **Chronic disease self-management program - 2-year health status and health care utilization outcomes** *MEDICAL CARE*
Lorig, K. R., Ritter, P., Stewart, A. L., Sobel, D. S., Brown, B. W., Bandura, A., Gonzalez, V. M., Laurent, D. D., Holman, H. R.
2001; 39 (11): 1217-1223
 - **Self-reports of health care utilization compared to provider records** *JOURNAL OF CLINICAL EPIDEMIOLOGY*
Ritter, P. L., Stewart, A. L., Kaymaz, H., Sobel, D. S., Block, D. A., Lorig, K. R.
2001; 54 (2): 136-141
 - **The perils and pitfalls of comparing UK and US samples of people enrolled in an arthritis self-management program: The case of the Center for Epidemiological Studies-Depression (CES-D) Scale** *ARTHRITIS & RHEUMATISM-ARTHRITIS CARE & RESEARCH*
Barlow, J. H., Wright, C. C., Lorig, K.
2001; 45 (1): 77-80
 - **Osteoarthritis: New insights - Part 2: Treatment approaches** *ANNALS OF INTERNAL MEDICINE*
Felson, D. T., Lawrence, R. C., Hochberg, M. C., McAlindon, T., Dieppe, P. A., Minor, M. A., Blair, S. N., Berman, B. M., Fries, J. F., Weinberger, M., Lorig, K. R., Jacobs, J. J., Goldberg, et al
2000; 133 (9): 726-737
 - **A randomized trial of a cognitive-behavioral program for enhancing back pain self care in a primary care setting** *PAIN*
Moore, J. E., von Korff, M., Cherkin, D., Saunders, K., Lorig, K.
2000; 88 (2): 145-153
 - **Assessing patients' views of clinical changes - Reply** *JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION*
Holman, H., Bloch, D. A., Lorig, K., Laurent, D., Fischer, D., Stewart, A. L.
2000; 283 (14): 1825-1825
 - **Capturing the patient's view of change as a clinical outcome measure** *JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION*
Fischer, D., Stewart, A. L., Bloch, D. A., Lorig, K., Laurent, D., Holman, H.
1999; 282 (12): 1157-1162

- **Community-based Spanish language arthritis education program - A randomized trial** *MEDICAL CARE*
Lorig, K., Gonzalez, V. M., Ritter, P.
1999; 37 (9): 957-963
- **Lessons learned on the way to the information highway: A randomized trial.**
Lorig, K., Laurent, D.
LIPPINCOTT WILLIAMS & WILKINS.1999: S116
- **Evidence suggesting that a chronic disease self-management program can improve health status while reducing hospitalization - A randomized trial** *MEDICAL CARE*
Lorig, K. R., Sobel, D. S., Stewart, A. L., Brown, B. W., Bandura, A., Ritter, P., Gonzalez, V. M., Laurent, D. D., Holman, H. R.
1999; 37 (1): 5-14
- **Arthritis self-management program variations: Three studies** *ARTHRITIS CARE AND RESEARCH*
Lorig, K., Gonzalez, V. M., Laurent, D. D., Morgan, L., Laris, B. A.
1998; 11 (6): 448-454
- **A randomized trial of a lay person-led self-management group intervention for back pain patients in primary care** *SPINE*
von Korff, M., Moore, J. E., Lorig, K., Cherkin, D. C., Saunders, K., Gonzalez, V. M., Laurent, D., Rutter, C., Comite, F.
1998; 23 (23): 2608-2615
- **Patient retrospective evaluation of change: An appropriate outcome measure for clinical trials?**
Fischer, D., Stewart, A. L., Bloch, D. A., Lorig, K., Laurent, D., Holman, H. R.
WILEY-BLACKWELL.1998: S229-S229
- **Psychosocial factors associated with youth involvement in community activities promoting heart health** *HEALTH EDUCATION & BEHAVIOR*
Altman, D. G., Feighery, E., Robinson, T. N., Haydel, K. F., Strausberg, L., Lorig, K., Killen, J. D.
1998; 25 (4): 489-500
- **Arthritis self-efficacy scales measure self-efficacy** *ARTHRITIS CARE AND RESEARCH*
Lorig, K., Holman, H.
1998; 11 (3): 155-157
- **Pilot randomized trial of education to improve self-management skills of men with symptomatic HIV/AIDS** *XIth International Conference on AIDS*
Gifford, A. L., Laurent, D. D., Gonzales, V. M., Chesney, M. A., Lorig, K. R.
LIPPINCOTT WILLIAMS & WILKINS.1998: 136-44
- **[Chronic disease self-management: a model for tertiary prevention].** *Kango kenkyu. The Japanese journal of nursing research*
LORING, K.
1998; 31 (1): 23-29
- **Cultural diversity issues in the development of valid and reliable measures of health status** *ARTHRITIS CARE AND RESEARCH*
Gonzalez-Calvo, J., Gonzalez, V. M., Lorig, K.
1997; 10 (6): 448-456
- **Overcoming barriers to successful aging - Self-management of osteoarthritis** *WESTERN JOURNAL OF MEDICINE*
Holman, H. R., Lorig, K. R.
1997; 167 (4): 265-268
- **Comparison of three methods of data collection in an urban Spanish-speaking population** *NURSING RESEARCH*
Lorig, K., Gonzalez, V. M., Ritter, P., DEBREY, V. N.
1997; 46 (4): 230-234
- **Interventions to reduce the impact of chronic disease: community-based arthritis patient education.** *Annual review of nursing research*
Goepfinger, J., Lorig, K.
1997; 15: 101-122
- **Patient education interventions in osteoarthritis and rheumatoid arthritis: A meta-analytic comparison with nonsteroidal antiinflammatory drug treatment** *ARTHRITIS CARE AND RESEARCH*
SuperioCabuslay, E., Ward, M. M., Lorig, K. R.

1996; 9 (4): 292-301

- **Chronic disease self-management - A model for tertiary prevention** *AMERICAN BEHAVIORAL SCIENTIST*
Lorig, K.
1996; 39 (6): 676-683
- **TRANSLATION AND VALIDATION OF ARTHRITIS OUTCOME MEASURES INTO SPANISH** *ARTHRITIS AND RHEUMATISM*
Gonzalez, V. M., Stewart, A., Ritter, P. L., Lorig, K.
1995; 38 (10): 1429-1446
- **PATIENT ASSESSMENT OF CLINICAL-CHANGE IS A RELIABLE AND SENSITIVE MEASURE AND IS NOT UNDULY BIASED BY BASE-LINE PATIENT EXPECTATIONS**
Fischer, D., Lorig, K., Laurent, D., Holman, H.
WILEY-BLACKWELL.1995: 156-56
- **A research agenda for health education among underserved populations** *HEALTH EDUCATION QUARTERLY*
Marin, G., Burhansstipanov, L., Connell, C. M., Gielen, A. C., HelitzerAllen, D., Lorig, K., Morisky, D. E., Tenney, M., Thomas, S.
1995; 22 (3): 346-363
- **Arthritis self-help course.** *HMO practice*
Lorig, K.
1995; 9 (2): 60-61
- **BALANCED INCOMPLETE BLOCK DESIGN - DESCRIPTION, CASE-STUDY, AND IMPLICATIONS FOR PRACTICE** *HEALTH EDUCATION QUARTERLY*
Campbell, B. F., Sengupta, S., Santos, C., Lorig, K. R.
1995; 22 (2): 201-210
- **ARTHRITIS PATIENT EDUCATION STUDIES, 1987-1991 - A REVIEW OF THE LITERATURE** *PATIENT EDUCATION AND COUNSELING*
Hirano, P. C., Laurent, D. D., Lorig, K.
1994; 24 (1): 9-54
- **Arthritis and musculoskeletal patient education standards.** Arthritis Foundation. *Arthritis care and research*
Burckhardt, C. S., Lorig, K., Moncur, C., Melvin, J., Beardmore, T., Boyd, M., BOUTAUGH, M.
1994; 7 (1): 1-4
- **SELF-MANAGEMENT - DOES IT WORK ACROSS CHRONIC DISEASES**
LORIG, K., SOBEL, D., HOLMAN, H.
LIPPINCOTT-RAVEN PUBL.1993: S192
- **BIOPSYCHOSOCIAL CONTRIBUTIONS TO THE MANAGEMENT OF ARTHRITIS DISABILITY - BLUEPRINTS FROM AN NIDRR-SPONSORED CONFERENCE** *ARTHRITIS AND RHEUMATISM*
Parker, J. C., Bradley, L. A., DEVELLIS, R. M., Gerber, L. H., Holman, H. R., Keefe, F. J., Lawrence, T. S., Liang, M. H., Lorig, K. R., Nicassio, P. M., Revenson, T. A., Rogers, M. P., Wallston, et al
1993; 36 (7): 885-889
- **ASSESSING THE CLINICAL IMPORTANCE OF SYMPTOMATIC IMPROVEMENTS - AN ILLUSTRATION IN RHEUMATOLOGY** *ARCHIVES OF INTERNAL MEDICINE*
Redelmeier, D. A., Lorig, K.
1993; 153 (11): 1337-1342
- **THE EFFECTIVENESS OF MEDICAL SELF-CARE INTERVENTIONS - A FOCUS ON SELF-INITIATED RESPONSES TO SYMPTOMS** *PATIENT EDUCATION AND COUNSELING*
KEMPER, D. W., Lorig, K., Mettler, M.
1993; 21 (1-2): 29-39
- **EVIDENCE SUGGESTING THAT HEALTH-EDUCATION FOR SELF-MANAGEMENT IN PATIENTS WITH CHRONIC ARTHRITIS HAS SUSTAINED HEALTH BENEFITS WHILE REDUCING HEALTH-CARE COSTS** *ARTHRITIS AND RHEUMATISM*
Lorig, K. R., Mazonson, P. D., Holman, H. R.
1993; 36 (4): 439-446

- **ARTHRITIS SELF-MANAGEMENT STUDIES - A 12-YEAR REVIEW** *HEALTH EDUCATION QUARTERLY*
Lorig, K., Holman, H.
1993; 20 (1): 17-28
- **THE INTEGRATION OF THEORY WITH PRACTICE - A 12-YEAR CASE-STUDY** *HEALTH EDUCATION QUARTERLY*
Lorig, K., Gonzalez, V.
1992; 19 (3): 355-368
- **THEORY IN HEALTH-EDUCATION PRACTICE** *HEALTH EDUCATION QUARTERLY*
HOCHBAUM, G. M., SORENSON, J. R., Lorig, K.
1992; 19 (3): 295-313
- **Obstacles to and future goals of ten comprehensive community health promotion projects.** *Journal of community health*
Altman, D. G., Endres, J., Linzer, J., Lorig, K., Howard-Pitney, B., Rogers, T.
1991; 16 (6): 299-314
- **Four psychosocial theories and their application to patient education and clinical practice.** *Arthritis care and research*
Gonzalez, V. M., Goepfing, J., Lorig, K.
1990; 3 (3): 132-143
- **Impact of juvenile arthritis on families. An educational assessment.** *Arthritis care and research*
Konkol, L., Lineberry, J., Gottlieb, J., Shelby, P. E., MILLER, J. J., Lorig, K.
1989; 2 (2): 40-48
- **HEALTH-EDUCATION FOR SELF-MANAGEMENT HAS SIGNIFICANT EARLY AND SUSTAINED BENEFITS IN CHRONIC ARTHRITIS** *102ND SESSION OF THE ASSOC OF AMERICAN PHYSICIANS*
Holman, H., MAZONSON, P., Lorig, K.
ASSOC AMER PHYSICIANS.1989: 204-208
- **THE BENEFICIAL OUTCOMES OF THE ARTHRITIS SELF-MANAGEMENT COURSE ARE NOT ADEQUATELY EXPLAINED BY BEHAVIOR-CHANGE** *ARTHRITIS AND RHEUMATISM*
Lorig, K., Seleznick, M., Lubeck, D., Ung, E., CHASTAIN, R. L., Holman, H. R.
1989; 32 (1): 91-95
- **DEVELOPMENT AND EVALUATION OF A SCALE TO MEASURE PERCEIVED SELF-EFFICACY IN PEOPLE WITH ARTHRITIS** *ARTHRITIS AND RHEUMATISM*
Lorig, K., CHASTAIN, R. L., Ung, E., Shoor, S., Holman, H. R.
1989; 32 (1): 37-44
- **LONG-TERM OUTCOMES OF AN ARTHRITIS SELF-MANAGEMENT STUDY - EFFECTS OF REINFORCEMENT EFFORTS** *SOCIAL SCIENCE & MEDICINE*
Lorig, K., Holman, H. R.
1989; 29 (2): 221-224
- **A NURSING PERSPECTIVE ON THE ASSESSMENT OF FUNCTION IN PERSONS WITH ARTHRITIS** *RESEARCH IN NURSING & HEALTH*
Goepfing, J., DOYLE, M. A., Charlton, S. L., Lorig, K.
1988; 11 (5): 321-331
- **A COGNITIVE-BEHAVIORAL TREATMENT FOR RHEUMATOID-ARTHRITIS** *HEALTH PSYCHOLOGY*
OLEARY, A., Shoor, S., Lorig, K., Holman, H. R.
1988; 7 (6): 527-544
- **ARTHRITIS PATIENT EDUCATION - A REVIEW OF THE LITERATURE** *PATIENT EDUCATION AND COUNSELING*
Lorig, K., Konkol, L., Gonzalez, V.
1987; 10 (3): 207-252
- **EFFICACY OF PSYCHOEDUCATIONAL INTERVENTIONS ON PAIN, DEPRESSION, AND DISABILITY IN PEOPLE WITH ARTHRITIS - A METAANALYSIS** *JOURNAL OF RHEUMATOLOGY*
Mullen, P. D., LAVILLE, E. A., Biddle, A. K., Lorig, K.
1987; 14: 33-39

- **PATIENT EDUCATION IN THE RHEUMATIC DISEASES - PROS AND CONS** *BULLETIN ON THE RHEUMATIC DISEASES*
Holman, H., Lorig, K.
1987; 37 (5): 1-8
- **A MULTIDISCIPLINARY PATIENT EDUCATION WORKSHOP TO INTEGRATE STAFF TRAINING WITH PROGRAM-DEVELOPMENT** *PATIENT EDUCATION AND COUNSELING*
BERMAN, K. M., Mendoza, S., Lorig, K.
1986; 8 (3): 291-297
- **A COMPARISON OF LAY-TAUGHT AND PROFESSIONAL-TAUGHT ARTHRITIS SELF-MANAGEMENT COURSES** *JOURNAL OF RHEUMATOLOGY*
Lorig, K., Feigenbaum, P., Regan, C., Ung, E., CHASTAIN, R. L., Holman, H. R.
1986; 13 (4): 763-767
- **OUTCOMES OF SELF-HELP EDUCATION FOR PATIENTS WITH ARTHRITIS** *ARTHRITIS AND RHEUMATISM*
Lorig, K., Lubeck, D., KRAINES, R. G., Seleznick, M., Holman, H. R.
1985; 28 (6): 680-685
- **SOME NOTIONS ABOUT ASSUMPTIONS UNDERLYING HEALTH-EDUCATION** *HEALTH EDUCATION QUARTERLY*
Lorig, K., Laurin, J.
1985; 12 (3): 231-243
- **A WORKPLACE HEALTH-EDUCATION PROGRAM THAT REDUCES OUTPATIENT VISITS** *MEDICAL CARE*
Lorig, K., KRAINES, R. G., Brown, B. W., Richardson, N.
1985; 23 (9): 1044-1054
- **Reasons for the lack of association between changes in health behavior and improved health status: an exploratory study.** *Pat. Educ. & Counsel.*
Lorig K, Lenker S, Gallagher D.
1984; 2 (6): 69-72
- **ARTHRITIS SELF-MANAGEMENT - A STUDY OF THE EFFECTIVENESS OF PATIENT EDUCATION FOR THE ELDERLY** *GERONTOLOGIST*
Lorig, K., Laurin, J., Holman, H. R.
1984; 24 (5): 455-457
- **CONVERGING AND DIVERGING BELIEFS ABOUT ARTHRITIS - CAUCASIAN PATIENTS, SPANISH SPEAKING PATIENTS, AND PHYSICIANS** *JOURNAL OF RHEUMATOLOGY*
Lorig, K. R., Cox, T., Cuevas, Y., KRAINES, R. G., Britton, M. C.
1984; 11 (1): 76-79
- **ARTHRITIS SELF-MANAGEMENT - A 5-YEAR HISTORY OF A PATIENT EDUCATION-PROGRAM** *NURSING CLINICS OF NORTH AMERICA*
Lorig, K., Laurin, J., GINES, G. E.
1984; 19 (4): 637-645
- **REASONS FOR THE LACK OF ASSOCIATION BETWEEN CHANGES IN HEALTH BEHAVIOR AND IMPROVED HEALTH-STATUS - AN EXPLORATORY-STUDY** *PATIENT EDUCATION AND COUNSELING*
LENKER, S. L., Lorig, K., Gallagher, D.
1984; 6 (2): 69-72