# Stanford



# Christina Khan, MD, PhD

Clinical Professor, Psychiatry and Behavioral Sciences

#### **CLINICAL OFFICE (PRIMARY)**

• Psychiatry Clinic

401 Quarry Rd MC 5718 Stanford, CA 94305

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### Bio

#### BIO

Dr. Christina Khan is a pediatric and adult psychiatrist and Clinical Professor in the Department of Psychiatry and Behavioral Sciences. She specializes in the treatment of trauma, depression, anxiety, LGBTQ+ health, and physician wellness. Dr. Khan's training includes doctoral and postdoctoral research training in community and public health, including specialized training in global health and PTSD research and treatment. Her work focuses on addressing health disparities in underserved populations and treating vulnerable and marginalized populations here in the United States and abroad.

At Stanford, she is co-Chief of the Diversity and Cultural Mental Health Section in the Department of Psychiatry and Behavioral Sciences and founder and Director of THRIVE, Stanford's LGBTQ+ mental health clinic. She has been working with WellConnect since 2014 addressing burnout, trauma, and secondary trauma in Stanford physicians. Dr. Khan is also a Faculty Fellow at the Center for Innovation in Global Health (CIGH) and serves on the CIGH Program Leadership Committee.

Nationally, Dr. Khan serves as Past President of the Association of Women Psychiatrists and as Councilor for the Council on Minority Mental Health and Health Disparities of the American Psychiatric Association.

#### CLINICAL FOCUS

- Psychiatry
- Child and Adolescent Psychiatry
- Physician Wellness
- LGBTQ+
- Post-Traumatic Stress Disorders
- Anxiety Disorders
- Mood Disorders
- Global Mental Health
- Integrated Care

· School-Based Services

#### ACADEMIC APPOINTMENTS

· Clinical Professor, Psychiatry and Behavioral Sciences

#### ADMINISTRATIVE APPOINTMENTS

- Past President, Association of Women Psychiatrists, (2023- present)
- President, Association of Women Psychiatrists, (2021-2023)
- Co-Chief, Diversity and Cultural Mental Health Section, Department of Psychiatry & Behavioral Sciences, Stanford University School of Medicine, (2020- present)
- DEI Committee, Northern California Psychiatric Society, (2020- present)
- Council on Minority Mental Health and Health Disparities, American Psychiatric Association, (2019- present)
- President Elect, Association of Women Psychiatrists, (2019-2021)
- Co-Lead, Research, Education and Training Discussion Group, Global Mental Health Caucus, American Psychiatric Association, (2018-2021)
- Secretary, Association of Women Psychiatrists, (2017-2019)
- Center for Innovation in Global Health Fellow, Stanford University School of Medicine, (2015-present)
- Early Career Representative, Executive Committee, Association of Women Psychiatrists, (2014-2017)
- Founding Member, Women in Child and Adolescent Psychiatry Committee, American Academy of Child and Adolescent Psychiatry, (2013-2023)

#### PROFESSIONAL EDUCATION

- Residency: Stanford University Adult Psychiatry Residency (2012) CA
- Board Certification: Child and Adolescent Psychiatry, American Board of Psychiatry and Neurology (2015)
- PhD Training: University of Illinois at Urbana-Champaign (2005) IL
- Medical Education: University of Illinois College of Medicine Office of the Registrar (2008) IL
- Fellowship: Stanford School of Medicine (2015)
- Fellowship: Stanford University Clinics and Lucile Packard Children's Hospital (2014) CA
- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2013)
- Internship: Thomas Jefferson University Hospital (2009) PA
- Doctor of Philosophy, University of Illinois at Urbana-Champaign , Community Health (2005)

## COMMUNITY AND INTERNATIONAL WORK

- Ravenswood Family Health Center Integrated Behavioral Health, East Palo Alto
- Building Capacity for Mental Health in Rural Guatemala, Guatemala

# **Teaching**

# STANFORD ADVISEES

Med Scholar Project Advisor

Gabriela Asturias