



## Natalie L. Rasgon

Emeritus Faculty-Med Ctr Line, Miscellaneous

 Curriculum Vitae available Online

### Bio

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#### BIO

Dr. Rasgon is a Professor in the Department of Psychiatry and Behavioral Sciences and Obstetrics and Gynecology in the Stanford School of Medicine. Dr. Rasgon has been involved in longitudinal placebo-controlled neuroendocrine studies for over two decades, and she has been involved in neuroendocrine and brain imaging studies of estrogen effects on depressed menopausal women for over 10 years. In addition to her duties as a Professor of Psychiatry and Obstetrics & Gynecology, Dr. Rasgon is also the Director of the Stanford Center for Neuroscience in Women's Health and Associate Dean of Academic Affairs for the School of Medicine. She has an extensive history of teaching and mentoring, and many of her trainees have secured independent faculty positions in academia.

#### ACADEMIC APPOINTMENTS

- Professor Emeritus-Hourly, Psychiatry and Behavioral Sciences
- Member, Maternal & Child Health Research Institute (MCHRI)
- Member, Wu Tsai Neurosciences Institute

#### ADMINISTRATIVE APPOINTMENTS

- International Medical Graduates Committee, Southern California Psychiatric Society, (1993-2001)
- UCLA Liver Transplant Committee, UCLA School of Medicine, (1997-2002)
- Search Committee for the Norman Cousins Psychoneuroimmunology Chair, UCLA School of Medicine, (1998-1998)
- Chair, Search Committee for the Elizabeth Blackwell Award, UCLA School of Medicine, (1999-2003)
- Chair, Women's Wellness Seminars Program, Stanford University, (2003- present)
- Medical School Admissions Panel, Stanford University, (2003-2005)
- Women's Cardiovascular Health Committee, Stanford Cardiovascular Institute, (2004- present)
- Co-Chair, Faculty Women's Forum, Stanford University, (2004- present)
- Alternate Senator, Stanford School of Medicine, (2004-2006)
- Member, Scholar Universe Neuroscience, (2004- present)
- Advisory Board on Women's Health, Stanford University, (2004- present)
- Administrative Panel on Human Subjects in Medical Research, Stanford University, (2004-2009)
- Chair of the SOM Senate, Stanford School of Medicine, (2009-2012)
- Director, Center for Neuroscience in Women's Health, Stanford University, (2007- present)
- Director, Faculty Mentoring Program, Department of Psychiatry, Stanford University, (2009- present)
- Director, Stanford Women's Health Component, Ph.D. Program, Pacific Graduate School of Psychology, (2009- present)

- Member, Appointments and promotions committee SOM, (2009-2012)
- Director, Stanford Center for Neuroscience in Women's Health, (2002- present)
- Associate Dean, Office of Academic Affairs, (2012-2013)

## HONORS AND AWARDS

- First Prize, Student Research Work, Soviet Union Scientific Student Competition (1978)
- Diploma with Highest Honors, Odessa Medical Institute (1980)
- Leo G. Rigler, M.D. Award for Academic Achievement, Cedars-Sinai Medical Center (1995)
- International Scientist of the Year, International Biographical Centre of Cambridge, England (2002)
- Lila A. Wallis Award, American Medical Women's Association (2010)
- Elected to Database, Best Doctors in America (November 2012)
- Fellowship, Stanford Clayman Institute for Gender Research (2011)

## BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Editorial Board Member, Journal of Reproductive Biology and Health (2014 - present)
- Guest Editor, Bipolar Disorders (2013 - present)
- Editorial Board Member, International Journal of Bipolar Disorders (2012 - present)
- Editor, Journal of Behavioral & Social Science Issues (2012 - present)
- Senior Editor, American Journal of Neurodegenerative Disease (2012 - present)
- Consultant, Shire Pharmaceuticals, Neuroscience Medical Strategy (2012 - present)
- Executive Board Member, International Society of Bipolar Disorders (ISBD) (2011 - present)
- Affiliated Faculty Member, Stanford Neurosciences Institute (2010 - present)
- Member, Stanford Physician Wellness Committee (2010 - present)
- Director, Stanford Department of Psychiatry & Behavioral Sciences Faculty Mentoring Program (2009 - present)
- Consultant, NNDC- National Network of Depression Centers (2009 - present)

## PROFESSIONAL EDUCATION

- PhD, Academy of Medical Sciences , Pathological Physiology (1988)
- PhD, Academy of Medical Sciences , Obstetrics & Gynecology (1988)
- MD, Odessa Medical Institute , Diploma with Highest Honors (1980)

## LINKS

- Stanford Center for Neuroscience in Women's Health: <http://womensneuroscience.stanford.edu>

## Research & Scholarship

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### CURRENT RESEARCH AND SCHOLARLY INTERESTS

Dr. Rasgon is a Professor in the Department of Psychiatry and Behavioral Sciences and Obstetrics and Gynecology in the Stanford School of Medicine. Before joining Stanford in October 2002, Dr. Rasgon obtained an M.D. from the U.S.S.R. in 1980, a Ph.D. in Reproductive Endocrinology in 1988 from the Central Institute of Postgraduate Medical Education, and a Ph.D. in Pathological Physiology from the Central Research Institute of General Pathology & Pathological Physiology Academy of Medical Sciences, Moscow, USSR. In addition, Dr. Rasgon was an NSRA Research Fellow at the Neuropsychiatric Institute, UCLA School of Medicine from 1995-1996, an Assistant Clinical Professor, Department of Psychiatry and Biobehavioral Sciences, UCLA School of Medicine, Neuropsychiatric Institute and Hospital, and the Director of the UCLA Menopause-Related Mood Disorders Program, UCLA Neuropsychiatric Institute and Hospital.

Dr. Rasgon has been involved in longitudinal placebo-controlled neuroendocrine studies for nearly two decades, and she has been involved in neuroendocrine and brain imaging studies of estrogen effects on depressed menopausal women for the last eight years. It should be noted that in addition to her duties as a Professor of Psychiatry and Obstetrics & Gynecology, Dr. Rasgon is also the Director of the Behavioral Neuroendocrinology Program and the Women's Wellness Program in the Department of Psychiatry. Research in the Behavioral Neuroendocrinology Program, which Dr. Rasgon founded, focuses on the interaction between reproductive hormones and brain function. Research efforts of the lab are concentrated in two areas: (1) the reproductive endocrine status of women with affective disorders, and (2) the neurobiology of the effects of hormone therapy in aging women.

## CLINICAL TRIALS

- Effects of Liraglutide on Hippocampal Structure and Function in Aging Adults With Prediabetes, Not Recruiting
- Effects of Mifepristone on Biomarkers of Metabolic Function and Neuropsychological Performance Among Middle-Aged and Older Individuals, Not Recruiting
- Estrogen Use in Protection From Cognitive Decline, Not Recruiting
- Insulin Resistance in Patients With Major Depression, Not Recruiting
- Insulin Resistance in Patients With Mood Disorder, Not Recruiting
- Lamotrigine in the Treatment of Bipolar Disorder in Women of Reproductive Age, Not Recruiting
- Magnesium L-Threonate for the Enhancement of Learning and Memory in People With Dementia, Not Recruiting
- Pioglitazone in Patients With Mood Disorders, Not Recruiting
- Reproductive Function and Mood in Women With Bipolar Disorder, Not Recruiting
- Treatment With Namenda in Women at Risk for Cognitive Decline, Not Recruiting

## Teaching

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### COURSES

#### 2024-25

- Special Laboratory Projects: PSYC 195 (Aut, Win, Spr, Sum)

#### 2023-24

- Special Laboratory Projects: PSYC 195 (Aut, Win, Spr, Sum)

#### 2022-23

- Special Laboratory Projects: PSYC 195 (Aut, Win, Spr, Sum)

#### 2021-22

- Special Laboratory Projects: PSYC 195 (Aut, Win, Spr, Sum)

## Publications

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### PUBLICATIONS

- **The researcher's guide to selecting biomarkers in mental health studies.** *BioEssays : news and reviews in molecular, cellular and developmental biology*  
Verhoeven, J. E., Wolkowitz, O. M., Barr Satz, I., Conklin, Q., Lamers, F., Lavebratt, C., Lin, J., Lindqvist, D., Mayer, S. E., Melas, P. A., Milaneschi, Y., Picard, M., Rampersaud, et al  
2024: e2300246
- **Insulin Receptor Substrate in Bipolar 1 and 2 Disorder**  
Kim, B., Watson, K., Rasgon, N.  
ELSEVIER SCIENCE INC.2024: S139
- **Insulin Receptor Substrate 1 (IRS1) Isolated From Neuronally Derived Exosomes is Associated With Mood State in Bipolar Disorder**

Robakis, T., Watson, K., Eitan, E., Myoraku, A., Abbasi, F., Biernacka, J. M., Frye, M. A., Rasgon, N.  
ELSEVIER SCIENCE INC.2024: S141

- **Proteomic profiles of cytokines and chemokines in moderate to severe depression: Implications for comorbidities and biomarker discovery.** *Brain, behavior, & immunity - health*  
Watson, K. T., Keller, J., Spiro, C. M., Satz, I. B., Goncalves, S. V., Pankow, H., Kosti, I., Lehallier, B., Sequeira, A., Bunney, W. E., Rasgon, N. L., Schatzberg, A. F.  
2024; 36: 100731
- **Toward a Precision Treatment Approach for Metabolic Depression: Integrating Epidemiology, Neuroscience, and Psychiatry.** *Biological psychiatry global open science*  
Watson, K., Akil, H., Rasgon, N.  
2023; 3 (4): 623-631
- **Longitudinal Digital Mood Charting in Bipolar Disorder: Experiences with ChronoRecord Over 20 Years.** *Pharmacopsychiatry*  
Bauer, M., Glenn, T., Alda, M., Grof, P., Bauer, R., Ebner-Priemer, U. W., Ehrlich, S., Pfennig, A., Pilhatsch, M., Rasgon, N., Whybrow, P. C.  
2023; 56 (5): 182-187
- **Prevalence and outcomes of rapid cycling bipolar disorder: Mixed method systematic meta-review.** *Journal of psychiatric research*  
Miola, A., Fountoulakis, K. N., Baldessarini, R. J., Veldic, M., Solmi, M., Rasgon, N., Ozerdem, A., Perugi, G., Frye, M. A., Preti, A.  
2023; 164: 404-415
- **Exploratory study of ultraviolet B (UVB) radiation and age of onset of bipolar disorder.** *International journal of bipolar disorders*  
Bauer, M., Glenn, T., Achtyes, E. D., Alda, M., Agaoglu, E., Altinbas, K., Andreassen, O. A., Angelopoulos, E., Arda, R., Aydin, M., Ayhan, Y., Baethge, C., Bauer, et al  
2023; 11 (1): 22
- **The role of ketogenic therapy in developmental disorders.** *Journal of psychiatric research*  
Taoulost, S., Rasgon, N., Ferretti, C. J., Hollander, E.  
2023; 161: 307-309
- **Carnitine octanoyltransferase is important for the assimilation of exogenous acetyl-L-carnitine into acetyl-CoA in mammalian cells.** *The Journal of biological chemistry*  
Hsu, J., Fatuzzo, N., Weng, N., Michno, W., Dong, W., Kienle, M., Dai, Y., Pasca, A., Abu-Remaileh, M., Rasgon, N., Bigio, B., Nasca, C., Khosla, et al  
2022: 102848
- **Insulin Resistance and Accelerated Cognitive Aging**  
Lin, K., Abbasi, F., Robakis, T., Myoraku, A., Satz, I., Rasgon, N.  
SPRINGERNATURE.2022: 73-74
- **Endophenotypic correlates of cognitive function in reproductive-age individuals with polycystic ovary syndrome.** *F&S reports*  
Huddleston, H. G., Casaletto, K. B., Jaswa, E. G., Rasgon, N. L., Maki, P. P., Cedars, M. I., Pasch, L.  
2022; 3 (4): 372-379
- **Insulin Resistance and Accelerated Cognitive Aging**  
Lin, K., Abbasi, F., Robakis, T., Myoraku, A., Satz, I., Rasgon, N.  
SPRINGERNATURE.2022: 73-74
- **Insulin resistance and accelerated cognitive aging.** *Psychoneuroendocrinology*  
Abbasi, F., Robakis, T. K., Myoraku, A., Watson, K. T., Wroolie, T., Rasgon, N. L.  
2022; 147: 105944
- **Association between polarity of first episode and solar insolation in bipolar I disorder.** *Journal of psychosomatic research*  
Bauer, M., Glenn, T., Achtyes, E. D., Alda, M., Agaoglu, E., Altinbas, K., Andreassen, O. A., Angelopoulos, E., Arda, R., Aydin, M., Ayhan, Y., Baethge, C., Bauer, et al  
2022; 160: 110982
- **Family history of diabetes moderates metabolic depression endophenotypes in overweight/obese adults.** *Journal of psychiatric research*  
Ong, S. L., Abbasi, F., Watson, K., Robakis, T., Myoraku, A., Rasgon, N.  
2022; 151: 583-589

- **Maternal attachment insecurity, maltreatment history, and depressive symptoms are associated with broad DNA methylation signatures in infants.** *Molecular psychiatry*  
Robakis, T. K., Roth, M. C., King, L. S., Humphreys, K. L., Ho, M., Zhang, X., Chen, Y., Li, T., Rasgon, N. L., Watson, K. T., Urban, A. E., Gotlib, I. H.  
2022
- **Lower functional hippocampal connectivity in healthy adults is jointly associated with higher levels of leptin and insulin resistance.** *European psychiatry : the journal of the Association of European Psychiatrists*  
Haas, S. S., Myoraku, A., Watson, K., Robakis, T., Frangou, S., Abbasi, F., Rasgon, N.  
2022: 1-23
- **Molecular Endophenotypes of Depression: From Computational Approaches to Exosome Biology**  
Bigio, B., Dobbin, J., Mathe, A., Rasgon, N., Nasca, C., McEwen, B.  
ELSEVIER SCIENCE INC.2022: S28-S29
- **From exosomes to in-vivo Molecular Signatures of Aberrant Brain Mitochondrial Metabolism: Mapping the Signaling From Early Life Stress to Trajectories of Main CNS Diseases**  
Bigio, B., Barnhill, O., Dobbin, J., de Angelis, P., Kautz, M., Lee, F., Murrough, J., Rasgon, N., Nasca, C.  
ELSEVIER SCIENCE INC.2022: S28
- **Using Computational Approaches for Predictive Models of Antidepressant Response: Integrating Biological Networks With Clinical Outcomes**  
Bigio, B., Barnhill, O., de Angelis, P., Dobbin, J., Watson, K., Rasgon, N., Nasca, C.  
ELSEVIER SCIENCE INC.2022: S193
- **A novel peripheral biomarker for depression and antidepressant response.** *Molecular psychiatry*  
Targum, S. D., Schappi, J., Koutsouris, A., Bhaumik, R., Rapaport, M. H., Rasgon, N., Rasenick, M. M.  
1800
- **Relevance of Sex Specific Metabolic Phenotypes in Diagnosis and Treatment of Mood Disorders and PTSD** *PSYCHIATRIC ANNALS*  
Henry, S. S., Ross, R. A., Rasgon, N.  
2022; 52 (1): 20-25
- **Shared genetic influences on depression and menopause symptoms.** *Psychological medicine*  
Meijssen, J. J., Shen, H., Vemuri, M., Rasgon, N. L., Koenen, K. C., Duncan, L. E.  
2021: 1-11
- **Brain Imaging Correlates of Metabolic Function in Adults Who are Overweight/Obese**  
Myoraku, A., Haas, S., Watson, K., Robakis, T., Frangou, S., Abbasi, F., Schatzberg, A., Rasgon, N.  
SPRINGERNATURE.2021: 82-83
- **Target Trial Emulation: Evaluating a Treatment for Metabolic Depression**  
Lin, K., Spiro, C., Carta, K., Myoraku, A., Rasgon, N.  
SPRINGERNATURE.2021: 240
- **Incident Major Depressive Disorder Predicted by Three Measures of Insulin Resistance: A Dutch Cohort Study.** *The American journal of psychiatry*  
Watson, K. T., Simard, J. F., Henderson, V. W., Nutkiewicz, L., Lamers, F., Nasca, C., Rasgon, N., Penninx, B. W.  
2021: appiajp202120101479
- **Variations in seasonal solar insolation are associated with a history of suicide attempts in bipolar I disorder.** *International journal of bipolar disorders*  
Bauer, M., Glenn, T., Achtyes, E. D., Alda, M., Agaoglu, E., Altinbas, K., Andreassen, O. A., Angelopoulos, E., Arda, R., Vares, E. A., Aydin, M., Ayhan, Y., Baethge, et al  
2021; 9 (1): 26
- **Hippocampal Volume Reduction is Associated with Direct Measure of Insulin Resistance in Adults.** *Neuroscience research*  
Frangou, S., Abbasi, F., Watson, K., Haas, S. S., Antoniadis, M., Modabbernia, A., Myoraku, A., Robakis, T., Rasgon, N.  
2021
- **Shared Genetic Effects may Partially Explain Higher Depression and PTSD Prevalence Among Women Using Hormone Therapy (HT)**  
Duncan, L., Meijssen, J., Shen, H., Vemuri, M., Rasgon, N., Koenen, K.  
ELSEVIER SCIENCE INC.2021: S101-S102

- **Depression Symptoms and Insulin Resistance in Individuals With Family History of Type 2 Diabetes Mellitus and Major Depressive Disorder**  
Ong, S., Abbasi, F., Watson, K., Myoraku, A., Rasgon, N.  
ELSEVIER SCIENCE INC.2021: S232
- **Multidimensional predictors of antidepressant responses: Integrating mitochondrial, genetic, metabolic and environmental factors with clinical outcomes.** *Neurobiology of stress*  
Nasca, C., Barnhill, O., DeAngelis, P., Watson, K., Lin, J., Beasley, J., Young, S. P., Myoraku, A., Dobbin, J., Bigio, B., McEwen, B., Rasgon, N.  
2021; 15: 100407
- **Association between Adherence with an Atypical Antipsychotic and with Other Psychiatric Drugs in Patients with Bipolar Disorder.** *Pharmacopsychiatry*  
Bauer, M., Glenn, T., Alda, M., Grof, P., Monteith, S., Rasgon, N., Severus, E., Whybrow, P. C.  
2020
- **Effects of LDL Cholesterol and Statin Use on Verbal Learning and Memory in Older Adults at Genetic Risk for Alzheimer's Disease.** *Journal of Alzheimer's disease : JAD*  
Wroolie, T., Roat-Shumway, S., Watson, K., Reiman, E., Rasgon, N.  
2020
- **Epigenetic signatures of attachment insecurity and childhood adversity provide evidence for role transition in the pathogenesis of perinatal depression.** *Translational psychiatry*  
Robakis, T. K., Zhang, S., Rasgon, N. L., Li, T., Wang, T., Roth, M. C., Humphreys, K. L., Gotlib, I. H., Ho, M., Khechaduri, A., Watson, K., Roat-Shumway, S., Budhan, et al  
2020; 10 (1): 48
- **Exploring brain insulin resistance in adults with bipolar depression using extracellular vesicles of neuronal origin.** *Journal of psychiatric research*  
Mansur, R. B., Delgado-Peraza, F. n., Subramaniapillai, M. n., Lee, Y. n., Iacobucci, M. n., Nasri, F. n., Rodrigues, N. n., Rosenblat, J. D., Brietzke, E. n., Cosgrove, V. E., Kramer, N. E., Suppes, T. n., Raison, et al  
2020; 133: 82–92
- **Insulin receptor substrate in brain-enriched exosomes in subjects with major depression: on the path of creation of biosignatures of central insulin resistance.** *Molecular psychiatry*  
Nasca, C. n., Dobbin, J. n., Bigio, B. n., Watson, K. n., de Angelis, P. n., Kautz, M. n., Cochran, A. n., Mathé, A. A., Kocsis, J. H., Lee, F. S., Murrrough, J. W., McEwen, B. S., Rasgon, et al  
2020
- **Association of Insulin Resistance With Depression Severity and Remission Status: Defining a Metabolic Endophenotype of Depression.** *JAMA psychiatry*  
Watson, K. T., Simard, J. F., Henderson, V. W., Nutkiewicz, L. n., Lamers, F. n., Rasgon, N. n., Penninx, B. n.  
2020
- **Development and Validation of the Muslims' Perceptions and Attitudes to Mental Health (M-PAMH) Scale with a Sample of American Muslim Women** *JOURNAL OF MUSLIM MENTAL HEALTH*  
Awaad, R., Fisher, A. J., Ali, S., Rasgon, N.  
2019; 13 (2): 119–35
- **Insulin Resistance and Structural Change in the Anterior Cingulate Cortex in Youth With Depression and Obesity**  
Hagan, K., Fischer, A., Nrusimha, A., Nimarko, A., Gorelik, A., Bohon, C., Rasgon, N., Singh, M.  
NATURE PUBLISHING GROUP.2019: 143–44
- **The Effects of Statins on Cognition in Older Women at Genetic Risk for Alzheimer's Disease**  
Wroolie, T., Roat-Shumway, S., Watson, K., Rasgon, N.  
NATURE PUBLISHING GROUP.2019: 386
- **REWARD PROCESSING IN DEPRESSED AND OBESE CHILDREN**  
Angal, S., Fischer, A. S., Bohon, C., Nimarko, A. F., Rolle, C. E., Lu, Y., Pan, T., Kuramkote, S. R., Rasgon, N. L., Singh, M. K.  
ELSEVIER SCIENCE INC.2019: S274
- **Trajectories of adherence to mood stabilizers in patients with bipolar disorder.** *International journal of bipolar disorders*  
Bauer, M., Glenn, T., Alda, M., Bauer, R., Grof, P., Marsh, W., Monteith, S., Munoz, R., Rasgon, N., Sagduyu, K., Whybrow, P. C.  
2019; 7 (1): 19
- **The Relation Between Tanner Stage and Age is Moderated by Trauma in Youth With Depression and Obesity**

- Ridout, S., Ridout, K., Nimarko, A., Packer, M., Tang, W., Rah, E., Fonseca, C., Lu, Y., Angal, S., Rasgon, N., Singh, M.  
ELSEVIER SCIENCE INC.2019: S315–S316
- **Nucleus Accumbens Volume Predicts Allostatic Load and is Moderated by Sex and Treatment Modality in Youth With Depression and Obesity**  
Ridout, K., Nimarko, A., Packer, M., Tang, W., Rah, E., Fonseca, C., Lu, Y., Angal, S., Rasgon, N., Singh, M.  
ELSEVIER SCIENCE INC.2019: S262
  - **Childhood trauma and insulin resistance in patients suffering from depressive disorders** *EXPERIMENTAL NEUROLOGY*  
Nasca, C., Watson-Lin, K., Bigio, B., Robakis, T. K., Myoraku, A., Wroolie, T. E., McEwen, B. S., Rasgon, N.  
2019; 315: 15–20
  - **Depression precedes, but does not follow, gestational diabetes** *ACTA PSYCHIATRICA SCANDINAVICA*  
Clark, C. E., Rasgon, N. L., Reed, D. E., Robakis, T. K.  
2019; 139 (4): 311–21
  - **Association between solar insolation and a history of suicide attempts in bipolar I disorder.** *Journal of psychiatric research*  
Bauer, M., Glenn, T., Alda, M., Andreassen, O. A., Angelopoulos, E., Arda, R., Ayhan, Y., Baethge, C., Bauer, R., Baune, B. T., Becerra-Palars, C., Bellivier, F., Belmaker, et al  
2019; 113: 1–9
  - **Management of perinatal depression with non-drug interventions.** *BMJ (Clinical research ed.)*  
Johansen, S. L., Robakis, T. K., Williams, K. E., Rasgon, N. L.  
2019; 364: 1322
  - **Management of perinatal depression with non-drug interventions** *BMJ-BRITISH MEDICAL JOURNAL*  
Johansen, S. L., Robakis, T. K., Williams, K., Rasgon, N. L.  
2019; 364
  - **Brain and behavioral correlates of insulin resistance in youth with depression and obesity** *HORMONES AND BEHAVIOR*  
Singh, M. K., Leslie, S. M., Packer, M., Zaiko, Y. V., Phillips, O. R., Weisman, E. F., Wall, D. M., Jo, B., Rasgon, N.  
2019; 108: 73–83
  - **Childhood trauma and insulin resistance in patients suffering from depressive disorders.** *Experimental neurology*  
Nasca, C., Watson, K., Bigio, B., Robakis, T., Myoraku, A., Wroolie, T., McEwen, B. S., Rasgon, N.  
2019
  - **Early life adversity blunts responses to pioglitazone in depressed, overweight adults** *EUROPEAN PSYCHIATRY*  
Robakis, T. K., Watson-Lin, K., Wroolie, T. E., Myoraku, A., Nasca, C., Bigio, B., McEwen, B., Rasgon, N. L.  
2019; 55: 4–9
  - **Multidimensional Predictors of Susceptibility and Resilience to Social Defeat Stress.** *Biological psychiatry*  
Nasca, C. n., Menard, C. n., Hodes, G. n., Bigio, B. n., Pena, C. n., Lorsch, Z. n., Zelli, D. n., Ferris, A. n., Kana, V. n., Purushothaman, I. n., Dobbin, J. n., Nassim, M. n., DeAngelis, et al  
2019; 86 (6): 483–91
  - **Hormonal Contraceptives and Mood: Review of the Literature and Implications for Future Research.** *Current psychiatry reports*  
Robakis, T. n., Williams, K. E., Nutkiewicz, L. n., Rasgon, N. L.  
2019; 21 (7): 57
  - **Effort-based decision-making is affected by overweight/obesity in major depressive disorder.** *Journal of affective disorders*  
Mansur, R. B., Subramaniapillai, M. n., Zuckerman, H. n., Park, C. n., Iacobucci, M. n., Lee, Y. n., Tuineag, M. n., Hawco, C. n., Frey, B. N., Rasgon, N. n., Brietzke, E. n., McIntyre, R. S.  
2019; 256: 221–27
  - **Neural correlates of liraglutide effects in persons at risk for Alzheimer's disease** *BEHAVIOURAL BRAIN RESEARCH*  
Watson, K. T., Wroolie, T. E., Tong, G., Folland-Ross, L. C., Frangou, S., Singh, M., McIntyre, R. S., Roat-Shumway, S., Myoraku, A., Reiss, A. L., Rasgon, N. L.  
2019; 356: 271–78
  - **An emerging epigenetic framework of systemic and central mechanisms underlying stress-related disorders** *NEUROPSYCHOPHARMACOLOGY*  
Nasca, C., Rasgon, N., McEwen, B.  
2019; 44 (1): 235–36

- **Neural and Endocrine Correlates of Early Life Abuse in Youth With Depression and Obesity.** *Frontiers in psychiatry*  
Sun, K. L., Watson, K. T., Angal, S., Bakkila, B. F., Gorelik, A. J., Leslie, S. M., Rasgon, N. L., Singh, M. K.  
2018; 9: 721
- **Neural and Endocrine Correlates of Early Life Abuse in Youth With Depression and Obesity** *FRONTIERS IN PSYCHIATRY*  
Sun, K. L., Watson, K. T., Angal, S., Bakkila, B. F., Gorelik, A. J., Leslie, S. M., Rasgon, N. L., Singh, M. K.  
2018; 9
- **Depression Precedes, But Does Not Follow, Gestational Diabetes.** *Acta psychiatrica Scandinavica*  
Clark, C. E., Rasgon, N. L., Reed, D. E., Robakis, T. K.  
2018
- **Expression of dopamine signaling genes in the post-mortem brain of individuals with mental illnesses is moderated by body mass index and mediated by insulin signaling genes** *JOURNAL OF PSYCHIATRIC RESEARCH*  
Mansur, R. B., Fries, G. R., Subramaniapillai, M., Frangou, S., De Felice, F. G., Rasgon, N., McEwen, B., Brietzke, E., McIntyre, R. S.  
2018; 107: 128–35
- **Early life adversity blunts responses to pioglitazone in depressed, overweight adults.** *European psychiatry : the journal of the Association of European Psychiatrists*  
Robakis, T. K., Watson-Lin, K., Wroolie, T. E., Myoraku, A., Nasca, C., Bigio, B., McEwen, B., Rasgon, N. L.  
2018; 55: 4–9
- **Expression of dopamine signaling genes in the post-mortem brain of individuals with mental illnesses is moderated by body mass index and mediated by insulin signaling genes.** *Journal of psychiatric research*  
Mansur, R. B., Fries, G. R., Subramaniapillai, M., Frangou, S., De Felice, F. G., Rasgon, N., McEwen, B., Brietzke, E., McIntyre, R. S.  
2018; 107: 128–35
- **Cognitive effects of mifepristone in overweight, euthymic adults with depressive disorders** *JOURNAL OF AFFECTIVE DISORDERS*  
Roat-Shumway, S., Wroolie, T. E., Watson, K., Schatzberg, A. F., Rasgon, N. L.  
2018; 239: 242–46
- **An emerging epigenetic framework of systemic and central mechanisms underlying stress-related disorders.** *Neuropsychopharmacology : official publication of the American College of Neuropsychopharmacology*  
Nasca, C., Rasgon, N., McEwen, B.  
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## PRESENTATIONS

- Disturbances in Insulin Glucose Homeostasis in Disorders of Mood and Cognition - Mt. Sinai School of Medicine, New York (3/2013 - 3/2013)
- Clinical Trials in Alzheimer's Disease - Monaco (10/2012)
- Biomarkers and Predictors Outcome of Perinatal Mood Disorders - Marce Society (6/1/2012 - 9/2012)