



## Cynthia DeTata

Clinical Assistant Professor, Obstetrics & Gynecology - Maternal Fetal Medicine

### CLINICAL OFFICE (PRIMARY)

- **Center for Academic Medicine Obstetrics and Gynecology**

453 Quarry Rd

MC 5317

Palo Alto, CA 94304

**Tel** (650) 721-1036      **Fax** (650) 723-7737

### ACADEMIC CONTACT INFORMATION

- **Alternate Contact-- if you are a patient please call the clinic**

Jaquie Laskey - Department Administrator

**Email** [jaskey@stanford.edu](mailto:jaskey@stanford.edu)

**Tel** 650-723-8623

## Bio

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### CLINICAL FOCUS

- Gestational diabetes
- Health disparities
- Postpartum wellness
- Pregnancy after bariatric surgery
- Thyroid disease in pregnancy
- Multiple gestation
- Advanced maternal age
- Pregnancy after infertility treatment
- Breastfeeding
- Hypertension in pregnancy
- Depression Anxiety pregnancy
- Vaginal birth after cesarean
- LGBTQ+ pregnancy
- Obstetrics

### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Obstetrics & Gynecology - Maternal Fetal Medicine

### ADMINISTRATIVE APPOINTMENTS

- Clerkship Director, Stanford University School of Medicine, (2024- present)
- Director, Human Biology course, Physiology of Pregnancy, HUMBIO 134, Stanford University, (2024- present)
- Director, Pregnancy, Birth and Infancy course, OBGYN 282, Stanford University School of Medicine, (2024- present)

- Director, Introseem course Demystifying Pregnancy OBGYN 82Q, Stanford University, (2021- present)
- Co-director Obstetric and Gynecologic Skills Simulation OBGYN 222, Stanford University School of Medicine, (2018- present)
- Co-director Women's Health Block, Science of Medicine course, Stanford University School of Medicine, (2018-2019)
- Guest instructor, USC Keck School of Medicine, (2016- present)
- Clinical Assistant Professor Clerkship Director Obgyn, Stanford University School of Medicine, (2005- present)
- Co-director Obstetrics and Gynecology Core Clerkship, Stanford University School of Medicine, (2005-2019)
- Staff Physician, Lucille Packard Children's Hospital, (2001- present)
- Staff Physician, Stanford Hospital, (2001- present)

## HONORS AND AWARDS

- Oscar Salvatierra award for exceptional service to Stanford Med Students and the School of Medicine, Stanford School of Medicine (2022)
- APGO Faculty Leaders and Scholars, American Professors of Obstetrics and Gynecology (2019)
- APGO Excellence in Teaching Award, American Professors of Obstetrics and Gynecology (2018)
- Faculty Fellow, Center of Excellence, Stanford University (2017)
- Best Undergraduate Medical Education Presentation, Innovations in Medical Education Conference (2016)
- Leadership in Education Award, Stanford University School of Medicine (2008)
- Resident Laparoscopy Award, AAGL (1998)

## BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Faculty advisor, Stanford University School of Medicine, Diversity Advisory Panel, Admissions (2018 - 2019)
- Guest instructor, USC Masters of Academic Medicine program, Keck School of Medicine (2017 - present)
- Faculty member, School of Medicine Admissions (2017 - 2023)
- Affiliate, Learning Communities Institute (2015 - present)
- Associate, Educators for Care, Stanford University School of Medicine (2015 - present)
- Member, Teaching and Learning Academy, Stanford University School of Medicine (2015 - present)
- Member, American Professors of Gynecology and Obstetrics (2005 - present)
- Fellow, American College of Obstetrics and Gynecology (2001 - present)

## PROFESSIONAL EDUCATION

- Master's of Medical Education, University of Southern California Keck School of Medicine , Academic Medicine (2016)
- Board Certification: Obstetrics and Gynecology, American Board of Obstetrics and Gynecology (2001)
- Residency: Kaiser Permanente/Santa Clara (1999) CA
- MD, University of Southern California Keck School of Medicine , Medicine (1995)
- BS, University of California Davis , Psychology (1990)
- BS, University of California Davis , Physiology (1990)

## LINKS

- Stanford Healthcare: <https://stanfordhealthcare.org/doctors/d/cynthia-detata.html>
- Stanford Medicine Children's Health: <https://www.stanfordchildrens.org/en/doctor/c/cynthia-l-detata.html>
- LinkedIn: <https://www.linkedin.com/in/cynthia-detata-78b79a40/>
- Demystifying Pregnancy: <https://exploreintrosems.stanford.edu/news/obgyn-82q-demystifying-pregnancy-physiology-policy-and-politics>
- Youtube: <https://www.youtube.com/watch?v=UALnTowuFv0>

- US News: <https://health.usnews.com/doctors/cynthia-detata-96720>
- Stanford course catalog: <https://explorecourses.stanford.edu/instructor/cdetata>
- Healthgrades: <https://www.healthgrades.com/physician/dr-cynthia-detata-ysecsx>
- Outcare: <https://www.outcarehealth.org/provider/listing/cynthia-detata-md/>
- Vitals: [https://www.vitals.com/doctors/Dr\\_Cynthia\\_De\\_Tata.html](https://www.vitals.com/doctors/Dr_Cynthia_De_Tata.html)
- Faculty, Department of Obstetrics and Gynecology: <https://obgyn.stanford.edu/faculty-and-staff/faculty.html>
- Flo Health: <https://flo.health/about-us/cynthia-detata-md>
- Flo Health - Spanish: <https://flo.health/es/quienes-somos/cynthia-detata-md>
- Center of Excellence: <https://www.facebook.com/335870722823/photos/httpswwweventbritecomeprimary-care-public-health-and-health-disparities-lecturer/10154766348867824/>

## Research & Scholarship

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### CURRENT RESEARCH AND SCHOLARLY INTERESTS

Medical Education

Health Disparities

Curriculum Design

Learning environment

Teamwork

Simulation

Postpartum care

Flipped Classroom learning

Game learning

Postpartum care

## Teaching

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### COURSES

#### 2024-25

- Demystifying Pregnancy: Physiology, Policy and Politics: OBGYN 82Q (Aut)
- Obstetrics and Gynecologic Skills Simulation: OBGYN 222 (Win)
- Pregnancy, Birth, and Infancy: OBGYN 282, PEDS 282 (Spr)

#### 2023-24

- Demystifying Pregnancy: Physiology, Policy and Politics: OBGYN 82Q (Aut)
- Physiology of Pregnancy: HUMBIO 134 (Spr)
- Pregnancy, Birth, and Infancy: OBGYN 282, PEDS 282 (Spr)

#### 2022-23

- Demystifying Pregnancy: Physiology, Policy and Politics: OBGYN 82Q (Aut, Spr)

#### 2021-22

- Demystifying Pregnancy: Physiology, Policy and Politics: OBGYN 82Q (Aut)

## Publications

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### PUBLICATIONS

- **Teaching and assessing non-technical skills.** *The clinical teacher*  
DeTata, C.  
2015; 12 (3): 219-?

### PRESENTATIONS

- Guest teacher: Master of Academic medicine program, University of Southern California Keck School of Medicine (8/1/2017)
- "Sharing a common view: Does finding a common ground between faculty, residents and students reduce the perception of mistreatment?" - LCI (Learning Communities Institute) Conference, UCSD, 2015
- "Teaching the medical student with difficulties in Clinical Reasoning" - APGO Faculty Development Seminar 2009
- "Coaching the Struggling High Achiever" - Innovations in Medical Education Conference, USC
- "Teaching Teamwork in Labor and Delivery Simulation Scenarios" - APGO Faculty Development Seminar
- "Improving the Medical Student experience in Labor and Delivery by engaging nurses as educators" - APGO Faculty Development Seminar 2014
- "Motivation and Learning in Clinical settings--Mindset, Modeling and Engagement" - Innovations in medical education, 2018
- Encouraging Joy in Learning: Using Mindset, Grit and Self-determination Theory - Innovations in Medical Education, USC
- "Sharing a common view: Can seeing the same situation through the resident's eyes reduce student perception of Mistreatment?" - IME (Innovations in Medical Education) Conference, USC Keck School of Medicine 2016
- "Remediating the medical student with difficulties in clinical reasoning: Strategies, plans and pitfalls - APGO Faculty Development Seminar, 2009
- Does our curriculum need a sprinkling of Fairy Dust? - APGO