

Stanford



Po Wang

Clinical Professor, Psychiatry and Behavioral Sciences

CLINICAL OFFICES

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Bio

BIO

Dr. Po Wang is a board-certified psychiatrist, who specializes in the treatment of Bipolar Disorders.

Dr. Wang completed a NIMH-funded clinical research fellowship in Mood Disorders and Brain Imaging under Dr. Terence Ketter.

Dr. Wang's research background includes neuroimaging of mood disorders, treatment response predictors, all major pharmacological treatments in Bipolar Disorders, and longitudinal effectiveness studies in Bipolar Disorders. His clinic focuses on early identification and intervention of Bipolar Disorders.

Dr. Wang is married with two children, and he enjoys hiking, traveling, and tennis.

CLINICAL FOCUS

- Psychiatry
- Psychopharmacology
- Bipolar Disorder
- Mood Disorders

ACADEMIC APPOINTMENTS

- Clinical Professor, Psychiatry and Behavioral Sciences

PROFESSIONAL EDUCATION

- Medical Education: Washington University School Of Medicine Registrar (1995) MO
- Internship: Stanford University Medical Center (1996) CA

- Residency: Stanford University Medical Center (1999) CA
- Chief Resident, Stanford University Medical Center , CA (1999)
- Fellowship, Stanford University School of Medicine , Bipolar Disorders and Neuroimaging (2001)
- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2001)
- Board Certification, American Board of Psychiatry and Neurology , Adult Psychiatry (2011)

COMMUNITY AND INTERNATIONAL WORK

- Medical Advisor, Palo Alto

LINKS

- Bipolar Clinic Website: <http://www.bipolar.org>

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Bipolar Disorders, Psychopharmacology, Treatment, Anticonvulsants, Mood stabilizers

CLINICAL TRIALS

- Efficacy of Suvorexant to Treat Insomnia Related to Bipolar Disorder, Not Recruiting
- Safety and Efficacy Study of ELND005 as an Adjunctive Maintenance Treatment in Bipolar I Disorder, Not Recruiting

Publications

PUBLICATIONS

- **Expanding bipolar outreach during college.** *Journal of affective disorders*
Singh, M. K., Miller, S., Hooshmand, F., Wang, P. W., Chang, L., Ketter, T. A.
2021; 295: 28-32
- **Differential core pharmacotherapy in bipolar I versus bipolar II disorder and European versus American patients not in a syndromal episode.** *International clinical psychopharmacology*
Dell'Osso, B., Cremaschi, L., Arici, C., Altamura, A. C., Hooshmand, F., Do, D., Shah, S., Gershon, A., Holsinger, A., Yeon Park, D., Miller, S., Wang, P. W., Ketter, et al
2019
- **Antidepressants have complex associations with longitudinal depressive burden in bipolar disorder.** *Journal of affective disorders*
Hooshmand, F., Do, D., Shah, S., Gershon, A., Park, D. Y., Yuen, L. D., Dell'Osso, B., Wang, P. W., Miller, S., Ketter, T. A.
2019; 246: 836-842
- **Depressive symptoms carry an increased risk for suicidal ideation and behavior in bipolar disorder without any additional contribution of mixed symptoms** *JOURNAL OF AFFECTIVE DISORDERS*
Fiedorowicz, J. G., Persons, J. E., Assari, S., Ostacher, M. J., Zandi, P., Wang, P. W., Thase, M. E., Frye, M. A., Coryell, W., Natl Network Depression Ctr
2019; 246: 775-82
- **Antidepressants have complex associations with longitudinal depressive burden in bipolar disorder** *JOURNAL OF AFFECTIVE DISORDERS*
Hooshmand, F., Do, D., Shah, S., Gershon, A., Park, D., Yuen, L. D., Dell'Osso, B., Wang, P. W., Miller, S., Ketter, T. A.
2019; 246: 836-42
- **Depressive symptoms carry an increased risk for suicidal ideation and behavior in bipolar disorder without any additional contribution of mixed symptoms.** *Journal of affective disorders*
Fiedorowicz, J. G., Persons, J. E., Assari, S., Ostacher, M. J., Zandi, P., Wang, P. W., Thase, M. E., Frye, M. A., Coryell, W., of the National Network of Depression Centers Bipolar Disorders Interest Group
2018; 246: 775-82

- **Differential prevalence and demographic and clinical correlates of antidepressant use in American bipolar I versus bipolar II disorder patients.** *Journal of affective disorders*
Hooshmand, F., Do, D., Shah, S., Gershon, A., Park, D. Y., Kim, H., Yuen, L. D., Dell'Osso, B., Wang, P. W., Ketter, T. A., Miller, S.
2018; 234: 74–79
- **Differential prevalence and demographic and clinical correlates of antidepressant use in American bipolar I versus bipolar II disorder patients** *JOURNAL OF AFFECTIVE DISORDERS*
Hooshmand, F., Do, D., Shah, S., Gershon, A., Park, D., Kim, H., Yuen, L. D., Dell'Osso, B., Wang, P. W., Ketter, T. A., Miller, S.
2018; 234: 74–79
- **Longer-Term Effectiveness and Tolerability of Adjunctive Open Lurasidone in Patients With Bipolar Disorder.** *Journal of clinical psychopharmacology*
Miller, S., Do, D., Gershon, A., Wang, P. W., Hooshmand, F., Chang, L. S., Ketter, T. A.
2018; 38 (3): 207–11
- **Longer-Term Effectiveness and Tolerability of Adjunctive Open Lurasidone in Patients With Bipolar Disorder** *JOURNAL OF CLINICAL PSYCHOPHARMACOLOGY*
Miller, S., Do, D., Gershon, A., Wang, P. W., Hooshmand, F., Chang, L. S., Ketter, T. A.
2018; 38 (3): 207–11
- **Do we have evidence for differentiating pharmacological treatment of bipolar I from bipolar II disorder (Bp)?**
Ketter, T., Arici, C., Cremaschi, L., Miller, S., Hooshmand, F., Wang, P., Do, D., Shah, S., Gershon, A., Holsinger, A., Park, D. Y.
WILEY.2018: 28–29
- **Episode accumulation associated with hastened recurrence and delayed recovery in bipolar disorder** *JOURNAL OF AFFECTIVE DISORDERS*
Park, D., Do, D., Chang, L., Shah, S., Yuen, L. D., Hooshmand, F., Wang, P. W., Miller, S., Ketter, T. A.
2018; 227: 657–64
- **Lifetime eating disorder comorbidity associated with delayed depressive recovery in bipolar disorder.** *International journal of bipolar disorders*
Balzafigore, D. R., Rasgon, N. L., Yuen, L. D., Shah, S., Kim, H., Goffin, K. C., Miller, S., Wang, P. W., Ketter, T. A.
2017; 5 (1): 25-?
- **American tertiary clinic-referred bipolar II disorder versus bipolar I disorder associated with hastened depressive recurrence.** *International journal of bipolar disorders*
Dell'Osso, B., Shah, S., Do, D., Yuen, L. D., Hooshmand, F., Wang, P. W., Miller, S., Ketter, T. A.
2017; 5 (1): 2-?
- **Abnormal Sleep Duration Associated with Hastened Depressive Recurrence in Bipolar Disorder**
Gershon, A., Do, D., Satyanarayana, S., Shah, S., Yuen, L., Hooshmand, F., Miller, S., Wang, P., Ketter, T.
ELSEVIER SCIENCE INC.2017: S364
- **Lifetime anxiety disorder and current anxiety symptoms associated with hastened depressive recurrence in bipolar disorder.** *Journal of affective disorders*
Shah, S., Kim, J. P., Park, D. Y., Kim, H., Yuen, L. D., Do, D., Dell'Osso, B., Hooshmand, F., Miller, S., Wang, P. W., Ketter, T. A.
2017; 219: 165-171
- **Abnormal sleep duration associated with hastened depressive recurrence in bipolar disorder.** *Journal of affective disorders*
Gershon, A., Do, D., Satyanarayana, S., Shah, S., Yuen, L. D., Hooshmand, F., Miller, S., Wang, P. W., Ketter, T. A.
2017; 218: 374-379
- **Abnormal sleep duration associated with hastened depressive recurrence in bipolar disorder** *Journal of Affective Disorders*
Gershon, A., Do, D., Satyanarayana, S., Shah, S., Yuen, L., Hooshmand, F., Miller, S., Wang, P., Ketter, T.
2017; 218: 374–79
- **Carbamazepine, Oxcarbazepine, and Licarbazepine** *AMERICAN PSYCHIATRIC ASSOCIATION PUBLISHING TEXTBOOK OF PSYCHOPHARMACOLOGY, 5TH EDITION*
Wang, P. W., Ketter, T. A., Post, R. M., Schatzberg, A. F., Nemeroff, C. B.
2017: 941–82
- **Longer-Term Lurasidone Efficacy and Tolerability in an American Bipolar Disorder Specialty Clinic**
Ketter, T., Do, D., Gershon, A., Holsinger, A., Hooshmand, F., Wang, P., Miller, S.
NATURE PUBLISHING GROUP.2016: S493

- **Current irritability associated with hastened depressive recurrence and delayed depressive recovery in bipolar disorder.** *International journal of bipolar disorders*
Yuen, L. D., Shah, S., Do, D., Miller, S., Wang, P. W., Hooshmand, F., Ketter, T. A.
2016; 4 (1): 15-?
- **More inclusive bipolar mixed depression definitions by requiring fewer non-overlapping mood elevation symptoms.** *Acta psychiatrica Scandinavica*
Kim, W., Kim, H., Citrome, L., Akiskal, H. S., Goffin, K. C., Miller, S., HOLTZMAN, J. N., Hooshmand, F., Wang, P. W., Hill, S. J., Ketter, T. A.
2016; 134 (3): 189-198
- **More inclusive bipolar mixed depression definition by permitting overlapping and non-overlapping mood elevation symptoms.** *Acta psychiatrica Scandinavica*
Kim, H., Kim, W., Citrome, L., Akiskal, H. S., Goffin, K. C., Miller, S., HOLTZMAN, J. N., Hooshmand, F., Wang, P. W., Hill, S. J., Ketter, T. A.
2016; 134 (3): 199-206
- **Current irritability robustly related to current and prior anxiety in bipolar disorder** *JOURNAL OF PSYCHIATRIC RESEARCH*
Yuen, L. D., Miller, S., Wang, P. W., Hooshmand, F., Holtzman, J. N., Goffin, K. C., Shah, S., Ketter, T. A.
2016; 79: 101-107
- **Gender by onset age interaction may characterize distinct phenotypic subgroups in bipolar patients** *JOURNAL OF PSYCHIATRIC RESEARCH*
Holtzman, J. N., Miller, S., Hooshmand, F., Wang, P. W., Chang, K. D., Goffin, K. C., Hill, S. J., Ketter, T. A., Rasgon, N. L.
2016; 76: 128-135
- **Different characteristics associated with suicide attempts among bipolar I versus bipolar II disorder patients** *JOURNAL OF PSYCHIATRIC RESEARCH*
Goffin, K. C., Dell'Osso, B., Miller, S., Wang, P. W., Holtzman, J. N., Hooshmand, F., Ketter, T. A.
2016; 76: 94-100
- **Differential prevalence and demographic and clinical correlates of second-generation antipsychotic use in bipolar I versus bipolar II disorder** *JOURNAL OF PSYCHIATRIC RESEARCH*
Park, D. Y., Goffin, K. C., Shah, S., Yuen, L. D., Holtzman, J. N., Hooshmand, F., Miller, S., Wang, P. W., Ketter, T. A.
2016; 76: 52-58
- **Treatment of bipolar disorder: Review of evidence regarding quetiapine and lithium** *JOURNAL OF AFFECTIVE DISORDERS*
Ketter, T. A., Miller, S., Dell'Osso, B., Wang, P. W.
2016; 191: 256-273
- **Treatment of bipolar disorder: Review of evidence regarding quetiapine and lithium.** *Journal of affective disorders*
Ketter, T. A., Miller, S., Dell'Osso, B., Wang, P. W.
2016; 191: 256-73
- **American tertiary clinic-referred bipolar II disorder compared to bipolar I disorder: More severe in multiple ways, but less severe in a few other ways** *JOURNAL OF AFFECTIVE DISORDERS*
Dell'Osso, B., Holtzman, J. N., Goffin, K. C., Portillo, N., Hooshmand, F., Miller, S., Dore, J., Wang, P. W., Hill, S. J., Ketter, T. A.
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- **Childhood-compared to adolescent-onset bipolar disorder has more statistically significant clinical correlates** *JOURNAL OF AFFECTIVE DISORDERS*
Holtzman, J. N., Miller, S., Hooshmand, F., Wang, P. W., Chang, K. D., Hill, S. J., Rasgon, N. L., Ketter, T. A.
2015; 179: 114-120
- **Bipolar therapeutics update 2014: A tale of 3 treatments.** *journal of clinical psychiatry*
Ketter, T. A., Wang, P. W., Miller, S.
2015; 76 (1): 69-70
- **Evaluation of reproductive function in women treated for bipolar disorder compared to healthy controls.** *Bipolar disorders*
Reynolds-May, M. F., Kenna, H. A., Marsh, W., Stemmler, P. G., Wang, P., Ketter, T. A., Rasgon, N. L.
2014; 16 (1): 37-47
- **Trends in pharmacotherapy in patients referred to a bipolar specialty clinic, 2000-2011** *JOURNAL OF AFFECTIVE DISORDERS*
Hooshmand, F., Miller, S., Dore, J., Wang, P. W., Hill, S. J., Portillo, N., Ketter, T. A.
2014; 155: 283-287

- **Clinical and Health Outcomes Initiative in Comparative Effectiveness for Bipolar Disorder (Bipolar CHOICE): A pragmatic trial of complex treatment for a complex disorder.** *Clinical trials*
Nierenberg, A. A., Sylvia, L. G., Leon, A. C., Reilly-Harrington, N. A., Shesler, L. W., McElroy, S. L., Friedman, E. S., Thase, M. E., Shelton, R. C., Bowden, C. L., Tohen, M., Singh, V., Deckersbach, et al
2014; 11 (1): 114-127
- **Superior chronic tolerability of adjunctive modafinil compared to pramipexole in treatment-resistant bipolar disorder** *JOURNAL OF AFFECTIVE DISORDERS*
Dell'Osso, B., Timtim, S., Hooshmand, F., Miller, S., Wang, P. W., Hill, S. J., Portillo, N., Ketter, T. A.
2013; 150 (1): 130-135
- **Long-term aripiprazole effectiveness in bipolar disorder patients decreases with pharmacotherapeutic complexity and degree of baseline mood disturbance** *ASIAN BIOMEDICINE*
Ittasakul, P., Miller, S., Wang, P. W., Hill, S. J., Childers, M. E., Ketter, T. A.
2013; 7 (4): 537-544
- **Brain-Derived Neurotrophic Factor VAL66MET Met Allele Carrier Genotype Associated with Lower Body Mass Index and Overweight/Obesity Rate Among Bipolar Disorder Patients**
Miller, S., Hallmayer, J., Hooshmand, F., Wang, P. W., Hill, S. J., Ketter, T. A.
ELSEVIER SCIENCE INC.2013: 176S
- **Brain-derived neurotrophic factor val66met genotype and early life stress effects upon bipolar course** *JOURNAL OF PSYCHIATRIC RESEARCH*
Miller, S., Hallmayer, J., Wang, P. W., Hill, S. J., Johnson, S. L., Ketter, T. A.
2013; 47 (2): 252-258
- **Enhanced Ziprasidone Combination Therapy Effectiveness in Obese Compared to Nonobese Patients With Bipolar Disorder** *JOURNAL OF CLINICAL PSYCHOPHARMACOLOGY*
Miller, S., Ittasakul, P., Wang, P. W., Hill, S. J., Childers, M. E., Rasgon, N., Ketter, T. A.
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- **Pilot study of the efficacy of double-blind, placebo-controlled one-week olanzapine stabilization therapy in heterogeneous symptomatic bipolar disorder patients** *JOURNAL OF PSYCHIATRIC RESEARCH*
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2012; 46 (7): 920-926
- **Open adjunctive ziprasidone associated with weight loss in obese and overweight bipolar disorder patients** *JOURNAL OF PSYCHIATRIC RESEARCH*
Wang, P. W., Hill, S. J., Childers, M. E., Chandler, R. A., Rasgon, N. L., Ketter, T. A.
2011; 45 (8): 1128-1132
- **Gender-specific lipid profiles in patients with bipolar disorder** *JOURNAL OF PSYCHIATRIC RESEARCH*
Vemuri, M., Kenna, H. A., Wang, P. W., Ketter, T. A., Rasgon, N. L.
2011; 45 (8): 1036-1041
- **DSM-5 mixed features specifier may increase complexity without enhancing milder mixed symptom detection in bipolar disorder patients: a 36 case series** *9th International Conference on Bipolar Disorder (ICBD)*
Ketter, T. A., Srivastava, S., Wang, P. W., Childers, M. E., Hill, S. J., Keller, K. L.
WILEY-BLACKWELL.2011: 62-62
- **Pilot study of the effectiveness of double-blind, placebo-controlled brief olanzapine therapy in heterogeneous symptomatic bipolar disorder patients** *9th International Conference on Bipolar Disorder (ICBD)*
Srivastava, S., Wang, P. W., Childers, M. E., Hill, S. J., Keller, K. L., Ketter, T. A.
WILEY-BLACKWELL.2011: 93-94
- **Effectiveness of Aripiprazole in Bipolar Disorder Patients Primarily Taking Complex Pharmacotherapy** *66th Annual Meeting of the Society-of-Biological-Psychiatry*
Ittasakul, P., Srivastava, S., Wang, P. W., Hill, S. J., Childers, M. E., Ketter, T. A.
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- **Treatments for bipolar disorder: can number needed to treat/harm help inform clinical decisions?** *ACTA PSYCHIATRICA SCANDINAVICA*
Ketter, T. A., Citrome, L., Wang, P. W., Culver, J. L., Srivastava, S.
2011; 123 (3): 175-189

- **Higher prevalence of bipolar I disorder among Asian and Latino compared to Caucasian patients receiving treatment** *ASIA-PACIFIC PSYCHIATRY*
Hwang, S. H., Childers, M. E., Wang, P. W., Nam, J. Y., Keller, K. L., Hill, S. J., Ketter, T. A.
2010; 2 (3): 156-165
- **Toward interaction of affective and cognitive contributors to creativity in bipolar disorders: A controlled study** *JOURNAL OF AFFECTIVE DISORDERS*
Srivastava, S., Childers, M. E., Baek, J. H., Strong, C. M., Hill, S. J., Warsett, K. S., Wang, P. W., Akiskal, H. S., Akiskal, K. K., Ketter, T. A.
2010; 125 (1-3): 27-34
- **Metabolic dysfunction in women with bipolar disorder: the potential influence of family history of type 2 diabetes mellitus** *BIPOLAR DISORDERS*
Rasgon, N. L., Kenna, H. A., Reynolds-May, M. F., Stemmler, P. G., Vemuri, M., Marsh, W., Wang, P., Ketter, T. A.
2010; 12 (5): 504-513
- **Divalproex extended-release in acute bipolar II depression** *JOURNAL OF AFFECTIVE DISORDERS*
Wang, P. W., Nowakowska, C., Chandler, R. A., Hill, S. J., Nam, J. Y., Culver, J. L., Keller, K. L., Ketter, T. A.
2010; 124 (1-2): 170-173
- **Management of Bipolar Disorders in Children and Adolescents** *HANDBOOK OF DIAGNOSIS AND TREATMENT OF BIPOLAR DISORDERS*
Chang, K. D., Singh, M. K., Wang, P. W., Howe, M., Ketter, T. A.
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- **Dorsolateral and dorsomedial prefrontal gray matter density changes associated with bipolar depression** *PSYCHIATRY RESEARCH-NEUROIMAGING*
Brooks, J. O., Bonner, J. C., Rosen, A. C., Wang, P. W., Hoblyn, J. C., Hill, S. J., Ketter, T. A.
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- **Sleep functioning in relation to mood, function, and quality of life at entry to the Systematic Treatment Enhancement Program for Bipolar Disorder (STEP-BD)** *JOURNAL OF AFFECTIVE DISORDERS*
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- **Insulin resistance and hyperlipidemia in women with bipolar disorder.** *Journal of psychiatric research*
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- **Decreased prefrontal, anterior cingulate, insula, and ventral striatal metabolism in medication-free depressed outpatients with bipolar disorder.** *Journal of psychiatric research*
Brooks, J. O., Wang, P. W., Bonner, J. C., Rosen, A. C., Hoblyn, J. C., Hill, S. J., Ketter, T. A.
2009; 43 (3): 181-188
- **A new US-UK diagnostic project: mood elevation and depression in first-year undergraduates at Oxford and Stanford universities** *ACTA PSYCHIATRICA SCANDINAVICA*
Chandler, R. A., Wang, P. W., Ketter, T. A., Goodwin, G. M.
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- **Adjunctive zonisamide for weight loss in euthymic bipolar disorder patients: A pilot study** *JOURNAL OF PSYCHIATRIC RESEARCH*
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- **Decreased prefrontal, anterior cingulate, insula, and ventral striatal metabolism in medication-free depressed outpatients with bipolar disorder** *JOURNAL OF PSYCHIATRIC RESEARCH*
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- **Temperament-creativity relationships in mood disorder patients, healthy controls and highly creative individuals** *JOURNAL OF AFFECTIVE DISORDERS*
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- **Divalproex-extended release monotherapy and adjunctive therapy in bipolar II depression** *7th International Conference on Bipolar Disorder*
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- **Improving the pedagogy associated with the teaching of psychopharmacology** *ACADEMIC PSYCHIATRY*
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- **Gray matter density changes associated with bipolar depression**
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Wang, P. W., Sachs, N., Brooks, J. O., Bonner, J., Ketter, T. A.
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Book Review Authored by: Wang, P. W.
2007; 195 (4): 360-61
- **Overweight and obesity in bipolar disorders** *JOURNAL OF PSYCHIATRIC RESEARCH*
Wang, P. W., Sachs, G. S., Zarate, C. A., Marangell, L. B., Calabrese, J. R., Goldberg, J. F., Sagduyu, K., Miyahara, S., Ketter, T. A.
2006; 40 (8): 762-764
- **Effectiveness of quetiapine in a clinical setting** *45th Annual Meeting of the American-College-of-Neuropsychopharmacology*
Ketter, T. A., Holland, A. A., Nam, J. Y., Culver, J. L., Wang, P. W., Marsh, W. K., Bonner, J. C.
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- **Adjunctive aripiprazole in treatment-resistant bipolar depression.** *Annals of clinical psychiatry*
Ketter, T. A., Wang, P. W., Chandler, R. A., Culver, J. L., Alarcon, A. M.
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- **Preliminary evidence of differential relations between prefrontal cortex metabolism and sustained attention in depressed adults with bipolar disorder and healthy controls** *BIPOLAR DISORDERS*
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2006; 8 (3): 248-254
- **Commonalities and dissociations of cerebral metabolism with divalproex response in bipolar disorder**
Wang, P. W., Brooks, J. O., Bonner, J. C., Hill, S., Chandler, R. A., Ketter, T. A.
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- **Effects of depression on cerebral metabolism in bipolar disorder**
Brooks, J. O., Wang, P. W., Bonner, J. C., Ketter, T. A.
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- **Voxel-based morphometric analysis of gray matter in bipolar depression**
Bonner, J. C., Rosen, A. C., Wang, P. W., Ketter, T. A., Hill, S. J., Brooks, J. O.
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- **Magnetic resonance spectroscopic measurement of cerebral gamma-aminobutyric acid concentrations in patients with bipolar disorders** *ACTA NEUROPSYCHIATRICA*
Wang, P. W., Sailasuta, N., Chandler, R. A., Ketter, T. A.
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- **Clinical use of carbamazepine for bipolar disorders** *EXPERT OPINION ON PHARMACOTHERAPY*
Wang, P. W., Ketter, T. A.
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 - **New anticonvulsant medication uses in bipolar disorder** *CNS SPECTRUMS*
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 - **Safety of antidepressants in the elderly.** *Expert opinion on drug safety*
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