



Randall Stafford

Professor of Medicine (Stanford Center for Research in Disease Prevention)

Medicine - Stanford Prevention Research Center

 Curriculum Vitae available Online

CLINICAL OFFICES

- **Stanford Internal Medicine**

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Bio

BIO

RANDALL S. STAFFORD, MD, PhD, is a Professor of Medicine at the Stanford School of Medicine and the Director of the Program on Prevention Outcomes and Practices (PPOP). After undergraduate studies in medical sociology at Reed College, Dr. Stafford received a Master's degree in Health Administration from Johns Hopkins University, a PhD in Epidemiology from UC Berkeley, and his Medical degree from UC San Francisco. He completed a residency in primary care internal medicine at Massachusetts General Hospital and a post-doctoral fellowship in epidemiology at the U.S. Centers for Disease Control and Prevention. In addition to his research focus, Dr. Stafford is a primary care physician in the Stanford Internal Medicine Clinic where he focuses on chronic disease prevention and treatment. He serves on expert committees advising a diverse range of organizations, including the California Medicaid program, the National Committee on Quality Assurance, the American Heart Association, and the American Journal of Preventive Medicine.

Professor Stafford and his research team focus on investigating physician and patient practices in order to create effective healthcare models that emphasize prevention and wellness, rather than treatment of disease symptoms. His mission is to improve population health outcomes through research that facilitates the development and broad dissemination of effective, efficient, innovative, and evidence-based prevention strategies. Examples of these innovations include team-based care, patient self-management, health policy strategies, the use of mobile health technology, and online physician retraining. In addition, Dr. Stafford seeks to develop future leaders in prevention research and to broadly communicate the critical value of a population health perspective.

Dr. Stafford has been principal investigator on many research investigations that test strategies to diminish the burden of obesity, diabetes, and heart disease while reducing health disparities and decreasing health care costs. Dr. Stafford's rigorous, high-quality research has led to more than 160 peer-reviewed articles, including many in such high impact journals as JAMA and NEJM. His accomplishments have been recognized by advancement to fellowship in the American College of Preventive Medicine and the American Heart Association.

Professor Stafford was the founding leader of the WELL-China initiative, part of Stanford's Wellness Living Laboratory (WELL) that has additional sites in Taiwan, Singapore, and California. Taking place in the famous city of Hangzhou, WELL-China is a multidisciplinary, collaborative initiative between Dr. Stafford, the Health Bureau of Hangzhou, and leading researchers from Zhejiang University, one of China's oldest and most prestigious universities.

The WELL-China project focuses on measuring well-being, human function, chronic disease risk factors, environmental indicators, and biomarkers in a sample of 10,000 citizen scientists recruited from the Xihu (Westlake) District of Hangzhou. By investigating the interplay among health behaviors, well-being, and the development of chronic disease, the project will make new discoveries about well-being at the community level. At the same time, the project will help local health

centers reduce the burden of chronic disease in the population. The WELL-China population will also serve as a platform for clinical trials that test multiple strategies to improve and maintain well-being. Whether focused on specific conditions or aimed at well-being in the whole population, these approaches will include physical activity, sleep and stress management, dietary changes, and other modalities growing out of both Western medicine and Traditional Chinese Medicine (TCM). These comparative effectiveness clinical trials will identify the most cost-effective and sustainable approaches to improving well-being in communities.

CLINICAL FOCUS

- Hyperlipidemia (high cholesterol)
- Hypertension (high blood pressure)
- Diabetes Mellitus
- Cardiology (Heart), Preventive
- Obesity
- Primary Prevention
- Internal Medicine

ACADEMIC APPOINTMENTS

- Professor, Medicine - Stanford Prevention Research Center
- Member, Bio-X
- Member, Maternal & Child Health Research Institute (MCHRI)
- Member, Stanford Cancer Institute

ADMINISTRATIVE APPOINTMENTS

- Program Director, Program on Prevention Outcomes and Practices, (2001- present)

HONORS AND AWARDS

- Outstanding Teaching Award, Stanford Prevention Research Center (2009)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Hypertension Guidelines Working Group, American Heart Association/American College of Cardiology (2014 - 2018)
- Board of Governors, American Journal of Preventive Medicine (2011 - 2017)
- Drug Utilization Review Board, State of California, Department of Health Care Services (Medicaid) (2014 - present)
- Cardiovascular Disease Measurement Advisory Panel, National Commission for Quality Assurance (2011 - present)

PROFESSIONAL EDUCATION

- Board Certification: Internal Medicine, American Board of Internal Medicine (2019)
- PhD Training: UC Berkeley School of Public Health (1990) CA
- Medical Education: University of California at San Francisco School of Medicine (1992) CA
- Residency: Massachusetts General Hospital (1994) MA
- Fellowship: Centers for Disease Control and Prevention (1991) GA
- Internship: Massachusetts General Hospital (1993) MA
- MD, UC Berkeley / UC San Francisco , Medicine (1992)
- PhD, UC Berkeley , Epidemiology (1990)
- MS, UC Berkeley , Public Health (1988)
- MHS, Johns Hopkins , Health Administration (1982)

COMMUNITY AND INTERNATIONAL WORK

- Osteoporosis Decision-Making

LINKS

- Program on Prevention Outcomes and Practices: <http://ppop.stanford.edu>

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

My research aims to advance scientific understanding of the forces that influence physician and patient behavior, with a focus on evaluating and modifying physician and patient practices to improve health outcomes through prevention. The process by which new medical practices and knowledge are disseminated often fails to serve the best interests of patients. Frequently, new practices are readily adopted without adequate assessment. Paradoxically, other practices with strong evidence-based support are adopted only slowly and then inconsistently. By understanding the determinants of health behaviors, specific factors that facilitate or impede the adoption of appropriate new practices can be identified. These issues are critical to the future of medicine. Rising health care costs and the changing organization of health care have increased societal demands for high quality, yet cost-effective, clinical care. A preventive model that focuses on reducing the risk of future adverse outcomes, rather than symptom management, has become a dominant goal of health care delivery. By evaluating current practices and designing interventions to improve health care, my work responds to these demands. In addition, this nation's investment in biomedical science is jeopardized if we fail to recognize that the adoption of new medical practices and health behaviors is a complex, yet potentially modifiable, process. My objective is to further develop the science of health care innovation as a mean for understanding current patterns of health care and as a vehicle for designing interventions to facilitate the adoption of evidence-based practices by patients, their care providers, and health care systems. This research agenda is reinforced and stimulated by an array of clinical and teaching activities. My clinical work in general internal medicine and preventive cardiology provide a rich observational experience that guides my research, as well as a context for applying clinical insights derived from my research. My educational activities involving undergraduates through post-doctoral fellows provide numerous opportunities to excite future clinicians and researchers about a population-based perspective.

My focus on the adoption of innovation encompasses four several closely related themes. First, a focal point of my research is the investigation of health care disparities by gender, race, socioeconomic status, and advanced age. Second, my work emphasizes epidemiological methods for the analysis of large, administrative data sources. Third, the measurement and improvement of health care quality is an increasingly important component of my work. Finally, my work involves use of clinical trial methods to investigate whether strategies for improvement in prevention are both effective and cost-effective. In pursuit of these four themes, my research spans a broad clinical range including cesarean section use, recommended cardiac medications, prevention practices, antibiotic use, screening tests, and patterns of disease management. While much of my research has focused on physician practices, newly initiated and planned future work emphasizes interventions that engage patients, physicians and health care systems to improve health outcomes through adherence to evidence-based recommendations. A main focus of this new line of research is optimizing the use of cardiovascular disease prevention guidelines within specific health care systems. The overarching aim of my research agenda is add to knowledge about the process of behavior change in individuals and institutional change in health care systems with the ultimate goal of improving health outcomes. A diverse portfolio of grant funding by the NIH, AHRQ, and private foundations currently supports this research agenda. The pursuit of this research agenda has been facilitated by a growing number of collaborators, trainees and staff members affiliated with my Program on Prevention Outcomes and Practices.

CLINICAL TRIALS

- Engaging Patients to Help Achieve Increased Patient Choice and Engagement for AFib Stroke Prevention, Recruiting
- Tolerability/Palatability of TalityTM Synthetic Meal Replacement in Prostate Cancer, Recruiting
- A Patient-Centered Strategy for Improving Diabetes Prevention in Urban American Indians, Not Recruiting
- Improving Coronary Prevention in a County Health System, Not Recruiting
- Understanding Pine Bark Extract as an Alternative Treatment (UPBEAT) Study, Not Recruiting

- Vivamos Activos Fair Oaks Program for Weight Loss in Low Income Latinos, Not Recruiting

PROJECTS

- WELL-China Initiative - Stanford Prevention Research Center (2014 - 2018)

Teaching

COURSES

2017-18

- The Responsible Conduct of Research for Clinical and Community Researchers: CHPR 255, MED 255C (Aut, Win)

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Epidemiology (Masters Program)
- Health Services Research (Masters Program)
- Medicine (Masters Program)

Publications

PUBLICATIONS

- **Conversion to Chronic High Opiate Use after Intervention for Peripheral Arterial Disease**
Stern, J. R., Kou, A., Desai, A., Ho, V. T., Regala, S., Stafford, R. S., Mudumbai, S.
ELSEVIER SCIENCE INC.2020: E67–E68
- **The association between menarche and myopia and its interaction with related risk behaviors among Chinese school-aged girls: a nationwide cross-sectional study.** *Journal of developmental origins of health and disease*
Xu, R., Jan, C., Song, Y., Dong, Y., Hu, P., Ma, J., Stafford, R. S.
2020: 1–7
- **Risk Factors for High Opiate Use Among US Veterans With Peripheral Arterial Disease**
Stern, J. R., Kou, A., Kapoor, A., Regala, S., Stafford, R. S., Mudumbai, S.
MOSBY-ELSEVIER.2020: E212
- **Prevention of myopia, China.** *Bulletin of the World Health Organization*
Jan, C., Li, L., Keay, L., Stafford, R. S., Congdon, N., Morgan, I.
2020; 98 (6): 435–37
- **Comparing enhanced versus standard Diabetes Prevention Program among indigenous adults in an urban setting: a randomized controlled trial.** *BMC public health*
Rosas, L. G., Vasquez, J. J., Hedlin, H. K., Qin, F. F., Lv, N., Xiao, L., Kendrick, A., Atencio, D., Stafford, R. S.
2020; 20 (1): 139
- **Collateral Damage as Crises Collide: Perioperative Opioids in the COVID-19 Era.** *Pain medicine (Malden, Mass.)*
Mudumbai, S. C., Mariano, E. R., Clark, J. D., Stafford, R. S.
2020
- **Effect of Electroacupuncture vs Sham Treatment on Change in Pain Severity Among Adults With Chronic Low Back Pain: A Randomized Clinical Trial.** *JAMA network open*
Kong, J. T., Puetz, C., Tian, L., Haynes, I., Lee, E., Stafford, R. S., Manber, R., Mackey, S.
2020; 3 (10): e2022787
- **Use and Content of Primary Care Office-Based vs Telemedicine Care Visits During the COVID-19 Pandemic in the US.** *JAMA network open*
Alexander, G. C., Tajanlangit, M., Heyward, J., Mansour, O., Qato, D. M., Stafford, R. S.
2020; 3 (10): e2021476
- **Association of Visual Impairment With Economic Development Among Chinese Schoolchildren** *JAMA PEDIATRICS*

- Jan, C., Xu, R., Luo, D., Xiong, X., Song, Y., Ma, J., Stafford, R. S.
2019; 173 (7)
- **Association of Visual Impairment With Economic Development Among Chinese Schoolchildren.** *JAMA pediatrics*
Jan, C., Xu, R., Luo, D., Xiong, X., Song, Y., Ma, J., Stafford, R. S.
2019: e190914
 - **Overdose Risk Associated with Opioid Use upon Hospital Discharge in Veterans Health Administration Surgical Patients** *PAIN MEDICINE*
Mudumbai, S. C., Lewis, E. T., Oliva, E. M., Chung, P. D., Harris, B., Trafton, J., Mariano, E. R., Wagner, T., Clark, J., Stafford, R. S.
2019; 20 (5): 1020–31
 - **A Practical Approach to Low-Dose Aspirin for Primary Prevention.** *JAMA*
Chiang, K. F., Shah, S. J., Stafford, R. S.
2019
 - **Perioperative Opioid Prescribing Patterns and Readmissions After Total Knee Arthroplasty in a National Cohort of Veterans Health Administration Patients.** *Pain medicine (Malden, Mass.)*
Mudumbai, S. C., Chung, P., Nguyen, N., Harris, B., Clark, J. D., Wagner, T. H., Giori, N. J., Stafford, R. S., Mariano, E. R.
2019
 - **New High Blood Pressure Guidelines: Back on Track With Lower Treatment Goals, but Implementation Challenges Abound** *AMERICAN JOURNAL OF PREVENTIVE MEDICINE*
Stafford, R. S.
2018; 55 (4): 575–78
 - **New High Blood Pressure Guidelines: Back on Track With Lower Treatment Goals, but Implementation Challenges Abound.** *American journal of preventive medicine*
Stafford, R. S.
2018
 - **2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: Executive Summary A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines** *HYPERTENSION*
Whelton, P. K., Carey, R. M., Aronow, W. S., Casey, D. E., Collins, K. J., Himmelfarb, C., DePalma, S. M., Gidding, S., Goff, D. C., Jamerson, K. A., Jones, D. W., MacLaughlin, E. J., Muntner, et al
2018; 71 (6): 1269–1324
 - **2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines** *JOURNAL OF THE AMERICAN COLLEGE OF CARDIOLOGY*
Whelton, P. K., Carey, R. M., Aronow, W. S., Casey, D. E., Collins, K. J., Himmelfarb, C., DePalma, S. M., Gidding, S., Jamerson, K. A., MacLaughlin, E. J., Muntner, P., Oviagele, B., Smith, et al
2018; 71 (19): E127–E248
 - **Quality of Prescribing by Physicians, Nurse Practitioners, and Physician Assistants in the United States** *PHARMACOTHERAPY*
Jiao, S., Murimi, I. B., Stafford, R. S., Mojtabai, R., Alexander, G.
2018; 38 (4): 417–27
 - **Patterns of Systolic Blood Pressure Control in the United States, 2016.** *Journal of general internal medicine*
Shah, S. J., Stafford, R. S.
2018
 - **Overdose Risk Associated with Opioid Use upon Hospital Discharge in Veterans Health Administration Surgical Patients.** *Pain medicine (Malden, Mass.)*
Mudumbai, S. C., Lewis, E. T., Oliva, E. M., Chung, P. D., Harris, B., Trafton, J., Mariano, E. R., Wagner, T., Clark, J. D., Stafford, R. S.
2018
 - **Improving the health and well-being of children of migrant workers** *BULLETIN OF THE WORLD HEALTH ORGANIZATION*
Jan, C., Zhou, X., Stafford, R. S.
2017; 95 (12): 850–52
 - **Current Trends of Hypertension Treatment in the United States.** *American journal of hypertension*

Shah, S. J., Stafford, R. S.
2017

- **Improving the health and well-being of children of migrant workers.** *Bulletin of the World Health Organization*
Jan, C., Zhou, X., Stafford, R. S.
2017; 95 (12): 850-52
- **Time-to-Cessation of Postoperative Opioids: A Population-Level Analysis of the Veterans Affairs Health Care System.** *Pain medicine*
Mudumbai, S. C., Oliva, E. M., Lewis, E. T., Trafton, J., Posner, D., Mariano, E. R., Stafford, R. S., Wagner, T., Clark, J. D.
2016; 17 (9): 1732-1743
- **Development and evaluation of an enhanced diabetes prevention program with psychosocial support for urban American Indians and Alaska natives: A randomized controlled trial** *CONTEMPORARY CLINICAL TRIALS*
Rosas, L. G., Vasquez, J. J., Naderi, R., Jeffery, N., Hedlin, H., Qin, F., LaFromboise, T., Megginson, N., Pasqua, C., Flores, O., McClinton-Brown, R., Evans, J., Stafford, et al
2016; 50: 28-36
- **Patterns and Correlates of Baseline Thiazide-Type Diuretic Prescription in the Systolic Blood Pressure Intervention Trial** *HYPERTENSION*
Chang, T. I., Evans, G., Cheung, A. K., Cushman, W. C., Diamond, M. J., Dwyer, J. P., Huan, Y., Kitzman, D., Kostis, J. B., Oparil, S., Rastogi, A., Roumie, C. L., Sahay, et al
2016; 67 (3): 550-555
- **The effectiveness of two community-based weight loss strategies among obese, low-income US Latinos.** *Journal of the Academy of Nutrition and Dietetics*
Rosas, L. G., Thiyagarajan, S., Goldstein, B. A., Drieling, R. L., Romero, P. P., Ma, J., Yank, V., Stafford, R. S.
2015; 115 (4): 537-50 e2
- **The Effectiveness of Two Community-Based Weight Loss Strategies among Obese, Low-Income US Latinos** *JOURNAL OF THE ACADEMY OF NUTRITION AND DIETETICS*
Rosas, L. G., Thiyagarajan, S., Goldstein, B. A., Drieling, R. L., Romero, P. P., Ma, J., Yank, V., Stafford, R. S.
2015; 115 (4): 537-U300
- **Tackling China's noncommunicable diseases: shared origins, costly consequences and the need for action.** *Chinese medical journal*
Min, Y., Jiang, L., Yan, L. L., Wang, L., Basu, S., Wu, Y., Stafford, R. S.
2015; 128 (6): 839-843
- **National Trends in the Ambulatory Treatment of Hypertension in the United States, 1997-2012** *PLOS ONE*
Zhou, M., Daubresse, M., Stafford, R. S., Alexander, G. C.
2015; 10 (3)
- **Ambulatory Diagnosis and Treatment of Nonmalignant Pain in the United States, 2000-2010** *MEDICAL CARE*
Daubresse, M., Chang, H., Yu, Y., Viswanathan, S., Shah, N. D., Stafford, R. S., Kruszewski, S. P., Alexander, G. C.
2013; 51 (10): 870-878
- **From Sick Care to Health Care - Reengineering Prevention into the U.S. System** *NEW ENGLAND JOURNAL OF MEDICINE*
Marvasti, F. F., Stafford, R. S.
2012; 367 (10): 889-891
- **Practical Research Strategies for Reducing Social and Racial/Ethnic Disparities in Obesity.** *International journal of obesity*
Rosas, L. G., Stafford, R. S.
2012; 2012 (2): s16-s22
- **Off-Label Use of Drugs and Medical Devices: A Review of Policy Implications** *CLINICAL PHARMACOLOGY & THERAPEUTICS*
Stafford, R. S.
2012; 91 (5): 920-925
- **Enhancing Prescription Drug Innovation and Adoption** *ANNALS OF INTERNAL MEDICINE*
Alexander, G. C., O'Connor, A. B., Stafford, R. S.
2011; 154 (12): 833-U89
- **Systematic Review: Benefits and Harms of In-Hospital Use of Recombinant Factor VIIa for Off-Label Indications** *ANNALS OF INTERNAL MEDICINE*

- Yank, V., Tuohy, C. V., Logan, A. C., Bravata, D. M., Staudenmayer, K., Eisenhut, R., Sundaram, V., McMahon, D., Olkin, I., McDonald, K. M., Owens, D. K., Stafford, R. S.
2011; 154 (8): 529-W190
- **A Cross-Center Virtual Education Fellowship Program for Early-Career Researchers in Atrial Fibrillation.** *Circulation. Arrhythmia and electrophysiology*
Ajayi, T. B., Remein, C. D., Stafford, R. S., Fagerlin, A., Chung, M. K., Childs, E., Benjamin, E. J.
2020
 - **Antidiabetic medication use in patients with type 2 diabetes and chronic kidney disease** *JOURNAL OF DIABETES AND ITS COMPLICATIONS*
Rhee, J. J., Han, J., Montez-Rath, M. E., Kim, S. H., Cullen, M. R., Stafford, R. S., Winkelmayer, W. C., Chertow, G. M.
2019; 33 (11)
 - **Visual impairment associated with myopia among school children in China**
Jan, C., Xu, R., Luo, D., Xiong, X., Song, Y., Ma, J., Stafford, R.
ASSOC RESEARCH VISION OPHTHALMOLOGY INC.2019
 - **Effect of Hospitalizations on Physical Activity Patterns in Mobility-Limited Older Adults** *JOURNAL OF THE AMERICAN GERIATRICS SOCIETY*
Wanigatunga, A. A., Gill, T. M., Marsh, A. P., Hsu, F., Yaghjian, L., Woods, A. J., Glynn, N. W., King, A. C., Newton, R. L., Fielding, R. A., Pahor, M., Manini, T. M., Guralnik, et al
2019; 67 (2): 261–68
 - **National trends in stunting, thinness and overweight among Chinese school-aged children, 1985-2014** *INTERNATIONAL JOURNAL OF OBESITY*
Song, Y., Agardh, A., Ma, J., Li, L., Lei, Y., Stafford, R. S., Prochaska, J. J.
2019; 43 (2): 402–11
 - **Neural correlates of perceived physical and mental fatigability in older adults: A pilot study** *EXPERIMENTAL GERONTOLOGY*
Wasson, E., Rosso, A. L., Santanasto, A. J., Rosano, C., Butters, M. A., Rejeski, W., Boudreau, R. M., Aizenstein, H., Gmelin, T., Glynn, N. W., Pahor, M., Guralnik, J. M., Anton, et al
2019; 115: 139–47
 - **Antidiabetic medication use in patients with type 2 diabetes and chronic kidney disease.** *Journal of diabetes and its complications*
Rhee, J. J., Han, J., Montez-Rath, M. E., Kim, S. H., Cullen, M. R., Stafford, R. S., Winkelmayer, W. C., Chertow, G. M.
2019: 107423
 - **Effect of Hospitalizations on Physical Activity Patterns in Mobility-Limited Older Adults.** *Journal of the American Geriatrics Society*
Wanigatunga, A. A., Gill, T. M., Marsh, A. P., Hsu, F., Yaghjian, L., Woods, A. J., Glynn, N. W., King, A. C., Newton, R. L., Fielding, R. A., Pahor, M., Manini, T. M., Lifestyles Intervention and Independence for Elders Study Investigators
2018
 - **The Effect of a Behavioral Weight-Loss Intervention on Depressive Symptoms Among Latino Immigrants in a Randomized Controlled Trial** *JOURNAL OF IMMIGRANT AND MINORITY HEALTH*
Figueroa, S., Stafford, R. S., Heaney, C. A., Rosas, L. G.
2018; 20 (5): 1182–89
 - **Off-label prescription: experience is a gloomy lantern that does not even illuminate its bearer. Author response** *JOURNAL OF CLINICAL EPIDEMIOLOGY*
Ladanie, A., Ioannidis, J. A., Stafford, R. S., Ewald, H., Bucher, H. C., Hemkens, L. G., Hemkens, L. G.
2018; 101: 127–28
 - **Patterns of Systolic Blood Pressure Control in the United States, 2016** *JOURNAL OF GENERAL INTERNAL MEDICINE*
Shah, S. J., Stafford, R. S.
2018; 33 (8): 1224–26
 - **Biomarkers, menopausal hormone therapy and risk of venous thrombosis: The Women's Health Initiative** *RESEARCH AND PRACTICE IN THROMBOSIS AND HAEMOSTASIS*
Cushman, M., Larson, J. C., Rosenthal, F. R., Heckbert, S. R., Curb, J., Phillips, L. S., Baird, A. E., Eaton, C. B., Stafford, R. S.
2018; 2 (2): 310–19
 - **UNDERSTANDING HISTORICAL TRAUMA AMONG INDIGENOUS ADULTS AT RISK FOR DIABETES TO INFORM BEHAVIORAL INTERVENTIONS**
Garcia, L. C., Vasquez, J. J., Stafford, R. S., Sallas, I., Kendrick, A. E., Rosas, L.
OXFORD UNIV PRESS INC.2018: S219

- **Off-label treatments were not consistently better or worse than approved drug treatments in randomized trials** *JOURNAL OF CLINICAL EPIDEMIOLOGY*
Ladanie, A., Ioannidis, J. A., Stafford, R. S., Ewald, H., Bucher, H. C., Hemkens, L. G.
2018; 94: 35–45
- **The association between insulin resistance and atrial fibrillation: A cross-sectional analysis from SPRINT (Systolic Blood Pressure Intervention Trial)** *JOURNAL OF CLINICAL HYPERTENSION*
Cho, M. E., Craven, T. E., Cheung, A. K., Glasser, S. P., Rahman, M., Soliman, E. Z., Stafford, R. S., Johnson, K. C., Bates, J. T., Burgner, A., Taylor, A. A., Tamariz, L., Tang, et al
2017; 19 (11): 1152–61
- **Impact of moderate physical activity on the longitudinal trajectory of a cardiac specific biomarker of injury: Results from a randomized pilot study of exercise intervention.** *American heart journal*
Defilippi, C. R., de Lemos, J. A., Newman, A. B., Guralnik, J. M., Christenson, R. H., Pahor, M., Church, T., Espeland, M., Kritchevsky, S. B., Stafford, R., Seliger, S. L.
2016; 179: 151-156
- **Cardiovascular Events in a Physical Activity Intervention Compared With a Successful Aging Intervention: The LIFE Study Randomized Trial.** *JAMA cardiology*
Newman, A. B., Dodson, J. A., Church, T. S., Buford, T. W., Fielding, R. A., Kritchevsky, S., Beavers, D., Pahor, M., Stafford, R. S., Szady, A. D., Ambrosius, W. T., McDermott, M. M.
2016; 1 (5): 568-574
- **Antihypertensive Use and the Effect of a Physical Activity Intervention in the Prevention of Major Mobility Disability Among Older Adults: The LIFE Study.** *journals of gerontology. Series A, Biological sciences and medical sciences*
Buford, T. W., Miller, M. E., Church, T. S., Gill, T. M., Henderson, R., Hsu, F., McDermott, M. M., Nadkarni, N., Pahor, M., Stafford, R. S., Carter, C. S.
2016; 71 (7): 974-981
- **Effect of Statin Use on Mobility Disability and its Prevention in At-risk Older Adults: The LIFE Study.** *journals of gerontology. Series A, Biological sciences and medical sciences*
Henderson, R. M., Lovato, L., Miller, M. E., Fielding, R. A., Church, T. S., Newman, A. B., Buford, T. W., Pahor, M., McDermott, M. M., Stafford, R. S., Lee, D. S., Kritchevsky, S. B.
2016: -?
- **Effect of Structured Physical Activity on Respiratory Outcomes in Sedentary Elderly Adults with Mobility Limitations** *JOURNAL OF THE AMERICAN GERIATRICS SOCIETY*
Fragoso, C. A., Beavers, D. P., Anton, S. D., Liu, C. K., McDermott, M. M., Newman, A. B., Pahor, M., Stafford, R. S., Gill, T. M.
2016; 64 (3): 501-509
- **Effect of Structured Physical Activity on Respiratory Outcomes in Sedentary Elderly Adults with Mobility Limitations.** *Journal of the American Geriatrics Society*
Vaz Fragoso, C. A., Beavers, D. P., Anton, S. D., Liu, C. K., McDermott, M. M., Newman, A. B., Pahor, M., Stafford, R. S., Gill, T. M.
2016; 64 (3): 501-509
- **Effects of a one-year physical activity program on serum C-terminal Agrin Fragment (CAF) concentrations among mobility-limited older adults** *JOURNAL OF NUTRITION HEALTH & AGING*
Bondoc, I., Cochrane, S. K., Church, T. S., Dahinden, P., Hettwer, S., Hsu, F., Stafford, R. S., Pahor, M., Buford, T. W.
2015; 19 (9): 922-927
- **Aspirin Use Among Adults in the US Results of a National Survey** *AMERICAN JOURNAL OF PREVENTIVE MEDICINE*
Williams, C. D., Chan, A. T., Elman, M. R., Kristensen, A. H., Miser, W. F., Pignone, M. P., Stafford, R. S., McGregor, J. C.
2015; 48 (5): 501-508
- **Tackling China's Noncommunicable Diseases: Shared Origins, Costly Consequences and the Need for Action** *CHINESE MEDICAL JOURNAL*
Min, Y., Jiang, L., Yan, L. L., Wang, L., Basu, S., Wu, Y., Stafford, R. S.
2015; 128 (6): 839-843
- **Initiation of treatment for incident diabetes: evidence from the electronic health records in an ambulatory care setting.** *Primary care diabetes*
Chung, S., Zhao, B., Lauderdale, D., Linde, R., Stafford, R., Palaniappan, L.
2015; 9 (1): 23-30
- **Initiation of treatment for incident diabetes: Evidence from the electronic health records in an ambulatory care setting.** *Primary care diabetes*

- Chung, S., Zhao, B., Lauderdale, D., Linde, R., Stafford, R., Palaniappan, L.
2015; 9 (1): 23-30
- **Quality of medical management in coronary artery disease** *ANNALS OF SAUDI MEDICINE*
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