

Stanford



Maurice M. Ohayon, MD, DSc, PhD

Professor of Psychiatry and Behavioral Sciences (Sleep Medicine)
Psychiatry and Behavioral Sciences - Sleep Medicine

Bio

ACADEMIC APPOINTMENTS

- Professor, Psychiatry and Behavioral Sciences - Sleep Medicine

ADMINISTRATIVE APPOINTMENTS

- Director, Stanford Sleep Epidemiology Research Center (SSERC), (2000- present)
- Chief, Division of Public Mental Health and Population Sciences, (2013-2018)

HONORS AND AWARDS

- Affiliate Professor, Stanford Woods Institute (2019)
- John-Arrillaga Principal Investigator of Sleep and Psychiatry Epidemiology, Arrillaga Foundation (2007-present)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Editorial Board Member, Sleep Medicine Reviews, Elsevier (2006 - present)
- Editor-in-Chief, Sleep Epidemiology, Elsevier (2020 - present)
- Board Member, National Sleep Foundation (NSF) (2019 - present)
- Associate Editor, Frontiers Neurology (2018 - present)
- Associate Editor, Frontiers Psychiatry (2018 - present)
- Editorial Board Member, Sleep Medicine, Elsevier (2010 - present)

PROFESSIONAL EDUCATION

- Psychiatre des Hopitaux, Assistance Publique de Marseille , Psychiatry
- MD, Aix-Marseille II University , Medicine
- Psychiatry, Aix-Marseille II University , Medicine
- DSc, Aix-Marseille III University , Mathematics & Computer Sciences
- PhD, Claude-Bernard University, Lyon , Biology

COMMUNITY AND INTERNATIONAL WORK

- Stanford Asian Sleep Epidemiology Satellite Center (Seung-Chul Hong, MD, PhD), Seoul (South Korea)
- Stanford European Sleep Epidemiology Satellite Center (Damien Leger, MD, PhD), Paris (France)
- Stanford Italian Sleep Epidemiology Satellite Center (Giuseppe Plazzi, MD, PhD), Bologna (Italy)
- Stanford German Sleep Epidemiology Satellite Center (Ulf Kallweit, MD, PhD), Witten (Germany)

- Stanford Brazilian Sleep Epidemiology Satellite Center (Dalva Poyares MD, PhD), Sao-Polo (Brazil)
- Stanford Mexican Sleep Epidemiology Satellite Center (Alejandro Genchi, MD, PhD),

LINKS

- Stanford Sleep Epidemiology Research Center: <http://www.sleepval.com>
- Stanford Sleep Epidemiology Journal: <http://www.sleepidemiologyjournal.org/>
- Sleep Epidemiology (Elsevier): <https://www.journals.elsevier.com/sleep-epidemiology/editorial-board>

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

My work focuses on several aspects related to public Sleep & Mental Health in the General Population:

- a part of my work explores how depression and sleep disorders are inter-related over long periods of time and what are the aspects on disturbed sleep that increase the risk of developing or relapsing from MDD.
- another part of my effort is centered on understanding better insomnia: what is its clinical spectrum including boundaries, comorbidities and associations to other disorders and what are the medical and psychological consequences and the management of insomnia.
- I am also working actively in developing better techniques to identify individuals with hypersomnolence and Idiopathic Hypersomnia in the general population. To this day, there is no proper way to identify them and to have a clear idea on how prevalent this problem is in the community.
- finally, I am also working with NASA colleagues on the effects of our geophysical environment on our Sleep/Mental state: extreme situations as earthquakes , volcano eruptions, power lines, radiations etc...

In term of collaborations, the Stanford Sleep Epidemiology Research Center (SSERC) has extended his role at the international level by increasing the number of Satellites centers In Europe, Asia, South America and North America.

The Center will organize in April an International Congress on Artificial Intelligence, Big Data and Public Sleep & Mental Health . The presentations will be published by Elsevier.

Publications

PUBLICATIONS

- **[Health consequences of insomnia].** *La Revue du praticien*
Ohayon, M. M.
2024; 74 (3): 268-269
- **Prevalence and incidence of narcolepsy symptoms in the US general population.** *Sleep medicine: X*
Ohayon, M. M., Duhoux, S., Grieco, J., Côté, M. L.
2023; 6: 100095
- **IMPROVEMENT IN SLEEP LATENCY WITH FT218 (ONCE-NIGHTLY SODIUM OXYBATE): ANALYSIS FROM THE PHASE 3 REST-ON CLINICAL TRIAL**
Thorpy, M., Shapiro, C., Kushida, C., Ohayon, M., Dubow, J., Gudeman, J.
OXFORD UNIV PRESS INC.2023
- **PREVALENCE AND INCIDENCE OF NARCOLEPSY IN THE US GENERAL POPULATION**
Ohayon, M., Cote, M.
OXFORD UNIV PRESS INC.2023: A256
- **NATURAL EVOLUTION OF INSOMNIA IN MAJOR DEPRESSIVE DISORDERS**
Ohayon, M., Cote, M.
OXFORD UNIV PRESS INC.2023

- **The effect of brain-derived neurotrophic factor Val66Met polymorphism on adolescent activity and rest rhythms, circadian preferences and attentional performance.** *Sleep medicine*
da Costa Lopes, L., Rollemberg Poyares, D. L., Tufik, S., La Banca de Oliveira, S., Ribeiro da Silva Vallim, J., Kiyomi Ota, V., Melaragno, M. I., Ohayon, M., Berlim de Mello, C.
2023; 104: 64-72
- **PREVALENCE OF NARCOLEPSY TYPE 1 AND TYPE 2 IN REPRESENTATIVE SAMPLES OF THE GENERAL POPULATION OF NORTH AMERICA, EUROPE AND SOUTH KOREA**
Ohayon, M. M., Dave, S., Shah, A., Swick, T., Cote, M.
ELSEVIER.2022: S164
- **Longitudinal study to assess antidepressant treatment patterns and outcomes in individuals with depression in the general population.** *Journal of affective disorders*
Ohayon, M. M., McCue, M., Krystal, A., Selzler, K. J., Chrones, L., Lawrence, D., Cote, M.
2022
- **Reply to Liu et al.: "Effects of cognitive behavioral therapy for insomnia (CBT-I) on quality of life: A systematic review and meta-analysis".** *Sleep medicine reviews*
Alimoradi, Z., Broström, A., Ohayon, M. M., Lin, C. Y., Griffiths, M. D., Jernelöv, S., Kaldo, V., Pakpour, A. H.
2022; 66: 101699
- **Prevalence, incidence, evolution and associated factors of sleep paralysis in a longitudinal study of the US general population.** *Sleep medicine*
Ohayon, M. M., Pakpour, A. H.
2022; 98: 62-67
- **PREVALENCE AND INCIDENCE OF HYPNAGOGIC HALLUCINATIONS IN A LONGITUDINAL STUDY OF THE AMERICAN GENERAL POPULATION**
Ohayon, M., Pakpour, A., Cote, M.
OXFORD UNIV PRESS INC.2022: A245
- **THE ROLE OF HYPERSOMNOLENCE IN DEPRESSION: RESULTS FROM A LONGITUDINAL STUDY OF THE AMERICAN GENERAL POPULATION**
Ohayon, M., Pakpour, A., Cote, M.
OXFORD UNIV PRESS INC.2022: A293-A294
- **Associations of the Severity of Obstructive Sleep Apnea With Age-Related Comorbidities: A Population-Based Study.** *Frontiers in neurology*
Silva, M. D., Poyares, D., Silva, L. O., Souza, K. M., Andersen, M. L., Ohayon, M. M., Tufik, S., Piovezan, R. D.
2022; 13: 802554
- **Effects of cognitive behavioral therapy for insomnia (CBT-I) on quality of life: A systematic review and meta-analysis.** *Sleep medicine reviews*
Alimoradi, Z., Jafari, E., Brostrom, A., Ohayon, M. M., Lin, C., Griffiths, M. D., Blom, K., Jernelov, S., Kaldo, V., Pakpour, A. H.
2022; 64: 101646
- **Fear of COVID-19 and its association with mental health-related factors: systematic review and meta-analysis.** *BJPsych open*
Alimoradi, Z., Ohayon, M. M., Griffiths, M. D., Lin, C., Pakpour, A. H.
2022; 8 (2): e73
- **Suicidal Ideation during the COVID-19 Pandemic among A Large-Scale Iranian Sample: The Roles of Generalized Trust, Insomnia, and Fear of COVID-19.** *Healthcare (Basel, Switzerland)*
Lin, C., Alimoradi, Z., Ehsani, N., Ohayon, M. M., Chen, S., Griffiths, M. D., Pakpour, A. H.
1800; 10 (1)
- **Is alexithymia associated with sleep problems? A systematic review and meta-analysis.** *Neuroscience and biobehavioral reviews*
Alimoradi, Z., Majd, N. R., Brostrom, A., Tsang, H. W., Singh, P., Ohayon, M. M., Lin, C., Pakpour, A. H.
1800
- **SLEEP LATENCY RESPONSE WITH FT218, A ONCE-NIGHTLY SODIUM OXYBATE: POST-HOC RESPONDER ANALYSES FROM THE PHASE 3 REST-ON CLINICAL TRIAL**
Winkelman, J., Ohayon, M., Thorpy, M., Seiden, D., Bogan, R., Dubow, J., Shapiro, C.
ELSEVIER.2021: 2426A-2428A

- **Predictors for Chronic Sleep Paralysis in a Longitudinal Study of the American General Population**
Ohayon, M. M.
WILEY.2021: S243
- **Chronic Nausea and Vomiting as a Risk Factor for Circadian Shift and Shortened Sleep**
Ohayon, M. M., Chen, Y. J., Cote, M.
WILEY.2021: S242-S243
- **Gender-specific estimates of sleep problems during the COVID-19 pandemic: Systematic review and meta-analysis.** *Journal of sleep research*
Alimoradi, Z., Gozal, D., Tsang, H. W., Lin, C., Brostrom, A., Ohayon, M. M., Pakpour, A. H.
2021: e13432
- **Assessing the impact of sodium oxybate treatment on functioning, productivity, and health-related quality of life in patients with narcolepsy: findings from the Nexus Narcolepsy Registry (waves 1-4).** *Sleep medicine*
Thorpy, M. J., Ohayon, M. M., Carls, G., Black, J., Pasta, D. J., Hyman, D. L., Villa, K. F.
2021; 84: 380-388
- **The Nexus Narcolepsy Registry: methodology, study population characteristics, and patterns and predictors of narcolepsy diagnosis.** *Sleep medicine*
Ohayon, M. M., Thorpy, M. J., Carls, G., Black, J., Cisternas, M., Pasta, D. J., Bujanover, S., Hyman, D., Villa, K. F.
2021; 84: 405-414
- **Internet gaming disorder and comorbidities among campus-dwelling U.S. university students.** *Psychiatry research*
Ohayon, M. M., Roberts, L.
2021; 302: 114043
- **Sleep problems during COVID-19 pandemic and its' association to psychological distress: A systematic review and meta-analysis.** *EClinicalMedicine*
Alimoradi, Z., Brostrom, A., Tsang, H. W., Griffiths, M. D., Haghayegh, S., Ohayon, M. M., Lin, C., Pakpour, A. H.
2021; 36: 100916
- **FACTORIAL STRUCTURE OF HYPERSOMNOLENCE AS MEASURED BY THE EPWORTH SLEEPINESS SCALE**
Ohayon, M., Poyares, D., Cote, M.
OXFORD UNIV PRESS INC.2021: A203
- **EXCESSIVE DAYTIME SLEEPINESS: BEYOND THE EPWORTH SLEEPINESS SCALE RESULTS FROM A POPULATION-BASED STUDY**
Treptow, E., Ohayon, M., Piovesan, R., Oliveira, L., Drager, L., Andersen, M., Tufik, S., Poyares, D.
OXFORD UNIV PRESS INC.2021: A202-A203
- **IMPACTS OF CHRONIC NAUSEA AND VOMITING ON DAYTIME SLEEPINESS AND FATIGUE**
Ohayon, M., Chen, Y. J., Cote, M.
OXFORD UNIV PRESS INC.2021: A203
- **A Longitudinal Study to Assess Antidepressant Treatment Patterns and Outcomes in Individuals with Depression in the General Population.** *CNS spectrums*
Ohayon, M. M., McCue, M., Krystal, A., Chrones, L., Touya, M., Lawrence, D., Patel, S., Cote, M. L.
2021; 26 (2): 180
- **Longitudinal Relationships between Nomophobia, Addictive Use of Social Media, and Insomnia in Adolescents.** *Healthcare (Basel, Switzerland)*
Lin, C. Y., Potenza, M. N., Ulander, M., Broström, A., Ohayon, M. M., Chattu, V. K., Pakpour, A. H.
2021; 9 (9)
- **TOPICAL: The Impact of the Schumann Resonances on Human and Mammalian Physiology Ground-based Investigations to Support Human and Mammalian Studies Beyond Low Earth Orbit**
Stolc, V., Ohayon, M. M., Freund, F., Loftus, D. J.
National Academies of Sciences, Engineering, and Medicine's Biological and Physical Sciences in Space.
2021
- **Advanced psychometric testing on a clinical screening tool to evaluate insomnia: sleep condition indicator in patients with advanced cancer** *SLEEP AND BIOLOGICAL RHYTHMS*
Lin, C., Cheng, A. K., Imani, V., Saffari, M., Ohayon, M. M., Pakpour, A. H.
2020

- **Concomitant Evolution of Treatment and Symptoms of Narcolepsy in a Longitudinal Study**
Ohayon, M. M., Krystal, A., Swick, T., Black, J., Sullivan, S., Shapiro, C., Wells, C.
LIPPINCOTT WILLIAMS & WILKINS.2020
- **Hypersomnolence is a Significant Predictor of New Medical Conditions Among Elderly People in a Longitudinal Study of the General Population**
Ohayon, M. M., Sullivan, S., Cote, M.
LIPPINCOTT WILLIAMS & WILKINS.2020
- **Efficacy of a Theory-Based Cognitive Behavioral Technique App-Based Intervention for Patients With Insomnia: Randomized Controlled Trial.** *Journal of medical Internet research*
Rajabi Majd, N., Brostrom, A., Ulander, M., Lin, C., Griffiths, M. D., Imani, V., Ahorsu, D. K., Ohayon, M. M., Pakpour, A. H.
2020; 22 (4): e15841
- **FACTORS ASSOCIATED WITH THE CONTINUOUS USE OF PSYCHOTROPIC TREATMENTS FOR NARCOLEPSY**
Ohayon, M. M., Krystal, A. D., Black, J., Shapiro, C. M., Sullivan, S., Swick, T. J., Wells, C. C.
OXFORD UNIV PRESS INC.2020: A294
- **EVOLUTION OF NONRESTORATIVE SLEEP AND ITS INTERACTIONS WITH INSOMNIA SYMPTOMS IN A LONGITUDINAL SURVEY OF THE AMERICAN POPULATION**
Ohayon, M. M.
OXFORD UNIV PRESS INC.2020: A179
- **Original paper efficacy of a theory-based cognitive behavioral technique app-based intervention for patients with insomnia: randomized controlled trial** *Journal of Medical Internet Research*
Majd, N. R., Broström, A., Ulander, M., Lin, C. Y., Griffiths, M. D., Imani, V., Ahorsu, D. K., Ohayon, M. M., Pakpour, A. H.
2020; 22 (4)
- **Editorial: A Good Sleep: The Role of Factors in Psychosocial Health.** *Frontiers in neuroscience*
Pakpour, A. H., Griffiths, M. D., Ohayon, M. M., Broström, A. n., Lin, C. Y.
2020; 14: 520
- **EXCESSIVE INTERNET USE AND SLEEP**
Ohayon, M. M.
ELSEVIER.2019: S285
- **SLEEP IMPACTS OF NOCTURIA IN A LONGITUDINAL STUDY**
Ohayon, M. M., Krystal, A. D.
ELSEVIER.2019: S284–S285
- **PAIN AND HYPERSOMNOLENCE: A LONGITUDINAL STUDY**
Ohayon, M. M.
ELSEVIER.2019: S284
- **Narcolepsy Symptoms are Highly Persistent over Time Despite Treatment**
Ohayon, M. M., Sullivan, S. S., Krystal, A. D., Black, J., Swick, T. J., Shapiro, C. M., Wells, C. C.
WILEY.2019: S122
- **Longitudinal Assessment of Psychotropic Treatments for Narcolepsy**
Ohayon, M. M., Sullivan, S. S., Black, J., Krystal, A. D., Shapiro, C. M., Swick, T. J., Wells, C. C.
WILEY.2019: S212
- **Longitudinal Relationships between Chronic Pain, Major Depressive Disorder, and Use of Antidepressants**
Ohayon, M. M., Sullivan, S. S.
WILEY.2019: S169–S170
- **Longitudinal Survey of Hypersomnolence and Its Treatment in the General Population**
Ohayon, M. M., Sullivan, S. S.
WILEY.2019: S121–S122
- **Misdiagnoses and Comorbidities among Participants in the Nexus Narcolepsy Registry**

Ohayon, M., Thorpy, M., Black, J., Williams, M. J., Pasta, D. J., Hyman, D., Villa, K. F.
LIPPINCOTT WILLIAMS & WILKINS.2019

- **A Longitudinal Study of Hypersomnolence in the US General Population and its Chronicity**
Ohayon, M.
LIPPINCOTT WILLIAMS & WILKINS.2019
- **SODIUM OXYBATE DOSING UTILIZATION PATTERNS IN THE NEXUS NARCOLEPSY REGISTRY**
Ohayon, M. M., Thorpy, M. J., Short, S. A., Williams, M. J., Yang, M., Black, J., Hyman, D. L., Profant, J., Villa, K. F.
OXFORD UNIV PRESS INC.2019
- **HYPERSOMNOLENCE PREVALENCE AND EVOLUTION IN A LONGITUDINAL SURVEY OF THE US GENERAL POPULATION**
Sullivan, S., Ohayon, M. M., Cote, M.
OXFORD UNIV PRESS INC.2019
- **The National Sleep Foundation's Sleep Satisfaction Tool** *SLEEP HEALTH*
Ohayon, M. M., Paskow, M., Roach, A., Filer, C., Hillygus, D., Chen, M. C., Langer, G., Hirshkowitz, M., Natl Sleep Fdn Sleep Satisfaction
2019; 5 (1): 5–11
- **The National Sleep Foundation's Sleep Satisfaction Tool.** *Sleep health*
Ohayon, M. M., Paskow, M., Roach, A., Filer, C., Hillygus, D. S., Chen, M. C., Langer, G., Hirshkowitz, M., National Sleep Foundation Sleep Satisfaction
Consensus Panel
2019; 5 (1): 5–11
- **Snoring and breathing pauses during sleep: interview survey of a United Kingdom population sample reveals a significant increase in the rates of sleep apnoea and obesity over the last 20 years - data from the UK sleep survey** *SLEEP MEDICINE*
Lechner, M., Breeze, C. E., Ohayon, M. M., Kotecha, B.
2019; 54: 250–56
- **The potential for impact of man-made super low and extremely low frequency electromagnetic fields on sleep.** *Sleep medicine reviews*
Ohayon, M. M., Stolc, V. n., Freund, F. T., Milesi, C. n., Sullivan, S. S.
2019; 47: 28–38
- **Internet addiction and sleep problems: A systematic review and meta-analysis.** *Sleep medicine reviews*
Alimoradi, Z. n., Lin, C. Y., Broström, A. n., Bülow, P. H., Bajalan, Z. n., Griffiths, M. D., Ohayon, M. M., Pakpour, A. H.
2019; 47: 51–61
- **Longitudinal study of narcolepsy symptoms in first, second, and third-degree relatives of simplex and multiplex narcolepsy families** *SLEEP MEDICINE*
Ohayon, M. M., Black, J., Krystal, A. D., Shapiro, C. M., Swick, T. J., Bogan, R., Wells, C. C.
2019; 53: 88–93
- **Snoring and breathing pauses during sleep: interview survey of a United Kingdom population sample reveals a significant increase in the rates of sleep apnoea and obesity over the last 20 years - data from the UK sleep survey.** *Sleep medicine*
Lechner, M., Breeze, C. E., Ohayon, M. M., Kotecha, B.
2018; 54: 250–56
- **Longitudinal Evolution of Sleep and GERD in the American General Population**
Ohayon, M. M.
WILEY.2018: S232
- **Longitudinal Evolution of Narcolepsy Symptoms in Simplex and Multiplex Families**
Ohayon, M. M., Black, J., Krystal, A. D., Shapiro, C. M., Swick, T., Rogan, R., Well, C. C.
WILEY.2018: S129–S130
- **The Use of Stimulants, Sedative-Hypnotics, and Antidepressants in Patients with Obstructive Sleep Apnea in the United States**
Ohayon, M. M., Profant, J., Gibson, S. P., Scheckner, B., Milesi, C.
WILEY.2018: S130
- **Longitudinal study of narcolepsy symptoms in first, second, and third-degree relatives of simplex and multiplex narcolepsy families.** *Sleep medicine*
Ohayon, M. M., Black, J., Krystal, A. D., Shapiro, C. M., Swick, T. J., Bogan, R., Wells, C. C.
2018; 53: 88–93

- **The Nexus Narcolepsy Registry: Assessment of Sodium Oxybate (SXB) on Functioning, Productivity, and Health-Related Quality of Life in Participants With Narcolepsy**
Thorpy, M. J., Villa, K. F., Black, J., Bujanover, S., Cisternas, M. G., Pasta, D. J., Ohayon, M. M.
LIPPINCOTT WILLIAMS & WILKINS.2018
- **The Nexus Narcolepsy Registry: Factors Associated With Use of Different Medications and Discontinuation Rates in Participants With Narcolepsy**
Villa, K. F., Pasta, D. J., Black, J., Bujanover, S., Cisternas, M. G., Ohayon, M. M., Thorpy, M. J.
LIPPINCOTT WILLIAMS & WILKINS.2018
- **US HEALTHCARE CLAIMS ANALYSIS OF OBSTRUCTIVE SLEEP APNEA COMORBIDITIES AND THEIR ASSOCIATION WITH STIMULANT DRUG USE**
Ohayon, M. M., Profant, J., Gibson, S. P., Scheckner, B., Milesi, C.
OXFORD UNIV PRESS INC.2018: A403
- **PREDICTORS OF TIME TO NARCOLEPSY DIAGNOSIS IN PARTICIPANTS WITH ADULT ONSET OF SYMPTOMS: RESULTS FROM THE NEXUS NARCOLEPSY REGISTRY**
Thorpy, M. J., Pasta, D. J., Cisternas, M. G., Carls, G., Black, J., Villa, K. F., Bujanover, S., Hyman, D., Ohayon, M.
OXFORD UNIV PRESS INC.2018: A236
- **INJURIES, MOTOR VEHICLE ACCIDENTS, AND NEAR MISSES IN NARCOLEPSY: RESULTS FROM THE NEXUS NARCOLEPSY REGISTRY**
Ohayon, M., Pasta, D. J., Cisternas, M. G., Williams, M., Carls, G., Black, J., Villa, K. F., Bujanover, S., Hyman, D., Thorpy, M. J.
OXFORD UNIV PRESS INC.2018: A234
- **A provisional tool for the measurement of sleep satisfaction *SLEEP HEALTH***
Ohayon, M. M., Chen, M. C., Bixler, E., Dauvilliers, Y., Gozal, D., Plazzi, G., Vitiello, M. V., Paskow, M., Roach, A., Hirshkowitz, M.
2018; 4 (1): 6–12
- **Claims Analysis of Differences in Practice and Focus of Various Physician Specialties that Diagnose and Treat Obstructive Sleep Apnea in the United States**
Ohayon, M., Profant, J., Gibson, S., Milesi, C.
AMER THORACIC SOC.2018
- **Use of Stimulants and Continuous Positive Airway Pressure in Patients with Obstructive Sleep Apnea from a Large Claims Dataset**
Ohayon, M., Profant, J., Gibson, S., Milesi, C.
AMER THORACIC SOC.2018
- **Medical comorbidity in narcolepsy: findings from the Burden of Narcolepsy Disease (BOND) study *SLEEP MEDICINE***
Black, J., Reaven, N. L., Funk, S. E., MCGAUGHEY, K., Ohayon, M. M., Guilleminault, C., Ruoff, C.
2017; 33: 13-18
- **Comorbidity of Chronic Gastro-Esophageal Reflux (GERD) with Sleep and Medical Disorders in a Longitudinal Survey of the American General Population**
Ohayon, M., Milesi, C., van Dijk, M.
LIPPINCOTT WILLIAMS & WILKINS.2017
- **Refining the frequency and duration of RL Symptoms: Impact on the prevalence of Restless Leg Syndrome**
Ohayon, M.
LIPPINCOTT WILLIAMS & WILKINS.2017
- **ASSESSING THE BENEFITS OF SODIUM OXYBATE (SXB) ON FUNCTIONING, PRODUCTIVITY, AND HEALTH-RELATED QUALITY OF LIFE IN PEOPLE WITH NARCOLEPSY: FINDINGS FROM THE NEXUS NARCOLEPSY REGISTRY**
Villa, K., Black, J., Bujanover, S., Cisternas, M., Gow, M., Ohayon, M., Pasta, D., Patterson, M., Thorpy, M.
OXFORD UNIV PRESS INC.2017: A241
- **LONGITUDINAL STUDY OF THE INTERACTION BETWEEN SLEEP AND GASTROESOPHAGEAL REFLUX DISORDER IN THE US GENERAL POPULATION**
Ohayon, M. M., van Dijk, M., Milesi, C.
OXFORD UNIV PRESS INC.2017: A383
- **FACTORS ASSOCIATED WITH USE OF DIFFERENT NARCOLEPSY MEDICATIONS AND MEDICATION DISCONTINUATION RATES: FINDINGS FROM THE NEXUS NARCOLEPSY REGISTRY**

Pasta, D., Black, J., Bujanover, S., Cisternas, M., Gow, M., Ohayon, M., Patterson, M., Thorpy, M., Villa, K.
OXFORD UNIV PRESS INC.2017: A250

● **PREVALENCE, INCIDENCE AND CHRONICITY OF EXCESSIVE SLEEPINESS IN A LONGITUDINAL STUDY OF NARCOLEPTIC FAMILY MEMBERS**

Ohayon, M. M.
OXFORD UNIV PRESS INC.2017: A239–A240

● **High Rates of Psychiatric Comorbidity in Narcolepsy: Findings From the Burden of Narcolepsy Disease (BOND) Study of 9,312 Patients in the United States.** *journal of clinical psychiatry*

Ruoff, C. M., Reaven, N. L., Funk, S. E., McGaughey, K. J., Ohayon, M. M., Guilleminault, C., Black, J.
2017; 78 (2): 171-176

● **National Sleep Foundation's sleep quality recommendations: first report.** *Sleep health*

Ohayon, M., Wickwire, E. M., Hirshkowitz, M., Albert, S. M., Avidan, A., Daly, F. J., Dauvilliers, Y., Ferri, R., Fung, C., Gozal, D., Hazen, N., Krystal, A., Lichstein, et al
2017; 3 (1): 6-19

● **Refining duration and frequency thresholds of restless legs syndrome diagnosis criteria.** *Neurology*

Ohayon, M. M., Bagai, K., Roberts, L. W., Walters, A. S., Milesi, C.
2016

● **Demographics and diagnosis experience of people with narcolepsy: Results from the first eight months of the Nexus Narcolepsy Registry**

Thorpy, M., Black, J., Gow, M., Ohayon, M., Pasta, D., Patterson, M., Scammell, T., Cisternas, M. G., Hyman, D., Villa, K. F.
WILEY-BLACKWELL.2016: 190

● **Functioning, productivity and health-related quality of life in people with narcolepsy: Results from the first eight months of the Nexus Narcolepsy Registry**

Ohayon, M., Black, J., Gow, M., Pasta, D., Patterson, M., Scammell, T., Thorpy, M., Cisternas, M. G., Hyman, D., Villa, K. F.
WILEY-BLACKWELL.2016: 190–91

● **[DEFINITIONS AND EPIDEMIOLOGY OF EXCESSIVE SLEEPINESS].** *La Revue du praticien*

Ohayon, M. M., Dauvilliers, Y., Milesi, C.
2016; 66 (6): 654-659

● **Sleep-deprived motor vehicle operators are unfit to drive: a multidisciplinary expert consensus statement on drowsy driving** *SLEEP HEALTH*

Czeisler, C. A., Wickwire, E. M., Barger, L. K., Dement, W. C., Gamble, K., Hartenbaum, N., Ohayon, M. M., Pelayo, R., Phillips, B., Strohl, K., Tefft, B., Rajaratnam, S. W., Malhotra, et al
2016; 2 (2): 94–99

● **Artificial Outdoor Nighttime Lights Associate with Altered Sleep Behavior in the American General Population** *SLEEP*

Ohayon, M. M., Milesi, C.
2016; 39 (6): 1311-1320

● **Sleep Deprivation/Insomnia and Exposure to Street Lights in the American General Population**

Ohayon, M., Milesi, C.
LIPPINCOTT WILLIAMS & WILKINS.2016

● **Narcolepsy Symptomatology Evolution in a Longitudinal Study of a Cohort of Narcoleptic Family Members**

Ohayon, M.
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