



Helen Wilson

Clinical Professor, Psychiatry and Behavioral Sciences

CLINICAL OFFICE (PRIMARY)

- **Stanford Dept of Psychiatry and Behavioral Sciences**

401 Quarry Rd

MC 5718

Stanford, CA 94305

Tel (650) 498-9111

Fax (650) 724-9900

Bio

BIO

Dr. Wilson is a licensed clinical psychologist with expertise on the effects of trauma across the lifespan. She provides clinical services for children, adolescents, adults, and families affected by trauma and other forms of anxiety and stress. Dr. Wilson also leads an active research program focused on relationships between childhood trauma and health risk behavior in adolescence and adulthood. She is the Principal Investigator of GIRLTALK: We Talk, a longitudinal study funded by the National Institute of Child Health and Human Development (NICHD) that examines links from childhood violence exposure to dating violence and sexual risk in young women from low-income communities in Chicago. Dr. Wilson has authored or co-authored thirty journal articles and book chapters related to these topics, and she regularly presents her work at local and national conferences. She is on the editorial board of the Journal of Youth and Adolescence.

CLINICAL FOCUS

- trauma
- life stress
- Clinical Psychology

ACADEMIC APPOINTMENTS

- Clinical Professor, Psychiatry and Behavioral Sciences
- Member, Maternal & Child Health Research Institute (MCHRI)

ADMINISTRATIVE APPOINTMENTS

- Director, Stanford Confidential Support Team, (2016- present)

PROFESSIONAL EDUCATION

- PhD Training: Northwestern University Feinberg School of Medicine (2005) IL
- Fellowship: Yale University Child Study Center (2006) CT

Publications

PUBLICATIONS

- **Perceived stress and spontaneous preterm birth in twin gestations**
Blumenfeld, Y. J., Leonard, S. A., Wilson, H. W., Girsan, A., Datoc, I., Lyell, D. J.
MOSBY-ELSEVIER.2021: S418–S419
- **Development of Sexual Risk in Minority Youth: Risk and Protective Factors in Early Adolescence** *JOURNAL OF EARLY ADOLESCENCE*
Wilson, H. W.
2018; 38 (1): 5–11
- **Victimization and traumatic stress: Pathways to depressive symptoms among low-income, African-American girls.** *Child abuse & neglect*
Gershon, A. n., Hayward, L. n., Donenberg, G. R., Wilson, H. n.
2018; 86: 223–34
- **Recognizing and Referring Children with Posttraumatic Stress Disorder: Guidelines for Pediatric Providers.** *Pediatrics in review*
Wilson, H. W., Joshi, S. V.
2018; 39 (2): 68–77
- **Trajectories of psychopathology and risky behaviors associated with childhood abuse and neglect in low-income urban African American girls** *CHILD ABUSE & NEGLECT*
Wilson, H. W., Samuelson, S. L., Staudenmeyer, A. H., Widom, C. S.
2015; 45: 108-121
- **Externalizing Symptoms Moderate Associations Among Interpersonal Skills, Parenting, and Depressive Symptoms in Adolescents Seeking Mental Health Treatment** *JOURNAL OF YOUTH AND ADOLESCENCE*
Rodriguez, E. M., Donenberg, G. R., Emerson, E., Wilson, H. W., Javdani, S.
2015; 44 (4): 952-963
- **From Violence Exposure to Development of Sexual Risk in Low-Income Urban Girls: The Role of Psychopathology** *CHILD PSYCHIATRY & HUMAN DEVELOPMENT*
Wilson, H. W., Pettineo, L., Edmonds, A., Goodman, E. A., Emerson, E., Donenberg, G. R.
2015; 46 (2): 270-280
- **Childhood violence exposure and the development of sexual risk in low-income African American girls** *JOURNAL OF BEHAVIORAL MEDICINE*
Wilson, H. W., Donenberg, G. R., Emerson, E.
2014; 37 (6): 1091-1101
- **Childhood violence exposure and the development of sexual risk in low-income African American girls.** *Journal of behavioral medicine*
Wilson, H. W., Donenberg, G. R., Emerson, E.
2014; 37 (6): 1091-1101
- **Family environment, coping, and mental health in adolescents attending therapeutic day schools** *JOURNAL OF ADOLESCENCE*
Rodriguez, E. M., Donenberg, G. R., Emerson, E., Wilson, H. W., Brown, L. K., Houck, C.
2014; 37 (7): 1133-1142
- **Family environment, coping, and mental health in adolescents attending therapeutic day schools.** *Journal of adolescence*
Rodriguez, E. M., Donenberg, G. R., Emerson, E., Wilson, H. W., Brown, L. K., Houck, C.
2014; 37 (7): 1133-42
- **The Relationship Between Substance Use and Sexual Health Among African-American Female Adolescents with a History of Seeking Mental Health Services** *WOMENS HEALTH ISSUES*
Woods-Jaeger, B. A., Jaeger, J. A., Donenberg, G. R., Wilson, H. W.
2013; 23 (6): E365-E371
- **Dyadic Confirmatory Factor Analysis of the Inflammatory Bowel Disease Family Responsibility Questionnaire** *JOURNAL OF PEDIATRIC PSYCHOLOGY*
Greenley, R. N., Reed-Knight, B., Blount, R. L., Wilson, H. W.
2013; 38 (8): 871-882

- **History of Sexual Abuse and Development of Sexual Risk Behavior in Low-Income, Urban African American Girls Seeking Mental Health Treatment** *WOMEN & HEALTH*

Wilson, H. W., Emerson, E., Donenberg, G. R., Pettineo, L.
2013; 53 (4): 384-404