Stanford

Shelby Adler

Clinical Assistant Professor, Psychiatry and Behavioral Sciences - Medical Psychiatry

CLINICAL OFFICE (PRIMARY)

- **Stanford Health Care**

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Bio

CLINICAL FOCUS

- Psychiatry
- Neuropsychiatry
- Movement Disorders

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences - Medical Psychiatry

PROFESSIONAL EDUCATION

- Fellowship: Stanford University Consultation-Liaison Psychiatry Fellowship (2026) CA
- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2025)
- Residency: LAC USC Psychiatry Residency (2025) CA
- Medical Education: Albert Einstein College of Medicine (2021) NY

Publications

PUBLICATIONS

- **Pregabalin in Dopamine Dysregulation Syndrome.** *Movement disorders clinical practice*
  Adler, S., Fishbein, D., Ng, J.
  2026

- **The Rationale for, and Use of, Benzodiazepines in Alcohol Withdrawal** *PSYCHIATRIC ANNALS*
  Gunther, M., Adler, S., Stern, T. A.
  2026; 56 (1): e9-e14