



Andrea Lora Kossler, MD

Assistant Professor of Ophthalmology at the Stanford University Medical Center

CLINICAL OFFICES

- **Stanford Byers Eye Institute**

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ACADEMIC CONTACT INFORMATION

- **Administrative Contact**

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Bio

BIO

Andrea Lora Kossler, MD, is Assistant Professor of Ophthalmology at Stanford University School of Medicine and Director of the Ophthalmic Plastic, Reconstructive Surgery and Orbital Oncology Service at the Byers Eye Institute at Stanford. She specializes in plastic and reconstructive surgery of the forehead, mid-face, and eyes and has a special interest in aesthetic medicine and thyroid eye disease. Andrea has been in practice for over 8 years and treats adults and children with oculoplastic conditions. Dr. Kossler's research interests include thyroid eye disease, orbital oncology, and neurostimulation for ocular surface disease.

Andrea is the Co-Director of the Thyroid Eye Disease Center at Stanford Hospital Center where she works together with a multidisciplinary team including an endocrinologist and radiation oncologist to provide patient centered care to patients diagnosed with thyroid eye disease. She is also the Director of the Stanford Aesthetic Eye Surgery Center where she specializes in cosmetic surgery and aesthetic treatments of the eyelids and face.

She earned her medical degree from Georgetown University School of Medicine where she graduated summa cum laude and valedictorian of her class. She holds a Bachelor of Science degree from the University of Florida where she graduated with highest honors. She completed her internship in internal medicine at the Mount Sinai Medical Center and her residency in Ophthalmology at the number one ranked Bascom Palmer Eye Institute at the University of Miami Miller School of Medicine. She continued at the Bascom Palmer Eye Institute to complete a fellowship in Ophthalmic Plastic and Reconstructive surgery and served as a Clinic Instructor of Ophthalmology.

Outside of work Andrea enjoys time with her husband, two daughters and dog Roxy.

CLINICAL FOCUS

- Ophthalmic Reconstructive & Facial Plastic Surgery
- Orbital Oncology
- Thyroid Eye Disease
- Cosmetic Surgery & Treatments
- Mohs Reconstruction & Eyelid Surgery
- Pediatric Oculoplastics
- Facial nerve palsy
- Blepharoplasty
- Eyelid surgery & reconstruction
- Ptosis repair
- Oculoplastic Surgery
- Lacrimal & Tear Duct Surgery
- Ophthalmology

ACADEMIC APPOINTMENTS

- Assistant Professor - Med Center Line, Ophthalmology

ADMINISTRATIVE APPOINTMENTS

- Director, Ophthalmic Plastic, Reconstructive Surgery & Orbital Oncology, (2012- present)
- Director, Oculoplastic Cosmetic Surgery & Treatments, (2013- present)
- Co-Director, Thyroid Eye Disease Center, (2012- present)

HONORS AND AWARDS

- National Mentorship Award, Women In Ophthalmology (2017)
- McCormick & Gabilan Research Award, Stanford School of Medicine (2016)
- ASOPRS Research Award, American Society of Ophthalmic Plastic & Reconstructive Surgery (ASOPRS) (2015)
- Best Poster Award, American Academy of Ophthalmology (2014)
- Top Notch Award, Department of Defense United States Navy (2014)
- Marvin Quickert Thesis Award, American Society of Ophthalmic Plastic & Reconstructive Surgery (ASOPRS) (2013)
- Best Ocular & Orbital Oncology Paper AAO Annual Conference, American Academy of Ophthalmology (AAO) (2012)
- Kober Award, Georgetown School of Medicine (2006)
- Frank G. Standaert Award, Department of Pharmacology, Georgetown University (2006)
- Valedictorian, summa cum laude, Georgetown School of Medicine (2006)
- Milton Corn, MD Award, Georgetown School of Medicine (2005)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member Program Committee, Women in Ophthalmology (2017 - present)
- Mentorship Program Chair, American Society of Ophthalmic Plastic & Reconstructive Surgery (ASOPRS) (2016 - present)
- Fellow, American Society of Ophthalmic Plastic & Reconstructive Surgery (ASOPRS) (2010 - present)
- Member, Women in Ophthalmology (2010 - present)
- Member, American Academy of Ophthalmology Association (AAO) (2006 - present)
- Member, Association for Research in Vision and (2006 - present)
- Member, Alpha Omega Alpha Honorary Medical Society (2005 - present)
- Member, American Medical Association (AMA) (2002 - present)

PROFESSIONAL EDUCATION

- Member, American Society of Ophthalmic Plastic and Reconstructive Surgeons , Ophthalmic Reconstructive and Facial Plastic Surgery (2014)
- Board Certification: Ophthalmology, American Board of Ophthalmology (2012)

- Medical Education: Georgetown University (2006) DC
- Board Certification, American Board of Ophthalmology , Ophthalmology (2012)
- Fellowship, Bascom Palmer Eye Institute, University of Miami , Ophthalmic Plastic, Reconstructive Surgery & Orbital Oncology (2012)
- Fellowship: Bascom Palmer Eye Institute (2012) FL
- Residency: Bascom Palmer Eye Institute (2010) FL
- Internship: Mount Sinai Med Ctr/ Miami Bch (2007) FL

LINKS

- Video Story: <https://stanfordhealthcare.org/stanford-health-now/why-i-got-into-medicine/why-medicine-andrea-kossler-md.html>
- LinkedIn Profile: <http://www.linkedin.com/pub/andrea-kossler/61/a00/135>
- Doximity: <https://www.doximity.com/pub/andrea-kossler-md>
- Healthtap: <https://www.healthtap.com/#experts/12582025-dr-andrea-kossler>
- Stanford Oculoplastics: http://ophthalmology.stanford.edu/patient_care/clinics_plastic.html

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Thyroid Eye Disease

Adenoid Cystic Carcinoma of the Lacrimal Gland

Lacrimal Gland Stimulation for the Treatment of Dry Eyes

Neurostimulation

Orbital Tumors

Floppy Eyelid Syndrome and Obstructive Sleep Apnea

CLINICAL TRIALS

- The Secondary Beneficial Effects of Prostaglandin Analog Treatment in Thyroid Eye Disease Patients., Not Recruiting

Teaching

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Oncology (Fellowship Program)

Publications

PUBLICATIONS

- **Enhanced Tearing by Electrical Stimulation of the Anterior Ethmoid Nerve** *INVESTIGATIVE OPHTHALMOLOGY & VISUAL SCIENCE*
Brinton, M., Kossler, A. L., Patel, Z. M., Loudin, J., Franke, M., Ta, C. N., Palanker, D.
2017; 58 (4): 2341-2348
- **Current Trends in Upper and Lower Eyelid Blepharoplasty Among American Society of Ophthalmic Plastic and Reconstructive Surgery Members.** *Ophthalmic plastic and reconstructive surgery*
Kossler, A. L., Peng, G. L., Yoo, D. B., Azizzadeh, B., Massry, G. G.
2017
- **Silicone Oil-Induced Nasal Polyposis: A Case Report.** *Otolaryngology--head and neck surgery : official journal of American Academy of Otolaryngology-Head and Neck Surgery*
Patel, V. S., Hwang, P. H., Kossler, A. L., Choby, G.
2017: 194599817728896

- **Exaggerated Oculocardiac Reflex Elicited by Local Anesthetic Injection of an Empty Orbit: A Case Report.** *A & A case reports*
Nicholson, D., Kossler, A., Topping, K., Sary, C. M.
2017
- **Lateral Canthal Tendon Disinsertion: Clinical Characteristics and Anatomical Correlates.** *Ophthalmic plastic and reconstructive surgery*
Shriver, E. M., Erickson, B. P., Kossler, A. L., Tse, D. T.
2016; 32 (5): 378-385
- **The Locking Y Lateral Canthopexy With Osseous Integration: Clinical Experience and Surgical Technique.** *Ophthalmic plastic and reconstructive surgery*
Kossler, A. L., Erickson, B. P., Shriver, E. M., Tse, D. T.
2016; 32 (5): 386-392
- **Electronic enhancement of tear secretion.** *Journal of neural engineering*
Brinton, M., Chung, J. L., Kossler, A., KooK, K. H., Loudin, J., Franke, M., Palanker, D.
2016; 13 (1): 016006-?
- **Objective surgical assessments for residents and experienced surgeons in the Yelp Era** *JOURNAL OF CATARACT AND REFRACTIVE SURGERY*
Cremers, S. L., Kossler, A. L., Ciolino, J., Henderson, B. A.
2015; 41 (11): 2593-2595
- **Neurostimulation of the lacrimal nerve for enhanced tear production.** *Ophthalmic plastic and reconstructive surgery*
Kossler, A. L., Wang, J., Feuer, W., Tse, D. T.
2015; 31 (2): 145-151
- **Author reply.** *Ophthalmology*
Tse, D. T., Kossler, A. L., Feuer, W. J., Benedetto, P. W.
2014; 121 (1): e8-e10
- **Long-Term Outcomes of Neoadjuvant Intra-arterial Cytoreductive Chemotherapy for Lacrimal Gland Adenoid Cystic Carcinoma.** *Ophthalmology*
Tse, D. T., Kossler, A. L., Feuer, W. J., Benedetto, P. W.
2013
- **Hordeolum, Chalazion and Blepharitis** *Primary Care: A Collaborative Practice*
Kossler, A., Banta, J.
edited by Buttarro, T. M., Trybulski, J., Bailey, P. P., Sandberg-Cook, J.
Mosby.2012; 4th
- **Dacryocystitis and Nasolacrimal Duct Obstruction** *Primary Care: A Collaborative Practice*
Kossler, K. L., Banta, J.
edited by Buttarro, T. M., Bailey, P. P., Trybulski, J., Sandberg-Cook, J.
Mosby.2012
- **Pediatric Cataract** *Ophthalmic Surgical Procedures*
Cremers, S., Lora-Kossler, A., Azar, N.
edited by Hersh, P. S., Zigelbaum, B., Cremers, S.
Thieme.2009; 2nd
- **Time Domain versus Spectral Domain Optical Coherence Tomography (OCT) in the Diagnosis and Treatment of Angioid Streaks** *Ophthalmology Web*
Lora-Kossler, A.
2008
- **Conjunctival Squamous Cell Carcinoma with Intraocular and Intraorbital Invasion** *Ophthalmology Times*
Lora-Kossler, A., Johnson, T.
2008
- **Systemic Multiple Myeloma with Secondary Orbital Plasmacytoma** *Ophthalmology Times*
Andrea, L.
2008

- **Global Rating Assessment of Skills in Intraocular Surgery (GRASIS) *OPHTHALMOLOGY***
Cremers, S. L., Lora, A. N., Ferrufino-Ponce, Z. K.
2005; 112 (10): 1655-1660
- **Impact of Depressive Illness on Emergency Department Recidivism: A New Approach to the “Frequent Flyer” *Annals of Emergency Medicine***
Lora-Kossler, A., Simpsons, M., Freed, M., Milzman, D.
2004; 23 (44.4)
- **Effects of monocular viewing and eye dominance on spatial attention *BRAIN***
Roth, H. L., Lora, A. N., Heilman, K. M.
2002; 125: 2023-2035

PRESENTATIONS

- Neurostimulation of the Lacrimal Nerve for Enhanced Tear Production. - American Society of Ophthalmic Plastic and Reconstructive Surgery (ASOPRS)
- Long-Term Outcomes of Neoadjuvant Intraarterial Cytoreductive Chemotherapy for Lacrimal Gland Adenoid Cystic Carcinoma - American Academy of Ophthalmology (AAO)
- Surgical Management of Optic Nerve Sheath Amyloidosis with Subsequent Orbital Infiltration - American Society of Ophthalmic Plastic and Reconstructive Surgery (ASOPRS)
- Echographic and Pathologic Correlation: A 10 year Study of Orbital Echography. - Bascom Palmer Eye Institute
- Pre-surgical High Frequency Ultrasound in the Diagnosis and Surgical Management of Periocular Basal Cell Carcinoma. - Bascom Palmer Eye Institute, University of Miami (June 1, 2010)
- Ophthalmic artery occlusion after embolization for an orbital arteriovenous malformation. - American Society of Ophthalmic Plastic and Reconstructive Surgery (ASOPRS) (10/2011)
- Risk Assessment in Cataract Surgery (RACS) - American Academy of Ophthalmology (AAO) (10/2005)
- Tips and Tricks in Eyelid, Lacrimal and Orbital Trauma. Oculoplastics, Lacrimal System and Orbit - World Ophthalmology Congress (4/2014)
- New Orbital Techniques in Oculoplastics - Bay Area Kaiser Oculoplastics Conference (11/2013)