



Nicholas Bene, MD

Clinical Assistant Professor, Surgery - Plastic & Reconstructive Surgery

CLINICAL OFFICE (PRIMARY)

- **Stanford Plastic Surgery Clinic**

1000 Welch Rd Ste 100

MC 5756

Palo Alto, CA 94304

Tel (650) 723-7001 **Fax** (650) 725-5223

Bio

BIO

Dr. Nick Bene is a Plastic and Reconstructive Surgeon who serves as the Director of Gender Affirmation Surgery at Stanford Medicine.

He earned his medical degree from Tufts University and completed his residency in Plastic & Reconstructive Surgery at Lahey Clinic in Boston, MA.

Driven by a commitment to gender care, Dr. Bene pursued a dedicated fellowship in Advanced Gender Affirmation Surgery at Oregon Health & Science University in Portland, OR.

Bringing comprehensive surgical expertise in facial, chest, body and genital affirmation procedures, Dr. Bene is dedicated to providing exceptional care for gender diverse people.

He prioritizes a collaborative approach during consultations, working closely with patients to develop personalized surgical plans through informed decision-making and empowerment.

Dr. Bene's research interests include patient-centered outcomes, innovative surgical techniques, improving access to affirming care and reducing complications in gender affirmation surgery. He is also committed to advancing education within residency and fellowship programs.

A native of Hong Kong, Dr. Bene is fluent in Cantonese.

CLINICAL FOCUS

- Plastic Surgery
- Gender Affirmation Surgery

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Surgery - Plastic & Reconstructive Surgery

ADMINISTRATIVE APPOINTMENTS

- Director of Gender Affirmation Surgery, Plastic & Reconstructive Surgery, (2024- present)

HONORS AND AWARDS

- Excellence in Medical Student Teaching, Lahey Clinic (2019)
- Alpha Omega Alpha Honor Society, Tufts University School of Medicine (2017)
- Aufranc Research Scholars Award, Awarded national grant to conduct orthopedic research, New England Baptist Hospital, Boston, MA (2014)
- Academic Achievement Award, Master of Science, Tufts University School of Medicine (2013)
- Undergraduate Research Award, Awarded two grants to conduct biochemical research, Boston University (2009)

PROFESSIONAL EDUCATION

- Fellowship, Oregon Health & Science University , Advanced Gender Affirmation Surgery (2024)
- Residency, Lahey Clinic , Plastic & Reconstructive Surgery (2023)
- Medical Education: Tufts University School of Medicine (2017) MA

Publications

PUBLICATIONS

- **Flap templating considerations in radial forearm phalloplasty-a surgical teaching video overview** *JOURNAL OF VISUALIZED SURGERY*
Ferrin, P. C., Bene, N., Berli, J. U., Peters, B. R.
2024; 10: 1-5
- **Tissue Options for Construction of the Neovaginal Canal in Gender-Affirming Vaginoplasty.** *Journal of clinical medicine*
Bene, N. C., Ferrin, P. C., Xu, J., Dy, G. W., Dugi, D., Peters, B. R.
2024; 13 (10)
- **The Current State of Transgender Health Curricula in Graduate Surgical Education: A Systematic Review of Survey Data.** *Journal of surgical education*
Rezaei, S. J., Miranda, N., Bene, N. C., Ganor, O.
2023
- **Expanded Uses of the Dorsal Nasal Flap: Redefining the Nasal Reconstruction Algorithm.** *Plastic and reconstructive surgery. Global open*
Bene, N. C., Ojeda-Badillo, G. A., Rizvi, T. Z., Lim, A. A.
2025; 13 (1): e6488
- **OUTCOMES OF ORCHIECTOMY FOR GENDER AFFIRMING SURGERY: A NSQIP STUDY**
Saltman, A., Dorante, M., Jonczyk, M., Chiu, M., Bene, N., Freniere, B., Kasabwala, K.
WILEY.2023: S266-S267
- **Ethnic Disparities in Thrombotic and Bleeding Diatheses Revisited: A Systematic Review of Microsurgical Breast Reconstruction across the East and West.** *Journal of reconstructive microsurgery*
Bene, N. C., Minasian, R. A., Khan, S. I., Desjardins, H. E., Guo, L.
2022; 38 (1): 84-88
- **Factors affecting failure of irrigation and debridement with liner exchange in total knee arthroplasty infection.** *The Knee*
Bene, N., Li, X., Nandi, S.
2018; 25 (5): 932-938
- **Increased antibiotic duration improves reoperation free survival after total hip arthroplasty irrigation and debridement.** *Journal of orthopaedics*
Bene, N., Li, X., Nandi, S.
2018; 15 (2): 707-710
- **Restoring femoral offset is the most important technical factor in preventing total hip arthroplasty dislocation.** *Journal of orthopaedics*

Forde, B., Engeln, K., Bedair, H., Bene, N., Talmo, C., Nandi, S.
2018; 15 (1): 131-133

- **Mineralocorticoid receptors in immune cells: emerging role in cardiovascular disease.** *Steroids*
Bene, N. C., Alcaide, P., Wortis, H. H., Jaffe, I. Z.
2014; 91: 38-45