

Stanford



Rachel Bensen

Clinical Associate Professor, Pediatrics - Gastroenterology

CLINICAL OFFICES

- **Pediatric Gastroenterology**

750 Welch Rd Ste 116

Palo Alto, CA 94304

Tel (650) 721-2250

Fax (650) 721-3822

Bio

CLINICAL FOCUS

- Pediatric Gastroenterology

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Pediatrics - Gastroenterology

PROFESSIONAL EDUCATION

- Residency: Stanford Health Care at Lucile Packard Children's Hospital (2010) CA
- Internship: Stanford Health Care at Lucile Packard Children's Hospital (2008) CA
- Medical Education: Rutgers Robert Wood Johnson Medical School (2007) NJ
- Board Certification: Pediatric Gastroenterology, American Board of Pediatrics (2015)
- Fellowship: Stanford University - Gastroenterology Department of Pediatrics (2014) CA
- Board Certification: Pediatrics, American Board of Pediatrics (2010)
- Fellowship, Lucile Packard Children's Hospital at Stanford , Pediatric Gastroenterology, Hepatology and Nutrition (2014)
- Fellowship, Clinical Excellence Research Center at Stanford University , Health care innovation (2014)
- Residency, Lucile Packard Children's Hospital at Stanford , Pediatrics (2010)
- MD, University of Medicine & Dentistry of New Jersey - Robert Wood Johnson Medical School , Medicine (2007)
- MPH, Mailman School of Public Health at Columbia University , Health Policy and Management (2002)
- BA, University of Pennsylvania , International Relations (1999)

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

My research focuses on improving health care delivery systems for children, adolescents and young adults with chronic illness and their families. I have particular interests in the development of chronic disease self-management skills, assessment of patient reported outcomes, the transition from pediatric to adult-oriented health care, and comprehensive programs to support families caring for a child with chronic illness.

Publications

PUBLICATIONS

- **Response to JHLT-D-21-00302 "Failing Fontan - heart or heart-liver transplant: The jury is (still) out?"** *The Journal of heart and lung transplantation : the official publication of the International Society for Heart Transplantation*
Chen, S., Bensen, R., Hollander, S. A., Sganga, D.
2021
- **Comparison of combined heart#liver vs heart-only transplantation in pediatric and young adult Fontan recipients.** *The Journal of heart and lung transplantation : the official publication of the International Society for Heart Transplantation*
Sganga, D., Hollander, S. A., Vaikunth, S., Haeffele, C., Bensen, R., Navaratnam, M., McDonald, N., Profita, E., Maeda, K., Concepcion, W., Bernstein, D., Chen, S.
2020
- **Sustained Virologic Remission in an 8-Month-Old Pediatric Patient with Carbamoyl Phosphate Synthetase I Deficiency and Hepatitis C Infection Using Direct Acting Antivirals Prior to Liver Transplant.** *Journal of pediatric gastroenterology and nutrition*
Huang, A. C., Beadles, A., Romero, D., Berquist, W., Bensen, R., Kwo, P., Mckenzie, R. B.
2020
- **Racial and Socioeconomic Disparities in Hospitalization of Pediatrics with Liver Disease from 2005 to 2015.** *Digestive diseases and sciences*
Martin, M. n., Zou, B. n., Hoang, J. n., Jeong, D. n., Bensen, R. n., Nguyen, M. H.
2020
- **Procalcitonin as a Predictive Marker for Bacteremia in Children With a Central Line and Fever.** *Hospital pediatrics*
Damman, J. n., Arias, P. n., Kerner, J. n., Zhang, K. Y., Dehghan, M. n., Krishnan, G. n., Nespor, C. n., Bensen, R. n., Park, K. T.
2019
- **Foregone Inclusion: Neonatal CMV Hepatitis and Cholestasis.** *Digestive diseases and sciences*
Martin, M. n., Holmes, S. n., Sim, J. n., Hassan, M. n., Mathew, R. n., Bensen, R. n., Barakat, M. n.
2019
- **Depression and Healthcare Utilization in Patients with Inflammatory Bowel Disease.** *Journal of Crohn's & colitis*
Wong, J. J., Sceats, L., Dehghan, M., Wren, A. A., Sellers, Z. M., Limketkai, B. N., Bensen, R., Kin, C., Park, K. T.
2018
- **Nationwide Trends in Acute and Chronic Pancreatitis Among Privately Insured Children and Non-Elderly Adults in the United States, 2007-2014.** *Gastroenterology*
Sellers, Z. M., MacIsaac, D. n., Yu, H. n., Dehghan, M. n., Zhang, K. Y., Bensen, R. n., Wong, J. J., Kin, C. n., Park, K. T.
2018
- **Starting Young: Trends in Opioid Therapy Among US Adolescents and Young Adults With Inflammatory Bowel Disease in the Truven MarketScan Database Between 2007 and 2015.** *Inflammatory bowel diseases*
Wren, A. A., Bensen, R. n., Sceats, L. n., Dehghan, M. n., Yu, H. n., Wong, J. J., MacIsaac, D. n., Sellers, Z. M., Kin, C. n., Park, K. T.
2018
- **Diabetes Device Use in Adults With Type 1 Diabetes: Barriers to Uptake and Potential Intervention Targets.** *Diabetes care*
Tanenbaum, M. L., Hanes, S. J., Miller, K. M., Naranjo, D., Bensen, R., Hood, K. K.
2017; 40 (2): 181-187
- **Implementation of Depression Screening and Global Health Assessment in Pediatric Subspecialty Clinics.** *The Journal of adolescent health : official publication of the Society for Adolescent Medicine*
Iturralde, E. n., Adams, R. N., Barley, R. C., Bensen, R. n., Christofferson, M. n., Hanes, S. J., Maahs, D. M., Milla, C. n., Naranjo, D. n., Shah, A. C., Tanenbaum, M. L., Veeravalli, S. n., Park, et al
2017
- **Near-Fatal Gastrointestinal Hemorrhage in a Child with Medulloblastoma on High Dose Dexamethasone.** *Cureus*
Yecies, D. n., Tawfik, D. n., Damman, J. n., Thorson, C. n., Hong, D. S., Grant, G. A., Bensen, R. n., Damian, M. n.
2017; 9 (7): e1442

- **Spanish and English Language Symposia to Enhance Activation in Pediatric Inflammatory Bowel Disease.** *Journal of pediatric gastroenterology and nutrition*
Martin, M., Garcia, M., Christofferson, M., Bensen, R., Yeh, A. M., Park, K. T.
2016; 63 (5): 508-511
- **Transitions in Pediatric Gastroenterology: Results of a National Provider Survey.** *Journal of pediatric gastroenterology and nutrition*
Bensen, R., McKenzie, R. B., Fernandes, S. M., Fishman, L. N.
2016; 63 (5): 488-493
- **Better health, less spending: Redesigning the transition from pediatric to adult healthcare for youth with chronic illness.** *Healthcare (Amsterdam, Netherlands)*
Vaks, Y., Bensen, R., Steidtmann, D., Wang, T. D., Platchek, T. S., Zulman, D. M., Malcolm, E., Milstein, A.
2016; 4 (1): 57-68
- **Legislative advocacy: evaluation of a grand rounds intervention for pediatricians.** *Academic pediatrics*
Bensen, R., Roman, H., Bersamin, M., Lu, Y., Horwitz, S., Chamberlain, L. J.
2014; 14 (2): 181-185
- **Geographical Rural Status and Health Outcomes in Pediatric Liver Transplantation: An Analysis of 6 Years of National United Network of Organ Sharing Data** *JOURNAL OF PEDIATRICS*
Park, K. T., Bensen, R., Lu, B., Nanda, P., Esquivel, C., Cox, K.
2013; 162 (2): 313-?
- **Effects of rural status on health outcomes in pediatric liver transplantation: A single center analysis of 388 patients** *PEDIATRIC TRANSPLANTATION*
Park, K. T., Nanda, P., Bensen, R., Strichartz, D., Esquivel, C., Cox, K.
2011; 15 (3): 300-305