

# Stanford

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## Rachel Bensen

Clinical Assistant Professor, Pediatrics - Gastroenterology

### CLINICAL OFFICES

- **Pediatric Gastroenterology**

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### Bio

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### CLINICAL FOCUS

- Pediatric Gastroenterology

### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Pediatrics - Gastroenterology

### PROFESSIONAL EDUCATION

- Residency: Stanford University Pediatric Residency (2010) CA
- Internship: Stanford University Pediatric Residency (2008) CA
- Medical Education: Rutgers Robert Wood Johnson Medical School (2007) NJ
- Board Certification: Pediatric Gastroenterology, American Board of Pediatrics (2015)
- Fellowship: Stanford University - Gastroenterology Department of Pediatrics (2014) CA
- Board Certification: Pediatrics, American Board of Pediatrics (2010)
- Fellowship, Lucile Packard Children's Hospital at Stanford , Pediatric Gastroenterology, Hepatology and Nutrition (2014)
- Fellowship, Clinical Excellence Research Center at Stanford University , Health care innovation (2014)
- Residency, Lucile Packard Children's Hospital at Stanford , Pediatrics (2010)
- MD, University of Medicine & Dentistry of New Jersey - Robert Wood Johnson Medical School , Medicine (2007)
- MPH, Mailman School of Public Health at Columbia University , Health Policy and Management (2002)
- BA, University of Pennsylvania , International Relations (1999)

### Research & Scholarship

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### CURRENT RESEARCH AND SCHOLARLY INTERESTS

My research focuses on improving health care delivery systems for children, adolescents and young adults with chronic illness and their families. I have particular interests in the development of chronic disease self-management skills, assessment of patient reported outcomes, the transition from pediatric to adult-oriented health care, and comprehensive programs to support families caring for a child with chronic illness.

## Publications

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### PUBLICATIONS

- **Diabetes Device Use in Adults With Type 1 Diabetes: Barriers to Uptake and Potential Intervention Targets.** *Diabetes care*  
Tanenbaum, M. L., Hanes, S. J., Miller, K. M., Naranjo, D., Bensen, R., Hood, K. K.  
2017; 40 (2): 181-187
- **Spanish and English Language Symposia to Enhance Activation in Pediatric Inflammatory Bowel Disease.** *Journal of pediatric gastroenterology and nutrition*  
Martin, M., Garcia, M., Christofferson, M., Bensen, R., Yeh, A. M., Park, K. T.  
2016; 63 (5): 508-511
- **Transitions in Pediatric Gastroenterology: Results of a National Provider Survey.** *Journal of pediatric gastroenterology and nutrition*  
Bensen, R., McKenzie, R. B., Fernandes, S. M., Fishman, L. N.  
2016; 63 (5): 488-493
- **Better health, less spending: Redesigning the transition from pediatric to adult healthcare for youth with chronic illness.** *Healthcare (Amsterdam, Netherlands)*  
Vaks, Y., Bensen, R., Steidtmann, D., Wang, T. D., Platchek, T. S., Zulman, D. M., Malcolm, E., Milstein, A.  
2016; 4 (1): 57-68
- **Legislative advocacy: evaluation of a grand rounds intervention for pediatricians.** *Academic pediatrics*  
Bensen, R., Roman, H., Bersamin, M., Lu, Y., Horwitz, S., Chamberlain, L. J.  
2014; 14 (2): 181-185
- **Geographical Rural Status and Health Outcomes in Pediatric Liver Transplantation: An Analysis of 6 Years of National United Network of Organ Sharing Data** *JOURNAL OF PEDIATRICS*  
Park, K. T., Bensen, R., Lu, B., Nanda, P., Esquivel, C., Cox, K.  
2013; 162 (2): 313-?
- **Effects of rural status on health outcomes in pediatric liver transplantation: A single center analysis of 388 patients** *PEDIATRIC TRANSPLANTATION*  
Park, K. T., Nanda, P., Bensen, R., Strichartz, D., Esquivel, C., Cox, K.  
2011; 15 (3): 300-305