



## Colette DeJong

- Clinical Instructor (Affiliated), Medicine - Med/Cardiovascular Medicine
- Staff, Medicine - Med/Cardiovascular Medicine

### CLINICAL OFFICE (PRIMARY)

- **Medicine**

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### Bio

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#### BIO

Dr. Colette DeJong is general cardiologist and health services researcher at the VA Palo Alto. A graduate of Brown University and the University of California, San Francisco School of Medicine, Dr. DeJong completed an internal medicine residency, chief residency, and fellowship in cardiovascular medicine at UCSF, as well as a two-year editorial fellowship at JAMA Internal Medicine and a research fellowship at the UCSF Center for Healthcare Value. Dr. DeJong's research focuses on improving access to effective cardiovascular therapies. She is interested in developing and evaluating novel strategies to improve care delivery, such as cardiovascular combination pills ("polypills"). Dr. DeJong served as the principal investigator of a pilot clinical trial of heart failure polypills at Zuckerberg San Francisco General Hospital.

#### CLINICAL FOCUS

- Cardiovascular Disease

#### HONORS AND AWARDS

- ACC/ABC Merck Research Fellowship Award, American College of Cardiology and Association of Black Cardiologists (2023)
- Housestaff Teaching Award for the Division of Cardiology, UCSF Division of Cardiology (2022)
- Daniel Ford Award (national award for health services and outcomes research by a medicine resident), Johns Hopkins Division of General Internal Medicine (2018)
- UCSF Gold-Headed Cane Society, UCSF School of Medicine (2017)
- Dean's Prize, UCSF School of Medicine (2017)
- Winner, National Medical Student Abstract Competition, American College of Physicians (2016)

#### BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Board of Trustees, UCSF Gold-Headed Cane Society (2023 - present)

#### PROFESSIONAL EDUCATION

- Board Certification: Cardiovascular Disease, American Board of Internal Medicine (2024)
- Fellowship: UCSF Dept of Cardiology (2024) CA

- Chief Residency, University of California San Francisco (2021)
- Residency: University of California San Francisco Internal Medicine Residency (2021) CA
- Board Certification: Internal Medicine, American Board of Internal Medicine (2020)
- Medical Education: University of California at San Francisco School of Medicine (2017) CA

## Publications

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### PUBLICATIONS

- **EARLY RESULTS OF THE COMBO-HF-X PILOT CROSSOVER TRIAL: DELIVERING QUADRUPLE THERAPY FOR HEART FAILURE WITH REDUCED EJECTION FRACTION IN A SINGLE CAPSULE IN A SAFETY NET HEALTHCARE SYSTEM**  
DeJong, C., Durstenfeld, M., Davis, J. D., Wang, C., Levkova, M., Schaffer, V., Riley, E., Huffman, M. D., Hickey, M., Shade, S., Chen, J. C., Steward, W., Kazi, et al  
ELSEVIER SCIENCE INC.2025: 1517
- **Delivering guideline-directed medical therapy for heart failure with reduced ejection fraction as an over-encapsulated polypill: rationale and protocol for the COMBO-HF-X pilot crossover randomised clinical trial.** *BMJ open*  
DeJong, C., Durstenfeld, M. S., Davis, J. D., Wang, C. S., Riley, E. D., Huffman, M. D., Hickey, M. D., Shade, S. B., Chen, J. C., Kazi, D. S., Grochowski, J., Steward, W. T., Zier, et al  
2025; 15 (3): e093663
- **Direct-to-Physician Marketing and Uptake of Optimal Medical Therapy for Heart Failure With Reduced Ejection Fraction.** *JACC. Heart failure*  
DeJong, C., Inoue, K., Durstenfeld, M. S., Agarwal, A., Chen, J. C., Tseng, C. W., Dudley, R. A., Hsue, P. Y., Kazi, D. S.  
2025
- **Prototyping and Manufacturing of Customized Over-Encapsulated Polypills for Heart Failure with Reduced Ejection Fraction in a Safety-Net Healthcare System.** *Journal of cardiac failure*  
DeJong, C., Durstenfeld, M. S., Davis, J., Wang, C. S., Chen, J., Kazi, D. S., Hickey, M. D., Grochowski, J., Steward, W. T., Riley, E. D., Zier, L. S., Moreau, N., Huffman, et al  
2025
- **New and future heart failure drugs.** *Nature cardiovascular research*  
Haghighat, L., DeJong, C., Teerlink, J. R.  
2024
- **Stakeholder Perspectives on a Heart Failure With Reduced Ejection Fraction Polypill: A Multi-Center Mixed Methods Study.** *Circulation. Cardiovascular quality and outcomes*  
Chen, J. C., DeJong, C., Agarwal, M., Hairston, A. M., Durstenfeld, M. S., McKay, V., Huffman, M. D., Hsue, P. Y., Agarwal, A.  
2024: e011121
- **Heart failure with preserved ejection fraction** *NATURE REVIEWS DISEASE PRIMERS*  
Hamo, C. E., DeJong, C., Hartshorne-Evans, N., Lund, L. H., Shah, S. J., Solomon, S., Lam, C. P.  
2024; 10 (1): 55
- **DIRECT-TO-PHYSICIAN MARKETING AND ADOPTION OF GUIDELINE-DIRECTED MEDICAL THERAPY IN MEDICARE PART D**  
DeJong, C., Inoue, K., Durstenfeld, M., Agarwal, A., Chen, J. C., Tseng, C., Dudley, R., Hsue, P. Y., Kazi, D.  
ELSEVIER SCIENCE INC.2024: 611
- **The Inflation Reduction Act and Out-of-Pocket Drug Costs for Medicare Beneficiaries With Cardiovascular Disease** *JOURNAL OF THE AMERICAN COLLEGE OF CARDIOLOGY*  
Kazi, D. S., DeJong, C., Chen, R., Wadhera, R. K., Tseng, C.  
2023; 81 (21): 2103-2111
- **Spending on Insulin by US Payers and Patients From 2008 to 2017** *DIABETES CARE*  
Chiu, N., Aggarwal, R., Hernandez, I., Wadhera, R., Dejong, C., Tseng, C., Yeh, R. W., Kazi, D. S.  
2022; 45 (11): E163-E164
- **A Pilot Program to Teach Pharmacy Students Practical Skills to Navigate Drug Insurance Benefits** *PHARMACY*  
Masuda, C., Huynh, T., Wong, V., DeJong, C., Tseng, C.

2022; 10 (1)

- **Patients' Compliance With Quarantine Requirements for Exposure or Potential Symptoms of COVID-19.** *Hawai'i journal of health & social welfare*  
Tseng, C., Roh, Y., DeJong, C., Kanagusuku, L. N., Soin, K. S.  
2021; 80 (11): 276-282
- **Tenofovir-based PrEP for COVID-19: an untapped opportunity?** *AIDS*  
DeJong, C., Spinelli, M. A., Okochi, H., Gandhi, M.  
2021; 35 (9): 1509-1511
- **Association Between Industry Marketing Payments and Prescriptions for PCSK9 (Proprotein Convertase Subtilisin/Kexin Type 9) Inhibitors in the United States** *CIRCULATION-CARDIOVASCULAR QUALITY AND OUTCOMES*  
Inoue, K., Figueroa, J. F., DeJong, C., Tsugawa, Y., Orav, E., Shen, C., Kazi, D. S.  
2021; 14 (5): e007521
- **Trends in the Use of Angiotensin-Converting Enzyme Inhibitor and Angiotensin-II Receptor Blocker Among United States Adults From 1999 to 2018** *ENDOCRINE PRACTICE*  
Inoue, K., DeJong, C., Nangaku, M.  
2021; 27 (5): 503-504
- **Deferral of Care for Serious Non-COVID-19 Conditions A Hidden Harm of COVID-19** *JAMA INTERNAL MEDICINE*  
DeJong, C., Katz, M. H., Covinsky, K.  
2021; 181 (2): 274
- **Multivessel or Culprit Vessel-Only Percutaneous Coronary Intervention for Patients With Acute Myocardial Infarction and Cardiogenic Shock Real-World Evidence in Support of CULPRIT-SHOCK** *JAMA INTERNAL MEDICINE*  
DeJong, C., Redberg, R. F.  
2020; 180 (10): 1280-1283
- **Out-of-Pocket Costs for Novel Guideline-Directed Diabetes Therapies Under Medicare Part D** *JAMA INTERNAL MEDICINE*  
DeJong, C., Masuda, C., Chen, R., Kazi, D. S., Dudley, R., Tseng, C.  
2020; 180 (12): 1696-1699
- **Inclusion Across the Lifespan in Cardiovascular Trials-A Long Road Ahead** *JAMA INTERNAL MEDICINE*  
DeJong, C., Covinsky, K.  
2020; 180 (11): 1533-1534
- **The Risks of Prescribing Hydroxychloroquine for Treatment of COVID-19-First, Do No Harm** *JAMA INTERNAL MEDICINE*  
DeJong, C., Wachter, R. M.  
2020; 180 (8): 1118-1119
- **An Ethical Framework for Allocating Scarce Inpatient Medications for COVID-19 in the US** *JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION*  
DeJong, C., Chen, A., Lo, B.  
2020; 323 (23): 2367-2368
- **Continuation of Angiotensin-Converting Enzyme Inhibitors and Angiotensin Receptor Blockers in the Face of Kidney Disease Progression-Safe and Possibly Life Saving** *JAMA INTERNAL MEDICINE*  
DeJong, C., Grant, R. W.  
2020; 180 (5): 727
- **Addressing Mistreatment in Medical Education** *JAMA INTERNAL MEDICINE*  
Thakkar, A. B., Dejong, C., Katz, M. H.  
2020; 180 (5): 665
- **Disclosure of Article Funding and Conflicts of Interest in High-Impact Clinical Journals** *JOURNAL OF GENERAL INTERNAL MEDICINE*  
Anderson, T. S., DeJong, C., Good, C. B., Gellad, W. F.  
2020; 35 (4): 1345-1347
- **Shining a Light on Industry Payments to Health Care Professionals Who Are Not Physicians** *JAMA INTERNAL MEDICINE*

- DeJong, C., Steinbrook, R.  
2019; 179 (10): 1432-1433
- **Assessment of National Coverage and Out-of-Pocket Costs for Sacubitril/Valsartan Under Medicare Part D** *JAMA CARDIOLOGY*  
DeJong, C., Kazi, D. S., Dudley, R., Chen, R., Tseng, C.  
2019; 4 (8): 828-830
  - **Supplemental Security Income and the Health of Low-Income Adults** *JAMA INTERNAL MEDICINE*  
DeJong, C., Katz, M. H.  
2019; 179 (6): 843-844
  - **Electrocardiographic Harbingers of Ventricular Tachycardia Arrest-A Moment of Pause** *JAMA INTERNAL MEDICINE*  
DeJong, C., Nishtala, A., Goldschlager, N.  
2019; 179 (2): 249-251
  - **Validation of Prediction Models for Critical Care Outcomes Using Natural Language Processing of Electronic Health Record Data.** *JAMA network open*  
Marafino, B. J., Park, M., Davies, J. M., Thombley, R., Luft, H. S., Sing, D. C., Kazi, D. S., DeJong, C., Boscardin, W. J., Dean, M. L., Dudley, R. A.  
2018; 1 (8): e185097
  - **Continuing Problems With Financial Conflicts of Interest and Clinical Practice Guidelines** *JAMA INTERNAL MEDICINE*  
DeJong, C., Steinbrook, R.  
2018; 178 (12): 1715
  - **Nationwide Coverage and Cost-Sharing for PCSK9 Inhibitors Among Medicare Part D Plans** *JAMA CARDIOLOGY*  
Kazi, D. S., Lu, C. Y., Lin, G. A., DeJong, C., Dudley, R., Chen, R., Tseng, C.  
2017; 2 (10): 1164-1166
  - **Reconsidering Physician-Pharmaceutical Industry Relationships** *JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION*  
DeJong, C., Dudley, R.  
2017; 317 (17): 1772-1773
  - **Medicare Part D Plans' Coverage and Cost-Sharing for Acute Rescue and Preventive Inhalers for Chronic Obstructive Pulmonary Disease** *JAMA INTERNAL MEDICINE*  
Tseng, C., Yazdany, J., Dudley, R., DeJong, C., Kazi, D. S., Chen, R., Lin, G. A.  
2017; 177 (4): 585-588
  - **Important Distinctions Concerning Pharmaceutical Company-Sponsored Meals and Prescribing Patterns Reply** *JAMA INTERNAL MEDICINE*  
DeJong, C., Tseng, C., Dudley, R.  
2016; 176 (12): 1881
  - **Pharmaceutical Industry-Sponsored Meals and Physician Prescribing Patterns for Medicare Beneficiaries** *JAMA INTERNAL MEDICINE*  
DeJong, C., Aguilar, T., Tseng, C., Lin, G. A., Boscardin, W., Dudley, R.  
2016; 176 (8): 1114-1122
  - **VARIATION IN QUALITY OF CARE PROVIDED DURING COMMERCIAL VIRTUAL VISITS IN URGENT CARE: A STANDARDIZED PATIENT AUDIT STUDY**  
Schoenfeld, A. J., Davies, J., Marafino, B., Dean, M. L., Dejong, C., Bardach, N., Kazi, D., Boscardin, W., Lin, G. A., Duseja, R., Mei, J., Mehrotra, A., Dudley, et al  
SPRINGER.2016: S466-S467
  - **Variation in Quality of Urgent Health Care Provided During Commercial Virtual Visits** *JAMA INTERNAL MEDICINE*  
Schoenfeld, A. J., Davies, J. M., Marafino, B. J., Dean, M., DeJong, C., Bardach, N. S., Kazi, D. S., Boscardin, W., Lin, G. A., Duseja, R., Mei, Y., Mehrotra, A., Dudley, et al  
2016; 176 (5): 635-642
  - **Incorporating a New Technology While Doing No Harm, Virtually** *JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION*  
DeJong, C., Lucey, C. R., Dudley, R.  
2015; 314 (22): 2351-2352

- **Websites That Offer Care Over the Internet Is There an Access Quality Tradeoff?** *JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION*  
DeJong, C., Santa, J., Dudley, R.  
2014; 311 (13): 1287-1288
- **Short Communication New HIV Infections at Southern New England Academic Institutions: Implications for Prevention** *AIDS RESEARCH AND HUMAN RETROVIRUSES*  
Chan, P. A., Kazi, S., Rana, A., Blazar, I., Dejong, C. C., Mayer, K. H., Huard, T. K., Carleton, K., Gillani, F., Alexander, N., Parillo, Z., Flanigan, T. P., Kantor, et al  
2013; 29 (1): 25-29