



Jenny Y. Mei

Clinical Assistant Professor, Obstetrics & Gynecology - Maternal Fetal Medicine

CLINICAL OFFICE (PRIMARY)

- **Obstetrics and Gynecology, Maternal Fetal Medicine Clinic**

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Bio

BIO

Jenny Mei grew up in Pleasanton, California in the San Francisco Bay Area and attended Yale University, where she graduated with a BS in Molecular, Cellular, and Developmental Biology. She attended David Geffen School of Medicine at University of California, Los Angeles. She stayed at UCLA for residency in OB/GYN followed by fellowship in Maternal-Fetal Medicine. She is excited to be a part of the MFM faculty at Stanford. Her research and clinical interests include hypertensive disorders of pregnancy, postpartum hypertension management, quality improvement, cardio-obstetrics, and labor management of medically complex pregnancies.

CLINICAL FOCUS

- Maternal-Fetal Medicine
- Obstetrics and Gynecology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Obstetrics & Gynecology - Maternal Fetal Medicine

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Patient Education Committee Member, Society of Maternal-Fetal Medicine (2023 - present)
- Patient Safety and Quality Improvement Committee Member, American College of Obstetrics and Gynecology (2022 - present)

PROFESSIONAL EDUCATION

- Fellowship: UCLA Maternal Fetal Medicine Fellowship (2024) CA
- Board Certification: Obstetrics and Gynecology, American Board of Obstetrics and Gynecology (2022)
- Residency: UCLA Medical Center Obstetrics and Gynecology Fellowships (2021) CA
- Medical Education: UCLA David Geffen School Of Medicine Registrar (2017) CA

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Postpartum hypertension

Cardio-obstetrics

Quality improvement

Publications

PUBLICATIONS

- **Remote blood pressure management for postpartum hypertension: a cost-effectiveness analysis.** *American journal of obstetrics & gynecology MFM*
Mei, J. Y., Hauspurg, A., Corry-Saavedra, K., Nguyen, T. A., Murphy, A., Miller, E. S.
2024; 6 (9): 101442
- **Standardized Clinical Assessment and Management Plan to Reduce Readmissions for Postpartum Hypertension.** *Obstetrics and gynecology*
Mei, J. Y., Corry-Saavedra, K., Nguyen, T. A., Murphy, A.
2023; 142 (2): 384-392
- **Clinical and demographic factors associated with increased risk of postpartum readmission among patients presenting to the emergency department by 6 weeks postpartum** *JOURNAL OF MATERNAL-FETAL & NEONATAL MEDICINE*
Corry-Saavedra, K., Murphy, A., Mei, J. Y.
2025; 38 (1): 2466210
- **Risk factors for emergency department visits and readmissions for postpartum hypertension.** *The journal of maternal-fetal & neonatal medicine : the official journal of the European Association of Perinatal Medicine, the Federation of Asia and Oceania Perinatal Societies, the International Society of Perinatal Obstetricians*
Mei, J. Y., Alexander, S., Munoz, H. E., Murphy, A.
2025; 38 (1): 2451662
- **Reproductive genetic carrier screening in pregnancy: improving health outcomes and expanding access.** *Journal of perinatal medicine*
Mei, J. Y., Platt, L. D.
2024; 52 (7): 688-695
- **Fetal and neonatal outcomes after "atypical findings" on cell-free fetal DNA screening.** *American journal of obstetrics & gynecology MFM*
Mei, J. Y., Murali, A., Nitka, A., Kang, S. H., Saitta, S. C., Han, C. S.
2024; 6 (8): 101410
- **Primary achalasia diagnosed during pregnancy: rare cause of nausea and vomiting.** *BMJ case reports*
Mei, J. Y., Mendoza, D., Gutierrez, M., Rao, R.
2024; 17 (6)
- **Triple-blind peer review in scientific publishing: a systematic review.** *American journal of obstetrics & gynecology MFM*
Polnaszek, B. E., Mei, J., Cheng, C., Punjala-Patel, A., Sawyer, K., Manuck, T. A., Bennett, T. A., Miller, E. S., Berghella, V.
2024; 6 (4): 101320
- **Smartwatch detection of new-onset monomorphic ventricular tachycardia in pregnancy.** *BMJ case reports*
Mei, J. Y., Xu, L., Nguyen, T. A.
2024; 17 (2)
- **Evaluating Standard of Care and Obstetrical Outcomes in a Reduced Contact Prenatal Care Model in the COVID-19 Pandemic.** *Maternal and child health journal*
Mei, J. Y., Bernstein, M. E., Patton, E., Duong, H. L., Negi, M.
2024; 28 (2): 287-293
- **Hypertensive complications of pregnancy: Hepatic consequences of preeclampsia through HELLP syndrome.** *Clinical liver disease*
Mei, J. Y., Afshar, Y.

2023; 22 (6): 195-199

- **Can prenatal ultrasound predict adverse neonatal outcomes in SARS-CoV-2-affected pregnancies?** *American journal of obstetrics & gynecology MFM*
Mei, J. Y., Mok, T., Cambou, M. C., Fuller, T., Fajardo, V. M., Kerin, T., Han, C. S., Nielsen-Saines, K., Rao, R.
2023; 5 (9): 101028
- **Group B Streptococcus in Pregnancy.** *Obstetrics and gynecology clinics of North America*
Mei, J. Y., Silverman, N. S.
2023; 50 (2): 375-387
- **Twin Vaginal Deliveries in Labor Rooms: A Cost-Effectiveness Analysis.** *American journal of perinatology*
Mei, J. Y., Mallampati, D., Pluym, I. D., Han, C. S., Afshar, Y.
2023; 40 (3): 290-296
- **Pregnancy and Pulmonary Hypertension: From Preconception and Risk Stratification Through Pregnancy and Postpartum.** *Heart failure clinics*
Mei, J. Y., Channick, R. N., Afshar, Y.
2023; 19 (1): 75-87
- **Preferences and comfort of maternal fetal medicine fellows in the United States with operative vaginal deliveries.** *The journal of maternal-fetal & neonatal medicine : the official journal of the European Association of Perinatal Medicine, the Federation of Asia and Oceania Perinatal Societies, the International Society of Perinatal Obstetricians*
Rose, K., Mei, J., Kwan, L., Pluym, I. D., Han, C. S., Afshar, Y.
2022; 35 (17): 3238-3243
- **Pregnancy care in solid organ transplant recipients.** *International journal of gynaecology and obstetrics: the official organ of the International Federation of Gynaecology and Obstetrics*
Kallapur, A., Jang, C., Yin, O., Mei, J. Y., Afshar, Y.
2022; 157 (3): 502-513
- **Extracorporeal membrane oxygenation in pregnancy: a bridge to delivery and pulmonary recovery for COVID-19-related severe respiratory failure.** *American journal of obstetrics and gynecology*
Yin, O., Richley, M., Hadaya, J., Mei, J., Mok, T., Fahim, M., Pluym, I. D., Rao, R., Martin, C., Han, C. S., Benharash, P., Afshar, Y.
2022; 226 (4): 571-576.e5
- **Rates of Cesarean Conversion and Associated Predictors and Outcomes in Planned Vaginal Twin Deliveries.** *American journal of perinatology*
Mei, J. Y., Muñoz, H. E., Kim, J. S., Szlachta-McGinn, A., Blat, C., Rao, R., Han, C. S., Irani, R. A., Afshar, Y.
2022; 39 (6): 601-608
- **Neutralizing Monoclonal Antibodies for Coronavirus Disease 2019 (COVID-19) in Pregnancy: A Case Series.** *Obstetrics and gynecology*
Richley, M., Rao, R. R., Afshar, Y., Mei, J., Mok, T., Vijayan, T., Weinstein, S., Pham, C. U., Madamba, J., Shin, C. S., Suda, D., Han, C. S.
2022; 139 (3): 368-372
- **The systemic inflammatory landscape of COVID-19 in pregnancy: Extensive serum proteomic profiling of mother-infant dyads with in utero SARS-CoV-2.** *Cell reports. Medicine*
Foo, S. S., Cambou, M. C., Mok, T., Fajardo, V. M., Jung, K. L., Fuller, T., Chen, W., Kerin, T., Mei, J., Bhattacharya, D., Choi, Y., Wu, X., Xia, et al
2021; 2 (11): 100453
- **Ultrasound for the Pregnant Person With Diabetes.** *Clinical obstetrics and gynecology*
Mei, J. Y., Han, C. S.
2021; 64 (1): 144-158
- **May-Thurner syndrome in pregnancy: a multi-institutional case series and review of the literature.** *American journal of obstetrics & gynecology MFM*
Mei, J. Y., Deshmukh, U., Negi, M., Campbell, K., Paidas, M. J., Platt, L. D., Silverman, N. S., Han, C. S.
2020; 2 (4): 100240
- **Gender representation of speakers at the Society for Maternal-Fetal Medicine postgraduate courses: a 20-year review.** *American journal of obstetrics & gynecology MFM*
Mei, J. Y., Negi, M., Han, C. S., Rao, R., Krakow, D., Afshar, Y.

2020; 2 (3): 100131

- **Vaginal birth after cesarean: Does accuracy of predicted success change from prenatal intake to admission?** *American journal of obstetrics & gynecology MFM*
Ha, T. K., Rao, R. R., Maykin, M. M., Mei, J. Y., Havard, A. L., Gaw, S. L.
2020; 2 (2): 100094
- **Transverse versus vertical skin incision for planned cesarean hysterectomy: does it matter?** *BMC pregnancy and childbirth*
Szlachta-McGinn, A., Mei, J., Tabsh, K., Afshar, Y.
2020; 20 (1): 65
- **First-Trimester Ultrasound.** *Obstetrics and gynecology clinics of North America*
Mei, J. Y., Afshar, Y., Platt, L. D.
2019; 46 (4): 829-852
- **Impact of obesity class on trial of labor after cesarean success: does pre-pregnancy or at-delivery obesity status matter?** *Journal of perinatology : official journal of the California Perinatal Association*
Mei, J. Y., Havard, A. L., Mularz, A. J., Maykin, M. M., Gaw, S. L.
2019; 39 (8): 1042-1049
- **Birth Plans and Childbirth Education: What Are Provider Attitudes, Beliefs, and Practices?** *The Journal of perinatal education*
Afshar, Y., Mei, J., Fahey, J., Gregory, K. D.
2019; 28 (1): 10-18
- **Impact of Gestational Weight Gain on Trial of Labor after Cesarean Success.** *American journal of perinatology*
Mei, J. Y., Havard, A. L., Mularz, A. J., Maykin, M. M., Gaw, S. L.
2018
- **Female Caudal Duplication Syndrome: A Surgical Case Report With 10-Year Follow-up and Review of the Literature.** *Female pelvic medicine & reconstructive surgery*
Mei, J. Y., Nguyen, M. T., Raz, S.
2018; 24 (4): e16-e20
- **Birth plans-Impact on mode of delivery, obstetrical interventions, and birth experience satisfaction: A prospective cohort study.** *Birth (Berkeley, Calif.)*
Afshar, Y., Mei, J. Y., Gregory, K. D., Kilpatrick, S. J., Esakoff, T. F.
2018; 45 (1): 43-49
- **A Case of Fulminant Endophthalmitis.** *Clinical infectious diseases : an official publication of the Infectious Diseases Society of America*
Mei, J. Y., Nomura, J., Eichorn, K., Novak-Weekley, S.
2017; 65 (3): 527-528
- **Influence of graft source and configuration on revision rate and patient-reported outcomes after MPFL reconstruction: a systematic review and meta-analysis.** *Knee surgery, sports traumatology, arthroscopy : official journal of the ESSKA*
Weinberger, J. M., Fabricant, P. D., Taylor, S. A., Mei, J. Y., Jones, K. J.
2017; 25 (8): 2511-2519
- **Implications of intrapartum azithromycin on neonatal microbiota.** *The Lancet. Infectious diseases*
Mei, J., Harter, K., Danhaive, O., Seidman, D., Vargas, J.
2017; 17 (3): 253-254
- **Childbirth Education Class and Birth Plans Are Associated with a Vaginal Delivery.** *Birth (Berkeley, Calif.)*
Afshar, Y., Wang, E. T., Mei, J., Esakoff, T. F., Pisarska, M. D., Gregory, K. D.
2017; 44 (1): 29-34
- **The Relationship of Anterior Vaginal and Apical Position to Postvoid Residual Urine.** *Female pelvic medicine & reconstructive surgery*
Wong, K. S., Mei, J. Y., Wieslander, C. K., Tarnay, C. M.
2017; 23 (5): 310-314
- **Birth Plans: What Matters for Birth Experience Satisfaction.** *Birth (Berkeley, Calif.)*
Mei, J. Y., Afshar, Y., Gregory, K. D., Kilpatrick, S. J., Esakoff, T. F.

2016; 43 (2): 144-50

PRESENTATIONS

- A Standardized Clinical Assessment and Management Plan (SCAMP) Reduces Readmissions in Postpartum Hypertension - Society of Maternal-Fetal Medicine
- Birth Experience Satisfaction as a Function of Requests and Fulfillment Among Birth Plan Mothers - American College of Obstetrics and Gynecology