Stanford

Yoel Green, MD

Clinical Assistant Professor, Psychiatry and Behavioral Sciences - Sleep Medicine

CLINICAL OFFICE (PRIMARY)

- **Sleep Medicine Center**

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Bio

BIO

Dr. Yoel Green is a board-certified, fellowship-trained sleep medicine specialist at Stanford Health Care. He also serves as a clinical assistant professor in the Department of Psychiatry and Behavioral Sciences, Division of Sleep Medicine at Stanford University School of Medicine.

Dr. Green specializes in the diagnosis and treatment of sleep disorders, including narcolepsy, parasomnias, and obstructive sleep apnea (OSA). He also diagnoses and treats sleep-wake cycle disorders and restless legs syndrome (RLS). He integrates sleep data with patients' lived experience to provide clear, personalized care.

Dr. Green's research focuses on improving the diagnosis and treatment of sleep disorders. His work has appeared in peer-reviewed journals such as Biological Psychiatry and SLEEP. He has authored textbook chapters and presented at national meetings, including the American Psychiatric Association (APA) Annual Meeting.

Dr. Green is a member of the American Academy of Sleep Medicine, the APA, and the Canadian Sleep Society.

CLINICAL FOCUS

- Sleep Medicine

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences - Sleep Medicine

HONORS AND AWARDS

- Dr. Paul Patterson Resident Award, Psychiatry Department, Western University (2024)
- Chief Psychiatry Resident, Western University (2021-2022)
- Certificate of Outstanding Achievement in Postgraduate Education, Psychiatry Department, Western University (2020-2021)

- Certificate of Outstanding Achievement in Undergraduate Education, Psychiatry Department, Western University (2020-2021)
- U Sports (CIS) Academic All-Canadian, York University (2014-2015)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, American Academy of Sleep Medicine (2023 - present)
- Member, American Psychiatric Association (2023 - present)
- Member, Canadian Sleep Society (2023 - present)

PROFESSIONAL EDUCATION

- Board Certification: Sleep Medicine, American Board of Psychiatry and Neurology (2025)
- Board Certification: Psychiatry, Royal College of Physicians and Surgeons of Canada (2024)
- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2024)
- Fellowship: Stanford Department of Psychiatry and Behavioral Sciences
- Residency: Western University (2024) Canada
- Medical Education: University of Ottawa School of Medicine (2019) Canada

LINKS

- Google Scholar: https://scholar.google.com/citations?user=UaYVP0cAAAAJ
- Psychiatric News (2025): Why narcolepsy is often missed, and how to spot it (quoted): https://doi.org/10.1176/appi.pn.2025.12.12.7

Publications

PUBLICATIONS

- **The Clinical Impact of Periodic Limb Movements During Sleep (PLMS): Under-Recognition in Sleep Disordered Breathing and Associations with Key Clinical Outcomes in 481,857 Patients.** *Sleep*
  Green, Y. D., Cederberg, K. L., Moore I V, H., Ferri, R., Gimenez, U., Hanif, U., Mignot, E.
  2026
- **Kleine-Levin Syndrome and Emergent Manic Symptoms in a Young Patient After Ramelteon Initiation: A Case Report**
  Green, Y., Mignot, E.
  OXFORD UNIV PRESS INC.2025: A627-A628
- **From Foot-Bread to Flip-Flop Circuits: What History Can Teach Us About Sleep and How to Treat It.** *Biological psychiatry*
  Green, Y. D., Green, Y. S., Yau, B. N., Ross, D. A.
  2023; 94 (8): e29-e31
- **A Survey of Knowledge and Attitudes of Nurses About Pain Management in End-Stage Liver Disease in a Geriatric Palliative Care Unit.** *The American journal of hospice & palliative care*
  Perri, G. A., Yeung, H., Green, Y., Bezant, A., Lee, C., Berall, A., Karuza, J., Khosravani, H.
  2018; 35 (1): 92-99

PRESENTATIONS

- Sleep's Hidden Impact: Managing Sleep Disturbances in Psychiatric Disorders - American Psychiatric Association Annual Meeting (May 2025)
- Sleepless in C-L! An Integrative Approach to Treating Insomnia in the Consultation-Liaison Setting - Academy of Consultation-Liaison Psychiatry Annual Meeting (November 2024)
- Late Night Kicks: A Study on Delayed Sleep and Periodic Limb Movements - SLEEP 2026, Annual Meeting of the Associated Professional Sleep Societies (June 2026)
- (Meno)Pause the Presses: Is the STOP-BANG Score Good Enough for Women? - SLEEP 2026, Annual Meeting of the Associated Professional Sleep Societies (June 2026)