



Katherine T. Ward, MD

Clinical Professor, Medicine - Primary Care and Population Health

CLINICAL OFFICE (PRIMARY)

- **Stanford Senior Care**

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Bio

BIO

Dr. Ward is a board-certified, fellowship-trained geriatrician with Stanford Senior Care in Palo Alto, California. She is also board certified in hospice and palliative medicine and internal medicine. Dr. Ward is a clinical professor of medicine and clinical chief of the Geriatrics Section in the Department of Medicine, Division of Primary Care and Population Health at Stanford University School of Medicine.

She specializes in many facets of care for older adults, including internal medicine, dementia care, and palliative care. Dr. Ward uses her extensive experience to teach and implement best practices in nursing home care, geriatric assessment, and care transitions for older adults.

Dr. Ward's research interests include early detection of dementia in vulnerable populations, dementia care support programs, and geriatric assessment in diverse populations.

She has published her research in peer-reviewed journals including *The American Journal of Geriatric Pharmacotherapy*; *The Journal of Nutrition, Health & Aging*; and *the Journal of Palliative Medicine*. She has served as an ad hoc reviewer for several journals, including *Geriatrics*. She has also presented posters at annual meetings of the American Geriatrics Society and the Society of General Internal Medicine.

Dr. Ward is a member of the American College of Physicians and the American Geriatrics Society.

CLINICAL FOCUS

- Internal Medicine
- Geriatric Medicine

ACADEMIC APPOINTMENTS

- Clinical Professor, Medicine - Primary Care and Population Health

HONORS AND AWARDS

- Best Consultant Award, Doctor's Day, Harbor-UCLA Medical Center
- Arthur Cherkin Award, University of California, Los Angeles-Veterans Affairs (UCLA-VA) Geriatric Medicine Fellowship
- Faculty of the Year Award, UCLA-VA Geriatric Medicine Fellowship
- John A. Benson Jr., M.D. Humanism Award, Oregon Health & Science University Department of Medicine
- ROSE (Recognizing Outstanding Service Excellence) Award, Oregon Health & Science University
- MD with Distinction in Community Service Award, Saint Louis University School of Medicine
- Robert H. Felix Dean's Staff Award, Saint Louis University School of Medicine
- John A. Hartford Medical Student Geriatric Scholars Award, Saint Louis University School of Medicine and the American Federation of Aging Research

PROFESSIONAL EDUCATION

- Board Certification: Hospice and Palliative Medicine, American Board of Internal Medicine (2012)
- Board Certification: Geriatric Medicine, American Board of Internal Medicine (2002)
- Board Certification: Internal Medicine, American Board of Internal Medicine (2001)
- Fellowship: University of California, Los Angeles; UCLA Division of Geriatrics (2002) CA
- Residency: Oregon Health and Science University Internal Medicine Residency (2001) OR
- Medical Education: Saint Louis University (1998) MO

Publications

PUBLICATIONS

- **Informing Dementia Support Programs That Serve Low-Income, Multilingual Communities in a Safety Net Health System: Use of Focus Groups to Identify Specific Needs.** *Geriatrics (Basel, Switzerland)*
Pak, A., Demanes, A., Wu, S., Ward, K., Hess, M.
2024; 9 (2)
- **Geriatric Assessment** *Comprehensive geriatric assessment*
Ward, K. T., Reuben, D. B.
UpToDate.2022
- **Systematic Review of Dementia Support Programs with Multicultural and Multilingual Populations.** *Geriatrics (Basel, Switzerland)*
Demanes, A., Ward, K. T., Wang, A. T., Hess, M.
2021; 7 (1)
- **Staffing in California Public Hospital Palliative Care Clinics: A Report from the California Health Care Foundation Palliative Care in Public Hospitals Learning Community.** *Journal of palliative medicine*
Rabow, M. W., Parrish, M., Kinderman, A., Freedman, J., Harris, H., Cox, D., Liao, S., Yu, K., Ward, K., Landau, C., Kerr, K.
2021; 24 (7): 1045-1050
- **Teaching Geriatrics and Transitions of Care to Internal Medicine Resident Physicians.** *Geriatrics (Basel, Switzerland)*
Wu, S., Jackson, N., Larson, S., Ward, K. T.
2020; 5 (4)
- **Exploring system, site, and patient level factors affecting implementation of a dementia care support program in a safety net health system**
Hedmann, M. G., Andrade, E. A., Schickedanz, H. B., Ward, K., SEGAL-GIDAN, F., Hess, M.
WILEY.2020: S241
- **Methods for overcoming barriers in palliative care for ethnic/racial minorities: a systematic review.** *Palliative & supportive care*
Mayeda, D. P., Ward, K. T.

2019; 17 (6): 697-706

- **Geriatric Assessment in Multicultural Immigrant Populations.** *Geriatrics (Basel, Switzerland)*
Ward, K. T., Hess, M., Wu, S.
2019; 4 (3)
- **A New Curriculum in Geriatrics and Transitions of Care for Vulnerable Elderly for Internal Medicine Residents**
Wu, S., Ward, K. T., Jackson, N., Lee, M.
WILEY-BLACKWELL.2016: S48
- **THE USE OF EVIDENCE-BASED PROGRAMS FOR OLDER ADULTS IN UNDER-RESOURCED COMMUNITIES IN LOS ANGELES COUNTY**
Brown, A. F., Seeman, T., Ward, K., Kuo, T., Ramirez, K., Lynn Phan Vo, Vassar, S. D., Sankare, I., Martinez, A., Pritzker, S.
SPRINGER.2016: S435-S436
- **When Physician Family Members Are Involved in Patients' Care.** *American family physician*
Chandra, A., Bharadwaj, P., Ward, K. T.
2016; 93 (5): 388-91
- **alliative Care for Dementia Patients: Practical Tips for Home Based Programs**
Bharadwaj, P., Chandra, A., Fitzgerald, G., Ward, K.
National Hospice and Palliative Care Organization.
2016
- **Aspiration Pneumonia in the Geriatric Population** *CURRENT GERIATRICS REPORTS*
Ward, K. T., Nam, S., Cook, E.
2015; 4 (2): 202-209
- **Do internal medicine residents know enough about skilled nursing facilities to orchestrate a good care transition?** *Journal of the American Medical Directors Association*
Ward, K. T., Eslami, M. S., Garcia, M. B., McCreath, H. E.
2014; 15 (11): 841-3
- **Care Transitions** *The Wave*
Ward, K. T.
2012
- **Palliative sedation for a patient with terminal illness.** *American family physician*
Bharadwaj, P., Ward, K. T.
2011; 83 (9): 1094-6
- **Lack of Knowledge of Skilled Nursing (SNF) Care by Internal Medicine Residents**
Eslami, M. S., Ward, K. T., McCreath, H. E.
American Medical Directors Association.
2010
- **Revisiting the Use of Percutaneous Endoscopic Gastrostomy tubes in Patients with Advanced Dementia** *Palliative Care: Research and Treatment*
Ward, K. T., Hamilton, E. L., Bharadwaj, P.
2009
- **Testing the effect of specific orders to provide oral liquid nutritional supplements to nursing home residents: a quality improvement project.** *The journal of nutrition, health & aging*
Whiteman, E., Ward, K., Simmons, S. F., Sarkisian, C. A., Moore, A. A.
2008; 12 (9): 622-5
- **Addressing delays in medication administration for patients transferred from the hospital to the nursing home: a pilot quality improvement project.** *The American journal of geriatric pharmacotherapy*
Ward, K. T., Bates-Jensen, B., Eslami, M. S., Whiteman, E., Dattoma, L., Friedman, J. L., DeCastro Mariano, J., Moore, A. A.
2008; 6 (4): 205-11
- **Ethical considerations of patients with pacemakers.** *American family physician*

Bharadwaj, P., Ward, K. T.
2008; 78 (3): 398-9

- **Risks of combined alcohol/medication use in older adults.** *The American journal of geriatric pharmacotherapy*
Moore, A. A., Whiteman, E. J., Ward, K. T.
2007; 5 (1): 64-74