

# Stanford

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## Marina Pouliadi

Postdoctoral Scholar, Psychiatry

### Bio

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#### BIO

I am a Specialist Counselling Psychologist, with extensive experience in working with adults, adolescents, and children diagnosed with Eating Disorders. I have been trained in a variety of psychological approaches for the treatment of Anorexia Nervosa, Bulimia Nervosa, Binge-Eating Disorder, and other non-specified Eating Disorders, during my doctoral studies. My research interests lie within mechanisms of change in evidence-based treatments for this population. I am also investigating helpful and hindering treatment experiences of patients that receive first-line models for the treatment of Eating Disorders. As a Postdoctoral Scholar in the department of Child and Adolescent Psychiatry, I aim to explore different aspects of parental emotion regulation within the context of Family-Based Therapy for Anorexia Nervosa.

#### BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Registered Psychotherapist, BACP (2021 - present)
- Practitioner Counselling Psychologist, HCPC (2023 - present)

#### PROFESSIONAL EDUCATION

- Bachelor of Arts, American College Of Greece, Deree (2016)
- Doctor of Psychology, Unlisted School (2023)
- PsyD, University of Roehampton, London, U.K. , Counselling Psychology (2023)
- PgDip, Institute of Family Therapy, London, U.K. , Child-Focused Systemic Practice (2019)
- BSc, The American College of Greece, Athens, Greece , Psychology (2016)

#### STANFORD ADVISORS

- James Lock, Postdoctoral Faculty Sponsor