



Apurva Bhatt

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

CLINICAL OFFICE (PRIMARY)

- **Dept of Psychiatry and Behavioral Sciences**

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Bio

BIO

Apurva Bhatt, M.D., is a child, adolescent and adult psychiatrist and Clinical Assistant Professor at Stanford University School of Medicine. Her role spans the General Adult Psychiatry Division, Child Psychiatry Division, and Center for Youth Mental Health and Wellbeing Division.

Dr. Bhatt specializes in early psychosis evaluation and treatment. She currently provides clinical care in both the Lucille Packard Children's Hospital Child INSPIRE early psychosis clinic and the Stanford Health Care INSPIRE clinic. She contributes to early psychosis program development in California (through EPI-CAL) and nationally (through PEPPNET/Westat). She is also co-chair of the American Academy of Child and Adolescent Psychiatry Adolescent Psychiatry Committee and Early Psychosis work group.

Dr. Bhatt provides school clinical consultations for the Redwood City School District through the Stanford Redwood City Sequoia School Mental Health Collaborative. She also provides clinical consultations to schools in the Los Altos School district, and supervises child and adolescent psychiatry fellows providing consultation to Los Altos, Redwood City, and Mountain View schools.

Dr. Bhatt's research interests include early psychosis measurement instruments in pediatric populations, Asian American and South Asian youth mental health, and prevention of youth suicide by firearm. She enjoys teaching and mentoring students and trainees, and currently is a mentor through the American Academy of Child and Adolescent Psychiatry and the American Psychiatric Association's FLIPP program.

CLINICAL FOCUS

- Psychiatry
- Affective Psychosis, Bipolar
- Schizophrenia Spectrum and Other Psychotic Disorders
- Child Psychiatry
- Schizophrenia, Childhood
- Schizophreniform Disorder

- School Mental Health Services
- Gun Violence

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

ADMINISTRATIVE APPOINTMENTS

- Contributing Editor, Journal of the American Academy of Child and Adolescent Psychiatry Editorial Board, (2023-2025)
- Early Career Psychiatrist (ECP) Member, California Academy of Child and Adolescent Psychiatry Executive Committee (CALACAP), (2023- present)
- National Trainee member, American Academy of Child & Adolescent Psychiatry (AACAP)-Adolescent Psychiatry Committee, (2019-2023)
- Child Psychiatry Fellow Representative, University of California Davis Behavioral Health Pharmacist Services Expansion Work Group, (2022-2023)
- Fellow-In-Training member of Executive Committee, Central California Regional Organization of Child & Adolescent Psychiatry, (2022-2023)
- Early Psychosis Work Group Co-Chair, American Academy of Child & Adolescent Psychiatry (AACAP), (2021- present)
- Executive Director, Sojourner Health Clinic (University of Missouri-Kansas City medical student-run free health clinic), (2014-2016)
- Clinic Manager, Sojourner Health Clinic (University of Missouri-Kansas City medical student-run free health clinic), (2013-2014)
- Clinic Public Relations Officer, Sojourner Health Clinic (University of Missouri-Kansas City medical student-run free health clinic), (2012-2013)

HONORS AND AWARDS

- 2023 Peter Henderson MD Fellowship Award for the best published paper in child psychiatry, American Association of Directors of Psychiatric Residency Training (AADPRT) (2023)
- Certificate of Reviewing (in recognition of reviews contributed), Journal of the American Academy of Child and Adolescent Psychiatry & Elsevier (2023)
- The Wasserman Education Fund Award, California Academy of Child and Adolescent Psychiatry (2023)
- American Academy of Child & Adolescent Psychiatry Educational Outreach Program Award, American Academy of Child & Adolescent Psychiatry (2022)
- Tupin Resident Scholars Research award, University of California Davis (2022)
- Department of Psychiatry Award for Excellence in Psychotherapy, University of Missouri-Kansas City (2021)
- Inducted into Gold Humanism Honor Society, University of Missouri-Kansas City School of Medicine (2021)
- Best Resident Poster in Patient Oriented Care category at the APA Annual Meeting 2020, American Psychiatric Association (2020)
- Department of Psychiatry Resident of the Year Award, University of Missouri-Kansas City Department of Psychiatry (2020)
- 1st place award in acrylic painting category, American Psychiatric Association Annual Meeting Art Exhibit (2019)
- 2nd place award for painting and presentation, Kansas City Osler Society Medical Humanities Competition (2019)
- Department of Psychiatry Award for Best Case Conference Presentation, University of Missouri-Kansas City (2019)
- Honorable Mention for poster presentation, Missouri Psychiatric Physicians Association (2019)
- Second place award for poster presentation, Missouri Psychiatric Physicians Association (2019)
- American Psychiatric Association Summer Mentor Fellowship Award, American Psychiatric Association (2016)
- American Psychiatric Association Minority Medical Student Award, American Psychiatric Association (2015)
- Brook Nelson Award Recipient for Exceptional Leadership in Sojourner Health Clinic, University of Missouri-Kansas City School of Medicine (2014)
- Health Sciences Research Summit 3rd place award for poster presentation, University of Missouri-Kansas City (2014)
- Dan Purdom MD Award Recipient for Exceptional Commitment to Sojourner Health Clinic, University of Missouri-Kansas City School of Medicine (2013)
- Dean's Scholarship Recipient, University of Missouri-Kansas City School of Medicine (2013)
- Chicago's Prestigious Daily Herald Leadership Team, Daily Herald Newspaper (2009)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Chair of Adolescent Psychiatry Committee, American Academy of Child and Adolescent Psychiatry (2023 - present)
- Co-Chair of Early Psychosis work group, American Academy of Child and Adolescent Psychiatry (2023 - present)

PROFESSIONAL EDUCATION

- Undergraduate and Medical School, University of Missouri-Kansas City School of Medicine , 6-year combined BLA/MD program (2017)
- Fellowship: UC Davis Dept of Psychiatry and Behavioral Sciences (2023) CA
- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2022)
- Residency: University of Missouri-Kansas City (2021) MO

Publications

PUBLICATIONS

- **Breaking the Silence: An Epidemiological Report on Asian American and Pacific Islander Youth Mental Health and Suicide (1999-2021).** *Child and adolescent mental health*
Reyes, M. P., Song, I., Bhatt, A.
2024
- **TRAUMA, PSYCHOSIS, AND SYSTEMS-INVOLVED YOUTH: OPPORTUNITIES FOR EARLY INTERVENTION**
Bhatt, A., Folk, J. B.
ELSEVIER SCIENCE INC.2023: S351-S352
- **BEYOND THE BASICS: PRESCRIBING PRACTICES AND CLINICAL CHALLENGES IN EARLY PSYCHOSIS**
Bhatt, A., Elberg, Z., Malik, S., Zajac, J. L.
ELSEVIER SCIENCE INC.2023: S109
- **UNRAVELING THE OVERLAP: NAVIGATING THE DIAGNOSTIC CHALLENGES BETWEEN ASD AND PSYCHOSIS SPECTRUM DISORDERS**
Bhatt, A., Gupta, A.
ELSEVIER SCIENCE INC.2023: S104
- **Rising Rates of Adolescent Firearm Suicide and the Clinician's Role in Addressing Firearms.** *Journal of the American Academy of Child and Adolescent Psychiatry*
Bhatt, A., Gonzales, H., Pallin, R., Barnhorst, A.
2023; 62 (6): 614-617
- **DIAGNOSTIC, SYSTEMS-LEVEL, AND TREATMENT ADVANCES IN CLINICAL HIGH RISK FOR PSYCHOSIS**
Bhatt, A., Mayanil, T.
ELSEVIER SCIENCE INC.2022: S83-S84
- **BEYOND THE BASICS: PRESCRIBING PRACTICES AND CLINICAL CHALLENGES IN EARLY**
Elberg, Z., Bhatt, A., Malik, S., Zajac, J.
ELSEVIER SCIENCE INC.2022: S73-S74
- **Adolescent Suicide-Understanding Unique Risks and Opportunities for Trauma Centers to Recognize, Intervene, and Prevent a Leading Cause of Death.** *Current trauma reports*
Hink, A. B., Killings, X., Bhatt, A., Ridings, L. E., Andrews, A. L.
2022; 8 (2): 41-53
- **EXPLORING TRENDS IN PEDIATRIC PHENCYCLIDINE USE IN THE USA: A RETROSPECTIVE ANALYSIS USING BIG DATA**
Patel, R., Bhatt, A., Depala, K., Sahil, S., Abbass, Z.
ELSEVIER SCIENCE INC.2021: S231-S232
- **GUN LAWS AND YOUTH SUICIDE BY FIREARMS SYMPOSIUM: WHAT THE CLINICIAN NEEDS TO KNOW**
Bhatt, A., Barnhorst, A.
ELSEVIER SCIENCE INC.2021: S262

- **ONE EXAMPLE STATE: THE IMPACT OF MISSOURI'S FIREARM LAW CHANGES ON RATES OF YOUTH SUICIDE BY FIREARMS**
Bhatt, A.
ELSEVIER SCIENCE INC.2021: S263
- **Association of Changes in Missouri Firearm Laws With Adolescent and Young Adult Suicides by Firearms.** *JAMA network open*
Bhatt, A., Wang, X., Cheng, A. L., Morris, K. L., Beyer, L., Chestnut, A., Steigerwalt, K., Metzner, J.
2020; 3 (11): e2024303
- **SUICIDE AND HOMICIDE BY FIREARMS IN YOUNG MISSOURI RESIDENTS, AND CHANGES IN MISSOURI FIREARM POLICY FROM 1999-2018**
Bhatt, A., Abbass, Z., Beyer, L., Morris, K. L.
ELSEVIER SCIENCE INC.2020: S183-S184