



Nikki Duong

Clinical Assistant Professor, Medicine - Gastroenterology & Hepatology

CLINICAL OFFICE (PRIMARY)

- **Digestive Health Center Emeryville**

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Bio

BIO

Dr. Duong is a general and transplant hepatologist, and board-certified gastroenterologist, who specializes in caring for patients with chronic liver disease, viral hepatitis, fatty liver, autoimmune disorders, hepatocellular cancer and cirrhosis.

Raised by immigrant parents, he understands first-hand the complexities surrounding access to care and social determinants of health. To that end, he strives to provide outstanding evidence-based care to every patient. He has been praised for his communication skills, empathy, enthusiasm and bedside manner. To him, every patient has a unique story and comes from different walks of life. Building life-long relationships with his patients brings him joy and continues to motivate him to do better each and every day. He believes in the principle of "cura personalis" which means "care for the person." He believes that the best medical care happens when a provider takes a step back and understands the bigger picture, thinks outside of the box, is open-minded, and marries the knowledge of science and technology with integrity and humanism.

He has also dedicated his early career to being a beacon for LGBTQIA+ providers and patients, in addition to mentoring and training the next generation of gastroenterologists and hepatologists. He was one of the founding members, and current executive board member of Rainbows in Gastro. This is a national affinity group that serves as a platform for research, mentorship, and community advocacy. He has shared his experiences as an "out" trainee, patient, and provider and has given talks at local and national levels. He also has a particular interest in medical education and publishing about the fellowship match process providing trainees with tips on how to match, interview, and network.

He is a former AASLD Emerging Liver Scholar and is currently an active member of the ACG training committee. During his fellowship, he published over 20 peer-reviewed manuscripts and was awarded the "Outstanding Fellow Scholar Award."

Originally from the east coast, Dr. Duong is enthusiastic to experience all that the Bay Area has to offer. In his free time, he enjoys cooking, singing and world travel. He is a classically trained singer and previously performed in national honor choirs and in a cappella. He has also traveled to over thirty countries.

Areas of Special Interest: patient reported outcomes in cirrhosis; general gastroenterology; general hepatology; LGBTQIA+ health; medical education and mentorship

Twitter.com/@doctornikkid (Tweets are my own)

CLINICAL FOCUS

- Gastroenterology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Gastroenterology & Hepatology

HONORS AND AWARDS

- Healio Gastroenterology Disruptor of the Year Award 2023 (Nominee: Health Equity), Healio (2023)
- VCU Outstanding Fellow Research Scholar of the Year Award, Virginia Commonwealth University Medical Center (2023)
- ACG Social Media Acumen Award, ACG (American College of Gastroenterology) (2022)
- Outstanding Poster Presenter Award, ACG (2019)
- ASGE Golden Scope competition 2nd place (semi-finals), ASGE society
- Donald Knowlan Award for compassion, humor and encouragement during Internal Medicine residency, Georgetown University Medical Center (2019)
- William Argy Memorial Award for mentorship and scholarship, Georgetown University Medical Center (2019)
- Hugh Hussey Award for teaching and mentorship during Internal Medicine residency, Georgetown University Medical Center (2019)
- AASLD Emerging Liver Scholars Resident Travel Award, AASLD (2018)
- Georgetown University Research Day; Second Place: Resident Clinical Research, Georgetown University (2018)
- Georgetown Medical Center SPIRIT award for service, integrity, respect, innovation and teamwork, Georgetown Medical Center (2018)
- Georgetown University String of Pearls Teaching Award for Excellence in Medical Student Education, Georgetown University School of Medicine (2018)
- Adlinger Fellowship Award Recipient for Clinical Research in Vienna, Austria, Adlinger Fellow (2017)
- American Psychiatric Association Annual Meeting Minority Student Scholarship, APA (2015)
- Julin Cheng Hu Medical Scholarship, Julin Cheng Hu (2013)
- Gill Research Award Fellow, George Washington University School of Medicine (2012)
- Election to Omicron Delta Kappa, National Leadership Honor Society, Omicron Delta Kappa (2012)
- Election to Phi Beta Kappa, National Academic Honor Society, Phi Beta Kappa (2012)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Voting member, Stanford Health LGBTQ+ Subcommittee of the Diversity Cabinet (2024 - present)
- Mentorship and membership committee member, American College of Gastroenterology, ACG (2023 - present)
- Surgery and Liver Transplantation, Special Interest Group, American Association for the Study of Liver Diseases (AASLD) (2023 - present)
- Training committee member, American College of Gastroenterology, ACG (2021 - present)

PROFESSIONAL EDUCATION

- Board Certification: Gastroenterology, American Board of Internal Medicine (2023)
- Fellowship, Virginia Commonwealth University Medical Center, Transplant Hepatology Fellowship (Dual Pathway Program) (2023)
- Fellowship: Virginia Commonwealth Univ Gastroenterology Fellowship (2023) VA
- Board Certification: Internal Medicine, American Board of Internal Medicine (2019)
- Residency: Medstar Georgetown University Hospital Internal Medicine Residency (2019) DC
- Medical Education: George Washington University Office of the Registrar (2016) DC

COMMUNITY AND INTERNATIONAL WORK

- Rainbows in Gastro, Executive Board Member

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

My research interests focus on quality improvement and patient reported outcomes in people with cirrhosis. I also have interests in expanding our breadth of knowledge in caring for patients with gastrointestinal and liver disorders who identify as a sexual and gender minority.

Publications

PUBLICATIONS

- **Racial disparities in COVID-19 and gastrointestinal diseases-related mortality: analysis from CDC-WONDER databases, 2020-2022.** *Proceedings (Baylor University. Medical Center)*
Alsakarnah, S., Duong, N., Hashash, J. G.
2024; 37 (1): 30-33
- **Gastroenterology fellowship application and match trends in the United States over a 12-year period, 2010 to 2022.** *Proceedings (Baylor University. Medical Center)*
Alsakarnah, S., Jaber, F., Abuheija, U., Almeqdadi, M., Duong, N., Clarkston, W.
2024; 37 (1): 90-93
- **Promoting allyship to support and uplift the LGBTQIA+ community.** *Nature reviews. Gastroenterology & hepatology*
Huynh, D. J., Paul, S., Duong, N.
2024
- **Liver transplantation for people of minoritised sexual and gender identities in the USA.** *The lancet. Gastroenterology & hepatology*
Lee, T. H., Duong, N., Sutha, K., Simonetto, D. A., Paul, S.
2023
- **Current Pharmacologic Therapies for Hepatorenal Syndrome-Acute Kidney Injury.** *Clinical gastroenterology and hepatology : the official clinical practice journal of the American Gastroenterological Association*
Duong, N., Kakadiya, P., Bajaj, J. S.
2023; 21 (10S): S27-S34
- **Prevalence and dynamics of NAFLD-associated fibrosis in people living with HIV in Vienna from first presentation to last follow-up.** *Wiener klinische Wochenschrift*
Schwarz, C., Chromy, D., Bauer, D., Duong, N., Schmidbauer, V. U., Schwarz, M., Mandorfer, M., Rieger, A., Trauner, M., Gschwantler, M., Reiberger, T.
2023; 135 (15-16): 420-428
- **Overcoming disparities for sexual and gender minority patients and providers in gastroenterology and hepatology: introduction to Rainbows in Gastro.** *The lancet. Gastroenterology & hepatology*
Duong, N., Lee, T. H., Newman, K. L., Goldowsky, A., Jencks, K. J., Chedid, V., Barrow, J., Burbridge, R., Chiang, A., Targownik, L., Simonetto, D. A., Paul, S.
2023; 8 (4): 299-301
- **QuickStroop, a Shortened Version of EncephalApp, Detects Covert Hepatic Encephalopathy With Similar Accuracy Within One Minute.** *Clinical gastroenterology and hepatology : the official clinical practice journal of the American Gastroenterological Association*
Acharya, C., Shaw, J., Duong, N., Fagan, A., McGeorge, S., Wade, J. B., Thacker, L. R., Bajaj, J. S.
2023; 21 (1): 136-142
- **On a Need to Know Basis: Being "Out" in Medical Training.** *The American journal of gastroenterology*
Duong, N., Barrow, J.
2022; 117 (6): 827-830
- **An Overview of the GI Fellowship Interview: Part I-Tips for the Interviewee.** *Digestive diseases and sciences*
Advani, R., Duong, N., Bilal, M., Grover, S. C., Siau, K., Bollipo, S., Charabaty, A.
2022; 67 (5): 1707-1711

- **Patient- and provider-level factors that underlie alcohol use disorder treatment offer and acceptance in veterans with cirrhosis.** *Alcoholism, clinical and experimental research*
Chaudhari, R. B., Duong, N., Shrestha, S., Badal, B., Dharia, N., Robalino Gonzaga, E., Spoutz, P., Chia, L., Wade, J. B., Rogal, S., Bajaj, J. S.
2022; 46 (5): 809-814
- **Bristol Stool Scale as a Determinant of Hepatic Encephalopathy Management in Patients With Cirrhosis.** *The American journal of gastroenterology*
Duong, N. K., Shrestha, S., Park, D., Shahab, O., Fagan, A., Malpaya, Z., Gallagher, M. L., Morris, A., Davis, B. C., Bajaj, J. S.
2022; 117 (2): 295-300
- **The Impact of Frailty, Sarcopenia, and Malnutrition on Liver Transplant Outcomes.** *Clinical liver disease*
Duong, N., Sadowski, B., Rangnekar, A. S.
2021; 17 (4): 271-276
- **How to Become a Competitive Applicant for Gastroenterology Fellowship: Tips and Tricks for Success Part I.** *Digestive diseases and sciences*
Duong, N., Aby, E. S., Hathorn, K. E., Simons-Linares, C. R., Bilal, M.
2020; 65 (7): 1895-1898
- **A comparison of career plans of gastroenterology fellows compared to fellows in other internal medicine subspecialties.** *Proceedings (Baylor University. Medical Center)*
Alsakarnah, S., Almqdadi, M., Jaber, F., Beran, A., Aldiabat, M., Kilani, Y., Reid, A. M., Zulqarnain, M., Abughazaleh, S., Duong, N., Clarkston, W.
2024; 37 (1): 96-100
- **Transgender health care in the United States: legal, ethical and practical concerns for gastroenterologists in a changing landscape.** *Nature reviews. Gastroenterology & hepatology*
Singh, S., Duong, N., Targownik, L., Paul, S., Vélez, C., Feld, L. D.
2024
- **Improving culturally safe engagement with sexual and gender minority populations.** *Nature reviews. Gastroenterology & hepatology*
Nikzad, N., Duong, N., Paul, S.
2024
- **Gastrointestinal Variant of Lemierre's Syndrome: A Systematic Review and Comprehensive Analysis of 36 Case Reports.** *Journal of clinical and experimental hepatology*
Jaber, F., Alsakarnah, S., Alsharaeh, T., Salahat, A., Elfert, K., Beran, A., Gangwani, M. K., Abboud, Y., Al-Sayyed, L., Madi, M. Y., Jaber, M., Dahiya, D. S., Numan, et al
2024; 14 (2): 101319
- **Predictors of clinical outcomes of hospitalized patients with primary sclerosing cholangitis in the United States.** *Proceedings (Baylor University. Medical Center)*
Alsakarnah, S., Duong, N.
2023; 36 (6): 705
- **Professional Networking at Gastroenterology Scientific Meetings: A Trainee's Practical Guide.** *Digestive diseases and sciences*
Sleiman, J., Duong, N., Aby, E. S., Guerrero Vinsard, D., Advani, R., Bilal, M.
2023; 68 (1): 24-28
- **The impact of COVID-19 on liver transplantation: challenges and perspectives** *THERAPEUTIC ADVANCES IN GASTROENTEROLOGY*
Fatima, I., Duong, N.
2023; 16: 17562848231171452
- **Use of doppler ultrasound to predict need for transjugular intrahepatic portosystemic shunt revision.** *World journal of hepatology*
Duong, N., Healey, M., Patel, K., Strife, B. J., Sterling, R. K.
2022; 14 (6): 1200-1209
- **Reply.** *Clinical gastroenterology and hepatology : the official clinical practice journal of the American Gastroenterological Association*
Duong, N. K., Heuman, D. M., Bajaj, J. S.
2022; 20 (5): e1221
- **Identifying the patient with acute-on-chronic liver failure: navigating through multiple definitions.** *Clinical liver disease*
Duong, N., Bajaj, J. S.

2022; 19 (5): 183-186

- **An Overview of the GI Fellowship Interview: Part II-Tips for Selection Committees and Interviewers.** *Digestive diseases and sciences*
Advani, R., Bollipo, S., Charabaty, A., Duong, N., Bilal, M., Siau, K., Grover, S. C.
2022; 67 (5): 1712-1717
- **Bowel Movement Frequency Is Not Linked With Cognitive Function in Cirrhosis.** *Clinical gastroenterology and hepatology : the official clinical practice journal of the American Gastroenterological Association*
Duong, N., Reuter, B., Sarairoh, H., Nadhem, O., Acharya, C., Fagan, A., Hassounch, R., Bajaj, J. S.
2022; 20 (4): e897-e901
- **The impact of the gut microbiome on liver transplantation.** *Current opinion in organ transplantation*
Duong, N., Bajaj, J. S.
2021; 26 (6): 587-594
- **When burn-out reaches a pandemic level in gastroenterology: a call for a more sustainable work-life balance.** *Frontline gastroenterology*
Duong, N., Bollipo, S., Repaka, A., Sebastian, S., Tennyson, C., Charabaty, A.
2021; 12 (5): 440-443
- **Effects of a Resident-Led Subject Exam Review on Mean Scores of Internal Medicine Subject Exam: a Case-control Study.** *Medical science educator*
Kareff, S. A., d'Aliberti, O., Duong, N.
2021; 31 (1): 49-52
- **How to Become a Competitive Applicant for Gastroenterology Fellowship: Tips and Tricks for Success Part II.** *Digestive diseases and sciences*
Duong, N., Aby, E. S., Hathorn, K. E., Simons-Linares, C. R., Bilal, M.
2020; 65 (8): 2172-2175
- **Case of acute mixed liver injury due to hypothyroidism.** *BMJ case reports*
Duong, N., Lee, A., Lewis, J.
2018; 2018
- **Knowledge and Attitudes of Internal Medicine Trainees' Co-Prescribing Patterns of Gastroprotective Agents in Patients Taking Long-Term Non-Steroidal Anti-Inflammatory Drugs (NSAIDs)** *Journal of Clinical Gastroenterology and Treatment*
Duong, N., Lee, A., Lewis, J.
2018; 4 (3)
- **), Inflammatory bowel disease (IBD) activity and depression** *Gastroenterol Hepatol Open Access*
Duong, N., Hussain, N., Kallus, S., Mattar, M.
2018