

Nadine Sbaih

Affiliate, IT Services

CLINICAL OFFICE (PRIMARY)

- **Emeryville Multispecialty Clinic**

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Emeryville, CA 94608

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Professional Overview

BIO

Dr. Sbaih is an internal medicine physician. She provides care for a wide range of conditions and patients. Areas of special interests for her include preventive medicine, asthma, and COPD.

She enjoys developing a close, long-term relationship with patients. She focuses on delivering high-quality, comprehensive care to meet patient-driven goals.

Dr. Sbaih earned her medical degree from the University of Utah School of Medicine. She also earned degrees in psychology and in human development and family studies.

She received her residency training in internal medicine at the University of Louisville, Kentucky. During residency, she was one of the initial members of an advocacy group dedicated to studying and addressing health inequity throughout BIPOC communities. Her work directly contributed to a nationwide study providing updated recommendations for health care institutions in providing more equitable healthcare.

Dr. Sbaih has assisted in clinical research of vascular resistance in pulmonary hypertension patients, lipids promoting growth of lung cancer cells, and drug interactions involving commonly prescribed travel-related medications.

She has published in journals such as CHEST and the international research journal Global Cardiology Science and Practice. She has made presentations to her peers and educated medical students regarding the field of palliative care.

Volunteer service of Dr. Sbaih includes participation in activities of on-profit organizations to help feed the homeless population, as well as participating in a state-based initiative that is part of a nationwide campaign to raise awareness for homelessness.

She spends time with family, hikes, and watches movies when not providing patient care.

Dr. Sbaih speaks English and Arabic.

CLINICAL FOCUS

- Internal Medicine

PROFESSIONAL EDUCATION

- Board Certification: Internal Medicine, American Board of Internal Medicine (2023)
- Medical Education: University of Utah School of Medicine (2019) UT
- Residency: University of Louisville Internal Medicine Residency (2022) KY