




## Judith Prochaska

Senior Associate Vice Provost, Clinical Research Governance and Professor of Medicine (Stanford Prevention Research Center)

Medicine - Stanford Prevention Research Center

 NIH Biosketch available Online

 Curriculum Vitae available Online

### CLINICAL OFFICE (PRIMARY)

- **Stanford Dept of Psychiatry and Behavioral Sciences**

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### Bio

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#### BIO

Judith (Jodi) Prochaska, PhD, MPH, is a Professor in the Department of Medicine at Stanford University with the Stanford Prevention Research Center and a member of the Stanford Cancer Institute. A licensed clinical psychologist with addiction medicine privileges, Dr. Prochaska completed her clinical psychology doctoral training and a master's degree in public health at the University of California, San Diego and San Diego State University and her undergraduate studies at Duke University.

#### CLINICAL FOCUS

- Addiction, Tobacco, Mood Disorders
- Clinical Psychology

#### ACADEMIC APPOINTMENTS

- Professor, Medicine - Stanford Prevention Research Center
- Member, Maternal & Child Health Research Institute (MCHRI)
- Member, Stanford Cancer Institute

#### ADMINISTRATIVE APPOINTMENTS

- Senior Associate Vice Provost for Clinical Research Governance, Office of the Vice Provost and Dean of Research, (2022-2025)
- Deputy Director, Stanford Prevention Research Center, (2020- present)
- Co-Director, SPRC's NHLBI T32 Postdoctoral Training Program in CVD Prevention, (2017- present)
- Faculty Director, CHPR Master of Science (MS) Program, (2015- present)
- Faculty Co-Chair, Stanford Community Advisory Board for Clinical Research, (2015-2019)

#### HONORS AND AWARDS

- Teacher of the Year, Department of Medicine, Stanford Prevention Research Center (2015)
- Mentor of the Year, Bay Area Clinical Research Symposium (2011)
- Outstanding Early Career Investigator Award, NIDA's Division of Clinical Neuroscience & Behavioral Research (2009)

- Cooke Award, Scholarship of Teaching & Learning, UCSF Academy of Medical Educators (2007)
- Jarvik-Russell New Investigator Award, Society for Research on Nicotine and Tobacco (2007)
- Patient-Centered (K23) Career Development Award, National Institute on Drug Abuse (2005-2011)
- New Investigator Award, California Tobacco-Related Disease Research Program (2004-2008)
- Paper Citation Awards, Society of Behavioral Medicine (2003 & 2004)
- Robert E. Harris Award, Department of Psychiatry, UCSF (2003)
- Postdoctoral Fellowship Award, California Tobacco-Related Disease Research Program (2002-2004)
- Health Promotion Student of the Year, Graduate School of Public Health, SDSU (2001)
- Predoctoral Fellowship Awards, American Cancer Society, California Division (1999-2002)

## **BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS**

- Scientific Advisory Board, The Cooper Institute's FITNESSGRAM (2004 - 2016)
- Editorial Board, JAMA Internal Medicine (2012 - present)
- Program Co-Chair, SRNT Programing Committee for the Annual Meeting (2013 - 2014)
- Co-Chair, FDA's PhenX Tobacco Regulatory Research Panel (2013 - 2016)
- Member Delegate – North America, Society for Research on Nicotine and Tobacco (2013 - 2016)
- Program Chair, SRNT Programing Committee for the Annual Meeting (2014 - 2015)
- Editorial Board, Tobacco Regulatory Science (2014 - 2020)
- Editorial Board, Current Opinion in Psychology (2014 - present)
- Advisor on Tobacco Control Research Priorities, National Cancer Institute, Division of Cancer Control and Population Sciences (2015 - 2015)
- President-Elect, Society for Research on Nicotine and Tobacco (2016 - 2017)
- President, Society for Research on Nicotine and Tobacco (2017 - 2018)
- Scientific Advisor, Optum's Quit for Life Tobacco Quitline (2017 - 2018)
- Consulting Editor, Health Psychology (2017 - 2020)
- Immediate Past-President, Society for Research on Nicotine and Tobacco (2018 - 2019)
- Fellow, Society for Research on Nicotine and Tobacco (2018 - present)

## **PROFESSIONAL EDUCATION**

- Fellowship, UCSF/NIDA T32 Postdoctoral Fellowship , Clinical Psychology (2004)
- Internship, UCSF/Langley Porter , Clinical Psychology (2002)
- PhD Training: SDSU/UCSD Joint Doctoral Program in Clinical Psychology (2002) CA
- MPH, SDSU , Health Promotion (2001)
- MS, SDSU , Clinical Psychology (1999)
- BA, Duke University , Psychology (1995)

## **COMMUNITY AND INTERNATIONAL WORK**

- Stanford Center at Peking University, Peking University
- Evaluating the efficacy of an integrated smoking cessation intervention for mental health patients, Newcastle, New South Wales, Australia

## **LINKS**

- Rx for Change: <http://rxforchange.ucsf.edu>
- SRITA: [http://tobacco.stanford.edu/tobacco\\_main/index.php](http://tobacco.stanford.edu/tobacco_main/index.php)

- Well for Life Study: <http://med.stanford.edu/wellforlife.html>
- E-cigarette Free Online CME: <https://stanford.cloud-cme.com/e-cig-cme-2017>
- Truth Campaign Tobacco & Mental Health: <https://www.youtube.com/watch?v=Qf06zBeWgRM>
- Google Scholar: <https://scholar.google.com/citations?user=BsmiE0oAAAAJ&hl=en>
- CHPR Master of Science (MS) Program: <https://prevention.stanford.edu/education/chpr.html>
- My Bibliography (peer-reviewed articles): <https://www.ncbi.nlm.nih.gov/myncbi/judith.prochaska.1/bibliography/public/>
- Surgeon General Jerome Adams, SRNT2018: <https://www.youtube.com/watch?v=Gpl4Imobpdg>
- NicoTeen (high school student vaping documentary): <https://www.youtube.com/watch?v=oSL-47Pxl1c>
- Merck Manual: Tobacco: <https://www.merckmanuals.com/professional/special-subjects/tobacco-use/tobacco?query=tobacco>
- DOM Annual Review 2020: <http://medicine.stanford.edu/2020-report/new-approaches-to-tobacco-control.html>
- SGR 2020 on Smoking Cessation: <https://www.hhs.gov/sites/default/files/2020-cessation-sgr-full-report.pdf>
- DC Center for Rational Prescribing (DCRx), free CME: <https://cme.smhs.gwu.edu/dcrx-/content/tobacco-cessation#group-tabs-node-course-default4>
- Alaska HEALTHH Project Materials: <https://www.nortonsoundhealth.org/about-us/research/>
- Nicoteen: Curbing the Youth Nicotine Vaping Epidemic: <https://youtu.be/SfBknmtDBMg>
- Medical Myths Podcast - Season 3 (Vaping + Smoking): <https://podcasts.apple.com/us/podcast/medical-myths-podcast-season-3-trailer/id1460407685?i=1000520406801>
- CHPR Feature in the DoM 2021 Annual Report: <https://medicine2021report.stanford.edu/ar2021/diversity-is-central-to-masters-degree-in-community-health-and-prevention-program/>
- NYT Article on Nicotine Reduction: [https://www.nytimes.com/2022/08/02/health/fda-nicotine-addiction.html?unlocked\\_article\\_code=AAAAAAAAAAAAAAAAACEIPuonUktbfqYhkQFUbASbVUNEjsh3Bi\\_TGhbo9jXjiLS6YDD9Ow-UeH4mH\\_QHNea9nLZMV7giseeVgYvUpVeAgiahWJVBSQA2l5ZaIyM0MLStp7IvpB2lzgs-cDfUxr26wK2XiIb8unOPus03aa3L4G\\_CKiQ1XLwlgp5BlfVmryCZIkv-DSrgpr4E4ifQxBZl6RiMCbT2IvJTrCRZ4ONaGanLM-1V8GrEZCYIw4nqu\\_9Xex5SCFnGUHp1\\_W44jtdM94UN634RAUyMX0rz1OU\\_FrmC6FSnMtrxQ&referringSource=article](https://www.nytimes.com/2022/08/02/health/fda-nicotine-addiction.html?unlocked_article_code=AAAAAAAAAAAAAAAAACEIPuonUktbfqYhkQFUbASbVUNEjsh3Bi_TGhbo9jXjiLS6YDD9Ow-UeH4mH_QHNea9nLZMV7giseeVgYvUpVeAgiahWJVBSQA2l5ZaIyM0MLStp7IvpB2lzgs-cDfUxr26wK2XiIb8unOPus03aa3L4G_CKiQ1XLwlgp5BlfVmryCZIkv-DSrgpr4E4ifQxBZl6RiMCbT2IvJTrCRZ4ONaGanLM-1V8GrEZCYIw4nqu_9Xex5SCFnGUHp1_W44jtdM94UN634RAUyMX0rz1OU_FrmC6FSnMtrxQ&referringSource=article)
- The future of research at Stanford: <https://news.stanford.edu/report/2023/05/30/qa-future-research-stanford/>

## Research & Scholarship

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### CURRENT RESEARCH AND SCHOLARLY INTERESTS

Dr. Prochaska's research expertise centers on technology-mediated health behavior change interventions including targets of tobacco, physical activity, and dietary change. Working with Alaska Native and Latino communities, people with serious mental illness, alcohol and drug problems, or heart disease, and jobseekers and the unhoused, Dr. Prochaska's research combines stage-tailored interventions with pharmacotherapy and utilizes interactive expert system interventions and social media (Twitter and Facebook). Her work includes 8 RCTs with over 1700 smokers. She has also developed, evaluated, and is disseminating interprofessional health curricula in cardiology and psychiatry as part of the Rx for Change curriculum suite with over 10,000 registrants and 200,000 file downloads (<http://rxforchange.ucsf.edu>).

### CLINICAL TRIALS

- Tobacco Status Project: Social Media Intervention for Young Adult Smokers, Recruiting
- Applying Novel Technologies and Methods to Inform the Ontology of Self-Regulation: Binge Eating and Smoking, Not Recruiting
- Applying Novel Technologies and Methods to Self-Regulation: Behavior Change Tools for Smoking and Binge Eating, Not Recruiting
- Healing and Empowering Alaskan Lives Towards Healthy-Hearts Study, Not Recruiting
- Stanford Tobacco Treatment Services - Virtual Reality Treatment for Smoking Cessation, Not Recruiting
- The Anchor Study: Digitally Delivered Intervention for Reducing Problematic Substance Use, Not Recruiting
- The Total Health Study, Not Recruiting
- Tobacco Treatment for Employable Californians, Total IMPACT Study, Not Recruiting
- Treating Tobacco Dependence in Adolescents With Co-occurring Psychiatric Disorders, Not Recruiting

- Treating Tobacco Dependence in Inpatient Psychiatry - 1, Not Recruiting
- Twitter-enabled Mobile Messaging for Smoking Relapse Prevention (Tweet2Quit), Not Recruiting
- Varenicline In-Patient Study, Not Recruiting
- Evaluation of Tobacco Treatment Strategies for Inpatient Psychiatry, Not Specified

## PROJECTS

- Evaluating the efficacy of an integrated smoking cessation intervention for mental health patients - University of Newcastle, NSW Australia

## Teaching

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### COURSES

#### 2023-24

- Geography of Health: CHPR 272 (Win)

#### 2022-23

- Theoretical Foundations and Design of Behavioral Intervention Trials: CHPR 228 (Aut)

#### 2020-21

- SPRC/GMD Research Seminar: CHPR 200 (Aut, Win, Spr)
- Social Media, Health, and Well-Being: CHPR 238 (Aut, Spr)
- Social and Structural Determinants of Health: Achieving Health Equity: CHPR 232 (Spr)
- Theoretical Foundations and Design of Behavioral Intervention Trials: CHPR 228 (Aut)

## STANFORD ADVISEES

### Postdoctoral Research Mentor

Molly Bowdring

## GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Community Health and Prevention Research (Masters Program)

## Publications

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### PUBLICATIONS

- **Smoking Cessation, or How to Avert Half a Billion Premature Deaths - Now.** *NEJM evidence*  
Ioannidis, J. P., Prochaska, J. J.  
2024; 3 (3): EVIDe2300322
- **Electronic Cigarettes for Smoking Cessation-A Clinician's Dilemma.** *JAMA internal medicine*  
Hatsukami, D. K., Prochaska, J. J.  
2024
- **Cytisinicline for Smoking Cessation: A Randomized Clinical Trial.** *JAMA*  
Rigotti, N. A., Benowitz, N. L., Prochaska, J., Leischow, S., Nides, M., Blumenstein, B., Clarke, A., Cain, D., Jacobs, C.  
2023; 330 (2): 152-160
- **Adolescents' Perceptions of Nicotine Vaping-Related Social Media Content** *PSYCHOLOGY OF POPULAR MEDIA*  
Vogel, E. A., Hashemi, R., Ramo, D. E., Darrow, S. M., Costello, C., Prochaska, J. J.  
2023
- **Rapid-response surveillance of the first US test market for VLN cigarettes.** *Tobacco control*  
Henriksen, L., Johnson, T. O., Mahoney, M., Schleicher, N. C., Ali, A., Prochaska, J. J.

2023

- **Understanding Hesitation to Use Nicotine Replacement Therapy: A Content Analysis of Posts in Online Tobacco-Cessation Support Groups.** *American journal of health promotion : AJHP*  
Phillips, C., Pechmann, C., Calder, D., Prochaska, J. J.  
2022: 8901171221113835
- **Buddies as In-Group Influencers in Online Support Groups: A Social Network Analysis of Processes and Outcomes.** *Journal of interactive marketing : a quarterly publication from the Direct Marketing Educational Foundation, Inc*  
Esmaeeli, A., Pechmann, C. C., Prochaska, J. J.  
2022; 57 (2): 198-211
- **Native owned and grown or demeaning and offensive? American Indian adults' perspectives on Natural American Spirit branded cigarettes.** *Tobacco control*  
Epperson, A. E., Prochaska, J. J.  
2021
- **A randomized controlled trial of a therapeutic relational agent for reducing substance misuse during the COVID-19 pandemic.** *Drug and alcohol dependence*  
Prochaska, J. J., Vogel, E. A., Chieng, A., Baiocchi, M., Maglalang, D. D., Pajarito, S., Weingardt, K. R., Darcy, A., Robinson, A.  
2021; 227: 108986
- **Nicotine delivery and cigarette equivalents from vaping a JUULpod.** *Tobacco control*  
Prochaska, J. J., Vogel, E. A., Benowitz, N.  
2021
- **A Therapeutic Relational Agent for Reducing Problematic Substance Use (Woebot): Development and Usability Study.** *Journal of medical Internet research*  
Prochaska, J. J., Vogel, E. A., Chieng, A., Kendra, M., Baiocchi, M., Pajarito, S., Robinson, A.  
2021; 23 (3): e24850
- **Treating tobacco dependence to aid Re-employment among job-seekers: A randomized controlled trial.** *Preventive medicine*  
Prochaska, J. J., Brown-Johnson, C., Baiocchi, M., Lazaro, A. S., Chieng, A., Stinson, S., Anzai, N.  
2020: 106259
- **Tobacco Product Promotions Remain Ubiquitous and are Associated with Use and Susceptibility to Use among Adolescents.** *Nicotine & tobacco research : official journal of the Society for Research on Nicotine and Tobacco*  
Fielding-Singh, P., Epperson, A. E., Prochaska, J. J.  
2020
- **Adolescents' Health Perceptions of Natural American Spirit's On-the-Pack Eco-Friendly Campaign.** *The Journal of adolescent health : official publication of the Society for Adolescent Medicine*  
Epperson, A. E., Wong, S., Lambin, E. F., Henriksen, L., Baiocchi, M., Flora, J. A., Prochaska, J. J.  
2020
- **Popularity of natural American Spirit cigarettes is greater in U.S. cities with lower smoking prevalence.** *Addictive behaviors*  
Vogel, E. A., Henriksen, L., Johnson, T. O., Schleicher, N. C., Prochaska, J. J.  
2020; 111: 106558
- **Measuring e-cigarette addiction among adolescents** *TOBACCO CONTROL*  
Vogel, E. A., Prochaska, J. J., Rubinstein, M. L.  
2020; 29 (3): 258-62
- **Integration of Tobacco Treatment Services into Cancer Care at Stanford.** *International journal of environmental research and public health*  
Gali, K., Pike, B., Kendra, M. S., Tran, C., Fielding-Singh, P., Jimenez, K., Mirkin, R., Prochaska, J. J.  
2020; 17 (6)
- **Inequity in California's Smokefree Workplace Laws: A Legal Epidemiologic Analysis of Loophole Closures.** *American journal of preventive medicine*  
Prochaska, J. J., Watts, M. H., Zellers, L., Huang, D., Daza, E. J., Rigdon, J., Peters, M. J., Henriksen, L.  
2020
- **Effects of Social Media on Adolescents' Willingness and Intention to Use E-Cigarettes: An Experimental Investigation.** *Nicotine & tobacco research : official journal of the Society for Research on Nicotine and Tobacco*

- Vogel, E. A., Ramo, D. E., Rubinstein, M. L., Delucchi, K. L., Darrow, S. n., Costello, C. n., Prochaska, J. J.  
2020
- **Current advances in research in treatment and recovery: Nicotine addiction** *SCIENCE ADVANCES*  
Prochaska, J. J., Benowitz, N. L.  
2019; 5 (10): eaay9763
  - **PMI reduced-risk claims and upselling of IQOS via Reviti life insurance.** *Tobacco control*  
Prochaska, J. J., Henriksen, L.  
2019
  - **Adolescents' E-Cigarette Use: Increases in Frequency, Dependence, and Nicotine Exposure Over 12Months.** *The Journal of adolescent health : official publication of the Society for Adolescent Medicine*  
Vogel, E. A., Prochaska, J. J., Ramo, D. E., Andres, J., Rubinstein, M. L.  
2019; 64 (6): 770–75
  - **The 2016 Tips From Former Smokers (R) Campaign: Associations With Quit Intentions and Quit Attempts Among Smokers With and Without Mental Health Conditions** *NICOTINE & TOBACCO RESEARCH*  
Prochaska, J. J., Gates, E. F., Davis, K. C., Gutierrez, K., Prutzman, Y., Rodes, R.  
2019; 21 (5): 576–83
  - **The public health consequences of e-cigarettes: a review by the National Academies of Sciences. A call for more research, a need for regulatory action** *ADDICTION*  
Prochaska, J. J.  
2019; 114 (4): 587–89
  - **Natural American Spirit's pro-environment packaging and perceptions of reduced-harm cigarettes.** *Preventive medicine*  
Epperson, A. E., Lambin, E. F., Henriksen, L. n., Baiocchi, M. n., Flora, J. A., Prochaska, J. J.  
2019: 105782
  - **Measuring e-cigarette addiction among adolescents.** *Tobacco control*  
Vogel, E. A., Prochaska, J. J., Rubinstein, M. L.  
2019
  - **E-Cigarettes: Harmful or Harm-Reducing? Evaluation of a Novel Online CME Program for Health Care Providers.** *Journal of general internal medicine*  
Fielding-Singh, P. n., Brown-Johnson, C. n., Oppezzo, M. n., Das, S. n., Jackler, R. n., Prochaska, J. J.  
2019
  - **The 2016 Tips From Former Smokers Campaign: Associations With Quit Intentions and Quit Attempts Among Smokers With and Without Mental Health Conditions.** *Nicotine & tobacco research : official journal of the Society for Research on Nicotine and Tobacco*  
Prochaska, J. J., Gates, E. F., Davis, K. C., Gutierrez, K., Prutzman, Y., Rodes, R.  
2018
  - **The Public Health Consequences of E-cigarettes: A Review by the National Academies of Sciences A Call for More Research, a Need for Regulatory Action.** *Addiction (Abingdon, England)*  
Prochaska, J. J.  
2018
  - **A randomized controlled evaluation of the tobacco status project, a Facebook intervention for young adults** *ADDICTION*  
Ramo, D. E., Thrul, J., Delucchi, K. L., Hall, S., Ling, P. M., Belohlavek, A., Prochaska, J. J.  
2018; 113 (9): 1683–95
  - **Secular Trends in Blood Pressure and Overweight and Obesity in Chinese Boys and Girls Aged 7 to 17 Years From 1995 to 2014** *HYPERTENSION*  
Dong, Y., Ma, J., Song, Y., Ma, Y., Dong, B., Zou, Z., Prochaska, J. J.  
2018; 72 (2): 298–305
  - **The Healing and Empowering Alaskan Lives Toward Healthy-Hearts (HEALTHH) Project: Study protocol for a randomized controlled trial of an intervention for tobacco use and other cardiovascular risk behaviors for Alaska Native People.** *Contemporary clinical trials*  
Prochaska, J. J., Epperson, A., Skan, J., Oppezzo, M., Barnett, P., Delucchi, K., Schnellbaecher, M., Benowitz, N. L.  
2018

- **Documentation of e-cigarette use and associations with smoking from 2012 to 2015 in an integrated healthcare delivery system** *PREVENTIVE MEDICINE*  
Young-Wolff, K. C., Klebaner, D., Folck, B., Tan, A. L., Fogelberg, R., Sarovar, V., Prochaska, J. J.  
2018; 109: 113-18
- **National Blood Pressure Reference for Chinese Han Children and Adolescents Aged 7 to 17 Years** *HYPERTENSION*  
Dong, Y., Ma, J., Song, Y., Dong, B., Wang, Z., Yang, Z., Wang, X., Prochaska, J. J.  
2017; 70 (5): 897-+
- **Natural American Spirit Brand Marketing Casts Health Halo Around Smoking.** *American journal of public health*  
Epperson, A. E., Henriksen, L., Prochaska, J. J.  
2017; 107 (5): 668-670
- **Randomised controlled trial evaluation of Tweet2Quit: a social network quit-smoking intervention.** *Tobacco control*  
Pechmann, C., Delucchi, K., Lakon, C. M., Prochaska, J. J.  
2017; 26 (2): 188-194
- **Social Media and Mobile Technology for Cancer Prevention and Treatment.** *American Society of Clinical Oncology educational book. American Society of Clinical Oncology. Meeting*  
Prochaska, J. J., Coughlin, S. S., Lyons, E. J.  
2017; 37: 128-137
- **Smoking, Mental Illness, and Public Health.** *Annual review of public health*  
Prochaska, J. J., Das, S., Young-Wolff, K. C.  
2016
- **Online Patient-Provider E-cigarette Consultations: Perceptions of Safety and Harm.** *American journal of preventive medicine*  
Brown-Johnson, C. G., Burbank, A., Daza, E. J., Wassmann, A., Chieng, A., Rutledge, G. W., Prochaska, J. J.  
2016
- **Likelihood of Unemployed Smokers vs Nonsmokers Attaining Reemployment in a One-Year Observational Study** *JAMA INTERNAL MEDICINE*  
Prochaska, J. J., Michalek, A. K., Brown-Johnson, C., Daza, E. J., Baiocchi, M., Anzai, N., Rogers, A., Grigg, M., Chieng, A.  
2016; 176 (5): 662-670
- **The Past, Present, and Future of Nicotine Addiction Therapy** *ANNUAL REVIEW OF MEDICINE, VOL 67*  
Prochaska, J. J., Benowitz, N. L.  
2016; 67: 467-486
- **Cost-Effectiveness of Smoking Cessation Treatment Initiated During Psychiatric Hospitalization: Analysis From a Randomized, Controlled Trial** *JOURNAL OF CLINICAL PSYCHIATRY*  
Barnett, P. G., Wong, W., Jeffers, A., Hall, S. M., Prochaska, J. J.  
2015; 76 (10): E1285-?
- **Development of a Twitter-based intervention for smoking cessation that encourages high-quality social media interactions via automessages.** *Journal of medical Internet research*  
Pechmann, C., Pan, L., Delucchi, K., Lakon, C. M., Prochaska, J. J.  
2015; 17 (2)
- **Multiple Risk-Behavior Profiles of Smokers With Serious Mental Illness and Motivation for Change** *HEALTH PSYCHOLOGY*  
Prochaska, J. J., Fromont, S. C., Delucchi, K., Young-Wolff, K. C., Benowitz, N. L., Hall, S., Bonas, T., Hall, S. M.  
2014; 33 (12): 1518-1529
- **E-Cigarette Use among Smokers with Serious Mental Illness** *PLOS ONE*  
Prochaska, J. J., Grana, R. A.  
2014; 9 (11)
- **Engaging Patients and Clinicians in Treating Tobacco Addiction** *JAMA INTERNAL MEDICINE*  
Prochaska, J. J.  
2014; 174 (8): 1299-1300
- **Efficacy of Initiating Tobacco Dependence Treatment in Inpatient Psychiatry: A Randomized Controlled Trial** *AMERICAN JOURNAL OF PUBLIC HEALTH*

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- Prochaska, J. J., Hall, S. E., Delucchi, K., Hall, S. M.  
2014; 104 (8): 1557-1565
- **Encouraging and supporting smoking cessation in the workforce.** *Occupational and environmental medicine*  
Prochaska, J. J., Brown-Johnson, C. G.  
2014; 71 (6): 385-387
  - **Quitting smoking is associated with long term improvements in mood** *BMJ-BRITISH MEDICAL JOURNAL*  
Prochaska, J. J.  
2014; 348
  - **Tobacco use among the job-seeking unemployed in California.** *Preventive medicine*  
Prochaska, J. J., Shi, Y., Rogers, A.  
2013; 56 (5): 329-332
  - **Cytisine, the world's oldest smoking cessation aid.** *BMJ (Clinical research ed.)*  
Prochaska, J. J., Das, S., Benowitz, N. L.  
2013; 347: f5198-?
  - **Twitter=quitter? An analysis of Twitter quit smoking social networks** *TOBACCO CONTROL*  
Prochaska, J. J., Pechmann, C., Kim, R., Leonhardt, J. M.  
2012; 21 (4): 447-449
  - **Medical Students' Attention to Multiple Risk Behaviors: A Standardized Patient Examination** *JOURNAL OF GENERAL INTERNAL MEDICINE*  
Prochaska, J. J., Gali, K., Miller, B., Hauer, K. E.  
2012; 27 (6): 700-707
  - **Risk of cardiovascular serious adverse events associated with varenicline use for tobacco cessation: systematic review and meta-analysis** *BRITISH MEDICAL JOURNAL*  
Prochaska, J. J., Hilton, J. F.  
2012; 344
  - **Cardiology Rx for Change: Improving Clinical Attention to Tobacco Use and Secondhand Smoke Exposure in Cardiology** *CLINICAL CARDIOLOGY*  
Prochaska, J. J., Benowitz, N. L., Glantz, S. A., Hudmon, K. S., Grossman, W.  
2011; 34 (12): 738-743
  - **An online survey of tobacco use, intentions to quit, and cessation strategies among people living with bipolar disorder** *BIPOLAR DISORDERS*  
Prochaska, J. J., Reyes, R. S., Schroeder, S. A., Daniels, A. S., Doederlein, A., Bergeson, B.  
2011; 13 (5-6): 466-473
  - **Smoking and Mental Illness - Breaking the Link** *NEW ENGLAND JOURNAL OF MEDICINE*  
Prochaska, J. J.  
2011; 365 (3): 196-198
  - **Treating tobacco dependence in clinically depressed smokers: Effect of smoking cessation on mental health functioning** *AMERICAN JOURNAL OF PUBLIC HEALTH*  
Prochaska, J. J., Hall, S. M., Tsoh, J. Y., Eisendrath, S., Rossi, J. S., Redding, C. A., Rosen, A. B., Meisner, M., Humfleet, G. L., Gorecki, J. A.  
2008; 98 (3): 446-448
  - **A meta-analysis of smoking cessation interventions with individuals in substance abuse treatment or recovery** *JOURNAL OF CONSULTING AND CLINICAL PSYCHOLOGY*  
Prochaska, J. J., Delucchi, K., Hall, S. A.  
2004; 72 (6): 1144-1156
  - **Non-alcoholic beverage consumption among US adults who consume alcohol.** *Addiction (Abingdon, England)*  
Bowdring, M. A., McCarthy, D. M., Fairbairn, C. E., Prochaska, J. J.  
2024
  - **Predictors of Patient Engagement in Telehealth-Delivered Tobacco Cessation Treatment during the COVID-19 Pandemic.** *International journal of environmental research and public health*  
Jagiello, A. D., Chieng, A., Tran, C., Pirkel, A., Cao-Nasalga, A., Bragg, A., Mirkin, R., Prochaska, J. J.



2024; 21 (2)

- **Active Social Media Use and Health Indicators Among Sexual and Gender Minority Adults.** *LGBT health*  
Vogel, E. A., Flentje, A., Lunn, M. R., Obedin-Maliver, J., Capriotti, M. R., Ramo, D. E., Prochaska, J. J.  
2023
- **Kratom availability in California vape shops.** *Preventive medicine reports*  
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## **PRESENTATIONS**

- JUUL: Use Patterns, Addiction, & Potential Treatments - Stanford Psychiatry Grand Rounds (January 30, 2020)
- Emerging Evidence on Vaping & Cardiovascular Health - Stanford Cardiology Grand Rounds (January 30, 2020)