



## Chiara Gasteiger

Postdoctoral Scholar, Psychology

### Bio

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#### BIO

Chiara Gasteiger, P.h.D. is a SPARQ Postdoctoral Scholar in the Mind & Body Lab, led by Associate Professor Alia Crum. Chiara's doctoral thesis explored how the transition to biosimilars can be improved, with a focus on optimising patient-practitioner communication and the involvement of companions (support people).

Chiara's research aims to understand how the social environment influences the development of mindsets and how psycho-social forces can be harnessed to optimise people's mindsets about illness and improve health outcomes. She is also interested in understanding how changes in subjective mindsets can alter physiological mechanisms. Her other academic interests include patient-practitioner communication, patient expectations, funding and resource allocation in health and understanding how patients utilise social networks to cope with, manage and make sense of their illness.

Chiara is not currently available to supervise graduate students. Please contact the Mind & Body Lab manager, Jesse Barrera, for enquires about joining the lab.

#### PROFESSIONAL EDUCATION

- Doctor of Philosophy, University of Auckland (2023)
- Master of Health Psychology, University of Auckland (2019)

#### STANFORD ADVISORS

- Alia Crum, Postdoctoral Faculty Sponsor

### Publications

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#### PUBLICATIONS

- **Rheumatology Patients' Experiences of a Mandatory Nationwide Transition to an Adalimumab Biosimilar.** *ACR open rheumatology*  
Gasteiger, C., Lobo, M., Stanley, R., Wong, L. S., Murdoch, R., Dalbeth, N.  
2023
- **Community-based support to improve mental health and wellbeing in older sexually and gender diverse people: a scoping review.** *Aging & mental health*  
Gasteiger, C., Collens, P., du Preez, E.  
2023: 1-9
- **Health Care Providers' Experiences of a Mandatory Nationwide Transition to an Adalimumab Biosimilar.** *ACR open rheumatology*  
Gasteiger, C., Lobo, M., Wong, L. S., Murdoch, R., Dalbeth, N.  
2023
- **The mode of delivery and content of communication strategies used in mandatory and non-mandatory biosimilar transitions: a systematic review with meta-analysis.** *Health psychology review*

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- Gasteiger, C., den Broeder, A. A., Stewart, S., Gasteiger, N., Scholz, U., Dalbeth, N., Petrie, K. J.  
2023; 17 (1): 148-168
- **Using family-centered communication to optimize patient-provider-companion encounters about changing to biosimilars: A randomized controlled trial.** *Patient education and counseling*  
Gasteiger, C., Perera, A., Yelder, R., Scholz, U., Dalbeth, N., Petrie, K. J.  
2023; 106: 142-150
  - **Pharmacists' confidence in explaining biosimilars to patients before a nationwide medicine change: A cross-sectional study.** *Exploratory research in clinical and social pharmacy*  
Gasteiger, C., Gasteiger, N., Petrie, K. J.  
2022; 8: 100199
  - **A bio-what? Medical companions' perceptions towards biosimilars and information needs in rheumatology.** *Rheumatology international*  
Gasteiger, C., Scholz, U., Petrie, K. J., Dalbeth, N.  
2022; 42 (11): 1993-2002
  - **Moving forward: Implementing health psychology research to improve patient acceptance of biosimilars.** *Research in social & administrative pharmacy : RSAP*  
Gasteiger, C., Petrie, K. J.  
2022; 18 (10): 3860-3863
  - **Characteristics associated with the willingness to receive a COVID-19 vaccine and an exploration of the general public's perceptions: A mixed-methods approach.** *Vaccine*  
Gasteiger, N., Gasteiger, C., Vedhara, K., Broadbent, E.  
2022; 40 (25): 3461-3465
  - **Is Three a Crowd? The Influence of Companions on a Patient's Decision to Transition to a Biosimilar.** *Annals of behavioral medicine : a publication of the Society of Behavioral Medicine*  
Gasteiger, C., Groom, K. M., Lobo, M., Scholz, U., Dalbeth, N., Petrie, K. J.  
2022; 56 (5): 512-522
  - **The more the merrier! Barriers and facilitators to the general public's use of a COVID-19 contact tracing app in New Zealand.** *Informatics for health & social care*  
Gasteiger, N., Gasteiger, C., Vedhara, K., Broadbent, E.  
2022; 47 (2): 132-143
  - **Predictors of parental stress from admission to discharge in the neonatal special care unit.** *Child: care, health and development*  
Hames, J. L., Gasteiger, C., McKenzie, M. R., Rowley, S., Serlachius, A. S., Juth, V., Petrie, K. J.  
2021; 47 (2): 243-251
  - **Patients' beliefs and behaviours are associated with perceptions of safety and concerns in a hypothetical biosimilar switch.** *Rheumatology international*  
Gasteiger, C., Lobo, M., Dalbeth, N., Petrie, K. J.  
2021; 41 (1): 163-171
  - **Effects of Message Framing on Patients' Perceptions and Willingness to Change to a Biosimilar in a Hypothetical Drug Switch.** *Arthritis care & research*  
Gasteiger, C., Jones, A. S., Kleinstäuber, M., Lobo, M., Horne, R., Dalbeth, N., Petrie, K. J.  
2020; 72 (9): 1323-1330
  - **Predicting patient reassurance after colonoscopy: The role of illness beliefs.** *Journal of psychosomatic research*  
Gasteiger, C., Sherriff, R., Fraser, A., Shedden-Mora, M. C., Petrie, K. J., Serlachius, A. S.  
2018; 114: 58-61