## Stanford



## Zaria Cosby

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## Bio

## **BIO**

Zaria Cosby, MPH, is a Social Science Research Professional at the S-SPIRE Center. She completed her Master of Public Health with a concentration in Biostatistics and Epidemiology, as well as her Bachelor of Science in Health Promotion and Disease Prevention, at the University of Southern California. During her time at USC, Zaria worked on multiple projects across a variety of topics, the most recent being her master's capstone: a mixed-methods study into the lived experiences of women of color with HIV during the Covid pandemic. At S-SPIRE, she supports qualitative and quantitative data collection, analysis, and interpretation. Zaria also holds a Certified Personal Trainer certification from the National Academy of Sports Medicine. No matter the position or project, Zaria's overarching goal is to help people become their healthiest selves through research and education.