

# Stanford

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## Erin Cassidy Eagle

Clinical Professor, Psychiatry and Behavioral Sciences

### CLINICAL OFFICE (PRIMARY)

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### ACADEMIC CONTACT INFORMATION

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### Bio

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#### BIO

Dr. Erin Cassidy-Eagle specializes in the treatment of mental health disorders in adults and older adults. She has practiced as a Clinical Psychologist for more than 20 years. Dr. Cassidy-Eagle has a special interest in sleep, cognition and mental health of older adults.

#### CLINICAL FOCUS

- Psychology

#### ACADEMIC APPOINTMENTS

- Clinical Professor, Psychiatry and Behavioral Sciences

#### PROFESSIONAL EDUCATION

- PhD Training: University of Massachusetts (1997) MA
- Board Certification: Psychology, American Board of Sleep Medicine
- Fellowship: Stanford Univ Hosp - Psychiatry (1999) CA
- Internship: Palo Alto VA Healthcare System (1997) CA
- Ph.D., University of Massachusetts, Amherst, Clinical Psychology (1997)

### Publications

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#### PUBLICATIONS

- **Symptoms and survivorship needs differences between “good sleepers” and “bad sleepers” in survivors of breast and gynecologic cancers** *Sleep Medicine*  
Palesh, O., Tolby, L. T., Hofmeister, E., Fisher, S., Solomon, N. L., Sackeyfio, S., Berek, J. S., Kurian, A. W., Cassidy-Eagle, E., Schapira, L.  
2022
- **PILOT STUDY OF A NOVEL APPROACH MANAGEMENT OF SLEEP ASSOCIATED PROBLEMS IN BREAST CANCER PATIENTS (MOSAIC) DURING CHEMOTHERAPY**  
Palesh, O., Solomon, N., Hofmeister, E., Booil, J., Cassidy-Eagle, E. L., Innominato, P. F., Fisher, S., Shen, H., Kesler, S.  
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- **EASY MONEY: FINANCIAL SCAMS AND OLDER ADULTS**  
Gorney, R., Cassidy-Eagle, E., Smith, K.  
ELSEVIER SCIENCE INC.2020: S6
- **Working With Depressed Caregivers: Behavioral Activation "I Can't Find the Energy or Time to Leave the House"** *PRACTICAL STRATEGIES IN GERIATRIC MENTAL HEALTH: CASES AND APPROACHES*  
Bilbrey, A., Cassidy-Eagle, E. L., Gallagher-Thompson, D., Dunn, L. B., CassidyEagle, E. L.  
2020: 31–41
- **Pilot Study of a Novel Approach Management of Sleep Associated Problems in Breast Cancer Patients (MOSAIC) During Chemotherapy.** *Sleep*  
Palesh, O. n., Solomon, N. n., Hofmeister, E. n., Jo, B. n., Shen, H. n., Cassidy-Eagle, E. n., Innominato, P. F., Mustian, K. n., Kesler, S. n.  
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- **PRACTICAL STRATEGIES IN GERIATRIC MENTAL HEALTH CASES AND APPROACHES Preface** *PRACTICAL STRATEGIES IN GERIATRIC MENTAL HEALTH: CASES AND APPROACHES*  
Dunn, L. B., Cassidy-Eagle, E. L., Dunn, L. B., CassidyEagle, E. L.  
2020: XVII-XVIII
- **Evaluation and Management of Insomnia "My Sleeping Pill Isn't Working Anymore"** *PRACTICAL STRATEGIES IN GERIATRIC MENTAL HEALTH: CASES AND APPROACHES*  
Cassidy-Eagle, E. L., Dunn, L. B., Palesh, O., Dunn, L. B., CassidyEagle, E. L.  
2020: 145–63
- **Neuropsychological Testing "I Sometimes Forget Things"** *PRACTICAL STRATEGIES IN GERIATRIC MENTAL HEALTH: CASES AND APPROACHES*  
Wroolie, T. E., Cassidy-Eagle, E. L., Dunn, L. B., Dunn, L. B., CassidyEagle, E. L.  
2020: 251–64
- **Behavioral Activation Therapy for Older Adults with Depression: A Systematic Review of Effectiveness**  
Predescu, I., Tran, D., Cassidy-Eagle, E., Dunn, L.  
ELSEVIER SCIENCE INC.2018: S132
- **Neuropsychological Functioning in Older Adults with Mild Cognitive Impairment and Insomnia Randomized to CBT-I or Control Group** *CLINICAL GERONTOLOGIST*  
Cassidy-Eagle, E., Siebern, A., Unti, L., Glassman, J., O'Hara, R.  
2018; 41 (2): 136–44
- **Association of Anxiety Symptom Clusters with Sleep Quality and Daytime Sleepiness.** *journals of gerontology. Series B, Psychological sciences and social sciences*  
Gould, C. E., Spira, A. P., Liou-Johnson, V., Cassidy-Eagle, E., Kawai, M., Mashal, N., O'Hara, R., Beaudreau, S. A.  
2017
- **Older Adult Sleep Coaches Facilitate Sleep Intervention Groups for Seniors in Residential Care**  
Cassidy-Eagle, E. L., Siebern, A., Unti, L., Glassman, J., Dunn, L. B.  
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- **Non-Pharmacologic Insomnia Intervention for Older Adults with Mild Cognitive Impairment: Improvements in Actigraphy-Assessed Sleep Parameters**  
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- **Increasing the Ranks of Academic Researchers in Mental Health: A Multisite Approach to Postdoctoral Fellowship Training** *ACADEMIC MEDICINE*  
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2010; 85 (1): 41-47
- **Effective use of consent forms and interactive questions in the consent process.** *IRB*  
Palmer, B. W., Cassidy, E. L., Dunn, L. B., Spira, A. P., Sheikh, J. I.  
2008; 30 (2): 8-12

- **Assessment of trauma exposure and post-traumatic stress in long-term care veterans: Preliminary data on psychometrics and post-traumatic stress disorder prevalence** *MILITARY MEDICINE*  
Cook, J. M., Elhai, J. D., Cassidy, E. L., Ruzek, J. I., Ram, G. D., Sheikh, J. I.  
2005; 170 (10): 862-866
- **Underreporting of behavioral problems in older hospitalized patients** *GERONTOLOGIST*  
Davies, H. D., O'Hara, R., Mumenthaler, M. S., Cassidy, E. L., Buffum, M., Kim, J. M., Danielsen, C. E., Noda, A., Kraemer, H. C., Sheikh, J. I.  
2005; 45 (4): 535-538
- **Mixed anxiety and depression in older adults: Clinical characteristics and management** *JOURNAL OF GERIATRIC PSYCHIATRY AND NEUROLOGY*  
Cassidy, E. L., Lauderdale, S., Sheikh, J. I.  
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- **Efficacy of sertraline for panic disorder in older adults: A preliminary open-label trial** *AMERICAN JOURNAL OF GERIATRIC PSYCHIATRY*  
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- **Efficacy, safety, and tolerability of sertraline in patients with late-life depression and comorbid medical illness** *JOURNAL OF THE AMERICAN GERIATRICS SOCIETY*  
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2004; 52 (1): 86-92
- **Possible association of posttraumatic stress disorder with cognitive impairment among older adults** *PSYCHIATRIC SERVICES*  
Cook, J. M., Ruzek, J. I., Cassidy, E.  
2003; 54 (9): 1223-25
- **Cognitive status and behavioral problems in older hospitalized patients.** *Annals of general hospital psychiatry*  
O'Hara, R., Mumenthaler, M. S., Davies, H., Cassidy, E. L., Buffum, M., Namburi, S., Shakoory, R., Danielsen, C. E., Tsui, P., Noda, A., Kraemer, H. C., Sheikh, J. I.  
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Sheikh, J. I., Cassidy, E. L.  
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