

# Stanford

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## Kurt M. Hafer, MD

Clinical Assistant Professor, Medicine - Primary Care and Population Health

### CLINICAL OFFICES

- **Stanford Concierge and Executive Medicine**

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### Bio

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#### BIO

Dr. Kurt Hafer is a board-certified physician and Fellow of the American College of Physicians (FACP) practicing Primary Care Internal Medicine exclusively at Stanford Concierge Medicine.

Dr. Hafer grew up in Chapel Hill, NC and attended Pomona College, where he received his undergraduate degree in Psychology. After completing post-baccalaureate pre-medical coursework at the University of Michigan in Ann Arbor, he worked as a neuro-endocrine peptide researcher in a lab at UM.

In 1999, Dr. Hafer graduated from The University of Chicago, Pritzker School of Medicine. He completed a Primary Care Internal Medicine Residency at Santa Clara Valley Medical Center (SCVMC) in San Jose in 2002. Between 2002 to 2012 he was a Teaching Attending Physician at SCVMC as well as an adjunct Stanford physician, training medical students and residents in Internal Medicine.

Dr. Hafer joined Stanford in 2012 as the founding Medical Director of the Stanford Primary Care, Portola Valley Clinic -- Stanford's first new primary care clinic in many years. His five years of leadership at the Portola clinic included incorporating the latest technologies into primary care, adopting active population health panel management, LEAN management practices, embedded specialists and evidence-based, best-care practices as a viable model for the future of Stanford Primary Care.

In January 2017, Dr. Hafer joined Stanford Concierge Medicine as Medical Director, where he practices alongside Dr. Heather Henri and Dr. Jessica Favreau. In addition to caring for his patients, his duties include directing the clinic and expanding the Center for Personalized Wellness, which has been piloting Primary Care Genetics and Pharmacogenomics screening programs as a testbed for Stanford Primary Care.

While at Stanford, Dr. Hafer has served as a lecturer for the American College of Physician's Internal Medicine Maintenance of Certification Course held in San Francisco, and has been a Reviewer for the American College of Physicians on multiple projects. He has served on numerous Stanford Healthcare committees and worked with teams on numerous projects, including Stanford's Primary Care 2.0 Redesign, Hypertension Center of Excellence Clinical Integration Team, The Virtual Hypertension Monitoring Project, and Stanford's Primary Care Precision Health program design team. He has directed pilots of TeleHealth phone and video

visits, integration of specialty care MDs into our primary care clinics. He led a successful Clinical Effectiveness Leadership Training (CELТ) project using clinical pharmacists embedded in primary care clinics to more effectively manage diabetes and high blood pressure between MD visits. He has also served as the Physician Leader for Stanford's Realizing Improvement through Team Empowerment (RITE) Quality Improvement Program.

He currently serves as a Physician Member on the Global Executive Services (GES) Network Steering Committee, part of the Vizient University Health System Consortium. Dr. Hafer also serves on Stanford's CELТ/RITE Quality Improvement Program Advisory Committee.

When not caring for patients, Dr. Hafer enjoys spending time outdoors with family and friends. He is married to a Stanford University History Professor, has a daughter who graduated from Stanford as well as a high school-aged son. He is an avid lifelong cyclist (road and MTB), hiker, has a passion for tinkering with vintage Datsuns and enjoys wearing vintage watches.

Dr. Hafer believes that a combination of truly knowing his patients as individuals, excellent patient-physician communication, and comprehensive preventive care allows him to provide exceptional care for his patients.

## **CLINICAL FOCUS**

- Primary Care Internal Medicine
- Internal Medicine

## **ACADEMIC APPOINTMENTS**

- Clinical Assistant Professor, Medicine - Primary Care and Population Health

## **ADMINISTRATIVE APPOINTMENTS**

- Medical Director, Stanford Concierge and Executive Medicine, (2017- present)
- Medical Director, Stanford Primary Care, Portola Valley, (2012-2017)

## **HONORS AND AWARDS**

- FACP, Fellow of the American College of Physicians (2018)

## **BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS**

- Member, Vizient Global Executive Services (GES) Network Steering Committee (2018 - present)
- Co-Director, Stanford Healthcare CELТ/RITE Alumni Network (2017 - present)
- Physician Director, Stanford HealthCare Realizing Improvement Through Education (RITE) Quality Improvement Course Cohort 7 and Cohort 9 (2017 - present)
- Member, Stanford Healthcare CELТ/RITE Advisory Council (2016 - present)
- Member, American College of Physicians (ACP) (2001 - present)

## **PROFESSIONAL EDUCATION**

- Medical Education: Pritzker School of Medicine University of Chicago Registrar (1999) IL
- Residency: Santa Clara Valley Medical Center Radiology Residency (2002) CA
- Board Certification: Internal Medicine, American Board of Internal Medicine (2004)
- B.A., Pomona College, Claremont, CA , Psychology (1988)

## **COMMUNITY AND INTERNATIONAL WORK**

- Volunteer Teaching Medicine Attending