

Stanford



Rachel Lawton, PhD

Clinical Assistant Professor, Psychiatry and Behavioral Sciences - Child & Adolescent Psychiatry and Child Development

CLINICAL OFFICES

- **Psychiatry**

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Bio

CLINICAL FOCUS

- Psychology
- Child Psychology
- Childhood Anxiety Disorders
- Obsessive-Compulsive Disorder
- Post-Traumatic Stress Disorder
- Medical Trauma

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences - Child & Adolescent Psychiatry and Child Development

HONORS AND AWARDS

- Collaboration Award - Behavioral Medicine and Clinical Psychology, Cincinnati Children's Hospital Medical Center (2021)
- Hidden Gem Award, Cincinnati Children's Hospital Medical Center (2020)
- Walter F. Burke Award for Excellence in Clinical Psychology, Northwestern University Feinberg School of Medicine (2015)
- Graduate Writing Fellowship, The Graduate School - Northwestern University (2014 - 2015)
- Honoree and Award for Service, Crohn's and Colitis Foundation (2014)
- STUNT Scholarship for Research Abroad, Universiteit van Amsterdam (2010 - 2011)
- National Board Member, National Council of College Leaders - Crohn's and Colitis Foundation (2008 - 2010)
- Honor's Program in Psychology, Cornell University (2007 - 2008)

PROFESSIONAL EDUCATION

- Fellowship: Yale Child Study Center Psychology Fellowship (2017) CT
- Internship: Yale Child Study Center Psychology Fellowship (2016) CT

- PhD Training: Northwestern University Office of the Registrar (2016) IL
- MSc, University of Amsterdam , Medical Anthropology (2011)
- BA, Cornell University , Psychology (2008)

Teaching

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Child Psychiatry (Fellowship Program)
- Psychiatry and Behavioral Science (Fellowship Program)

Publications

PUBLICATIONS

- **"The Tough Get Going": Understanding the Role of Resilience and a Multidimensional Conceptualization of Mental Health Among Patients With Inflammatory Bowel Disease** *INFLAMMATORY BOWEL DISEASES*
Lawton, R. C.
2022; 28 (6): 977-979
- **Mental Health Costs of Inflammatory Bowel Diseases** *INFLAMMATORY BOWEL DISEASES*
Szigethy, E., Murphy, S. M., Ehrlich, O. G., Engel-Nitz, N. M., Heller, C. A., Henrichsen, K., Lawton, R., Meadows, P., Allen, J.
2021; 27 (1): 40-48
- **Medical-Legal-Psychology Partnerships - Innovation in Addressing Social Determinants of Health in Pediatric Primary Care** *ACADEMIC PEDIATRICS*
Lawton, R., Whitehead, M., Henize, A., Fink, E., Salamon, M., Kahn, R., Beck, A. F., Klein, M.
2020; 20 (7): 902-904
- **The Cost of Inflammatory Bowel Disease: An Initiative From the Crohn's & Colitis Foundation.** *Inflammatory bowel diseases*
Park, K. T., Ehrlich, O. G., Allen, J. I., Meadows, P. n., Szigethy, E. M., Henrichsen, K. n., Kim, S. C., Lawton, R. C., Murphy, S. M., Regueiro, M. n., Rubin, D. T., Engel-Nitz, N. M., Heller, et al
2019
- **Methotrexate for the Treatment of Pediatric Crohn's Disease: A Systematic Review and Meta-analysis** *INFLAMMATORY BOWEL DISEASES*
Colman, R. J., Lawton, R. C., Dubinsky, M. C., Rubin, D. T.
2018; 24 (10): 2135-2141
- **Maintenance of Optimal Vitamin D Status in Children and Adolescents With Inflammatory Bowel Disease: A Randomized Clinical Trial Comparing Two Regimens** *JOURNAL OF CLINICAL ENDOCRINOLOGY & METABOLISM*
Pappa, H. M., Mitchell, P. D., Jiang, H., Kassiff, S., Filip-Dhima, R., DiFabio, D., Quinn, N., Lawton, R. C., Bronzwaer, M. S., Koenen, M., Gordon, C. M.
2014; 99 (9): 3408-3417
- **Treatment of Vitamin D Insufficiency in Children and Adolescents with Inflammatory Bowel Disease: A Randomized Clinical Trial Comparing Three Regimens** *JOURNAL OF CLINICAL ENDOCRINOLOGY & METABOLISM*
Pappa, H. M., Mitchell, P. D., Jiang, H., Kassiff, S., Filip-Dhima, R., DiFabio, D., Quinn, N., Lawton, R. C., Varvaris, M., Van Straaten, S., Gordon, C. M.
2012; 97 (6): 2134-2142