



## Sonia Onyeka

Postdoctoral Scholar, Dermatology

### Bio

---

#### BIO

Dr Sonia Onyeka MBBS MRCGP (UK) is a Postdoctoral Research Scholar in the Department of Dermatology at Stanford University under the auspices of Professor Eleni Linos.

She received her medical degree from St. George's University of London and attained a Merit for excellence in Medical Sciences. She completed her internship at the Guy's and St Thomas' NHS Foundation Trust in central London, achieving commendations for being an exemplary trainee. During this time, she became co-chief resident and received a Merit award for outstanding e-portfolio. Dr Onyeka went on to complete her residency in General Practice (Family Medicine) at the King's College Hospital NHS Foundation Trust in South London and became the South London GP trainee representative for her cohort.

Dr Onyeka discovered her passion for dermatology whilst working as a Family Medicine resident within a multicultural training setting and developed a keen interest in telemedicine as well as the management of dermatological conditions that disproportionately affect skin of color patients and the medically disenfranchised.

Dr Onyeka turned her endeavors to academia, inspired by the knowledge that medical research is a powerful manner with which to advocate for patients on a greater scale, her objective is to harness research to become an impactful stakeholder in the improvement of patient care. Her research focuses on the remote monitoring of dermatological conditions in the older adult and minority populations as well as the application of machine learning within dermatology.

She also enjoys mentoring and teaching students and serves on the leadership committee for the American Academy of Dermatology Geriatric Dermatology Expert Research Group. Dr Onyeka has been nominated for the Stanford Postdoctoral scholars Justice, Equity, Diversity, and Inclusion Champion Award due to her notable efforts towards creating a more inclusive environment at Stanford. Sonia was also most recently elected as an executive member of the Stanford Black Postdoctoral Association.

In her free time, Dr Onyeka enjoys traveling, exploring new restaurants, watching sci-fi movies and playing various sports including badminton, tennis and most recently pickle ball. She delights in the performing arts due to her background as an amateur dancer and actress and enjoys attending plays and music concerts.

#### HONORS AND AWARDS

- Merit for Medical Sciences, St George's, University of London (April 2016)
- Postdoctoral Scholars Justice, Equity, Diversity, and Inclusion Champion Award nominee, Stanford University (July 2023)

#### BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Leadership committee, American Academy of Dermatology Geriatric Dermatology Expert Research Group (2023 - present)

## PROFESSIONAL EDUCATION

- B of Medicine and B of Surgery, University Of London (2016)
- Diploma, Unlisted School (2021)
- MRCPGP, Member of the Royal College of General Practitioners (UK) , General Practice (2021)
- MBBS, St George's, University of London , Medicine (2016)

## STANFORD ADVISORS

- Eleni Linos, Postdoctoral Faculty Sponsor

## COMMUNITY AND INTERNATIONAL WORK

- The Interactive Technology for Skin: Community Outreach, Research, and Education, California
- Stanford Skin Health Outreach, California

## Publications

---

### PUBLICATIONS

- **Telehealth Utilization and Associations in the United States During the Third Year of the COVID-19 Pandemic: Population-Based Survey Study in 2022.** *JMIR public health and surveillance*  
Kim, J., Cai, Z. R., Chen, M. L., Onyeka, S., Ko, J. M., Linos, E.  
2024; 10: e51279