



## Arvind Balaji

Clinical Assistant Professor, Orthopaedic Surgery

### CLINICAL OFFICE (PRIMARY)

- **Pleasant Hill Orthopedics and Sports Medicine Clinic**

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Pleasant Hill, CA 94523

**Tel** (925) 534-6694

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### ACADEMIC CONTACT INFORMATION

- **Alternate Contact**

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### Bio

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#### CLINICAL FOCUS

- Pediatrics

#### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Orthopaedic Surgery

#### BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, Pediatric Research in Sports Medicine (2022 - present)
- Member, American Medical Society for Sports Medicine (2017 - present)
- Member, American Academy of Pediatrics (2016 - present)

#### PROFESSIONAL EDUCATION

- Board Certification: Sports Medicine, American Board of Pediatrics (2022)
- Fellowship: Children's Hospital of Philadelphia Primary Care Sports Medicine Fellowship (2020) PA
- Board Certification: Pediatrics, American Board of Pediatrics (2019)
- Residency: Phoenix Children's Hospital Pediatric Residency (2019) AZ
- Medical Education: Medical College of Georgia Registrar (2016) GA
- BS, Saint Louis University, Neuroscience (2012)

### Publications

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#### PUBLICATIONS

- **Common Fractures** *Netter's Pediatrics*  
Balaji, A., Jarrett, S.  
2023

- **Subclinical Vestibular Deficits Illustrated in Patients With Exercise Intolerance After mTBI Using Force Plate Protocols**  
Mortazavi, M., Marx, T. R., Streeter, L., Balaji, A., Dusenberry, B., Maes, L., Pita, M.  
LIPPINCOTT WILLIAMS & WILKINS.2022: S4-S5
- **Late Exercise Tolerance Testing Using a Dynamic High Intensity Interval Multidirectional Movement Protocol**  
Mortazavi, M., Paulsen, K., Marx, T. R., Other, M., Maes, L., Balaji, A., Streeter, L., Dusenberry, B.  
LIPPINCOTT WILLIAMS & WILKINS.2022: S8
- **Preparticipation Physical Evaluation** *Pediatric Orthopaedics and Sports Injuries, A Quick Reference Guide*  
Balaji, A., Grady, M.  
2021
- **Retrospective Review of Clinical and Chest X-Ray Findings in Children Admitted to a Community Hospital for Respiratory Syncytial Virus Infection** *CLINICAL PEDIATRICS*  
Niles, D., Larsen, B., Balaji, A., Delaney, D., Campos, E., Bhattarai, B., Shoshan, D., Connell, M., Ostovar, G.  
2018; 57 (14): 1686-1692