Stanford

Arvind Balaji

Clinical Assistant Professor, Orthopaedic Surgery

Curriculum Vitae available Online

CLINICAL OFFICE (PRIMARY)

- **Pleasant Hill Orthopedics and Sports Medicine Clinic**

  3480 Buskirk Ave Ste 125

  MC 5980

  Pleasant Hill, CA 94523

  Tel (844) 416-7846 **Fax** (925) 322-8492

ACADEMIC CONTACT INFORMATION

- **Alternate Contact**

  Karrie O'Neill - Administrative Associate

  Email karrie@stanford.edu

  Tel 650-724-4969

Bio

CLINICAL FOCUS

- Orthopaedic Sports Medicine

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Orthopaedic Surgery

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, Pediatric Research in Sports Medicine (2022 - present)
- Member, American Medical Society for Sports Medicine (2017 - present)
- Member, American Academy of Pediatrics (2016 - present)

PROFESSIONAL EDUCATION

- Medical Education: Medical College of Georgia at Augusta University (2016) GA
- Board Certification: Sports Medicine, American Board of Pediatrics (2022)
- Fellowship: Children's Hospital of Philadelphia Primary Care Sports Medicine Fellowship (2020) PA
- Board Certification: Pediatrics, American Board of Pediatrics (2019)
- Residency: Phoenix Children's Hospital Pediatric Residency (2019) AZ
- BS, Saint Louis University , Neuroscience (2012)

Publications

PUBLICATIONS

- **Long-term test and retest reliability of clinical vergence testing.** *Ophthalmic & physiological optics : the journal of the British College of Ophthalmic Opticians (Optometrists)*

  Scheiman, M., Raghuram, A., Master, C., Robich, M. L., Toole, A., Shelton, E. R., Srinivasan, G., Marusic, S., Meiyeppen, S., Jordan, L. A., Roberts, T. L., EPICC Study Group, Roberts, T. L., et al

  2025

- **On-Field Diagnosis and Management of Sports-Related Concussion in Pediatric Athletes.** *Video journal of sports medicine*
  Balaji, A., Martin, G., Chidester, J. S., Harbacheck, K. G., Cardenas, P., Mock, S., Shea, K. G.
  2025; 5 (2): 26350254241284813
- **Common Fractures** *Netter's Pediatrics*
  Balaji, A., Jarrett, S.
  2023
- **Subclinical Vestibular Deficits Illustrated in Patients With Exercise Intolerance After mTBI Using Force Plate Protocols**
  Mortazavi, M., Marx, T. R., Streeter, L., Balaji, A., Dusenberry, B., Maes, L., Pita, M.
  LIPPINCOTT WILLIAMS & WILKINS.2022: S4-S5
- **Late Exercise Tolerance Testing Using a Dynamic High Intensity Interval Multidirectional Movement Protocol**
  Mortazavi, M., Paulsen, K., Marx, T. R., Other, M., Maes, L., Balaji, A., Streeter, L., Dusenberry, B.
  LIPPINCOTT WILLIAMS & WILKINS.2022: S8
- **Preparticipation Physical Evaluation** *Pediatric Orthopaedics and Sports Injuries, A Quick Reference Guide*
  Balaji, A., Grady, M.
  2021
- **Retrospective Review of Clinical and Chest X-Ray Findings in Children Admitted to a Community Hospital for Respiratory Syncytial Virus Infection** *CLINICAL PEDIATRICS*
  Niles, D., Larsen, B., Balaji, A., Delaney, D., Campos, E., Bhattarai, B., Shoshan, D., Connell, M., Ostovar, G.
  2018; 57 (14): 1686-1692