



Christina Maria Miranda

- MD Student with Scholarly Concentration in Clinical Research / Quality Improvement, expected graduation Spring 2027
- Guided Self Help Coach, Psychiatry and Behavioral Sciences - Child & Adolescent Psychiatry and Child Development

Bio

BIO

I am a Medical Degree candidate at Stanford University. I am originally from Milford, New Jersey. In 2021, I graduated with a bachelors degree in Neuroscience from the University of Pennsylvania. I am interested in pursuing a career in eating disorder treatment and research. I am also the co-founder and CEO of a Philadelphia-based 501(c)(3) nonprofit organization called Body Empowerment Project. We deliver educational workshops related to body image and self-esteem to Philadelphia public school students using a near-peer mentorship model and a validated body-positive curriculum.

Publications

PUBLICATIONS

- **Anorexia Nervosa Across the Lifespan: A Review of Recent Literature.** *Focus (American Psychiatric Publishing)*
Datta, N., Hossepian, K., Xie, I., Gurcan, H. Y., Behr, S., Pouliadi, M., Miranda, C.
2024; 22 (3): 269-277
- **BODY EMPOWERMENT PROJECT: EATING DISORDER PREVENTION IN YOUTH**
Miranda, C. M., Garcia, A., Watts, C. L., Timko, C.
ELSEVIER SCIENCE INC.2023: S299