

Stanford



Rebecca Sands

Clinical Associate Professor, Medicine - Primary Care and Population Health

CLINICAL OFFICE (PRIMARY)

- **Stanford Palliative Medicine**

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Bio

BIO

Dr. Sands currently serves as the Clinical Section Chief of Palliative Care at Stanford University. She graduated from Franklin & Marshall College in 2001 with a BA in Chemistry. She then attended Midwestern University, Chicago College of Osteopathic Medicine from 2002-2006. She completed a residency and chief residency in Internal Medicine at Cambridge Health Alliance in Cambridge, MA and went on to complete her Hospice and Palliative Medicine (HPM) fellowship at the Harvard combined program at Massachusetts General Hospital/Dana Farber Cancer Institute in 2011. She spent 8 years at the University of Pittsburgh where she served as core teaching faculty and the HPM Fellowship Program Director. Her clinical work has focused on the intersection of oncology and palliative care. Her primary interests are in mentorship and the advancement of palliative care within the structure of academic medicine including ambulatory practice. She has a particular focus on resiliency skill development for trainees, staff, and faculty as well a commitment to the innovation of ways to create meaning in our everyday lives as health care professionals.

CLINICAL FOCUS

- Internal Medicine

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Medicine - Primary Care and Population Health

PROFESSIONAL EDUCATION

- Board Certification: Hospice and Palliative Medicine, American Board of Internal Medicine (2012)
- Fellowship: Massachusetts General Hospital Palliative Care Fellowship (2011) MA
- Residency: Cambridge Health Alliance Internal Medicine Residency (2010) MA
- Board Certification: Internal Medicine, American Board of Internal Medicine (2009)
- Medical Education: Midwestern University Downers Grove Office of the Registrar (2006) IL
- Fellowship, MGH/DFCI , Hospice and Palliative Medicine (2011)
- Chief Residency, Cambridge Health Alliance , Internal Medicine (2010)
- Residency, Cambridge Health Alliance , Internal Medicine (2009)

- DO, Chicago College of Osteopathic Medicine , Medicine (2006)