



Thomas Holden, MD

Clinical Assistant Professor, Medicine - Oncology

CLINICAL OFFICES

- **Medical Oncology**

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Bio

BIO

Dr. Holden is a board-certified, fellowship-trained medical oncologist. He is a Clinical Assistant Professor at Stanford University School of Medicine.

He specializes in care for people with gastrointestinal cancer including those of the colon, rectum, esophagus, liver, pancreas, and stomach. Dr. Holden works closely with patients to prepare personalized, comprehensive, and compassionate care plans that optimize healing and quality of life.

Dr. Holden has conducted research into a wide range of subjects. He co-developed and established a multi-center trial investigating a new treatment regimen for gastric cancer. He has studied use of a fitness tracker to assess activity levels and toxicities in patients with colorectal cancer. He also has written invited commentary on the rapidly advancing field of genetic testing as well as a review on recent updates on the treatment of early-stage rectal cancer.

He has published his research findings in articles in peer-reviewed journals including JAMA, the Journal of Clinical Oncology, Cortex, and elsewhere. He has made poster presentations to his peers at meetings including the ASCO Gastrointestinal Cancers symposium and House Staff Quality Improvement and Patient Safety Conference, a meeting held annually at Thomas Jefferson University.

Dr. Holden has volunteered his time and expertise to help improve access to health care for homeless and underserved populations.

In his free time, he runs, reads, plays the acoustic guitar, and travels.

CLINICAL FOCUS

- Medical Oncology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Oncology

PROFESSIONAL EDUCATION

- Fellowship, Fox Chase Cancer Center , PA (2022)
- Board Certification: Internal Medicine, American Board of Internal Medicine (2019)
- Residency: Thomas Jefferson University Hospital Internal Medicine Residency (2019) PA
- Internship: Riverside Methodist Hospital Transitional Year (2016) OH
- Medical Education: University of Oklahoma College of Medicine (2015) OK